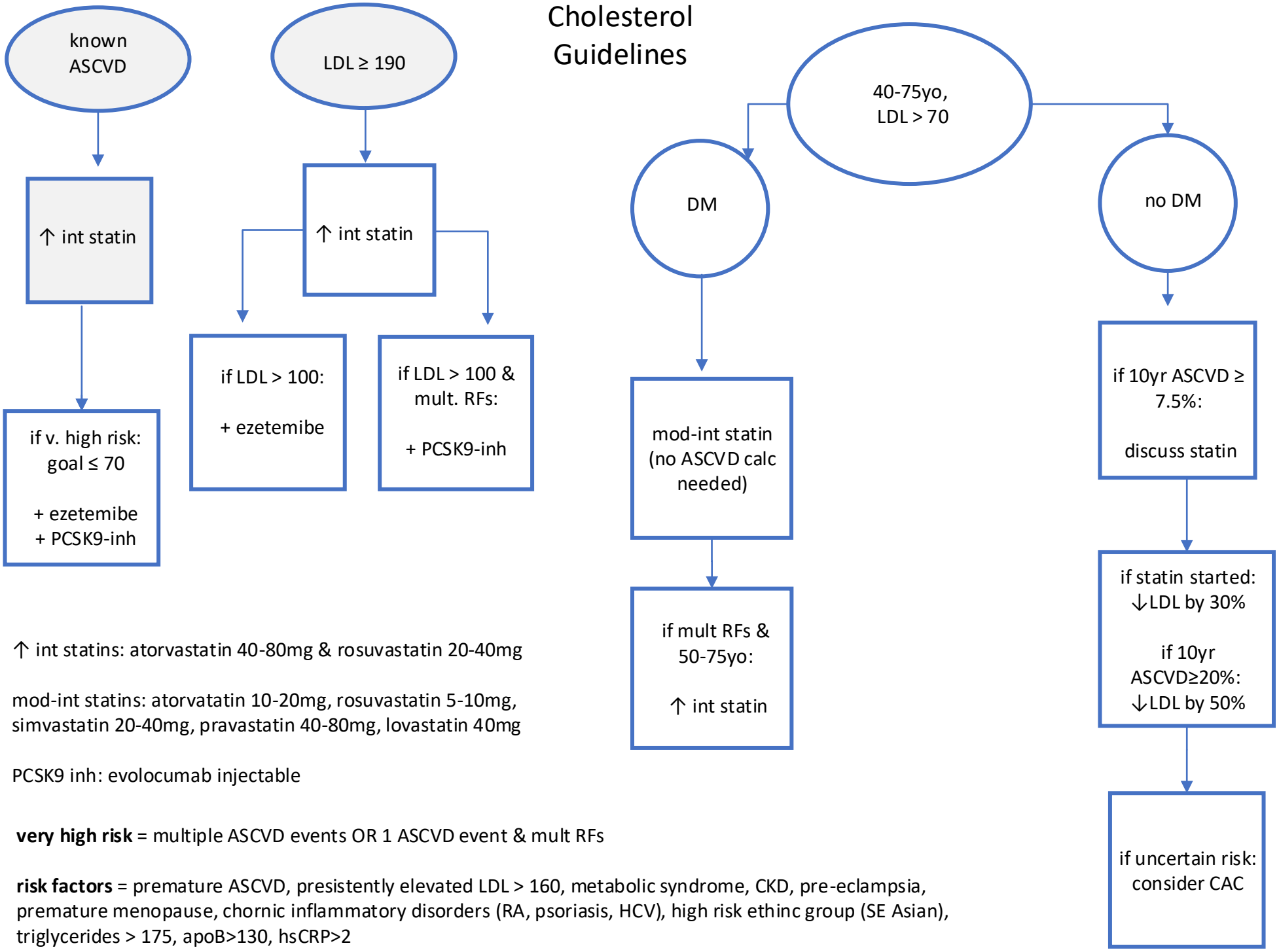
2018 ACC/AHA Cholesterol Guidelines



↑ int statins: atorvastatin 40-80mg & rosuvastatin 20-40mg

mod-int statins: atorvatatin 10-20mg, rosuvastatin 5-10mg, simvastatin 20-40mg, pravastatin 40-80mg, lovastatin 40mg

PCSK9 inh: evolocumab injectable

very high risk = multiple ASCVD events OR 1 ASCVD event & mult RFs

risk factors = premature ASCVD, presistently elevated LDL > 160, metabolic syndrome, CKD, pre-eclampsia, premature menopause, chornic inflammatory disorders (RA, psoriasis, HCV), high risk ethinc group (SE Asian), triglycerides > 175, apoB>130, hsCRP>2