

NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines®)

# **Acute Myeloid Leukemia**

Version 3.2024 — May 17, 2024

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**NCCN Guidelines Panel Disclosures** 



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- <u>Surveillance and Treatment for Relapsed/</u> <u>Refractory Disease (BPDCN-3)</u>
- Principles of BPDCN (BPDCN-A)
- Evaluation and Treatment of CNS Disease (BPDCN-B)
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- Abbreviations (ABBR-1)

Clinical Trials: NCCN believes that the best management for any patient with cancer is in a clinical trial. Participation in clinical trials is especially encouraged.

Find an NCCN Member Institution: <a href="https://www.nccn.org/home/member-institutions">https://www.nccn.org/home/member-institutions</a>.

NCCN Categories of Evidence and Consensus: All recommendations are category 2A unless otherwise indicated

See NCCN Categories of Evidence and Consensus.

## **NCCN Categories of Preference:**

All recommendations are considered appropriate.

See NCCN Categories of Preference.

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Terminologies in all NCCN Guidelines are being actively modified to advance the goals of equity, inclusion, and representation.

Updates in Version 3.2024 of the NCCN Guidelines for Acute Myeloid Leukemia from Version 2.2024 include:

### **MS-1**

• The discussion section has been updated to reflect the changes in the algorithm.

Updates in Version 2.2024 of the NCCN Guidelines for Acute Myeloid Leukemia from Version 1.2024 include:

#### AML-E 3 of 8

• Erratum: Follow-up and Reinduction after Cytarabine-Based Induction: HiDAC regimen modified: Cytarabine 2–3 g/m² over 3 hours every 12 hours on days 1, 3, and 5, or days 1, 2, and 3 for 1–2 cycles3–4 cycles

# Updates in Version 1.2024 of the NCCN Guidelines for Acute Myeloid Leukemia from Version 6.2023 include: Global

- · References updated throughout the guideline.
- Blood cell count measurements changed to "...x 109/L" throughout the guidelines.

#### **EVAL-1**

- Evaluation
- ▶ 6th bullet modified: Molecular analyses (ASXL1, c-KIT, FLT3 [ITD (internal tandem duplication) and TKD (tyrosine kinase domain)], NPM1, *in-frame* bZIP mutation in CEBPA [biallelic], IDH1, IDH2, RUNX1, TP53, and other mutations (AML-A)
- ▶ 8th bullet added: Recommend additional molecular and genetic testing for heritable hematologic malignancy predisposition in a subset of patients, particularly in patients <50 years (see MDS-D and MDS-E from the NCCN Guidelines for Myelodysplastic Syndromes)
- ▶ 11th bullet modified: Brain MRI with and without contrast, if leukemic meningitis suspected (AML-B)
- ▶ 12th bullet modified: Consider FDG-PET/CT, if clinical suspicion for in individuals with extramedullary disease (See AML-B)

## **EVAL-2**

- Diagnosis
- ▶ AML modified: To appropriately stratify available intensive therapy options, expedite test results of molecular and cytogenetic analyses for immediately actionable mutations or chromosomal abnormalities (eg, core binding factor [CBF], FLT3 [ITD and TKD], NPM1, IDH1, IDH2)
  - ♦ 1st bullet modified: For patients with hyperleukocytosis uncontrolled with hydroxyurea or leukapheresis, one dose of intermediate-dose cytarabine (1–2 g) may be considered prior to receiving diagnostic results.

## **EVAL-2A**

- Footnote b added: A heritable hematologic malignancy predisposition syndrome may account for cytopenias with or without MDS in some patients, whether presenting to pediatric or adult care centers (eg, GATA2 deficiency syndrome, Shwachman-Diamond syndrome, telomere biology disorders). Functional laboratory studies and constitutional (germline) genetic testing using large NGS panels to include genes listed on MDS-E in the NCCN Guidelines for Myelodysplastic Syndromes, whole exome or whole genome sequencing complemented within silico copy number variant (CNV) calling, and/or laboratory analysis for CNVs, such as microarray testing, is recommended for certain patients. See Genetic Familial High-Risk Assessment: Heritable Hematologic Malignancy Predisposition Syndromes (MDS-D) and Gene Mutations Associated with Heritable Hematologic Malignancy Predisposition Syndromes (MDS-E).
- Footnote g added: At the moment, there are discrepancies between two recognized classification systems (Khoury JD, et al. Leukemia 2022;36:1703-1719; Arber DA, et al. Blood 2022;140:1200-1228) for AML. The NCCN guidelines do not advocate for one over another. Providers should exercise their best clinical judgment related to these discrepancies, and the NCCN Panel recommends classification systems be written to allow for maximal clinical trial participation.

Continued UPDATES



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### Updates in Version 1.2024 of the NCCN Guidelines for Acute Myeloid Leukemia from Version 6.2023 include:

#### APL-1

• Footnote b added: For patients with APL being treated at a community center, collaboration with a center with expertise has been shown to reduce induction mortality. Jillella AP, et al. Blood 2022;140:1011-1013. (Also for APL-2A, APL-3A, APL-4A).

#### APL-2

- APL Treatment Induction (Low Risk), Preferred Regimens
- ▶ Pathway 1 modified: ATRA 45 mg/m² in 2 divided doses daily + arsenic trioxide 0.15 mg/kg IV daily (category 1) See Principles of Supportive Care for APL (APL-A)
- ▶ Pathway 2 modified: ATRA 45 mg/m² in 2 divided doses daily + arsenic trioxide 0.3 mg/kg IV on days 1–5 of week 1 and 0.25 mg/kg twice weekly during weeks 2–8 (category 1) See Principles of Supportive Care for APL (APL-A)

#### APL-A

- 3rd bullet added: Hydroxyurea can be used to treat leukocytosis in individuals with low-risk disease who experience a rise in WBC count after treatment with an ATRA/arsenic trioxide based regimen.
- 4th bullet
- ▶ 3rd sub bullet modified: The following cytoreduction strategies for leukocytosis may be used for differentiation syndrome that is difficult to treat:

  hydroxyurea, anthracycline, or gemtuzumab ozogamicin. Hydroxyurea can be used to treat leukocytosis associated with differentiation syndrome. In difficult-to-treat cases, an anthracycline (daunorubicin or idarubicin) or gemtuzumab ozogamicin can be used.
- Footnote a modified: Antiviral prophylaxis *against varicella-*zoster *virus* for duration of treatment may be appropriate. Freyer CW, et al. Leuk Lymphoma 2021;62:696-702; Glass JL, et al. Blood 2015;126:3752:426:Abstract 3752.

### AML-1

• This page was extensively revised.

### AML-2

• This page was extensively revised.

### AML-2A

- Footnote a modified: Patients with elevated blast counts are at risk for tumor lysis and organ dysfunction secondary to leukostasis. Measures to rapidly reduce the WBC count include leukapheresis, hydroxyurea, and/or a single dose of cytarabine (1–2 g). Prompt institution of definitive therapy is essential. (Also for AML-4A)
- Footnote b modified by adding: Consider the use of geriatric assessment for patients with AML ≥60 years of age. Ritchie EK, et al. Blood Adv 2022;6:3812-3820; Min GJ, et al. Blood 2022;139:1646-1658; Saad M, et al. Blood 2020;136:2715-2719; Klepin HD, et al. Blood 2013;121:4287-4294. (Also for AML-4A)
- Footnote d modified by adding: Tarlock K, et al. Blood 2021;138:1137-1147. (Also for AML-6A)
- Footnote g modified: Consider referral to palliative care for consultation at the start of induction. LeBlanc TW, et al. Curr Hematol Malig Rep 2017;12:300-308 and LeBlanc TW, et al. J Oncol Pract 2017;13:589-590. El-Jawahri A, et al. JAMA Oncol 2021;7:238-245. See NCCN Guidelines for Palliative Care. (Also for AML-4A)
- Footnote q added: In times of fludarabine shortage, cladribine can be substituted for fludarabine. (Also for AML-6A)
- Footnote r modified: Consider dose adjustments for cytarabine based on age and renal function. Doses of cytarabine ≥2 g/m² should be used with caution in patients ≥60 years and patients with renal failure due to concern for neurotoxicity. See Principles of Systemic Therapy (AML-E). (Also for AML-3A)
- Footnote t added: Gemtuzumab ozogamicin may be beneficial in NPM1-mutated AML (Kapp-Schwoerer S, et al. Blood 2020;136:3041-3050). The role of gemtuzumab ozogamicin in CEBPA-mutated AML is not established.

  Continued

**UPDATES** 



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### Updates in Version 1.2024 of the NCCN Guidelines for Acute Myeloid Leukemia from Version 6.2023 include:

#### AML-2B

- Footnote v modified: The RATIFY trial studied patients aged 18–60 y with FLT3<del>-ITD</del> mutated AML. An extrapolation of the data suggests that patients aged 61–70 years with FLT3<del>-ITD</del> mutated AML who are fit to receive 7+3 should be offered midostaurin since it seems to provide a survival benefit without undue toxicity. Schlenk RF, et al. Blood 2019;133:840-851. (Also added to AML-6A)
- Footnote x modified: There are limited data supporting the use of this regimen in patients aged <60 years. Lancet JE, et al. J Clin Oncol 2018;36:2684-2692. For patients with AML-MRC and previous hypomethylating agent (HMA) exposure, the benefit from standard induction did not differ from the benefit with CPX-351/dual-drug liposomal encapsulation of cytarabine and daunorubicin. Lancet JE, et al. J Clin Oncol 2018;36:2684-2692. While the mutational definition of AML-MRC as it applies to the use of CPX-351/dual-drug liposomal cytarabine and daunorubicin was not studied in the original trial, its use can be considered. (Also added to AML-6A)
- Footnote as modified: The use of *doses of cytarabine* ≥2 *g/m²* HiDAC for induction outside the setting of a clinical trial is still controversial. While the remission rates are the same for doses of cytarabine >100 to 200 mg/m² and *doses of cytarabine* ≥2 *g/m²* HiDAC, two studies have shown more rapid BM blast clearance after one cycle of high-dose therapy. Kern W, Estey EH. Cancer 2006;107:116-124.
- · Footnotes removed
- ▶ Doses of cytarabine should be modified based on age and renal insufficiency as per protocol. DiNardo CD, et al. J Clin Oncol 2021;39:2768-2778.
- ▶ Regimens that include gemtuzumab ozogamicin have limited benefit in poor-risk disease.

#### AML-3

• This page was extensively revised.

#### AML-3A

- Footnote cc added: When using a cytarabine-based induction regimen with doses of cytarabine >100 to 200 mg/m², consider delaying BM aspirate and biopsy to D21.
- Footnote ff modified: For re-induction, no data are available to show superiority with intermediate-dose cytarabine or HiDAC. 1–2 g/m² of cytarabine compared to doses ≥2 g/m².
- Footnote ii added: When performed, BM aspirate and biopsy should include cytogenetic and molecular studies, as appropriate. For measurable (minimal) residual disease (MRD) assessment, see AML-H.
- Footnotes removed:
- ▶ Consider referral to palliative care for consultation at the start of induction. LeBlanc TW, et al. Curr Hematol Malig Rep 2017;12:300-308 and LeBlanc TW, et al. J Oncol Pract 2017;13:589-590. See NCCN Guidelines for Palliative Care.
- ▶ Begin alternate donor search (haploidentical, unrelated donor, or cord blood) if no appropriate matched sibling donor is available and the patient is a candidate for allogeneic HCT. For lack of response to induction, alternative therapy to achieve remission is encouraged prior to HCT. See NCCN Guidelines for Hematopoietic Cell Transplantation.
- ▶ If ambiguous, consider repeat BM biopsy in 5–7 days before proceeding with therapy.

#### AML-4

• This page was extensively revised.





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## Updates in Version 1.2024 of the NCCN Guidelines for Acute Myeloid Leukemia from Version 6.2023 include:

#### AML-4A

- Footnote jj added: For patients who decline induction chemotherapy and/or targeted therapy, best supportive care may include hydroxyurea and/or transfusion support.
- Footnote oo modified: In patients with AML with TP53 mutation, a 10-day course of decitabine may be considered (Welch JS, et al. N Engl J Med 2016;375:2023-2036). Response may not be evident before 3–4 cycles of treatment with HMAs (ie, azacitidine, decitabine). Continue HMA treatment until progression if patient is tolerating therapy. Similar delays in response are likely with novel agents in a clinical trial, but endpoints will be defined by the protocol.

#### AML-5

• Heading modified: Follow-up After Induction Therapy with Lower Intensity Therapy (Intensive Induction Ineligible or Declines)

#### AML-6

• This page was extensively revised.

#### **AML-6A**

- Footnote hh added: For regimens using high cumulative doses of cardiotoxic agents, consider reassessing cardiac function prior to each anthracycline/mitoxantrone-containing course. Karanes C, et al. Leuk Res 1999;23:787-794.
- Footnote tt modified: Alternate dosing of cytarabine for postremission therapy has been reported (Discussion). Jaramillo S, et al. Blood Cancer J 2017;7:e564. Doses of cytarabine ≥2 g/m² should be used with caution in patients ≥60 years and patients with renal failure due to concern for neurotoxicity. See Principles of Systemic Therapy (AML-E).
- Footnote www modified: Patients may require at least one cycle of HiDAC cytarabine-based consolidation while donor search is in progress to maintain remission. Patients may proceed directly to transplant following achievement of remission if a donor (sibling or alternative) is available.
- Footnote xx modified: There is no evidence that HiDAC is superior to intermediate doses (1.5 g/m² daily x 5 days) of cytarabine doses ≥2 g/m² are superior to doses 1–2 g/m² in patients with AML with intermediate-risk cytogenetics.
- Footnote yy added: Allogeneic transplant is recommended for patients with favorable-risk disease who are unable to complete consolidation or who have high-risk features such as MRD-positivity or KIT mutation.
- Footnote removed: Alternate administration of intermediate-dose cytarabine may also be used. Sperr WG, et al. Clin Cancer Res 2004;10:3965-3971.
- 1st pathway
- ▶ Risk group modified: Patient with intermediate or adverse risk disease non-CBF-AML
- ▶ Treatment, 2nd bullet
  - ♦ 2nd sub bullet modified: Decitabine (category 2B)
- Footnote zz modified: This is not intended to replace consolidation chemotherapy. In addition, patients who are fit with AML with intermediate- and/or-adverse-risk cytogenetics may benefit from HCT in first CR, and there are no data to suggest that maintenance therapy with oral azacitidine can replace HCT. The panel also notes that the trial did not include patients <55 years of age or those with CBF-AML; it was restricted to patients ≥55 years of age with AML with intermediate or adverse cytogenetics who were not felt to be candidates for HCT. Most patients received at least 1 cycle of consolidation prior to starting oral azacitidine. Wei AH, et al. N Engl J Med 2020;383:2526-2537.





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## Updates in Version 1.2024 of the NCCN Guidelines for Acute Myeloid Leukemia from Version 6.2023 include:

#### AML-8

- Surveillance
- ▶ 3rd bullet modified: Donor search should be initiated at first relapse in appropriate patients concomitant with institution of other therapy if no sibling donor has been identified
- Treatment options
- ▶ 2nd pathway modified: Targeted therapy (AML-J) followed by matched sibling or alternative donor allogeneic HCT
- ▶ 3rd pathway modified: Chemotherapy (see AML-J) followed by matched sibling or alternative donor allogeneic HCT

#### AML-A

• This section was extensively revised.

#### AML-C

• General Principles, 1st bullet modified: Patients who present with isolated extramedullary disease (myeloid sarcoma) should be treated with systemic therapy. Local therapy (RT or surgery [rare cases]) may be used for residual disease *or for symptomatic disease*.

#### AML-E

• This section was extensively revised.

### **AML-F**

• 4th bullet modified: Steroid (or equivalent) eye drops should be administered to both eyes 4 times daily for all patients undergoing HiDAC therapy until 24 hours post completion of cytarabine.

#### AML-G

- Induction
- ▶ 1st bullet modified: CBC daily (differential daily or as clinically indicated during chemotherapy and every other day after recovery of <del>WBC count</del> *ANC* >500/mcL 0.5 x 10°/L until either normal differential or persistent leukemia is documented); platelets daily while in the hospital until platelet-transfusion independent.
- ▶ 5th bullet modified: BM aspirate/biopsy 14–21 days after start of therapy to document hypoplasia. If hypoplasia is not documented or indeterminate, repeat biopsy *with*in 7–14 days to clarify persistence of leukemia. If hypoplasia, then repeat biopsy at time of hematologic recovery to document remission. If cytogenetics were initially abnormal, include cytogenetics as part of the remission documentation.

### **AML-I**

- 1st bullet
- ▶ 4th sub bullet modified: A BM biopsy/aspirate should be performed if spicules are absent from the aspirate sample.
- 2nd bullet, 3rd sub bullet
- ▶ 1st sub-sub-bullet modified: If studied pretreatment, CR with negativity for a genetic marker by reverse transcriptase PCR (RT-PCR) or CR with negativity by MFC

## AML-J 1 of 2

- Aggressive therapy for appropriate patients
- ▶ 2nd bullet modified: Cytarabine HiDAC (if not received previously in treatment) ± (idarubicin or daunorubicin or mitoxantrone)
- Footnote b added: Appropriate patients include those eligible for aggressive therapy and with relatively short first remission. For patients with long first remission, reinduction therapy may be appropriate.



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# NCCN Guidelines Version 3.2024 Acute Myeloid Leukemia (Age ≥18 years)

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Updates in Version 1.2024 of the NCCN Guidelines for Acute Myeloid Leukemia from Version 6.2023 include:

#### AML-K 1 of 2

- General
- ▶ 1st bullet added: Highly consider consultation with high-volume tertiary care/academic medical center.
- ▶ 3rd bullet modified: Patients with disease in remission should take will frequently require breaks between treatment, such as extending cycle length from 28-day to 42-day cycles on the order of 7–14 days to allow for hematological recovery.

#### AML-K 2 of 2

- 1st bullet
- ▶ 1st sub bullet modified: If NED after cycle 1, *consider* repeat BM biopsy at 3- to 6-month intervals, assuming no unexpected changes in blood counts occur.
- Footnote removed: Recommend referral to tertiary care center/academic medical center if need to consider discontinuation of any agent, or to continue maintenance on single-agent venetoclax

#### **BPDCN-1**

- Evaluation/Workup
- ▶ 3rd bullet
  - ♦ Last sub bullet modified: Molecular analysis (most common aberrations include: ASXL1, IDH1–2, IKZF1–3, NPM1, NRAS, TET1–2, TP53, U2AF1, ZEB2TET2, ASXL1, ZRSR2, SRSF2, TP53, NRAS, IDH2, and ETV6)
- ▶ 5th bullet modified: All patients require a diagnostic LP at the time of initial diagnosis, at disease relapse, or any other time when there is a clinical suspicion for CNS involvement. *Consider* following with IT chemotherapy prophylaxis as clinically indicated (BPDCN-B).
- Footnote b added: Close collaboration with dermatology is recommended. For guidance on classification and measurement of skin lesions, see page MFSS-3 in the NCCN Guidelines for Primary Cutaneous Lymphomas.

#### **BPDCN-B**

- Without CNS disease
- ▶ 1st bullet modified: Consider administering prophylactic CNS-directed IT chemotherapy strongly recommended to be administered prophylactically
- Footnote b added: Consider IT chemotherapy prophylaxis even in the absence of known CNS disease, given the high percentage (30%) of primary CNS involvement at relapse. Sullivan JM, Rizzieri DA. Hematology Am Soc Hematol Educ Program 2016;2016:16-23. Pemmaraju N, Kantarjian H, Sweet K, et al. Blood 2023;141:567-578.

#### MS-1

· Some sections of the discussion have been updated.



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#### **EVALUATION FOR AML**

- History and physical (H&P)
- Complete blood count (CBC), platelets, differential, comprehensive metabolic panel (CMP), uric acid, lactate dehydrogenase (LDH)
- B12 and folic acid evaluation
- Prothrombin time (PT), partial thromboplastin time (PTT), fibrinogen
- Bone marrow (BM) core biopsy and aspirate analyses, including immunophenotyping by immunohistochemistry (IHC) stains + flow cytometry, and the analysis of chromosomal structural variations by cytogenetics, fluorescence in situ hybridization (FISH), or whole genome sequencing (AML-A)
- Molecular analyses (ASXL1, c-KIT, FLT3 [ITD (internal tandem duplication) and TKD (tyrosine kinase domain)], NPM1, in-frame bZIP mutation in CEBPA, IDH1, IDH2, RUNX1, TP53, and other mutations<sup>a</sup> (AML-A)
- Comprehensive pathology report, including diagnosis of AML (acute myeloid leukemia) with recurrent cytogenetics vs. AML not otherwise specified (NOS), blast count, cellularity, morphologic dysplasia, and mutation status if available
- Recommend additional molecular and genetic testing for heritable hematologic malignancy predisposition in a subset of patients, particularly in patients <50 years<sup>b</sup> (see <u>MDS-D and MDS-E from the NCCN Guidelines for Myelodysplastic Syndromes</u>)
- Human leukocyte antigen (HLA) typing for patients with potential hematopoietic cell transplantation (HCT) in the future (except for patients with a major contraindication to HCT) and/or early referral to transplant center
- Brain CT without contrast, if central nervous system (CNS) hemorrhage suspected<sup>c</sup> (AML-B)
- Brain MRI with and without contrast, if leukemic meningitis suspected<sup>c</sup> (AML-B)
- Consider FDG-PET/CT in individuals with extramedullary disease
- Lumbar puncture (LP), if symptomatic<sup>c</sup> (category 2B for asymptomatic)
   (AML-B)
- Evaluate myocardial function (echocardiogram or MUGA scan) in patients with a history or symptoms of cardiac disease or prior/planned exposure to cardiotoxic drugs or radiation therapy (RT) to thorax
- Consider early integration of palliative cared (See NCCN Guidelines for Palliative Care)

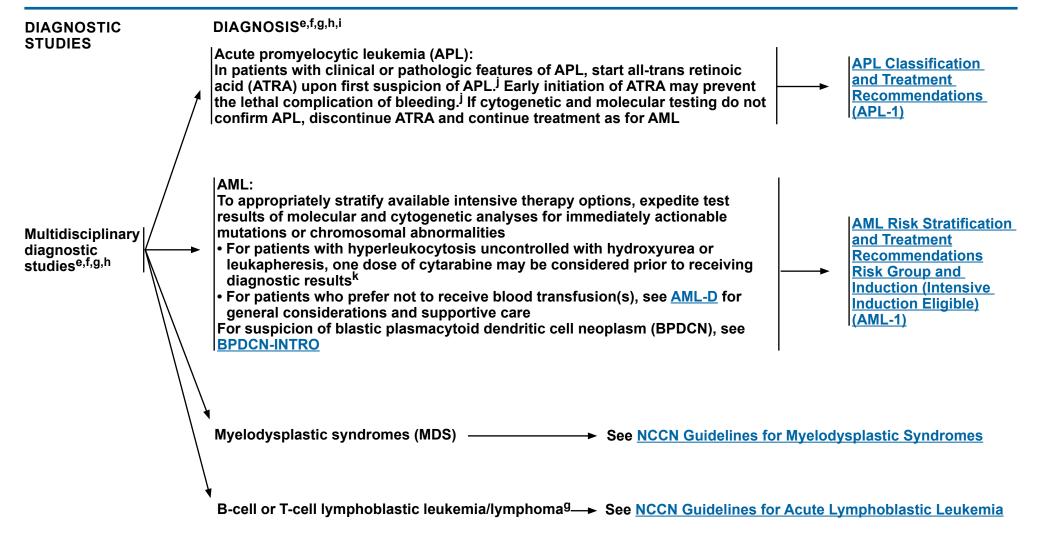
Multidisciplinary diagnostic studies (EVAL-2)

Footnotes on EVAL-2A

Note: All recommendations are category 2A unless otherwise indicated.



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Footnotes on EVAL-2A

Note: All recommendations are category 2A unless otherwise indicated.



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#### FOOTNOTES FOR EVALUATION FOR AML

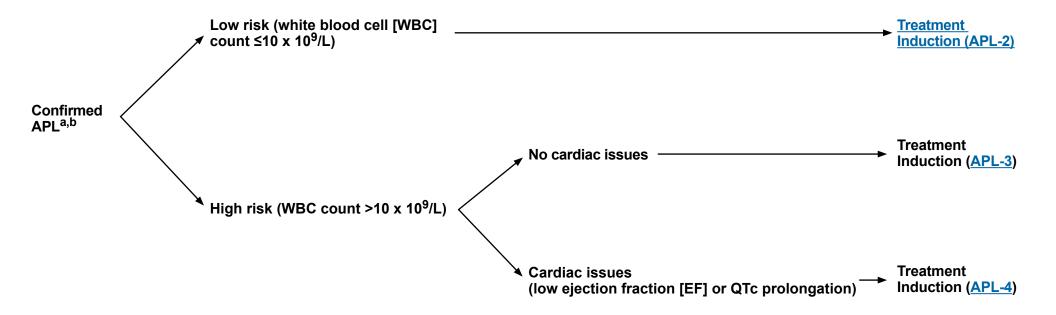
- <sup>a</sup> A variety of gene mutations are associated with specific prognoses (category 2A) and may guide medical decision-making (category 2B). Other genetic lesions may have therapeutic significance. The field of genomics in myeloid malignancies and related implications in AML are evolving rapidly. Mutations should be tested in all patients. Multiplex gene panels and targeted next-generation sequencing (NGS) analysis are recommended for the ongoing management of AML and various phases of treatment. (Papaemmanuil E, et al. N Engl J Med 2016;374:2209-2221; Lindsley RC, et al. Blood 2015;125:1367-1376; Dohner H, et al. Blood 2017;129:424-447) (Discussion). If a test is not available at your institution, consult the pathology team (prior to performing the BM evaluation) about preserving material from the original diagnostic sample for future testing at an outside reference lab. Peripheral blood may alternatively be used to detect molecular abnormalities in patients with disease with morphologically detectable, circulating leukemic blasts.
- <sup>b</sup> A heritable hematologic malignancy predisposition syndrome may account for cytopenias with or without MDS in some patients, whether presenting to pediatric or adult care centers (eg, GATA2 deficiency syndrome, Shwachman-Diamond syndrome, telomere biology disorders). Functional laboratory studies and constitutional (germline) genetic testing using large NGS panels to include genes listed on MDS-E in the <a href="NCCN Guidelines for Myelodysplastic Syndromes">NCCN Guidelines for Myelodysplastic Syndromes</a>, whole exome or whole genome sequencing complemented within silico copy number variant (CNV) calling, and/or laboratory analysis for CNVs, such as microarray testing, is recommended for certain patients. See <a href="Genetic Familial High-Risk Assessment: Heritable Hematologic Malignancy Predisposition Syndromes (MDS-E)">NCCN Guidelines for Myelodysplastic Syndromes</a>, whole exome or whole genome sequencing complemented within silico copy number variant (CNV) calling, and/or laboratory analysis for CNVs, such as microarray testing, is recommended for certain patients. See <a href="Genetic Familial High-Risk Assessment: Heritable Hematologic Malignancy Predisposition Syndromes (MDS-E)">MCS-E</a>) and Gene Mutations <a href="Associated with Heritable Hematologic Malignancy Predisposition Syndromes (MDS-E)">Genetic Familial High-Risk Assessment: Heritable Hematologic Malignancy Predisposition Syndromes (MDS-E)</a>
- <sup>c</sup> Consider administration of one dose of intrathecal (IT) chemotherapy (methotrexate or cytarabine) at time of diagnostic LP. See <u>Evaluation and Treatment of CNS</u> <u>Leukemia (AML-B)</u>.
- d El-Jawahri A. et al. JAMA Oncol 2021:7:238-245.
- <sup>e</sup> Khoury JD, et al. Leukemia 2022;36:1703-1719.
- <sup>f</sup> Arber DA, et al. Blood 2022;140:1200-1228.
- <sup>9</sup> At the moment, there are discrepancies between two recognized classification systems (Khoury JD, et al. Leukemia 2022;36:1703-1719; Arber DA, et al. Blood 2022;140:1200-1228) for AML. The NCCN guidelines do not advocate for one over another. Providers should exercise their best clinical judgment related to these discrepancies, and the NCCN Panel recommends classification systems be written to allow for maximal clinical trial participation.
- h When presented with rare cases such as acute leukemias of ambiguous lineage (ALAL) including mixed phenotype acute leukemias (MPAL) (according to 2016 WHO classification), consultation with an experienced hematopathologist is strongly recommended.
- Young adults may be eligible for pediatric trials with more intensive induction regimens and transplant options. Patients with AML should preferably be cared for at experienced leukemia centers where clinical trials may be more available.
- J ATRA should be available in all community hospitals, so appropriate therapy can be started promptly.
- k Kim K, et al. Am J Hematol 2022;97:885-894.

Note: All recommendations are category 2A unless otherwise indicated.



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#### APL CLASSIFICATION AND TREATMENT RECOMMENDATIONS



Blood 2022;140:1011-1013.

Note: All recommendations are category 2A unless otherwise indicated.

<sup>&</sup>lt;sup>a</sup> Therapy-related APL is treated the same as de novo APL. FLT3 inhibitors are not recommended for *FLT3*-positive APL. Gale RE, et al. Blood 2005;106:3768-3776. <sup>b</sup> For patients with APL being treated at a community center, collaboration with a center with expertise has been shown to reduce induction mortality. Jillella AP, et al.



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## APL TREATMENT INDUCTION (LOW RISK)b,c,d,e,f

#### CONSOLIDATION THERAPY<sup>n,o</sup>

Preferred Regimens

ATRA<sup>g</sup> 45 mg/m² in 2 divided doses daily + arsenic trioxide<sup>h</sup> 0.15 mg/kg IV daily<sup>i</sup> (category 1)

- If blood count recovery by day 28 (platelet >100 x 10<sup>9</sup>/L, absolute neutrophil count (ANC) >1 x 10<sup>9</sup>/L), proceed with consolidation. BM aspirate and biopsy may be considered to document <5% blasts and no abnormal promyelocytes<sup>m,n</sup> but is optional
- If full course of induction treatment not given, or counts have not recovered by day 28–35, a BM aspirate and biopsy is recommended to document <5% blasts and no abnormal promyelocytes<sup>m,n</sup> before proceeding with consolidation

Arsenic trioxide<sup>h</sup> 0.15 mg/kg/d IV 5 d/wk for 4 weeks every 8 weeks for a total of 4 cycles, and ATRA 45 mg/m²/d for 2 weeks every 4 weeks for a total of 7 cycles (category 1)

or

ATRA<sup>9</sup> 45 mg/m² in 2 divided doses daily + arsenic trioxide<sup>h</sup> 0.3 mg/kg IV on days 1–5 of week 1 and 0.25 mg/kg twice weekly during weeks 2–8<sup>j</sup> (category 1)

If blood count recovery by day 28 (platelet >100 x 10<sup>9</sup>/L, ANC >1 x 10<sup>9</sup>/L), proceed with consolidation. BM aspirate and biopsy may be considered to document <5% blasts and no abnormal promyelocytes<sup>m,n</sup> but is optional
 If full course of induction treatment not given, or

counts have not recovered by day 28–35, a BM aspirate and biopsy is recommended to document <5% blasts and no abnormal promyelocytes<sup>m,n</sup> before proceeding with consolidation

First 3 consolidation cycles = 56-day cycles:
ATRA 45 mg/m²/d PO in 2 divided doses daily on days
1–14 and 29–42 (2 weeks on followed by 2 weeks off)
+ arsenic trioxide<sup>h</sup> 0.3 mg/kg on days 1–5 of week 1
followed by 0.25 mg/kg twice weekly during weeks 2–4
4th consolidation cycle = 28-day cycle:
ATRA 45 mg/m²/d PO in 2 divided doses daily and days

ATRA 45 mg/m²/d PO in 2 divided doses daily on days 1–14 (2 weeks on followed by 2 weeks off) + arsenic trioxide<sup>h</sup> 0.3 mg/kg on days 1–5 of week 1 followed by 0.25 mg/kg twice weekly during weeks 2–4<sup>j</sup>

Post-Consolidation Therapy (APL-5)

## <u>Useful in Certain Circumstances</u> (if arsenic is not available or contraindicated)

ATRA<sup>9</sup> 45 mg/m² in 2 divided doses daily + idarubicin 12 mg/m² on days 2, 4, 6, 8<sup>k</sup> (category 1) or on days 2, 4, 6 for aged >70 y<sup>i,k</sup>

At count recovery, proceed with consolidation<sup>n,o,p</sup>

ATRA 45 mg/m² x 15 days + idarubicin 5 mg/m² x 4 days x 1 cycle, then ATRA x 15 days + mitoxantrone 10 mg/m²/d x 3 days x 1 cycle, then ATRA x 15 days + idarubicin 12 mg/m² x 1 day x 1 cycle  $\left(\text{category 1}\right)^k$ 

or

ATRA<sup>9</sup> 45 mg/m² in 2 divided doses daily + a single dose of gemtuzumab ozogamicin 9 mg/m² on day 5<sup>l</sup>

BM aspirate and biopsy days 28–35 to document <5% blasts and no abnormal promyelocytes<sup>n</sup> before proceeding with consolidation

ATRA 45 mg/m² in 2 divided doses daily during weeks 1–2, 5–6, 9–10, 13–14, 17–18, 21–22, and 25–26. A single dose of gemtuzumab ozogamicin 9 mg/m² may be given monthly until achievement of complete molecular response

**Footnotes on APL-2A** 

Note: All recommendations are category 2A unless otherwise indicated.



# Comprehensive Cancer Acute Promyelocytic Leukemia (Age ≥18 years)

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## FOOTNOTES FOR APL TREATMENT INDUCTION AND CONSOLIDATION THERAPY (LOW RISK)

- <sup>b</sup> For patients with APL being treated at a community center, collaboration with a center with expertise has been shown to reduce induction mortality. Jillella AP, et al. Blood 2022;140:1011-1013.
- <sup>C</sup> Several groups have published large trials with excellent outcomes. However, to achieve the expected results, one needs to use the regimen consistently through all components and not mix induction from one trial with consolidation from another.
- d Monitor for APL differentiation syndrome and coagulopathy; see Principles of Supportive Care for APL (APL-A).
- e Early mortality is related to bleeding, differentiation syndrome, or infection. Persistent disease is rare.
- f Hydroxyurea should be considered to manage high WBC count (>10 x 109/L) during induction with ATRA/arsenic trioxide.
- <sup>9</sup> Data suggest that lower doses of ATRA (25 mg/m²) in divided doses until clinical remission may be used in children and adolescents. Kutny MA, et al. J Clin Oncol 2017;35;3021-3029.
- h QTc and monitoring and optimizing electrolytes are important in safe administration of arsenic trioxide. See Arsenic trioxide monitoring in <a href="Principles of Supportive Care-for APL (APL-A)">Principles of Supportive Care-for APL (APL-A)</a>. Electrocardiogram (ECG) is recommended prior to initiating arsenic trioxide. During therapy, if a patient presents with a prolonged QT interval, the use of QTcF correction formula is recommended. Interventions such as minimizing concurrent QT-prolonging drugs and electrolyte correction are recommended prior to discontinuing arsenic trioxide.
- Lo-Coco F, et al. N Engl J Med 2013;369:111-121. Begin prophylaxis with prednisone; the optimal duration of steroid prophylaxis is unknown. If differentiation syndrome develops, change to dexamethasone. See Principles of Supportive Care for APL (APL-A).
- J Burnett AK, et al. Lancet Oncol 2015;16:1295-1305.
- k Sanz MA, et al. Blood 2010;115:5137-5146.
- Estey E, et al. Blood 2002;99:4222-4224.
- <sup>m</sup> If no evidence of morphologic disease (<5% blasts and no abnormal promyelocytes), discontinue ATRA and arsenic trioxide to allow for peripheral blood recovery since arsenic trioxide can be associated with significant myelosuppression. If evidence of morphologic disease, continue ATRA and arsenic trioxide and repeat BM 1 week later.
- <sup>n</sup> The presence of measurable cytogenetic and molecular markers does not carry prognostic or therapeutic implications.
- O For regimens using high cumulative doses of cardiotoxic agents, consider reassessing cardiac function prior to each anthracycline/mitoxantrone-containing course.
- P If full course of induction not given, BM biopsy should still be performed.

Note: All recommendations are category 2A unless otherwise indicated.



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## APL TREATMENT INDUCTION (HIGH RISK)b,c,d,e,q,r

(For patients with cardiac issues, see APL-4)

### **Preferred Regimens**

ATRA<sup>9</sup> 45 mg/m<sup>2</sup> (days 1–36, 2 divided doses daily) + age-adjusted idarubicin 6–12 mg/m<sup>2</sup> on days 2, 4, 6, 8 + arsenic trioxide<sup>n</sup> 0.15 mg/kg (days 9–36 as 2 h IV infusion)<sup>s</sup>

or

ATRA $^9$  45 mg/m $^2$  in 2 divided doses daily and arsenic trioxide $^h$  0.15 mg/kg/d IV + a single dose of gemtuzumab ozogamicin 9 mg/m $^2$  may be given on day 1, or day 2, or day 3, or day  $4^t$ 

or

ATRA<sup>9</sup> 45 mg/m<sup>2</sup> in 2 divided doses daily and arsenic trioxide<sup>h</sup> 0.3 mg/kg IV on days 1–5 of week 1 and 0.25 mg/kg twice weekly on weeks 2–8 (category 1) + a single dose of gemtuzumab ozogamicin 6 mg/m<sup>2</sup> may be given on day 1, or day 2, or day 3, or day 4<sup>J</sup>

### Other Recommended Regimens<sup>u</sup>

ATRA<sup>9</sup> 45 mg/m<sup>2</sup> in 2 divided doses daily + daunorubicin 50 mg/m<sup>2</sup> x 4 days (IV days 3–6) + cytarabine 200 mg/m<sup>2</sup> x 7 days (IV days 3–9)<sup>V</sup>

or

ATRA<sup>9</sup> 45 mg/m<sup>2</sup> in 2 divided doses daily + daunorubicin 60 mg/m<sup>2</sup> x 3 days + cytarabine 200 mg/m<sup>2</sup> x 7 days<sup>w</sup>

or

ATRA<sup>9</sup> 45 mg/m<sup>2</sup> in 2 divided doses daily + idarubicin 12 mg/m<sup>2</sup> on days 2, 4, 6, 8<sup>k</sup> or on days 2, 4, 6 for those aged >70 y

#### Footnotes on APL-3A

BM aspirate and biopsy at day 28 to document remission, m,n consider LP before proceeding with consolidation.

BM aspirate and biopsy at day 28 to document remission, m,n consider LP before proceeding with consolidation x

BM aspirate and biopsy at day 28 to document remission, m,n consider LP before proceeding with consolidation x

BM aspirate and biopsy at day 28 to document remission,<sup>m</sup> consider LP before proceeding with consolidation<sup>x</sup>

BM aspirate and biopsy at day 28 to document remission,<sup>n</sup> consider LP before proceeding with consolidation<sup>x</sup>

BM aspirate and biopsy at day 28 to document remission,<sup>n</sup> consider LP before proceeding with consolidation<sup>x</sup> CONSOLIDATION THERAPYO

See references for details on regimens including maintenance therapy.

ATRA 45 mg/m² x 28 days + arsenic trioxide 0.15 mg/kg/d x 28 days x 1 cycle, then ATRA 45 mg/m² x 7 days every 2 weeks x 3 + arsenic trioxide 0.15 mg/kg/d x 5 days for 5 weeks x 1 cycle s,y,z

Arsenic trioxide<sup>h</sup> 0.15 mg/kg daily 5 d/wk for 4 weeks every 8 weeks for a total of 4 cycles + ATRA 45 mg/m² for 2 weeks every 4 weeks for a total of 7 cycles.<sup>t,z</sup> If ATRA or arsenic trioxide discontinued due to toxicity, a single dose of gemtuzumab ozogamicin 9 mg/m² may be given every 4–5 weeks provided platelets and ANC recover to ≥100 x 10<sup>9</sup>/L and ≥1 x 10<sup>9</sup>/L, respectively, until molecular complete response (CR)

ATRA 45 mg/m² for 2 weeks every 4 weeks (or for 2 weeks on 2 weeks off) in consolidation courses 1–4 + arsenic trioxide  $^{\rm h}$  0.3 mg/kg on days 1–5 of week 1 in consolidation courses 1–4 and 0.25 mg/kg twice weekly in weeks 2–4 in consolidation courses 1–4 (category 1). $^{\rm J,Z}$  If ATRA or arsenic trioxide discontinued due to toxicity, a single dose of gemtuzumab ozogamicin 9 mg/m² may be given every 4–5 weeks provided platelets and ANC recover to ≥100 x  $^{\rm log}$ /L and ≥1 x  $^{\rm log}$ /L, respectively, until molecular CR

Arsenic trioxide<sup>h</sup> 0.15 mg/kg/d x 5 days for 5 weeks every 7 weeks for a total of 2 cycles, then ATRA 45 mg/m² x 7 days + daunorubicin 50 mg/m² x 3 days for 2 cycles<sup>V,Z</sup>

Daunorubicin 60 mg/m² x 3 days + cytarabine 200 mg/m² x 7 days x 1 cycle, then cytarabine [2 g/m² (aged <50 y) or 1.5 g/m² (aged 50–60 y) every 12 h x 5 days y,aa or 1 g/m² (aged >60 y) every 12 h x 4 days] + daunorubicin 45 mg/m² x 3 days x 1 cycle + 5 doses of IT chemotherapy w

ATRA 45 mg/m² x 15 days + idarubicin 5 mg/m² and cytarabine 1 g/m² x 4 days x 1 cycle, bb then ATRA x 15 days + mitoxantrone 10 mg/m²/d x 5 days  $^{CC}$  x 1 cycle, then ATRA x 15 days + idarubicin 12 mg/m² x 1 day + cytarabine 150 mg/m² every 8 hours x 4 days x 1 cycle  $^{k,Z,bb}$ 

Post-Consolidation Therapy (APL-5)

Note: All recommendations are category 2A unless otherwise indicated.



# Comprehensive Cancer Acute Promyelocytic Leukemia (Age ≥18 years)

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## FOOTNOTES FOR APL TREATMENT INDUCTION AND CONSOLIDATION THERAPY (HIGH RISK)

- <sup>b</sup> For patients with APL being treated at a community center, collaboration with a center with expertise has been shown to reduce induction mortality. Jillella AP, et al. Blood 2022;140:1011-1013.
- <sup>C</sup> Several groups have published large trials with excellent outcomes. However, to achieve the expected results, one needs to use the regimen consistently through all components and not mix induction from one trial with consolidation from another.
- d Monitor for APL differentiation syndrome and coagulopathy; see Principles of Supportive Care for APL (APL-A).
- <sup>e</sup> Early mortality is related to bleeding, differentiation syndrome, or infection. Persistent disease is rare.
- <sup>9</sup> Data suggest that lower doses of ATRA (25 mg/m²) in divided doses until clinical remission may be used in children and adolescents. Kutny MA, et al. J Clin Oncol 2017;35:3021-3029.
- h QTc and monitoring and optimizing electrolytes are important in safe administration of arsenic trioxide. See Arsenic trioxide monitoring in <a href="Principles of Supportive Care">Principles of Supportive Care</a> for APL (APL-A). ECG is recommended prior to initiating arsenic trioxide. During therapy, if a patient presents with a prolonged QT interval, the use of QTcF correction formula is recommended. Interventions such as minimizing concurrent QT-prolonging drugs and electrolyte correction are recommended prior to discontinuing arsenic trioxide.
- J Burnett AK, et al. Lancet Oncol 2015;16:1295-1305.
- <sup>k</sup> Sanz MA, et al. Blood 2010;115:5137-5146.
- Estey E, et al. Blood 2002;99:4222-4224.
- m If no evidence of morphologic disease (<5% blasts and no abnormal promyelocytes), discontinue ATRA and arsenic trioxide to allow for peripheral blood recovery since arsenic trioxide can be associated with significant myelosuppression. If evidence of morphologic disease, continue ATRA and arsenic trioxide and repeat BM 1 week later.
- <sup>n</sup> The presence of measurable cytogenetic and molecular markers does not carry prognostic or therapeutic implications.
- O For regimens using high cumulative doses of cardiotoxic agents, consider reassessing cardiac function prior to each anthracycline/mitoxantrone-containing course.
- q For patients with a high WBC count (>10 x 10<sup>9</sup>/L), prophylactic steroids should be initiated to prevent differentiation syndrome (<u>Principles of Supportive Care for APL [APL-A]</u>). The use of prednisone versus dexamethasone is protocol dependent.
- It is important for the management of APL that regimens containing ATRA and arsenic trioxide be administered unless there is a contraindication based on extenuating patient circumstances.
- s lland HJ, et al. Blood 2012;120:1570-1580.
- <sup>t</sup> Abaza Y, et al. Blood 2017;129:1275-1283.
- <sup>U</sup> No arsenic is included in induction if unavailable or contraindicated.
- <sup>V</sup> Powell BL, et al. Blood 2010;116:3751-3757.
- W Adès L, et al. Blood 2008;111:1078-1084.
- <sup>X</sup> Breccia M, et al. Br J Haematol 2003;120:266-270.
- <sup>y</sup> Although the original regimen included high-dose cytarabine (HiDAC) as second consolidation, some investigators recommend using HiDAC early for CNS prophylaxis, especially for patients not receiving IT chemotherapy.
- <sup>Z</sup> Consider IT chemotherapy (eg, 2 doses for each consolidation cycle) as an option for CNS prophylaxis.
- aa Dose adjustment of cytarabine may be needed for patients >60 years or patients with renal dysfunction.
- bb Patients with high-risk disease who are >60 years did not receive cytarabine in consolidation and were treated in the intermediate-risk group in the LPA2005 study.
- cc Mitoxantrone was reduced to 3 days in patients with intermediate-risk disease in the LPA2005 study.

Note: All recommendations are category 2A unless otherwise indicated.



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# APL TREATMENT INDUCTION (HIGH RISK)<sup>b,c,d,e,q</sup> IN PATIENTS WITH CARDIAC ISSUES

#### CONSOLIDATION THERAPYO

(For patients without cardiac issues, see APL-3)

Low EF
ATRA<sup>9</sup> 45 mg/m² in 2 divided doses daily + arsenic trioxide<sup>h</sup> 0.15 mg/kg daily + a single dose of gemtuzumab ozogamicin 9 mg/m² on day 1<sup>t</sup>

BM aspirate and biopsy at day 28 to document remission<sup>m,n</sup> before proceeding with consolidation

Arsenic trioxide<sup>h</sup> 0.15 mg/kg daily 5 days/wk for 4 weeks every 8 weeks for a total of 4 cycles + ATRA 45 mg/m² in 2 divided doses daily for 2 weeks every 4 weeks for a total of 7 cycles. <sup>t,Z</sup> If ATRA or arsenic trioxide discontinued due to toxicity, a single dose of gemtuzumab ozogamicin 9 mg/m² may be given every 4–5 weeks provided platelets and ANC recover to ≥100 x 10<sup>9</sup>/L and ≥1 x 10<sup>9</sup>/L, respectively, until molecular CR<sup>I</sup>

or

ATRA<sup>9</sup> 45 mg/m² in 2 divided doses daily + arsenic trioxide<sup>h</sup> 0.3 mg/kg on days 1–5 of week 1 and 0.25 mg/kg twice weekly in weeks 2–8<sup>j</sup> (category 1) + a single dose of gemtuzumab ozogamicin 6 mg/m² on day 1<sup>j</sup>

BM aspirate and biopsy at day 28 to document remission<sup>m,n</sup> before proceeding with consolidation

ATRA 45 mg/m² in 2 divided doses daily for 2 weeks every 4 weeks (or for 2 weeks on 2 weeks off) in consolidation courses 1–4 + arsenic trioxide h 0.3 mg/kg on days 1–5 of week 1 in consolidation courses 1–4 and 0.25 mg/kg twice weekly on weeks 2–4 in consolidation courses 1–4 (category 1). If ATRA or arsenic trioxide discontinued due to toxicity, a single dose of gemtuzumab ozogamicin 9 mg/m² may be given every 4–5 weeks provided platelets and ANC recover to ≥100 x 10<sup>9</sup>/L and ≥1 x 10<sup>9</sup>/L, respectively, until molecular CR

## **Prolonged QTc**

ATRA<sup>9</sup> 45 mg/m² in 2 divided doses daily + a single dose of gemtuzumab ozogamicin 9 mg/m² on day 1<sup>I</sup>

BM aspirate and biopsy at day 28 to document remission before proceeding with consolidation

ATRA 45 mg/m² in 2 divided doses daily during weeks 1–2, 5–6, 9–10, 13–14, 17–18, 21–22, and 25–26. Gemtuzumab ozogamicin 9 mg/m² may be given monthly until molecular CR

or

ATRA<sup>9</sup> 45 mg/m² in 2 divided doses daily + daunorubicin 60 mg/m² x 3 days + cytarabine 200 mg/m² x 7 days<sup>w</sup>

^

ATRA<sup>9</sup> 45 mg/m<sup>2</sup> in 2 divided doses daily + idarubicin 12 mg/m<sup>2</sup> on days 2, 4, 6, 8 or on days 2, 4, 6 for those aged >70 y<sup>k</sup>

BM aspirate and biopsy at day 28 to document remission, consider LP before proceeding with consolidation with consolidation.

BM aspirate and biopsy at day 28 to document remission, consider LP before proceeding with consolidation

Daunorubicin 60 mg/m² x 3 days + cytarabine 200 mg/m² x 7 days x 1 cycle, then cytarabine [2 g/m² (aged <50 y) or 1.5 g/m² (age 50–60 y) every 12 h x 5 days $^{\text{y},aa}$  or 1 g/m² (aged >60 y) every 12 h x 4 days], + daunorubicin 45 mg/m² x 3 days x 1 cycle + 5 doses of IT chemotherapy $^{\text{W}}$ 

ATRA 45 mg/m² x 15 days + idarubicin 5 mg/m² and cytarabine 1 g/m² x 4 days x 1 cycle,  $^{bb}$  then ATRA x 15 days + mitoxantrone 10 mg/m²/d x 5 days $^{CC}$  x 1 cycle, then ATRA x 15 days + idarubicin 12 mg/m² x 1 day + cytarabine 150 mg/m² every 8 hours x 4 days x 1 cycle $^{k,z,bb}$ 

Footnotes on APL-4A

Post-

(<u>APL-5</u>)

Consolidation Therapy

Note: All recommendations are category 2A unless otherwise indicated.



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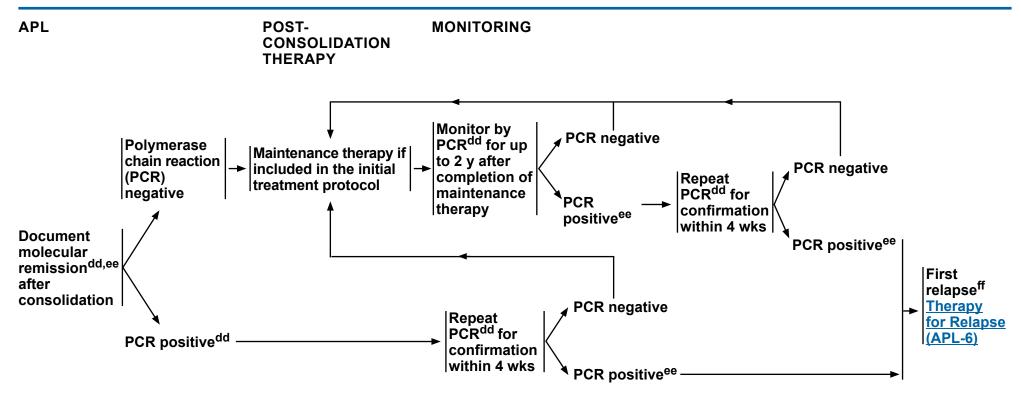
## FOOTNOTES FOR APL TREATMENT INDUCTION AND CONSOLIDATION THERAPY (HIGH RISK, PATIENTS WITH CARDIAC ISSUES)

- <sup>b</sup> For patients with APL being treated at a community center, collaboration with a center with expertise has been shown to reduce induction mortality. Jillella AP, et al. Blood 2022;140:1011-1013.
- <sup>C</sup> Several groups have published large trials with excellent outcomes. However, to achieve the expected results, one needs to use the regimen consistently through all components and not mix induction from one trial with consolidation from another.
- d Monitor for APL differentiation syndrome and coagulopathy; see Principles of Supportive Care for APL (APL-A).
- <sup>e</sup> Early mortality is related to bleeding, differentiation syndrome, or infection. Persistent disease is rare.
- <sup>9</sup> Data suggest that lower doses of ATRA (25 mg/m²) in divided doses until clinical remission may be used in children and adolescents. Kutny MA, et al. J Clin Oncol 2017;35:3021-3029.
- h QTc and monitoring and optimizing electrolytes are important in safe administration of arsenic trioxide. See Arsenic trioxide monitoring in <a href="Principles of Supportive Care-for APL (APL-A)">Principles of Supportive Care-for APL (APL-A)</a>. ECG is recommended prior to initiating arsenic trioxide. During therapy, if a patient presents with a prolonged QT interval, the use of QTcF correction formula is recommended. Interventions such as minimizing concurrent QT-prolonging drugs and electrolyte correction are recommended prior to discontinuing arsenic trioxide.
- <sup>j</sup> Burnett AK, et al. Lancet Oncol 2015;16:1295-1305.
- k Sanz MA, et al. Blood 2010;115:5137-5146.
- Estey E, et al. Blood 2002;99:4222-4224.
- <sup>m</sup> If no evidence of morphologic disease (<5% blasts and no abnormal promyelocytes), discontinue ATRA and arsenic trioxide to allow for peripheral blood recovery since arsenic trioxide can be associated with significant myelosuppression. If evidence of morphologic disease, continue ATRA and arsenic trioxide and repeat BM 1 week later.
- <sup>n</sup> The presence of measurable cytogenetic and molecular markers does not carry prognostic or therapeutic implications.
- O For regimens using high cumulative doses of cardiotoxic agents, consider reassessing cardiac function prior to each anthracycline/mitoxantrone-containing course.
- q For patients with a high WBC count (>10 x 10<sup>9</sup>/L), prophylactic steroids should be initiated to prevent differentiation syndrome (see Principles of Supportive Care for APL [APL-A]). The use of prednisone versus dexamethasone is protocol dependent.
- t Abaza Y, et al. Blood 2017;129:1275-1283.
- W Adès L, et al. Blood 2008;111:1078-1084.
- <sup>X</sup> Breccia M, et al. Br J Haematol 2003;120:266-270.
- y Although the original regimen included HiDAC as second consolidation, some investigators recommend using HiDAC early for CNS prophylaxis, especially for patients not receiving IT chemotherapy.
- <sup>Z</sup> Consider IT chemotherapy (eg., 2 doses for each consolidation cycle) as an option for CNS prophylaxis.
- aa Dose adjustment of cytarabine may be needed for patients >60 years or patients with renal dysfunction.
- bb Patients with high-risk disease who are >60 years did not receive cytarabine in consolidation and were treated in the intermediate-risk group in the LPA2005 study.
- <sup>CC</sup> Mitoxantrone was reduced to 3 days in patients with intermediate-risk disease in the LPA2005 study.

Note: All recommendations are category 2A unless otherwise indicated.



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ff Grimwade D, et al. J Clin Oncol 2009;27:3650-3658.

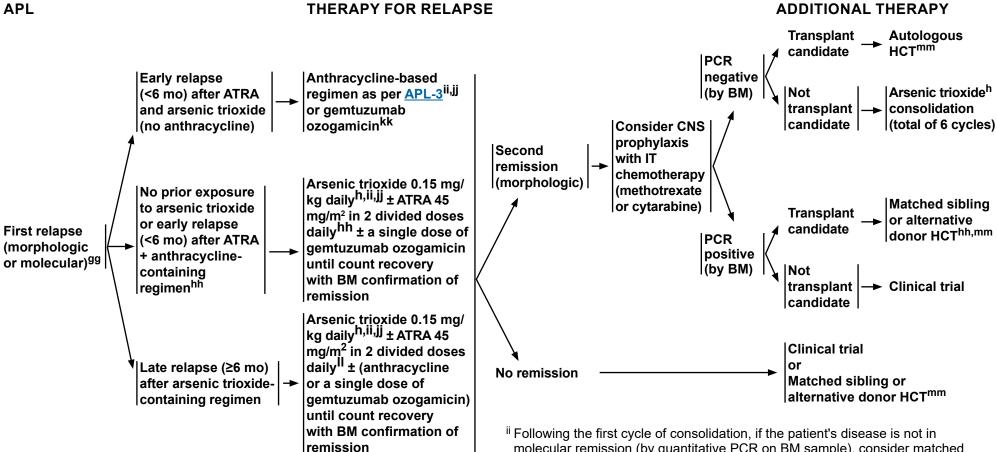
Note: All recommendations are category 2A unless otherwise indicated.

dd PCR should be performed on a blood sample at completion of consolidation to document molecular remission. In patients receiving the ATRA/arsenic regimen, consider earlier sampling at 3–4 months during consolidation. Prior practice guidelines have recommended monitoring blood by PCR every 3 mo for 2 y to detect molecular relapse. We continue to endorse this for patients with high-risk disease, those >60 y of age or who had long interruptions during consolidation, or patients on regimens that use maintenance and are not able to tolerate maintenance. Clinical experience indicates that risk of relapse in patients with low-risk disease who are in molecular remission at completion of consolidation is low and monitoring may not be necessary outside the setting of a clinical trial. While long-term monitoring has been standard, with newer, more effective regimens, the value is less certain.

ee To confirm PCR positivity, a second blood sample should be done in 2–4 weeks in a reliable laboratory. If molecular relapse is confirmed by a second positive test, treat as first relapse (APL-6). If the second test is negative, frequent monitoring (every 3 mo for 2 y) is strongly recommended to confirm that the test remains negative. The PCR testing lab should indicate the level of sensitivity of assay for positivity (most clinical labs have a sensitivity level of 10<sup>-4</sup>), and testing should be done in the same lab to maintain the same level of sensitivity. Consider consultation with a physician experienced in molecular diagnostics if results are equivocal.



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h QTc and monitoring and optimizing electrolytes are important in safe administration of arsenic trioxide. See Arsenic trioxide monitoring in <a href="Principles of Supportive Care for APL (APL-A)">Principles of Supportive Care for APL (APL-A)</a>. ECG is recommended prior to initiating arsenic trioxide. During therapy, if a patient presents with a prolonged QT interval, the use of QTcF correction formula is recommended. Interventions such as minimizing concurrent QT-prolonging drugs and electrolyte correction are recommended prior to discontinuing arsenic trioxide.

gg Document molecular panel to verify relapsed APL versus therapy-related AML.

hh Cicconi L, et al. Ann Hematol 2018;97:1797-1802.

kk Lo-Coco F, et al. Blood 2004;104:1995-1999.

mm See NCCN Guidelines for Hematopoietic Cell Transplantation.

Note: All recommendations are category 2A unless otherwise indicated.

Following the first cycle of consolidation, if the patient's disease is not in molecular remission (by quantitative PCR on BM sample), consider matched sibling or alternative donor (haploidentical, unrelated donor, or cord blood) HCT or clinical trial. Testing is recommended at least 2–3 weeks after the completion of arsenic trioxide to avoid false positives.

ii Outcomes are uncertain in patients who received arsenic trioxide during initial induction/consolidation therapy.

<sup>&</sup>lt;sup>II</sup> There is a small randomized trial that suggests that the addition of ATRA does not confer any benefit over arsenic trioxide alone. Raffoux E, et al. J Clin Oncol 2003;21:2326-2334.



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#### PRINCIPLES OF SUPPORTIVE CARE FOR APLa

There are variations among institutions, but the following issues are important to consider in the management of APL.

- · Clinical coagulopathy:
- ▶ Management of clinical coagulopathy: Aggressive platelet transfusion support to maintain platelets ≥50 x 10<sup>9</sup>/L; fibrinogen replacement with cryoprecipitate and fresh frozen plasma to maintain a level >150 mg/dL and PT and PTT close to normal values. Monitor daily until coagulopathy resolves.
- ▶ Avoid use of tunneled catheter or port-a-cath.
- Leukapheresis<sup>1</sup> is not routinely recommended in patients with a high WBC count in APL because of the difference in leukemia biology; however, in life-threatening cases with leukostasis that is not responsive to other modalities, leukapheresis can be considered with caution.
- Hydroxyurea can be used to treat leukocytosis in individuals with low-risk disease who experience a rise in WBC count after treatment with an ATRA/arsenic trioxide based regimen.
- APL differentiation syndrome:
- ▶ Maintain a high index of suspicion of APL differentiation syndrome (ie, fever, often associated with increasing WBC count >10 x 10<sup>9</sup>/L, usually at initial diagnosis or relapse; shortness of breath; hypoxemia; pleural or pericardial effusions). Close monitoring of volume overload and pulmonary status is indicated. Initiate dexamethasone at first signs or symptoms of respiratory compromise (ie, hypoxemia, pulmonary infiltrates, pericardial or pleural effusions) (10 mg BID for 3–5 days with a taper over 2 weeks). Consider interrupting ATRA therapy until hypoxia resolves.
- For patients at high risk (WBC count >10 x 10<sup>9</sup>/L) for developing differentiation syndrome, initiate prophylaxis with corticosteroids, either prednisone 0.5 mg/kg day 1 or dexamethasone 10 mg every 12 h (See NCCN Guidelines for Prevention and Treatment of Cancer-Related Infections). Taper the steroid dose over a period of several days. If patient develops differentiation syndrome, change prednisone to dexamethasone 10 mg every 12 h until count recovery or risk of differentiation has abated.<sup>2,3</sup>
- ▶ Hydroxyurea can be used to treat leukocytosis associated with differentiation syndrome. In difficult-to-treat cases, an anthracycline (daunorubicin or idarubicin) or gemtuzumab ozogamicin can be used.
- Arsenic trioxide monitoring:
- ▶ Prior to initiating therapy
  - **\delta** ECG for prolonged QTc interval assessment
  - ♦ Serum electrolytes (Ca, K, Mg, phosphorus) and creatinine
- ▶ During therapy (weekly during induction therapy and before each course of post-remission therapy)
  - ♦ Minimize use of drugs that may prolong QT interval.
  - ♦ Maintain K and Mg concentrations within middle or upper range of normal.
  - ♦ In patients with prolonged QTc interval >500 millisec, correct electrolytes and proceed with caution. QTcF is recommended; however, in settings where QTcF corrections are unavailable, a cardiology consult may be appropriate for patients with prolonged QTc.<sup>4</sup>
- Myeloid growth factors should not be used during induction. They may be considered during consolidation in selected cases (ie, life-threatening infections, signs/symptoms of sepsis); however, there are no outcomes data regarding the prophylactic use of growth factors in consolidation.

Note: All recommendations are category 2A unless otherwise indicated.

<sup>&</sup>lt;sup>a</sup> Antiviral prophylaxis against varicella-zoster virus for duration of treatment may be appropriate. Glass JL, et al. Blood 2015;126:3752.

<sup>&</sup>lt;sup>1</sup> Daver N, et al. Br J Haematol 2015;168:646-653.

<sup>&</sup>lt;sup>2</sup> Lo-Coco F, et al. N Engl J Med 2013;369:111-121.

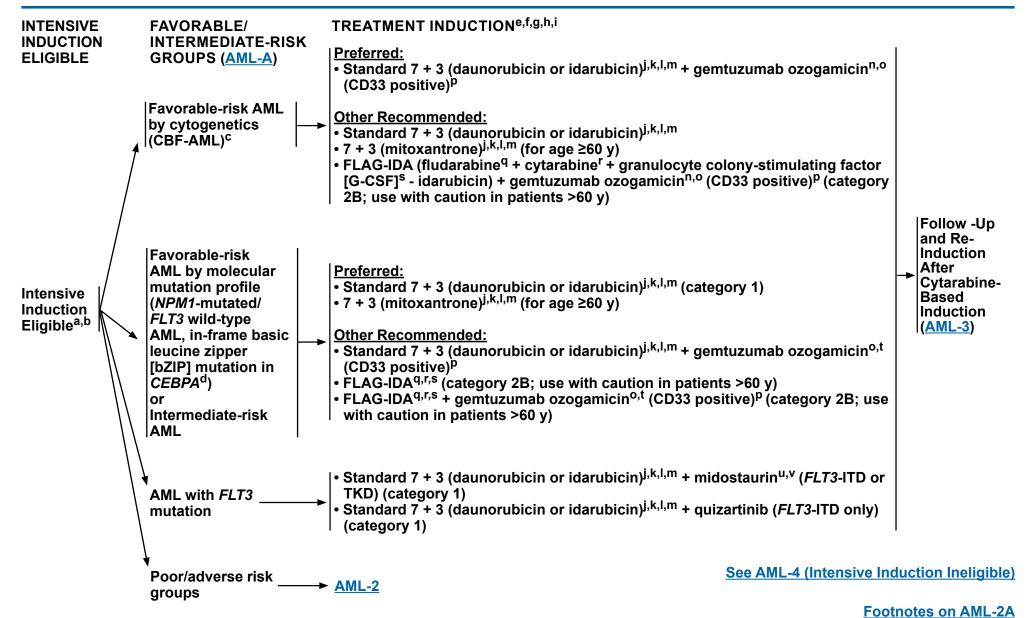
<sup>&</sup>lt;sup>3</sup> Sanz MA, et al. Blood 2010;115:5137-5146.

<sup>&</sup>lt;sup>4</sup> Sanz MA, et al. Blood 2019;133:1630-1643.



# Cancer Acute Myeloid Leukemia (Age ≥18 years)

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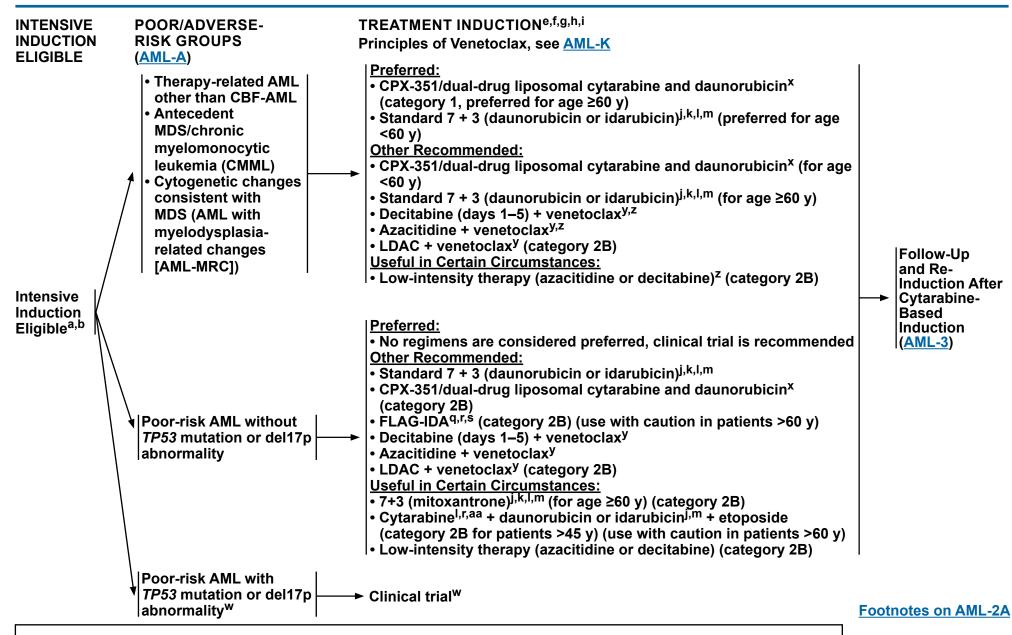


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# Comprehensive Cancer Acute Myeloid Leukemia (Age ≥18 years)

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Note: All recommendations are category 2A unless otherwise indicated.



# Cancer Acute Myeloid Leukemia (Age ≥18 years)

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#### FOOTNOTES FOR INTENSIVE INDUCTION ELIGIBLE

- <sup>a</sup> Patients with elevated blast counts are at risk for tumor lysis and organ dysfunction secondary to leukostasis. Measures to rapidly reduce the WBC count include leukapheresis, hydroxyurea, and/or a single dose of cytarabine. Prompt institution of definitive therapy is essential.
- b Poor performance/functional status and a comorbid medical condition, in addition to age, are factors that influence ability to tolerate standard induction therapy. Webbased tools available to evaluate the probability of CR and early death after standard induction therapy in patients aged ≥60 years with AML can be found at: Walter RB, et al. J Clin Oncol 2011;29:4417-4423; Borlenghi E, et al. J Geriatr Oncol 2021;12:550-556. Consider the use of geriatric assessment for patients with AML ≥60 years of age. Ritchie EK, et al. Blood Adv 2022;6:3812-3820; Min GJ, et al. Blood 2022;139:1646-1658; Saad M, et al. Blood 2020;136:2715-2719; Klepin HD, et al. Blood 2013;121:4287-4294. See NCCN Guidelines for Older Adult Oncology.
- <sup>c</sup> Consider screening with FISH to identify translocations/abnormalities associated with CBF-AML.
- d In-frame bZIP mutations in *CEBPA* are more predictive of favorable outcomes than double mutations. Taube F, et al. Blood 2022;139:87-103; Wakita S, et al. Blood Adv 2022;6:238-247; Tarlock K, et al. Blood 2021;138:1137-1147.
- <sup>e</sup> Principles of Supportive Care for AML (AML-F).
- f Monitoring During Therapy (AML-G).
- <sup>9</sup> Consider referral to palliative care for consultation at the start of induction. El-Jawahri A, et al. JAMA Oncol 2021;7:238-245. See NCCN Guidelines for Palliative Care.
- h General Considerations and Supportive Care for Patients with AML Who Prefer Not to Receive Blood Transfusions (AML-D).
- Principles of Systemic Therapy (AML-E).
- For patients who exceed anthracycline dose or have cardiac issues but are still able to receive aggressive therapy, alternative non-anthracycline–containing regimens may be considered (eg, FLAG, clofarabine-based regimens [category 3]).
- <sup>k</sup> ECOG reported a significant increase in CR rates and overall survival (OS) using daunorubicin 90 mg/m² x 3 days versus 45 mg/m² x 3 days in patients <60 years of age. Fernandez HF, et al. N Engl J Med 2009;361:1249-1259. If there is residual disease on days 12–14, the additional daunorubicin dose is 45 mg/m² x 3 days. Burnett AK, et al. Blood 2015;125:3878-3885.
- For patients with impaired cardiac function, other cytarabine-based regimens alone or with other agents can be considered. See Discussion.
- m The CR rates and 2-year OS in patients between 60 and 65 years of age treated with daunorubicin 90 mg/m² is also comparable to the outcome for idarubicin 12 mg/m²; the higher-dose daunorubicin did not benefit patients >65 years of age (Löwenberg B, et al. N Engl J Med 2009;361:1235-1248).
- <sup>n</sup> For CBF-AML with *FLT3* mutation, the panel prefers gemtuzumab ozogamicin.
- Patients who receive transplant shortly following gemtuzumab ozogamicin administration may be at risk for developing sinusoidal obstruction syndrome (SOS).
   Wadleigh M, et al. Blood 2003;102:1578-1582. If transplant is planned, note that prior studies have used a 60- to 90-day interval between the last administration of gemtuzumab ozogamicin and HCT.
- p Threshold for CD33 is not well-defined and may be ≥1%.
- <sup>q</sup> In times of fludarabine shortage, cladribine can be substituted for fludarabine.
- <sup>r</sup> Consider dose adjustments for cytarabine based on age and renal function. Doses of cytarabine ≥2 g/m² should be used with caution in patients ≥60 years and patients with renal failure due to concern for neurotoxicity. See <u>Principles of Systemic Therapy (AML-E)</u>.
- <sup>s</sup> An FDA-approved biosimilar is an appropriate substitute for filgrastim.
- <sup>t</sup> Gemtuzumab ozogamicin may be beneficial in *NPM1*-mutated AML (Kapp-Schwoerer S, et al. Blood 2020;136:3041-3050). The role of gemtuzumab ozogamicin in *CEBPA*-mutated AML is not established.

**Continued** 

Note: All recommendations are category 2A unless otherwise indicated.

Clinical Trials: NCCN believes that the best management of any patient with cancer is in a clinical trial. Participation in clinical trials is especially encouraged.



# Comprehensive Cancer Acute Myeloid Leukemia (Age ≥18 years)

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#### FOOTNOTES FOR INTENSIVE INDUCTION ELIGIBLE

- <sup>U</sup> While midostaurin is not FDA approved for maintenance therapy, the study was designed for consolidation and maintenance midostaurin for a total of 12 months. Stone RM, et al. N Engl J Med 2017;377:454-464.
- V The RATIFY trial studied patients aged 18–60 y with *FLT3* mutated AML. An extrapolation of the data suggests that patients aged 61–70 years with *FLT3* mutated AML who are fit to receive 7+3 should be offered midostaurin since it seems to provide a survival benefit without undue toxicity. Schlenk RF, et al. Blood 2019;133:840-851.
- W Outcomes for patients with poor-risk AML with *TP53* mutation remain poor with conventional induction chemotherapy (Rücker FG, et al. Blood 2012;119:2114-2121) and the panel prioritizes clinical trial enrollment in this setting. While conventional induction chemotherapy regimens can be given in the setting of a *TP53* mutation, less intensive chemotherapy is preferred for patients not enrolled in clinical trials. (DiNardo CD, et al. N Engl J Med 2020;383:617-629; Welch JS, et al. N Engl J Med 2016;375:2023-2036).
- X There are limited data supporting the use of this regimen in patients aged <60 years. For patients with AML-MRC and previous hypomethylating agent (HMA) exposure, the benefit from standard induction did not differ from the benefit with CPX-351/dual-drug liposomal encapsulation of cytarabine and daunorubicin. Lancet JE, et al. J Clin Oncol 2018;36:2684-2692. While the mutational definition of AML-MRC as it applies to the use of CPX-351/dual-drug liposomal cytarabine and daunorubicin was not studied in the original trial, its use can be considered.
- <sup>y</sup> Venetoclax with decitabine, azacitidine, or LDAC may be continued for patients whose disease demonstrates clinical improvement (CR/CR with incomplete hematologic recovery [CRi]), with consideration of subsequent transplant, where appropriate. DiNardo CD, et al. Lancet Oncol 2018;19:216-228; Wei A, et al. Blood 2017;130:890; DiNardo CD, et al. Blood 2019;133:7-17; DiNardo CD, et al. N Engl J Med 2020;383:617-629.
- <sup>Z</sup> Patients whose disease has progressed to AML from MDS after significant exposure to HMAs (ie, azacitidine, decitabine) may be less likely to derive benefit from continued treatment with HMAs compared to patients who are HMA-naïve. Alternative treatment strategies should be considered.
- aa The use of doses of cytarabine ≥2 g/m² for induction outside the setting of a clinical trial is still controversial. While the remission rates are the same for doses of cytarabine >100 to 200 mg/m² and doses of cytarabine ≥2 g/m², two studies have shown more rapid BM blast clearance after one cycle of high-dose therapy. Kern W, Estey EH. Cancer 2006;107:116-124.

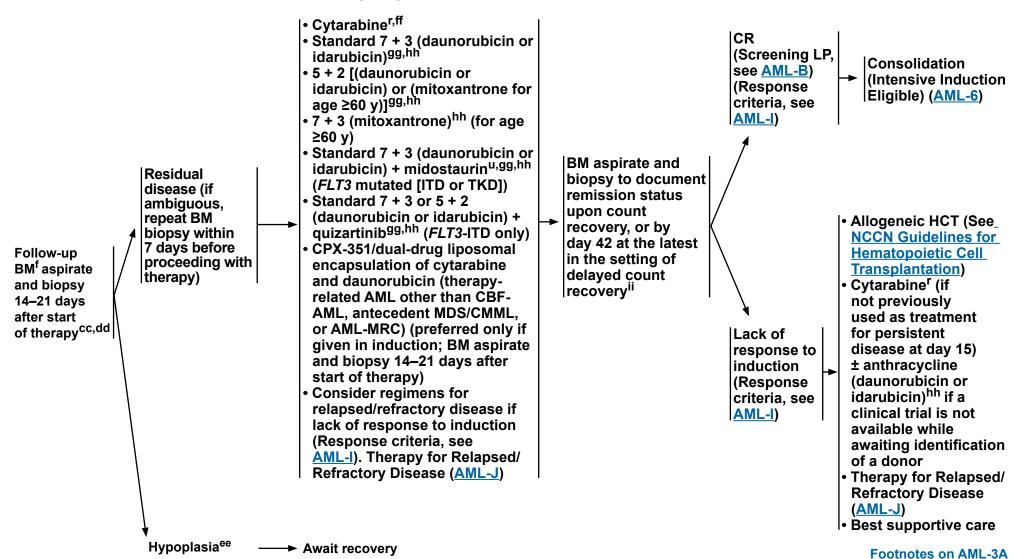
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## FOLLOW-UP AND REINDUCTION AFTER CYTARABINE-BASED INDUCTION<sup>i,bb</sup>

#### **RE-INDUCTION**



Note: All recommendations are category 2A unless otherwise indicated.



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#### FOOTNOTES FOR FOLLOW-UP AND REINDUCTION AFTER CYTARABINE-BASED INDUCTION

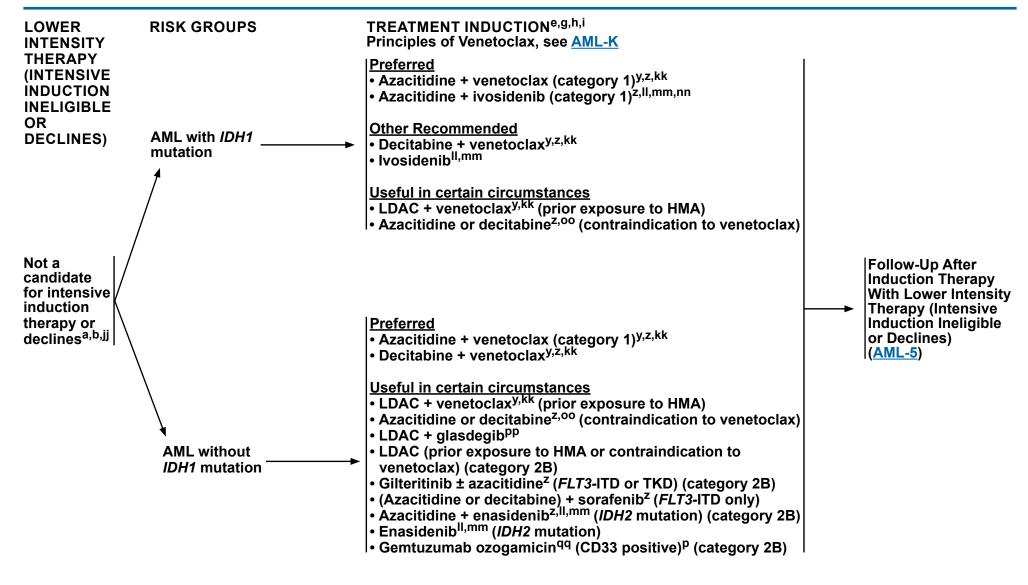
- Monitoring During Therapy (AML-G).
- Principles of Systemic Therapy (AML-E).
- <sup>r</sup> Consider dose adjustments for cytarabine based on age and renal function. Doses of cytarabine ≥2 g/m² should be used with caution in patients ≥60 years and patients with renal failure due to concern for neurotoxicity. See <u>Principles of Systemic Therapy (AML-E)</u>.
- <sup>u</sup> While midostaurin is not FDA approved for maintenance therapy, the study was designed for consolidation and maintenance midostaurin for a total of 12 months. Stone RM, et al. N Engl J Med 2017;377:454-464.
- bb Consider clinical trials for patients with disease with targeted molecular abnormalities.
- cc When using a cytarabine-based induction regimen with doses of cytarabine >100 to 200 mg/m², consider delaying BM aspirate and biopsy to D21.
- dd There are limited prospective data to support this recommendation. Othus M, et al. Leukemia 2016;30:1779-1780.
- ee Hypoplasia is defined as cellularity less than 20% of which the residual blasts are less than 5% (ie, blast percentage of residual cellularity).
- ff For re-induction, no data are available to show superiority with 1–2 g/m² of cytarabine compared to doses ≥2 g/m².
- <sup>99</sup> If daunorubicin 90 mg/m² was used in induction, the recommended dose for daunorubicin for reinduction prior to count recovery is 45 mg/m² for no more than 2 doses. Analogously, if idarubicin 12 mg/m² was used for induction, the early reinduction dose should be limited to 10 mg/m² for 1 or 2 doses.
- hh For regimens using high cumulative doses of cardiotoxic agents, consider reassessing cardiac function prior to each anthracycline/mitoxantrone-containing course. Karanes C. et al. Leuk Res 1999;23:787-794.
- ii When performed, BM aspirate and biopsy should include cytogenetic and molecular studies, as appropriate. For measurable (minimal) residual disease (MRD) assessment, see AML-H.

Note: All recommendations are category 2A unless otherwise indicated.



# Comprehensive Cancer Acute Myeloid Leukemia (Age ≥18 years)

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Footnotes on AML-4A

Note: All recommendations are category 2A unless otherwise indicated.



# Cancer Acute Myeloid Leukemia (Age ≥18 years)

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## FOOTNOTES FOR LOWER INTENSITY THERAPY (INTENSIVE INDUCTION INELIGIBLE OR DECLINES)

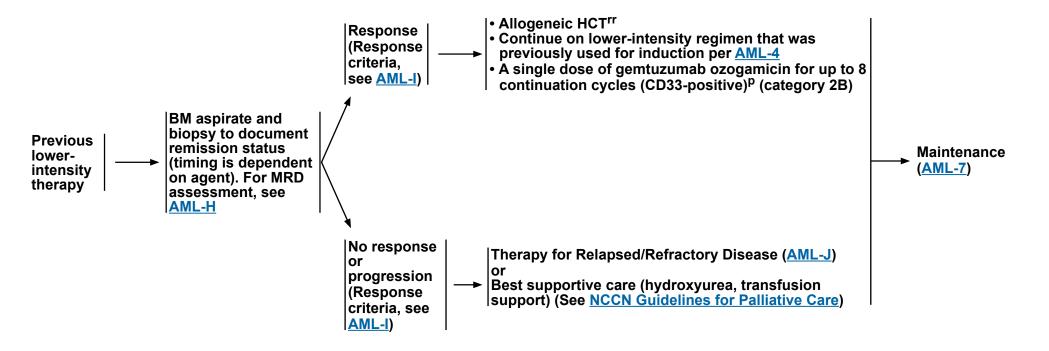
- <sup>a</sup> Patients with elevated blast counts are at risk for tumor lysis and organ dysfunction secondary to leukostasis. Measures to rapidly reduce the WBC count include leukapheresis, hydroxyurea, and/or a single dose of cytarabine. Prompt institution of definitive therapy is essential.
- b Poor performance/functional status and a comorbid medical condition, in addition to age, are factors that influence ability to tolerate standard induction therapy. Webbased tools available to evaluate the probability of CR and early death after standard induction therapy in patients aged ≥60 years with AML can be found at: Walter RB, et al. J Clin Oncol 2011;29:4417-4423; Borlenghi E, et al. J Geriatr Oncol 2021;12:550-556. Consider the use of geriatric assessment for patients with AML ≥60 years of age. Ritchie EK, et al. Blood Adv 2022;6:3812-3820; Min GJ, et al. Blood 2022;139:1646-1658; Saad M, et al. Blood 2020;136:2715-2719; Klepin H, et al. Blood 2013;121:4287-4294. See NCCN Guidelines for Older Adult Oncology.
- e Principles of Supportive Care for AML (AML-F).
- 9 Consider referral to palliative care for consultation at the start of induction. El-Jawahri A, et al. JAMA Oncol 2021;7:238-245. See NCCN Guidelines for Palliative Care.
- h General Considerations and Supportive Care for Patients Who Prefer Not to Receive Blood Transfusions (AML-D).
- Principles of Systemic Therapy (AML-E).
- p Threshold for CD33 is not well-defined and may be ≥1%.
- <sup>y</sup> Venetoclax with decitabine, azacitidine, or LDAC may be continued for patients whose disease demonstrates clinical improvement (CR/CR with incomplete hematologic recovery [CRi]), with consideration of subsequent transplant, where appropriate. DiNardo CD, et al. Lancet Oncol 2018;19:216-228; Wei A, et al. Blood 2017;130:890; DiNardo CD, et al. Blood 2019;133:7-17; DiNardo CD, et al. N Engl J Med 2020;383:617-629.
- <sup>Z</sup> Patients whose disease has progressed to AML from MDS after significant exposure to HMAs (ie, azacitidine, decitabine) may be less likely to derive benefit from continued treatment with HMAs compared to patients who are HMA-naïve. Alternative treatment strategies should be considered. DiNardo CD, et al. Blood 2019;133:7-17.
- ill For patients who decline induction chemotherapy and/or targeted therapy, best supportive care may include hydroxyurea and/or transfusion support.
- kk Patients with disease in remission should take breaks between cycles. For more details about cycle length, see AML-K.
- Il Response to treatment with enasidenib or ivosidenib may take 3-5 months.
- mm Enasidenib or ivosidenib increases the risk for differentiation syndrome and hyperleukocytosis that may require treatment with hydroxyurea and steroids. Monitor closely for differentiation syndrome and initiate therapy to resolve symptoms according to indications. Note that differentiation syndrome can occur later (up to several months after induction).
- nn This regimen is approved for patients with newly diagnosed AML with an *IDH1* mutation who met at least one of the following criteria: aged >75 years, baseline ECOG performance status of 2, severe cardiac or pulmonary disease, hepatic impairment with bilirubin >1.5 times the upper limit of normal, creatinine clearance (CrCl) <45 mL/min, or other comorbidity. Montesinos P, et al. N Engl J Med 2022;386:1519-1531.
- OO Response may not be evident before 3–4 cycles of treatment with HMAs (ie, azacitidine, decitabine). Continue HMA treatment until progression if patient is tolerating therapy. Similar delays in response are likely with novel agents in a clinical trial, but endpoints will be defined by the protocol.
- PP This regimen is for treatment of newly diagnosed AML in patients who are ≥75 years of age, or who have significant comorbid conditions (ie, severe cardiac disease, ECOG performance status ≥2, baseline creatinine >1.3 mg/dL) and has been associated with an improved OS in a randomized trial. Cortes JE, et al. Blood 2016:128:99.
- qq Regimens that include gemtuzumab ozogamicin have limited benefit in poor-risk disease.

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FOLLOW-UP AFTER INDUCTION THERAPY WITH LOWER INTENSITY THERAPY (INTENSIVE INDUCTION INELIGIBLE OR DECLINES)<sup>1</sup>



Note: All recommendations are category 2A unless otherwise indicated.

Principles of Systemic Therapy (AML-E).

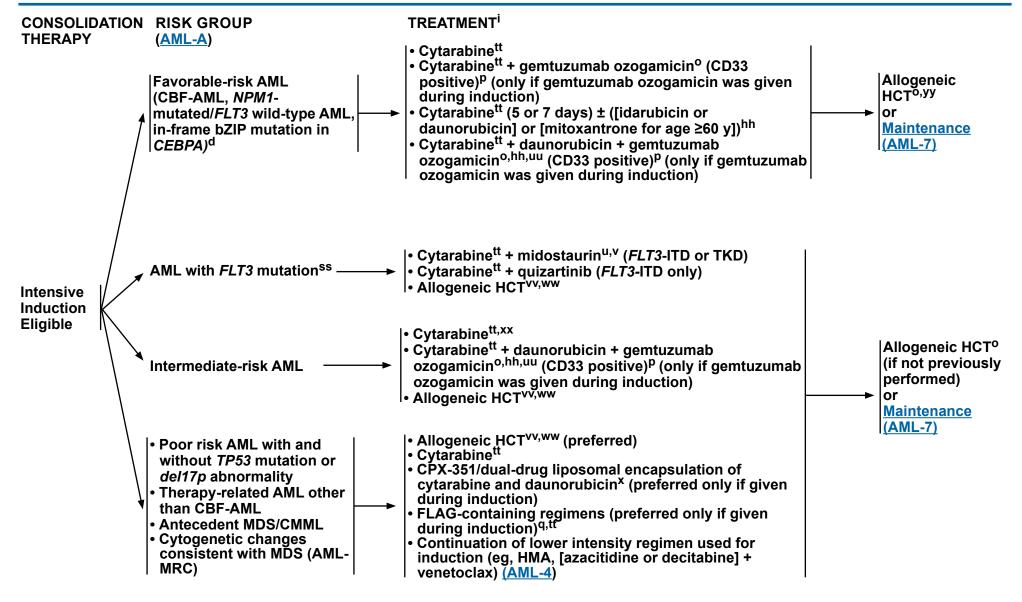
<sup>&</sup>lt;sup>p</sup> Threshold for CD33 is not well-defined and may be ≥1%.

rr Patients who are deemed as candidates for HCT and who have an available donor should be transplanted in first remission.



# Comprehensive Cancer Network® NCCN Guidelines Version 3.2024 Cancer Network® Acute Myeloid Leukemia (Age ≥18 years)

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Footnotes on AML-6A

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## FOOTNOTES FOR CONSOLIDATION THERAPY (INTENSIVE INDUCTION ELIGIBLE)

- d In-frame bZIP mutations in *CEBPA* are more predictive of favorable outcomes than double mutations. Taube F, et al. Blood 2022;139:87-103; Wakita S, et al. Blood Adv 2022;6:238-247. Tarlock K, et al. Blood 2021;138:1137-1147.
- Principles of Systemic Therapy (AML-E).
- O Patients who receive transplant shortly following gemtuzumab ozogamicin administration may be at risk for developing SOS. Wadleigh M, et al. Blood 2003;102:1578-1582. If transplant is planned, note that prior studies have used a 60- to 90-day interval between the last administration of gemtuzumab ozogamicin and HCT.
- <sup>p</sup> Threshold for CD33 is not well-defined and may be ≥1%.
- q In times of fludarabine shortage, cladribine can be substituted for fludarabine.
- <sup>U</sup> While midostaurin is not FDA approved for maintenance therapy, the study was designed for consolidation and maintenance midostaurin for a total of 12 months. Stone RM, et al. N Engl J Med 2017;377:454-464.
- <sup>v</sup> The RATIFY trial studied patients aged 18–60 years with *FLT3* mutated AML. An extrapolation of the data suggests that patients aged 61–70 years with *FLT3* mutated AML who are fit to receive 7 + 3 should be offered midostaurin since it seems to provide a survival benefit without undue toxicity. Schlenk RF, et al. Blood 2019;133:840-851.
- <sup>x</sup> There are limited data supporting the use of this regimen in patients aged <60 years. For patients with AML-MRC and previous HMA exposure, the benefit from standard induction did not differ from the benefit with CPX-351/dual-drug liposomal encapsulation of cytarabine and daunorubicin. Lancet JE, et al. J Clin Oncol 2018;36:2684-2692. While the mutational definition of AML-MRC as it applies to the use of CPX-351/dual-drug liposomal cytarabine and daunorubicin was not studied in the original trial, its use can be considered.
- hh For regimens using high cumulative doses of cardiotoxic agents, consider reassessing cardiac function prior to each anthracycline/mitoxantrone-containing course. Karanes C, et al. Leuk Res 1999;23:787-794.
- SS FLT3-ITD mutation is a poor-risk feature in the setting of otherwise normal karyotype, and these patients should be considered for clinical trials where available.

  It Alternate dosing of cytarabine for postremission therapy has been reported (Discussion). Jaramillo S, et al. Blood Cancer J 2017;7:e564. Doses of cytarabine ≥2 g/m² should be used with caution in patients ≥60 years and patients with renal failure due to concern for neurotoxicity. See Principles of Systemic Therapy (AML-E).

  It is regimen may also be used in patients with AML with KIT mutations because the outcomes are similar in patients with AML without KIT mutations.
- VV Begin alternate donor search (haploidentical, unrelated donor, or cord blood) if no appropriate matched sibling donor is available and the patient is a candidate for allogeneic HCT. For lack of response to induction, alternative therapy to achieve remission is encouraged prior to HCT. See <a href="NCCN Guidelines for Hematopoietic Cell Transplantation">NCCN Guidelines for Hematopoietic Cell Transplantation</a>.
- WW Patients may require at least one cycle of cytarabine-based consolidation while donor search is in progress to maintain remission. Patients may proceed directly to transplant following achievement of remission if a donor is available.
- XX There is no evidence that cytarabine doses  $\geq 2 \text{ g/m}^2$  are superior to doses 1–2 g/m² in patients with AML with intermediate-risk cytogenetics.
- yy Allogeneic transplant is recommended for patients with favorable-risk disease who are unable to complete consolidation or who have high-risk features such as MRD-positivity or *KIT* mutation.

Note: All recommendations are category 2A unless otherwise indicated.



# Comprehensive Cancer Network® Acute Myeloid Leukemia (Age ≥18 years)

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#### MAINTENANCE THERAPY TREATMENT<sup>i</sup> Maintenance therapy with oral azacitidine until Patient with non-CBF-AML: > Who received prior intensive chemotherapy and progression or unacceptable toxicity (category 1, whose disease is now in remission preferred for age ≥55 y)<sup>ZZ</sup> • Maintenance therapy with HMA until progression **→** Completed no consolidation, some or unacceptable toxicity consolidation or a recommended course of ▶ Azacitidine consolidation and No allogeneic HCT is planned ▶ Decitabine Surveillance FLT3 inhibitor maintenance Sorafenib (FLT3-ITD only) Post allogeneic HCT, in remission, Midostaurin (FLT3-ITD or TKD) (category 2B) and history of FLT3 mutation • Gilteritinib (FLT3-ITD or TKD) (category 2B) • Quizartinib (FLT3-ITD only) (category 2B) Patient with history of FLT3-ITD mutation: FLT3 inhibitor maintenance > Previously received guizartinib • Quizartinib (FLT3-ITD only) No allogeneic HCT is planned If none of the above scenarios is applicable ———— Maintenance therapy not recommended

Note: All recommendations are category 2A unless otherwise indicated.

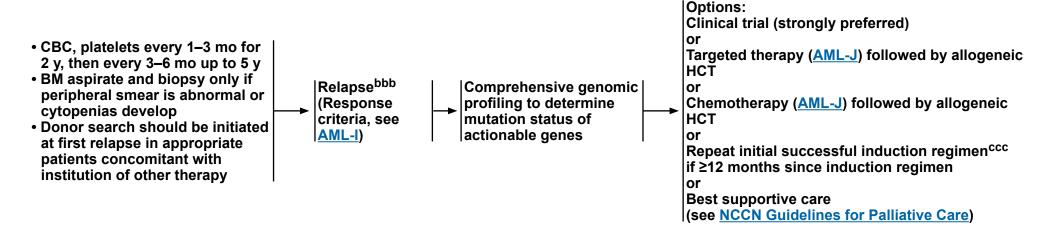
See Principles of Systemic Therapy (AML-E).

<sup>&</sup>lt;sup>ZZ</sup> This is not intended to replace consolidation chemotherapy. In addition, patients who are fit may benefit from HCT in first CR, and there are no data to suggest that maintenance therapy with oral azacitidine can replace HCT. The panel also notes that the trial did not include patients <55 years of age or those with *CBF*-AML; it was restricted to patients ≥55 years of age with AML with intermediate or adverse cytogenetics who were not felt to be candidates for HCT. Most patients received at least 1 cycle of consolidation prior to starting oral azacitidine. Wei AH, et al. N Engl J Med 2020;383:2526-2537.



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AML SURVEILLANCE<sup>aaa</sup> AND THERAPY FOR RELAPSED/REFRACTORY DISEASE (AFTER COMPLETION OF CONSOLIDATION)



aaa Studies are ongoing to evaluate the role of molecular monitoring in the surveillance for early relapse in patients with AML (Discussion).

Note: All recommendations are category 2A unless otherwise indicated.

bbb Multi-gene molecular profiling/targeted NGS (including *IDH1/IDH2*, *FLT3* mutations) is suggested as it may assist with selection of therapy and appropriate clinical trials (<u>Discussion</u>). Molecular testing should be repeated at each relapse or progression.

ccc Reinduction therapy may be appropriate in certain circumstances, such as in patients with long first remission (there are no data regarding re-induction with dual-drug liposomal encapsulation of cytarabine and daunorubicin). This strategy primarily applies to cytotoxic chemotherapy and excludes the re-use of targeted agents due to the potential development of resistance. Targeted therapies may be retried if agents were not administered continuously and not stopped due to development of clinical resistance. If a second CR is achieved, then consolidation with allogeneic HCT should be considered.



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# ELN RISK STRATIFICATION BY BIOLOGICAL DISEASE FACTORS FOR PATIENTS WITH NON-APL AML TREATED WITH INTENSIVE INDUCTION CHEMOTHERAPY<sup>1</sup>

Risk Category <sup>a,b</sup>	Genetic Abnormality
Favorable	t(8;21)(q22;q22.1)/ <i>RUNX1</i> :: <i>RUNX1T1</i> <sup>b,c</sup> inv(16)(p13.1q22) or t(16;16)(p13.1;q22)/ <i>CBFB</i> :: <i>MYH11</i> <sup>b,c</sup> Mutated <i>NPM1</i> <sup>b,d</sup> without <i>FLT3</i> -ITD bZIP in-frame mutated <i>CEBPA</i> <sup>e</sup>
Intermediate	Mutated NPM1 <sup>b,d</sup> with FLT3-ITD Wild-type NPM1 with FLT3-ITD (without adverse-risk genetic lesions) t(9;11)(p21.3;q23.3)/MLLT3::KMT2A <sup>b,f</sup> Cytogenetic and/or molecular abnormalities not classified as favorable or adverse
Poor/Adverse	t(6;9)(p23.3;q34.1)/DEK::NUP214 t(v;11q23.3)/KMT2A-rearranged <sup>9</sup> t(9;22)(q34.1;q11.2)/BCR::ABL1 t(8;16)(p11.2;p13.3)/KAT6A::CREBBP inv(3)(q21.3q26.2) or t(3;3)(q21.3;q26.2)/GATA2, MECOM(EVI1) t(3q26.2;v)/MECOM(EVI1)-rearranged -5 or del(5q); -7; -17/abn(17p) Complex karyotype, h monosomal karyotype i Mutated ASXL1, BCOR, EZH2, RUNX1, SF3B1, SRSF2, STAG2, U2AF1, and/or ZRSR2 i Mutated TP53 <sup>k, i</sup>

<sup>&</sup>lt;sup>a</sup> Frequencies, response rates, and outcome measures should be reported by risk category, and, if sufficient numbers are available, by specific genetic lesions indicated.

See NCCN Guidelines for Myelodysplastic Syndromes

Note: All recommendations are category 2A unless otherwise indicated.

<sup>&</sup>lt;sup>b</sup> Mainly based on results observed in intensively treated patients. Initial risk assignment may change during the treatment course based on the results from analyses of MRD.

<sup>&</sup>lt;sup>c</sup> Concurrent KIT and/or FLT3 gene mutation does not alter risk categorization

<sup>&</sup>lt;sup>d</sup> AML with NPM1 mutation and adverse-risk cytogenetic abnormalities are categorized as adverse-risk.

<sup>&</sup>lt;sup>e</sup> Only in-frame mutations affecting the bZIP region of *CEBPA*, irrespective of whether they occur as monoallelic or biallelic mutations, have been associated with favorable outcome.

<sup>&</sup>lt;sup>f</sup> The presence of t(9;11)(p21.3;q23.3) takes precedence over rare, concurrent adverse-risk gene mutations.

g Excluding KMT2A partial tandem duplication (PTD).

h Complex karyotype: ≥3 unrelated chromosome abnormalities in the absence of other class-defining recurring genetic abnormalities; excludes hyperdiploid karyotypes with three or more trisomies (or polysomies) without structural abnormalities.

<sup>&</sup>lt;sup>i</sup> Monosomal karyotype: presence of two or more distinct monosomies (excluding loss of X or Y), or one single autosomal monosomy in combination with at least one structural chromosome abnormality (excluding CBF-AML).

<sup>&</sup>lt;sup>j</sup> For the time being, these markers should not be used as an adverse prognostic marker if they cooccur with favorable-risk AML subtypes.

<sup>&</sup>lt;sup>k</sup> *TP53* mutation at a variant allele fraction of at least 10%, irrespective of the *TP53* allelic status (mono- or biallelic mutation); *TP53* mutations are significantly associated with AML with complex and monosomal karyotype.

While ELN requires a variant allele fraction of at least 10% to categorize *TP53* mutation as poor/adverse risk, NCCN considers *TP53* mutation as poor/adverse risk, regardless of variant allele fraction.

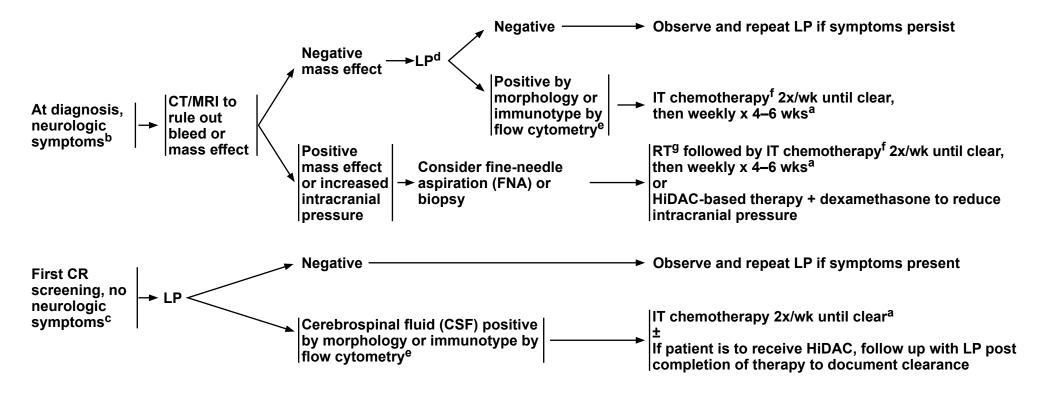
<sup>&</sup>lt;sup>1</sup> Dohner H, Wei AH, Appelbaum FR, et al. Diagnosis and management of AML in adults: 2022 recommendations from an international expert panel on behalf of the ELN. Blood 2022;140:1345-1377.



# Comprehensive Cancer Network® NCCN Guidelines Version 3.2024 Cancer Network® Acute Myeloid Leukemia (Age ≥18 years)

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#### EVALUATION AND TREATMENT OF CNS LEUKEMIA<sup>a</sup>



<sup>&</sup>lt;sup>a</sup> Further CNS prophylaxis per institutional practice.

Note: All recommendations are category 2A unless otherwise indicated.

b For patients with major neurologic signs or symptoms at diagnosis, appropriate imaging studies should be performed to detect meningeal disease, chloromas, or CNS bleeding. LP should be performed if no mass, lesion, or hemorrhage was detected on the imaging study with central shift making an LP relatively contraindicated.

<sup>&</sup>lt;sup>c</sup> Screening LP should be considered at first remission before first consolidation for patients with monocytic differentiation, MPAL, WBC count >40 x 10<sup>9</sup>/L at diagnosis, extramedullary disease, high-risk APL, or *FLT3* mutations. For further information regarding MPAL, see <a href="NCCN Guidelines for Acute Lymphoblastic Leukemia">NCCN Guidelines for Acute Lymphoblastic Leukemia</a>.

d In the presence of circulating blasts, administer IT chemotherapy with diagnostic LP.

<sup>&</sup>lt;sup>e</sup> If equivocal, consider repeating LP with morphology or immunotype by flow cytometry to delineate involvement.

Induction chemotherapy should be started concurrently. However, for patients receiving HiDAC, since this agent crosses the blood brain barrier, IT therapy can be deferred until induction is completed. IT chemotherapy may consist of methotrexate, cytarabine, or a combination of these agents.

<sup>&</sup>lt;sup>9</sup> Concurrent use of CNS RT with HiDAC or IT methotrexate may increase risk of neurotoxicity. See Principles of Radiation Therapy (AML-C).



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#### PRINCIPLES OF RADIATION THERAPY

### **General Principles**

- Patients who present with isolated extramedullary disease (myeloid sarcoma) should be treated with systemic therapy. Local therapy (RT or surgery [rare cases]) may be used for residual disease or for symptomatic disease.
- In a small group of patients where extramedullary disease is causing nerve compressions, a small dose of RT may be considered to decrease disease burden.

### **General Treatment Information**

- Dosing prescription regimen
- ► CNS leukemia: RT<sup>a</sup> followed by IT chemotherapy<sup>b</sup> 2x/wk until clear, then weekly x 4–6 weeks<sup>c</sup>

Note: All recommendations are category 2A unless otherwise indicated.

<sup>&</sup>lt;sup>a</sup> Concurrent use of CNS RT with HiDAC or IT methotrexate may increase risk of neurotoxicity.

b Induction chemotherapy should be started concurrently. However, for patients receiving HiDAC, since this agent crosses the blood-brain barrier, IT therapy can be deferred until induction is completed. IT chemotherapy may consist of methotrexate, cytarabine, or a combination of these agents.

<sup>&</sup>lt;sup>C</sup> Further CNS prophylaxis per institutional practice.



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# GENERAL CONSIDERATIONS AND SUPPORTIVE CARE FOR PATIENTS WITH AML WHO PREFER NOT TO RECEIVE BLOOD TRANSFUSIONS<sup>1-5</sup>

### **General Supportive Care**

- There is no established treatment of AML that does not require the use of blood and blood products for supportive care.
- Discuss goals of care and understanding of complications without transfusion.
- For Jehovah's Witnesses, the United States Branch of the Christian Congregation of Jehovah's Witness has a Hospital Liaison Committee that can provide helpful information about bloodless medicine: <a href="https://www.jw.org/en/medical-library/hospital-liaison-committee-hlc-contacts/united-states">https://www.jw.org/en/medical-library/hospital-liaison-committee-hlc-contacts/united-states</a>
- Clarify acceptance of certain blood products (eg, cryoprecipitate) under certain circumstances, including a discussion of whether stem cells (donor or autologous) will be acceptable.
- Minimize blood loss (eg. use of pediatric collection tubes).
- Minimize risk of bleeding, including consideration for use of oral contraceptive pills or medroxyprogesterone acetate in menstruating individuals; proton pump inhibitor, aggressive antiemetic prophylaxis, and stool softeners to reduce risk of gastrointestinal (GI) bleed; nasal saline sprays to reduce epistaxis; and fall precautions particularly in patients with thrombocytopenia.
- Avoid concomitant medicines or procedures that can increase the risk of bleeding or myelosuppression.
- Consider using vitamin K (to potentially reverse coagulopathy) and aminocaproic acid or tranexamic acid in patients at risk of bleeding (eg, when platelet count drops below 30 x 10<sup>9</sup>/L) or for management of bleeding.
- Consider use of aminocaproic acid rinses for oral bleeding or significant mucositis that could result in bleeding.
- Consider using acetaminophen to manage fever.
- Consider iron, folate, and vitamin B12 supplementation if deficient. Iron supplementation may be avoided in someone with excess iron levels.
- Consider use of erythropoiesis-stimulation agent (ESA), G-CSF, and thrombopoietin (TPO) mimetics after a thorough discussion of potential risks, benefits, and uncertainties.
- Consider bed rest and supplemental oxygenation in patients with severe anemia.

### **Disease-Specific Considerations**

- Test for actionable mutations and consider use of targeted agents instead of intensive chemotherapy, particularly in a non-curative setting.
- May consider use of less myelosuppressive induction including dose reduction of anthracyclines, and use of non-intensive chemotherapy.<sup>6</sup>
- Consider referring to centers with experience in bloodless autologous HCT.

Note: All recommendations are category 2A unless otherwise indicated.

Laszio D, Agazzi A, Goldhirsch A, et al. Tailored therapy of adult acute leukaemia in Jehovah's Witnesses: unjustified reluctance to treat. Eur J Haematol 2004;72:264-267.

<sup>&</sup>lt;sup>2</sup> El Chaer F, Ballen KK. Treatment of acute leukaemia in adult Jehovah's Witnesses. Br J Haematol 2020;190:696-707.

<sup>&</sup>lt;sup>3</sup> Ballen KK, Becker PS, Yeap BY, et al. Autologous stem-cell transplantation can be performed safely without the use of blood-product support. J Clin Oncol 2004;22:4087-4094.

<sup>&</sup>lt;sup>4</sup> Beck A, Lin R, Rejali AR, et al. Safety of bloodless autologous stem cell transplantation in Jehovah's Witness patients. Bone Marrow Transplant 2020;55:1059-1067.

<sup>&</sup>lt;sup>5</sup> Rubenstein M, Duvic M. Bone marrow transplantation in Jehovah's Witnesses. Leuk Lymphoma 2004;45:635-636.

<sup>&</sup>lt;sup>6</sup> Bock AM, Pollyea DA. Venetoclax with azacitidine for two younger Jehovah's Witness patients with high risk acute myeloid leukemia. Am J Hematol 2020;90:E269-E272.



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# PRINCIPLES OF SYSTEMIC THERAPY INTENSIVE INDUCTION ELIGIBLE (AML-1, AML-2)

Therapy	Regimen
Standard 7 + 3 (daunorubicin or idarubicin) + gemtuzumab ozogamicin (CD33 positive) <sup>a,1,2,3,4,5</sup>	Cytarabine 200 mg/m <sup>2</sup> continuous infusion x 7 days with daunorubicin 60 mg/m <sup>2</sup> or idarubicin 12 mg/m <sup>2</sup> x 3 days and a single dose of gemtuzumab ozogamicin 3 mg/m <sup>2</sup> (up to one 4.5-mg vial) given on day 1, or day 2, or day 3, or day 4; alternatively, three total doses may be given on days 1, 4, and 7
Standard 7 + 3 (daunorubicin or idarubicin) <sup>6,7,8,9,10</sup>	Cytarabine 100–200 mg/m <sup>2</sup> continuous infusion x 7 days with idarubicin 12 mg/m <sup>2</sup> or daunorubicin 60 or 90 mg/m <sup>2</sup> x 3 days
Standard 7 + 3 (mitoxantrone) <sup>b,11</sup>	Cytarabine 100-200 mg/m <sup>2</sup> continuous infusion x 7 days with mitoxantrone 12 mg/m <sup>2</sup> x 3 days
FLAG-IDA + gemtuzumab ozogamicin (CD33 positive) <sup>a,c,d,12,13</sup>	Fludarabine 30 mg/m <sup>2</sup> days 2–6, cytarabine 2 g/m <sup>2</sup> over 4 hours starting 4 hours after fludarabine infusion on days 2–6, idarubicin 8 mg/m <sup>2</sup> IV on days 4–6, and G-CSF subcutaneously (SC) daily days 1–7 plus a single dose of gemtuzumab ozogamicin 3 mg/m <sup>2</sup> in first course
FLAG-IDA <sup>c,d,1,12</sup>	Fludarabine 30 mg/m <sup>2</sup> days 2–6, cytarabine 2 g/m <sup>2</sup> over 4 hours starting 4 hours after fludarabine infusion on days 2–6, idarubicin 8 mg/m <sup>2</sup> IV on days 4–6, and G-CSF SC daily days 1–7
Standard 7 + 3 (daunorubicin <sup>14</sup> or idarubicin <sup>15</sup> ) + midostaurin ( <i>FLT3</i> -ITD or TKD)	Cytarabine 100–200 mg/m <sup>2</sup> continuous infusion x 7 days with daunorubicin 60 mg/m <sup>2</sup> or idarubicin 12 mg/m <sup>2</sup> x 3 days and oral midostaurin 50 mg every 12 hours, days 8–21
Standard 7 + 3 (daunorubicin or idarubicin) + quizartinib <sup>16</sup> ( <i>FLT3</i> -ITD only)	Cytarabine 100–200 mg/m <sup>2</sup> continuous infusion x 7 days with daunorubicin 60 mg/m <sup>2</sup> or idarubicin 12 mg/m <sup>2</sup> x 3 days and quizartinib 35.4 mg PO daily, days 8–21

References on AML-E 2A

Note: All recommendations are category 2A unless otherwise indicated.

<sup>&</sup>lt;sup>a</sup> A meta-analysis showing an advantage with gemtuzumab ozogamicin included other dosing schedules. Hills RK, et al. Lancet Oncol 2014;15:986-996.

b For age ≥60 years.

<sup>&</sup>lt;sup>c</sup> In times of fludarabine shortage, cladribine can be substituted for fludarabine.

d Doses of cytarabine ≥2 g/m² should be used with caution in patients ≥60 years and patients with renal failure due to concern for neurotoxicity.



# Comprehensive Cancer Network® Acute Myeloid Leukemia (Age ≥18 years)

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# PRINCIPLES OF SYSTEMIC THERAPY INTENSIVE INDUCTION ELIGIBLE (AML-1, AML-2)

Therapy	Regimen
CPX-351/dual-drug liposomal cytarabine and daunorubicin <sup>17</sup>	CPX-351/dual-drug liposomal cytarabine 100 mg/m <sup>2</sup> and daunorubicin 44 mg/m <sup>2</sup> on days 1, 3, and 5 x 1 cycle
Decitabine (days 1–5) + venetoclax	Decitabine 20 mg/m <sup>2</sup> IV (days 1–5 of each 28-day cycle) and venetoclax PO once daily (100 mg day 1, 200 mg day 2, and 400 mg day 3 and beyond)
Azacitidine + venetoclax	Azacitidine 75 mg/m <sup>2</sup> SC or IV days 1–7 of each 28-day cycle and venetoclax PO once daily (100 mg day 1, 200 mg day 2, and 400 mg days 3 and beyond)
LDAC + venetoclax <sup>18</sup>	LDAC 20 mg/m <sup>2</sup> /day SC days 1–10 of each 28-day cycle and venetoclax PO once daily (100 mg day 1, 200 mg day 2, 400 mg day 3, and 600 mg days 4 and beyond)
Low-intensity therapy (azacitidine or decitabine)	Azacitidine 75 mg/m <sup>2</sup> SC or IV days 1–7 of each 28-day cycle Decitabine 20 mg/m <sup>2</sup> /day IV (days 1–5 or days 1–10 of each 28-day cycle)
Cytarabine (HiDAC) + (daunorubicin or idarubicin) + etoposide <sup>d,19-21</sup>	Cytarabine 2 g/m <sup>2</sup> every 12 hours x 6 days or 3 g/m <sup>2</sup> every 12 hours x 4 days with daunorubicin 50 mg/m <sup>2</sup> or idarubicin 12 mg/m <sup>2</sup> x 3 days, and etoposide 50 mg/m <sup>2</sup> days 1–5 (1 cycle)

**References on AML-E 2A** 

Note: All recommendations are category 2A unless otherwise indicated.

d Doses of cytarabine ≥2 g/m² should be used with caution in patients ≥60 years and patients with renal failure due to concern for neurotoxicity.



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# REFERENCES FOR PRINCIPLES OF SYSTEMIC THERAPY INTENSIVE INDUCTION ELIGIBLE

- <sup>1</sup> Burnett AK, Hills RK, Milligan D, et al. Identification of patients with acute myeloblastic leukemia who benefit from the addition of gemtuzumab ozogamicin: results of the MRC AML15 trial. J Clin Oncol 2011;29:369-377.
- <sup>2</sup> Castaigne S, Pautas C, Terré C, et al. Effect of gemtuzumab ozogamicin on survival of adult patients with de-novo acute myeloid leukaemia (ALFA-0701): a randomised, open-label, phase 3 study. Lancet. 2012;379:1508-1516.
- <sup>3</sup> Hills RK, Castaigne S, Appelbaum FR, et al. Addition of gemtuzumab ozogamicin to induction chemotherapy in adult patients with acute myeloid leukaemia: a meta-analysis of individual patient data from randomised controlled trials. Lancet Oncol 2014;15:986-996.
- <sup>4</sup> Burnett AK, Russell NH, Hills RK, et al. Addition of gemtuzumab ozogamicin to induction chemotherapy improves survival in older patients with acute myeloid leukemia. J Clin Oncol 2012;30:3924-3931.
- <sup>5</sup> Burnett A, Cavenagh J, Russell N, et al. Defining the dose of gemtuzumab ozogamicin in combination with induction chemotherapy in acute myeloid leukemia: a comparison of 3 mg/m² with 6 mg/m² in the NCRI AML17 Trial. Haematologica 2016 Jun;101:724-31.
- <sup>6</sup> Fernandez HF, Sun Z, Yao X, et al. Anthracycline dose intensification in acute myeloid leukemia. N Engl J Med 2009;361:1249-1259.
- <sup>7</sup> Burnett AK, Russell NH, Hills RK, et al. A randomized comparison of daunorubicin 90 mg/m² vs 60 mg/m² in AML induction: results from the UK NCRI AML17 trial in 1206 patients. Blood 2015;125:3878-3885.
- <sup>8</sup> Pautas C, Merabet F, Thomas X, et al. Randomized study of intensified anthracycline doses for induction and recombinant interleukin-2 for maintenance in patients with acute myeloid leukemia age 50 to 70 years: results of the ALFA-9801 study. J Clin Oncol 2010;28:808-814.
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- <sup>11</sup> Arlin Z, Case DC Jr, Moore J, et al. Randomized multicenter trial of cytosine arabinoside with mitoxantrone or daunorubicin in previously untreated adult patients with acute nonlymphocytic leukemia (ANLL). Lederle Cooperative Group. Leukemia 1990;4:177-183.

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- <sup>13</sup> Hospital MA, Prebet T, Bertoli S, et al. Core-binding factor acute myeloid leukemia in first relapse: a retrospective study from the French AML Intergroup. Blood 2014;124:1312-1319.
- 14 Stone RM, Mandrekar SJ, Sanford BL, et al. Midostaurin plus chemotherapy for acute myeloid leukemia with a FLT3 mutation. N Engl J Med 2017;377:454-464.
- <sup>15</sup> Azzi J, Cirrone F, Abdul-Hay M et al. Midostaurin in Combination with Idarubicin and Cytarabine (3+7) Induction for FLT3 Positive AML Very High Complete Response Rates and Transition to Allogeneic Transplantation. Blood 2018; 132: 5216; Lee JS, Wagner CB, Prelewicz S, et al. Efficacy and toxicity of midostaurin with idarubicin and cytarabine induction in FLT3-mutated acute myeloid leukemia. Haematologica 2023;108:3460-3463.
- <sup>16</sup> Erba HP, Montesinos P, Kim HJ, et al. Quizartinib plus chemotherapy in newly diagnosed patients with FLT3-internal-tandem-duplication-positive acute myeloid leukaemia (QuANTUM-First): a randomised, double-blind, placebo-controlled, phase 3 trial. Lancet 2023;401:1571-1583; Prescribing information for quizartinib tablets, for oral use 2023. Available at: <a href="https://www.accessdata.fda.gov/drugsatfda\_docs/label/2023/216993s000lbl.pdf">https://www.accessdata.fda.gov/drugsatfda\_docs/label/2023/216993s000lbl.pdf</a>.
- <sup>17</sup> Lancet JE, Uy GL, Cortes JE, et al. CPX-351 (cytarabine and daunorubicin) liposome for injection versus conventional cytarabine plus daunorubicin in older patients With newly diagnosed secondary acute myeloid leukemia. J Clin Oncol 2018;36:2684-2692.
- <sup>18</sup> Wei AH, Strickland SA Jr, Hou JZ, et al. Venetoclax combined with low-dose cytarabine for previously untreated patients with acute myeloid leukemia: Results from a phase lb/II study. J Clin Oncol 2019;37:1277-1284.
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- <sup>20</sup> Bishop JF, Matthews JP, Young GA, et al. A randomized study of high-dose cytarabine in induction in acute myeloid leukemia. Blood 1996;87:1710-1717.
- <sup>21</sup> Willemze R, Suciu S, Meloni G, et al. High-dose cytarabine in induction treatment improves the outcome of adult patients younger than age 46 years with acute myeloid leukemia: results of the EORTC-GIMEMA AML-12 trial. J Clin Oncol 2014;32:219-228

Note: All recommendations are category 2A unless otherwise indicated.



# Comprehensive Cancer Network® Acute Myeloid Leukemia (Age ≥18 years)

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# PRINCIPLES OF SYSTEMIC THERAPY FOLLOW-UP AND REINDUCTION AFTER CYTARABINE-BASED INDUCTION (AML-3)

Therapy	Regimen
Cytarabine • HiDAC <sup>d</sup> • Intermediate-dose cytarabine	<ul> <li>Cytarabine 2–3 g/m² over 3 hours every 12 hours on days 1, 3, and 5, or days 1, 2, and 3 for 1–2 cycles</li> <li>Cytarabine 1–2 g/m² over 3 hours every 12 hours x 4–6 doses for 1–2 cycles</li> </ul>
Standard 7 + 3 (daunorubicin or idarubicin) <sup>e,f</sup>	Cytarabine 100–200 mg/m $^2$ continuous infusion x 7 days with daunorubicin 60–90 mg/m $^2$ or idarubicin 12 mg/m $^2$ x 3 days
Standard 5 + 2 (daunorubicin or idarubicin or mitoxantrone) <sup>b,e,f,11,22,23</sup>	Cytarabine 100–200 mg/m <sup>2</sup> continuous infusion x 5 days with daunorubicin 45–60 mg/m <sup>2</sup> or idarubicin 10–12 mg/m <sup>2</sup> or mitoxantrone 12 mg/m <sup>2</sup> x 2 days
Standard 7 + 3 (mitoxantrone) <sup>b,e,11</sup>	Cytarabine 100–200 mg/m <sup>2</sup> continuous infusion x 7 days with mitoxantrone 12 mg/m <sup>2</sup> x 3 days
Standard 7 + 3 (daunorubicin <sup>14</sup> or idarubicin <sup>15</sup> ) + midostaurin ( <i>FLT3</i> -ITD or TKD) <sup>e,f</sup>	Cytarabine 100–200 mg/m $^2$ continuous infusion x 7 days with daunorubicin 60 mg/m $^2$ or idarubicin 12 mg/m $^2$ x 3 days and oral midostaurin 50 mg every 12 hours, days 8–21
Standard 7 + 3 (daunorubicin or idarubicin) + quizartinib <sup>16</sup> ( <i>FLT3</i> -ITD only) <sup>e,f</sup>	Cytarabine 100–200 mg/m <sup>2</sup> continuous infusion x 7 days with daunorubicin 60 mg/m <sup>2</sup> or idarubicin 12 mg/m <sup>2</sup> x 3 days and quizartinib 35.4 mg PO daily, days 8–21
Standard 5 + 2 (daunorubicin or idarubicin) + quizartinib <sup>16</sup> ( <i>FLT3</i> -ITD only) <sup>e,f</sup>	Cytarabine 100-200 mg/m <sup>2</sup> continuous infusion x 5 days with daunorubicin 45–60 mg/m <sup>2</sup> or idarubicin 10–12 mg/m <sup>2</sup> x 2 days and quizartinib 35.4 mg PO mg daily, days 6–19
CPX-351/dual-drug liposomal cytarabine and daunorubicin <sup>e,17</sup>	CPX-351/dual-drug liposomal cytarabine 100 mg/m² and daunorubicin 44 mg/m² on days 1 and 3 x 1 cycle
Cytarabine (HiDAC) <sup>d</sup> ± (daunorubicin or idarubicin) <sup>e</sup>	Cytarabine 2 g/m <sup>2</sup> every 12 hours x 6 days or 3 g/m <sup>2</sup> every 12 hours x 4 days with daunorubicin 50 mg/m <sup>2</sup> or idarubicin 12 mg/m <sup>2</sup> x 3 days

## Footnotes and References on AML-E 3A

Note: All recommendations are category 2A unless otherwise indicated.



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# FOOTNOTES FOR PRINCIPLES OF SYSTEMIC THERAPY FOLLOW-UP AND REINDUCTION AFTER CYTARABINE-BASED INDUCTION

- <sup>b</sup> For age ≥60 years.
- d Doses of cytarabine ≥2 g/m² should be used with caution in patients ≥60 years and patients with renal failure due to concern for neurotoxicity.
- <sup>e</sup> For regimens using high cumulative doses of cardiotoxic agents, consider reassessing cardiac function prior to each anthracycline/mitoxantrone-containing course. Karanes C. et al. Leuk Res 1999;23:787-794.
- f If daunorubicin 90 mg/m² was used in induction, the recommended dose for daunorubicin for reinduction prior to count recovery is 45 mg/m² for no more than 2 doses. Analogously, if idarubicin 12 mg/m² was used for induction, the early reinduction dose should be limited to 10 mg/m² for 1 or 2 doses.

# REFERENCES FOR PRINCIPLES OF SYSTEMIC THERAPY FOLLOW-UP AND REINDUCTION AFTER CYTARABINE-BASED INDUCTION

- <sup>11</sup> Arlin Z, Case DC Jr, Moore J, et al. Randomized multicenter trial of cytosine arabinoside with mitoxantrone or daunorubicin in previously untreated adult patients with acute nonlymphocytic leukemia (ANLL). Lederle Cooperative Group. Leukemia 1990;4:177-183.
- 14 Stone RM, Mandrekar SJ, Sanford BL, et al. Midostaurin plus chemotherapy for acute myeloid leukemia with a FLT3 mutation. N Engl J Med 2017;377:454-464.
- <sup>15</sup> Azzi J, Cirrone F, Abdul-Hay M et al. Midostaurin in Combination with Idarubicin and Cytarabine (3+7) Induction for FLT3 Positive AML Very High Complete Response Rates and Transition to Allogeneic Transplantation. Blood 2018; 132: 5216; Lee JS, Wagner CB, Prelewicz S, et al. Efficacy and toxicity of midostaurin with idarubicin and cytarabine induction in FLT3-mutated acute myeloid leukemia. Haematologica 2023;108:3460-3463.
- <sup>16</sup> Erba HP, Montesinos P, Kim HJ, et al. Quizartinib plus chemotherapy in newly diagnosed patients with FLT3-internal-tandem-duplication-positive acute myeloid leukaemia (QuANTUM-First): a randomised, double-blind, placebo-controlled, phase 3 trial. Lancet 2023;401:1571-1583; Prescribing information for quizartinib tablets, for oral use 2023. Available at: <a href="https://www.accessdata.fda.gov/drugsatfda\_docs/label/2023/216993s000lbl.pdf">https://www.accessdata.fda.gov/drugsatfda\_docs/label/2023/216993s000lbl.pdf</a>.
- <sup>17</sup> Lancet JE, Uy GL, Cortes JE, et al. CPX-351 (cytarabine and daunorubicin) liposome for injection versus conventional cytarabine plus daunorubicin in older patients With newly diagnosed secondary acute myeloid leukemia. J Clin Oncol 2018;36:2684-2692.
- <sup>22</sup> Wiernik PH, Banks PL, Case DC Jr, et al. Cytarabine plus idarubicin or daunorubicin as induction and consolidation therapy for previously untreated adult patients with acute myeloid leukemia. Blood 1992;79:313-319.
- <sup>23</sup> Mayer RJ, Ďavis RB, Schiffer CA, et al. Intensive postremission chemotherapy in adults with acute myeloid leukemia. Cancer and Leukemia Group B. N Engl J Med 1994;331:896-903.

Note: All recommendations are category 2A unless otherwise indicated.



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# PRINCIPLES OF SYSTEMIC THERAPY LOWER INTENSITY THERAPY (INTENSIVE INDUCTION INELIGIBLE OR DECLINES) (AML-4)

Therapy	Regimen
Azacitidine + venetoclax <sup>24</sup>	Azacitidine 75 mg/m <sup>2</sup> SC or IV days 1–7 of each 28-day cycle and venetoclax PO once daily (100 mg day 1, 200 mg day 2, and 400 mg days 3 and beyond)
Azacitidine + ivosidenib ( <i>IDH1</i> mutation) <sup>25</sup>	Azacitidine 75 mg/m <sup>2</sup> SC or IV (days 1–7 or days 1–5, 8, and 9 of each 28-day cycle) and ivosidenib 500 mg PO once daily on days 1–28
Decitabine + venetoclax <sup>26</sup>	Decitabine 20 mg/m <sup>2</sup> IV (days 1–5 or days 1–10) and venetoclax PO once daily (100 mg day 1, 200 mg day 2, and 400 mg day 3 and beyond)
Ivosidenib <sup>27,28,29</sup> ( <i>IDH1</i> mutation)	500 mg PO once daily on days 1–28 of a 28-day cycle
LDAC + venetoclax <sup>30</sup>	LDAC 20 mg/m²/day SC days 1–10 of each 28-day cycle and venetoclax PO once daily (100 mg day 1, 200 mg day 2, 400 mg day 3 and 600 mg days 4 and beyond)
Azacitidine	75 mg/m <sup>2</sup> SC or IV days 1–7 of each 28-day cycle
Decitabine	20 mg/m²/day IV (days 1–5 of each 28-day cycle)
Gemtuzumab ozogamicin (CD33 positive) <sup>a,1,31</sup>	6 mg/m² IV on day 1 and 3 mg/m² IV on day 8

Note: All recommendations are category 2A unless otherwise indicated.

<sup>&</sup>lt;sup>1</sup> Burnett AK, et al. J Clin Oncol 2011;29:369-377.

<sup>&</sup>lt;sup>24</sup> DiNardo CD, et al. N Engl J Med 2020;383:617-629.

<sup>&</sup>lt;sup>25</sup> Montesinos P, et al. N Engl J Med 2022;386:1519-1531.

<sup>&</sup>lt;sup>26</sup> Welch JS, et al. N Engl J Med 2016;375:2023-2036.

<sup>&</sup>lt;sup>27</sup> DiNardo CD, et al. Blood 2017;130:725.

<sup>&</sup>lt;sup>28</sup> DiNardo CD, et al. Blood 2017;130:639.

<sup>&</sup>lt;sup>29</sup> Roboz GJ, et al. Blood 2020;135:462-471.

<sup>&</sup>lt;sup>30</sup> Kantarjian HM, et al. J Clin Oncol 2012;30:2670-2677.

<sup>&</sup>lt;sup>31</sup> Amadori S, et al. J Clin Oncol 2016;34:972-979.

<sup>&</sup>lt;sup>a</sup> A meta-analysis showing an advantage with gemtuzumab ozogamicin included other dosing schedules. Hills RK, et al. Lancet Oncol 2014;15:986-996.



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## PRINCIPLES OF SYSTEMIC THERAPY LOWER INTENSITY THERAPY (INTENSIVE INDUCTION INELIGIBLE OR DECLINES) (AML-4)

Therapy	Regimen
LDAC + glasdegib <sup>g</sup>	LDAC 20 mg SC every 12 hours (days 1–10 of each 28-day cycle) + glasdegib (100 mg PO daily on days 1–28)
LDAC <sup>30</sup>	20 mg/m <sup>2</sup> /day SC (days 1–10 of each 28-day cycle)
Gilteritinib (FLT3-ITD or TKD)	Gilteritinib 120 mg PO once daily on days 1–28 of a 28-day cycle
Gilteritinib + azacitidine ( <i>FLT3</i> -ITD or TKD)	Gilteritinib 120 mg PO once daily on days 1–28 + azacitidine 75 mg/m <sup>2</sup> SC or IV on days 1–7 of each 28 day cycle
(Azacitidine or decitabine) + sorafenib <sup>32</sup> ( <i>FLT3</i> -ITD only)	Azacitidine 75 mg/m <sup>2</sup> SC or IV days 1–7 of each 28-day cycle or Decitabine 20 mg/m <sup>2</sup> IV days 1–10 of each 28-day cycle + sorafenib 400 mg PO twice daily days 1–28 of each 28-day cycle
Azacitidine + enasidenib (IDH2 mutation)	Azacitidine 75 mg/m <sup>2</sup> SC or IV on days 1–7 of each 28 day cycle + enasidenib 100 mg daily on days 1–28
Enasidenib <sup>33,34</sup> ( <i>IDH2</i> mutation)	100 mg PO once daily on days 1–28 of a 28-day cycle

Note: All recommendations are category 2A unless otherwise indicated.

<sup>9</sup> This regimen is for treatment of newly diagnosed AML in patients who are ≥75 years of age, or who have significant comorbid conditions (ie, severe cardiac disease, ECOG performance status ≥2, baseline creatinine >1.3 mg/dL) and has been associated with an improved OS in a randomized trial. Cortes JE, et al. Blood 2016;128:99.

<sup>&</sup>lt;sup>30</sup> Kantarjian HM, et al. J Clin Oncol 2012;30:2670-2677.

<sup>&</sup>lt;sup>32</sup> Ohanian M, et al. Am J Hematol 2018;93;1136-1141.

<sup>&</sup>lt;sup>33</sup> Stein EM, et al. Blood 2015;126:323.

<sup>&</sup>lt;sup>34</sup> DiNardo CD, et al. Blood 2017;130:639.



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# PRINCIPLES OF SYSTEMIC THERAPY FOLLOW-UP AFTER INDUCTION THERAPY WITH LOWER INTENSITY THERAPY (INTENSIVE INDUCTION INELIGIBLE OR DECLINES) (AML-5)

Therapy	Regimen
Gemtuzumab ozogamicin (CD33 positive) <sup>a,1,31</sup>	6 mg/m² IV on day 1 and 3 mg/m² IV on day 8
See AML-4 for other regimens	

Note: All recommendations are category 2A unless otherwise indicated.

<sup>&</sup>lt;sup>a</sup> A meta-analysis showing an advantage with gemtuzumab ozogamicin included other dosing schedules. Hills RK, et al. Lancet Oncol 2014;15:986-996.

<sup>&</sup>lt;sup>1</sup> Burnett AK, et al. J Clin Oncol 2011;29:369-377. <sup>31</sup> Amadori S, et al. J Clin Oncol 2016;34:972-979.



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# PRINCIPLES OF SYSTEMIC THERAPY CONSOLIDATION THERAPY: INTENSIVE INDUCTION ELIGIBLE (AML-6)

Therapy	Regimen
Cytarabine <sup>h,23,35</sup> • HiDAC • Intermediate-dose cytarabine	<ul> <li>Cytarabine 1.5–3 g/m² over 3 hours every 12 hours on days 1, 3, and 5 or days 1, 2, and 3 x 3–4 cycles</li> <li>Cytarabine 1–1.5 g/m² every 12 hours x 4–6 doses for 1–2 cycles</li> </ul>
Cytarabine (HiDAC) <sup>h,23,35</sup> + gemtuzumab ozogamicin (CD33 positive) <sup>a,1</sup>	Cytarabine 1.5–3 g/m <sup>2</sup> over 3 hours every 12 hours on days 1, 3, and 5 or on days 1, 2, and 3 x 3–4 cycles with gemtuzumab ozogamicin 3 mg/m <sup>2</sup> (maximum dose 4.5 mg) on day 1 x 2 cycles
Cytarabine (standard dose) (7 days) ± ([idarubicin or daunorubicin] or mitoxantrone <sup>b</sup> ) <sup>e</sup>	Cytarabine 100–200 mg/m <sup>2</sup> continuous infusion over 7 days x 1–2 cycles ± idarubicin 10 mg/m <sup>2</sup> or daunorubicin 45 mg/m <sup>2</sup> or mitoxantrone 12 mg/m <sup>2</sup> x 3 days
Cytarabine (standard dose) (5 days) ± [(idarubicin or daunorubicin] or mitoxantrone <sup>b</sup> ) <sup>e</sup>	Cytarabine 100–200 mg/m <sup>2</sup> continuous infusion over 5 days x 1–2 cycles ± idarubicin 10 mg/m <sup>2</sup> or daunorubicin 45 mg/m <sup>2</sup> or mitoxantrone 12 mg/m <sup>2</sup> x 2 days
Cytarabine (intermediate-dose cytarabine) <sup>h</sup> + daunorubicin + gemtuzumab ozogamicin (CD33 positive) <sup>a,e,1</sup>	Cytarabine 1–1.5 g/m <sup>2</sup> every 12 hours on days 1–4 + daunorubicin 60 mg/m <sup>2</sup> on day 1 (first cycle) or days 1–2 (second cycle) + gemtuzumab ozogamicin 3 mg/m <sup>2</sup> (maximum dose 4.5 mg) on day 1 x 2 cycles
Cytarabine <sup>h,23,35</sup> + midostaurin <sup>14</sup> ( <i>FLT3</i> -ITD or TKD): • HiDAC + midostaurin • Intermediate-dose cytarabine + midostaurin	<ul> <li>Cytarabine 1.5-3 g/m² over 3 hours every 12 hours on days 1, 3, and 5 or days 1, 2, and 3 x 3-4 cycles + midostaurin 50 mg twice daily on days 8-21 x 4 cycles</li> <li>Cytarabine 1-1.5 g/m² over 3 hours every 12 hours on days 1, 3, and 5 or days 1, 2, and 3 x 3-4 cycles + midostaurin 50 mg twice daily on days 8-21 x 4 cycles</li> </ul>
Cytarabine <sup>h,23,35</sup> + quizartinib <sup>16</sup> ( <i>FLT3</i> -ITD only) • HiDAC + quizartinib • Intermediate-dose cytarabine + quizartinib	<ul> <li>Cytarabine 3 g/m² over 3 hours every 12 hours on days 1, 3, and 5 + quizartinib 35.4 mg PO daily on days 6–19 for up to 4 cycles</li> <li>Cytarabine 1.5 g/m² over 3 hours every 12 hours on days 1, 3, and 5 + quizartinib 35.4 mg PO daily on days 6–19 for up to 4 cycles</li> </ul>
CPX-351/dual-drug liposomal cytarabine and daunorubicin <sup>e,17</sup>	CPX-351/dual-drug liposomal cytarabine 65 mg/m <sup>2</sup> and daunorubicin 29 mg/m <sup>2</sup> on day 1 and 3 x 1–2 cycles

See <u>AML-1</u> and <u>AML-2</u> for FLAG-containing regimens <u>See AML-4</u> for continuation of lower intensity therapy

Footnotes and References on AML-E 7A

Note: All recommendations are category 2A unless otherwise indicated.



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# FOOTNOTES FOR PRINCIPLES OF SYSTEMIC THERAPY CONSOLIDATION THERAPY: INTENSIVE INDUCTION ELIGIBLE

- <sup>a</sup> A meta-analysis showing an advantage with gemtuzumab ozogamicin included other dosing schedules. Hills RK, et al. Lancet Oncol 2014;15:986-996.
- b For age ≥60 years
- <sup>e</sup> For regimens using high cumulative doses of cardiotoxic agents, consider reassessing cardiac function prior to each anthracycline/mitoxantrone-containing course. Karanes C. et al. Leuk Res 1999:23:787-794
- h Alternate dosing of cytarabine for postremission therapy has been reported (Discussion). Jaramillo S, et al. Blood Cancer J 2017;7:e564. Doses of cytarabine ≥2 g/m² should be used with caution in patients ≥60 years and patients with renal failure due to concern for neurotoxicity.

# REFERENCES FOR PRINCIPLES OF SYSTEMIC THERAPY CONSOLIDATION THERAPY: INTENSIVE INDUCTION ELIGIBLE

- <sup>1</sup> Burnett AK, Hills RK, Milligan D, et al. Identification of patients with acute myeloblastic leukemia who benefit from the addition of gemtuzumab ozogamicin: results of the MRC AML15 trial. J Clin Oncol 2011;29:369-377.
- 14 Stone RM, Mandrekar SJ, Sanford BL, et al. Midostaurin plus chemotherapy for acute myeloid leukemia with a FLT3 mutation. N Engl J Med 2017;377:454-464.
- <sup>16</sup> Erba HP, Montesinos P, Kim HJ, et al. Quizartinib plus chemotherapy in newly diagnosed patients with FLT3-internal-tandem-duplication-positive acute myeloid leukaemia (QuANTUM-First): a randomised, double-blind, placebo-controlled, phase 3 trial. Lancet 2023;401:1571-1583; Prescribing information for quizartinib tablets, for oral use 2023. Available at: <a href="https://www.accessdata.fda.gov/drugsatfda\_docs/label/2023/216993s000lbl.pdf">https://www.accessdata.fda.gov/drugsatfda\_docs/label/2023/216993s000lbl.pdf</a>.
- <sup>17</sup> Lancet JE, Uy GL, Cortes JE, et al. CPX-351 (cytarabine and daunorubicin) liposome for injection versus conventional cytarabine plus daunorubicin in older patients With newly diagnosed secondary acute myeloid leukemia. J Clin Oncol 2018;36:2684-2692.
- <sup>23</sup> Mayer RJ, Davis RB, Schiffer CA, et al. Intensive postremission chemotherapy in adults with acute myeloid leukemia. Cancer and Leukemia Group B. N Engl J Med 1994;331:896-903.
- <sup>35</sup> Jaramillo S, Benner A, Krauter J, et al. Condensed versus standard schedule of high-dose cytarabine consolidation therapy with pegfilgrastim growth factor support in acute myeloid leukemia. Blood Cancer J 2017;7(5):e564.

Note: All recommendations are category 2A unless otherwise indicated.



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## PRINCIPLES OF SYSTEMIC THERAPY MAINTENANCE THERAPY

(AML-7)

Therapy	Regimen
Oral azacitidine <sup>36</sup>	300 mg PO daily on days 1–14 of each 28-day cycle
Azacitidine <sup>37</sup>	75 mg/m <sup>2</sup> IV daily on days 1–7 or days 1–5, 8, and 9 of a 28-day cycle
Decitabine <sup>38</sup>	20 mg/m <sup>2</sup> IV daily on days 1–5 of a 28-day cycle
Sorafenib <sup>39,40</sup> ( <i>FLT3</i> -ITD only)	200 mg PO twice daily on days 1–28 x 3 cycles, then 400 mg PO twice daily on days 1–28 (based on tolerance, continue until 24 months of therapy have been completed)
Midostaurin (FLT3-ITD or TKD)	50 mg PO twice daily on days 1–28 of each 28-day cycle x 12 cycles
Gilteritinib <sup>41</sup> ( <i>FLT3</i> -ITD or TKD)	120 mg PO daily, days 1–28 of each 28-day cycle (up to 26 cycles)
Quizartinib <sup>i,16</sup> ( <i>FLT</i> 3-ITD only)	26.5-53 mg PO daily, days 1-28 of each 28-day cycle (up to 36 cycles)

Note: All recommendations are category 2A unless otherwise indicated.

During cycle 1, quizartinib should be dosed at 26.5 mg PO once daily on days 1-14 if QTcF is ≤450 ms. If QTcF remains ≤450 ms on day 15, the dose should be increased to 53 mg PO daily for the remainder of the 28 day cycle. The 26.5 mg dose should be maintained if QTcF was >500 ms at any point during induction or consolidation.

<sup>&</sup>lt;sup>16</sup> Erba HP, et al. Lancet 2023;401:1571-1583; Prescribing information for guizartinib tablets, for oral use 2023. Available at: https://www.accessdata.fda.gov/drugsatfda docs/label/2023/216993s000lbl.pdf.

<sup>&</sup>lt;sup>36</sup> Wei AH, et al. N Engl J Med 2020;383:2526-2537.

<sup>&</sup>lt;sup>37</sup> Huls G, et al. Blood 2019;133:1457-1464.

<sup>&</sup>lt;sup>38</sup> Boumber Y, et al. Leukemia 2012;26:2428-3241.

<sup>&</sup>lt;sup>39</sup> Xuan L, et al. Lancet Oncol 2020;21:1201-1212.

<sup>&</sup>lt;sup>40</sup> Burchert A, et al. J Clin Oncol 2020;38:2993-3002.

<sup>&</sup>lt;sup>41</sup> Pratz KW, et al. Blood 2020;136 (supplement 1):16-17.



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#### PRINCIPLES OF SUPPORTIVE CARE FOR AML

There are variations among institutions, but the following issues are important to consider in the management of AML.

#### <u>General</u>

- Blood products:
- ▶ Leukocyte-depleted products should be used for transfusion.
- All patients with AML are at risk for acute graft-versus-host disease (aGVHD) and management should be based on institutional practice/preference. See NCCN Guidelines for Hematopoietic Cell Transplantation.
- Transfusion thresholds: red blood cell (RBC) counts for hemoglobin ≤7 to 8 g/dL or per institutional guidelines or symptoms of anemia; platelets for patients with platelets <10,000/mcL or with any signs of bleeding.<sup>a</sup>
- ▶ Cytomegalovirus (CMV) screening for potential HCT candidates may be considered.
- Tumor lysis prophylaxis: hydration with diuresis, and allopurinol or rasburicase. Rasburicase should be considered as initial treatment in patients with rapidly increasing blast counts, high uric acid, or evidence of impaired renal function.
- Glucose-6-phosphate dehydrogenase (G6PD) deficiency should be checked when possible. However, it is not always feasible to do so rapidly. If there is high suspicion of G6PD deficiency, caution is necessary; rasburicase may be contraindicated.
- Patients receiving HiDAC therapy (particularly those with impaired renal function), or intermediate-dose cytarabine in patients >60 years of age, are at risk for cerebellar toxicity. Neurologic assessment, including tests for nystagmus, slurred speech, and dysmetria, should be performed before each dose of cytarabine.
- In patients exhibiting rapidly rising creatinine due to tumor lysis, HiDAC should be discontinued until creatinine normalizes.
- In patients who develop cerebellar toxicity, cytarabine should be stopped. Rechallenge with HiDAC in future treatment cycles should not be attempted.<sup>1</sup>
- Steroid eye drops should be administered to both eyes 4 times daily for all patients undergoing HiDAC therapy until 24 hours post completion of cytarabine.
- Growth factors may be considered as a part of supportive care for post-remission therapy. Note that such use may confound interpretation of the BM evaluation. Patients should be off granulocyte-macrophage colony-stimulating factor (GM-CSF) or G-CSF for a minimum of 7 days before obtaining BM to document remission.
- Decisions regarding use and choice of antibiotics should be made by the individual institutions based on the prevailing organisms and their drug resistance patterns. Posaconazole has been shown to significantly decrease fungal infections when compared to fluconazole and itraconazole.<sup>2</sup> Outcomes with other azoles, such as voriconazole, echinocandins, or amphotericin B, may produce equivalent results. See the <u>NCCN Guidelines for the Prevention and Treatment of Cancer-Related Infections</u> and commensurate with the institutional practice for antibiotic stewardship.

Note: All recommendations are category 2A unless otherwise indicated.

<sup>&</sup>lt;sup>a</sup> Patients who are alloimmunized should receive cross-match–compatible and/or HLAspecific blood products

<sup>&</sup>lt;sup>1</sup> Smith GA, Damon LE, Rugo HS, et al. High-dose cytarabine dose modification reduces the incidence of neurotoxicity in patients with renal insufficiency. J Clin Oncol 1997;15:833-839.

<sup>&</sup>lt;sup>2</sup> Cornely OA, Maertens J, Winston DJ, et al. Posaconazole vs. fluconazole or itraconazole prophylaxis in patients with neutropenia. N Engl J Med 2007;356:348-359.



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#### MONITORING DURING THERAPY

#### Induction

- CBC daily (differential daily or as clinically indicated during chemotherapy and every other day after recovery of ANC >0.5 x 10<sup>9</sup>/L until either normal differential or persistent leukemia is documented); platelets daily while in the hospital until platelet-transfusion independent.
- Chemistry profile, including electrolytes, liver function tests (LFTs), blood urea nitrogen (BUN), creatinine, uric acid, and phosphorous, at least daily during active treatment until risk of tumor lysis is past. If the patient is receiving nephrotoxic agents, closer monitoring is required through the period of hospitalization.
- LFTs 1-2 x/wk.
- Coagulation panel 1–2 x/wk.
- For patients who have evidence of disseminated intravascular coagulation (DIC), coagulation parameters including fibrinogen should be monitored daily until resolution of DIC.
- BM aspirate/biopsy 14–21 days after start of therapy to document hypoplasia. If hypoplasia is not documented or indeterminate, repeat biopsy within 7 days to clarify persistence of leukemia. If hypoplasia, then repeat biopsy at time of hematologic recovery to document remission. If cytogenetics were initially abnormal, include cytogenetics as part of the remission documentation.

#### **Post-Remission Therapy**

- CBC, platelets 2x/wk during chemotherapy.
- Chemistry profile, electrolytes daily during chemotherapy.
- Outpatient monitoring post chemotherapy: CBC, platelets, differential, and electrolytes 2–3 x/wk until recovery.
- BM aspirate/biopsy only if peripheral blood counts are abnormal or if counts have not recovered within 5 weeks.
- Patients with AML with high-risk features, including poor-prognosis cytogenetics, therapy-related AML, prior MDS, or possibly 2 or more inductions to achieve a CR are at increased risk for relapse and should be considered for early alternate donor search, as indicated on AML-6.

Note: All recommendations are category 2A unless otherwise indicated.



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#### MEASURABLE (MINIMAL) RESIDUAL DISEASE ASSESSMENT

- The role of MRD in prognosis and treatment is evolving. Participation in clinical trials is encouraged.
- MRD in AML refers to the presence of leukemic cells below the threshold of detection by conventional morphologic methods. MRD is a component
  of disease evaluation over the course of sequential therapy. If the patient is not treated in an academic center, there are commercially available tests
  available that can be used for MRD assessment. Patients whose disease achieved a CR by morphologic assessment alone can still harbor a large number
  of leukemic cells in the BM.<sup>1</sup> The points discussed below are relevant to intensive approaches (induction chemotherapy) but have not been validated for
  other modalities of treatment.
- The most frequently employed methods for MRD assessment include real-time quantitative PCR (RQ-PCR) assays (ie, NPM1,<sup>2</sup> CBFB::MYH11, RUNX1::RUNX1T1<sup>3</sup>) and multicolor flow cytometry (MFC) assays specifically designed to detect abnormal MRD immunophenotypes.<sup>1</sup> The threshold to define MRD+ and MRD- samples depends on the technique and subgroup of AML. NGS-based assays to detect mutated genes (targeted sequencing, 20–50 genes per panel)<sup>4,5</sup> is not routinely used, as the sensitivity of PCR-based assays and flow cytometry is superior to what is achieved by conventional NGS. Mutations associated with clonal hematopoiesis of indeterminate potential (CHIP) and aging (ie, DNMT3A, TET2, potentially ASXL1) are also not considered reliable markers for MRD.<sup>4-6</sup>
- There are distinct differences between diagnostic threshold assessments and MRD assessments. If using flow cytometry to assess MRD, it is recommended that a specific MRD assay is utilized, but, most importantly, that it is interpreted by an experienced hematopathologist.
- Based on the techniques, the optimal sample for MRD assessment is either peripheral blood (NPM1 PCR-based techniques) or an early, dedicated pull of the BM aspirate (ie, other PCR, flow cytometry, NGS). The quality of the sample is of paramount importance to have reliable evaluation.
- Studies in both children and adults with AML have demonstrated the correlation between MRD and risks for relapse, as well as the prognostic significance
  of MRD measurements after initial induction therapy.<sup>7</sup>
- MRD positivity is not proof of relapse. However, a persistently positive MRD result after induction, which depends on the technique used and the study, is associated with an increased risk of relapse.
- ▶ For patients with favorable-risk disease, if MRD is persistently positive after induction and/or consolidation, consider a clinical trial or alternative therapies, including allogeneic HCT.
- Some evidence suggests MRD testing may be more prognostic than KIT mutation status in CBF-AML, but this determination depends on the method used to assess MRD and the trend of detectable MRD.
- After completion of therapy, "Molecular relapses" can predict hematologic relapses within a 3- to 6-month timeframe.
- Timing of MRD assessment:
- → Upon completion of initial induction.<sup>4-6</sup>
- ▶ Before allogeneic HCT.8
- ▶ Additional time points should be guided by the regimen used.<sup>2,3</sup>
- <sup>1</sup> Schuurhuis GJ, Heuser M, Freeman S, et al. Minimal/measurable residual disease in AML: consensus document from ELN MRD Working Party. Blood 2018;131:1275-1291.
- <sup>2</sup> Ivey A, Hills RK, Simpson MA, et al. Assessment of minimal residual disease in standard-risk AML. N Engl J Med 2016;374:422-433.
- <sup>3</sup> Jourdan E, Boissel N, Chevret S, et al. Prospective evaluation of gene mutations and minimal residual disease in patients with core binding factor acute myeloid leukemia. Blood 2013:121:2213-2223.
- <sup>4</sup> Jongen-Lavrencic M, Grob T, Hanekamp D, et al. Molecular minimal residual disease in acute myeloid leukemia. N Engl J Med 2018;378:1189-1199.
- <sup>5</sup> Klco JM, Miller CA, Griffith M, et al. Association between mutation clearance after induction therapy and outcomes in acute myeloid leukemia. JAMA 2015;314:811-822.
- <sup>6</sup> Morita K, Kantarjian H, Wang F, et al. Clearance of somatic mutations at remission and the risk of relapse in acute myeloid leukemia J Clin Oncol 2018;36:1788-1797.
- <sup>7</sup> Short NJ, et al. Association of measurable residual disease with survival outcomes in patients with acute myeloid leukemia: A systematic review and meta-analysis. JAMA Oncol 2020:6:1890-1899.
- <sup>8</sup> Thol F, Gabdoulline R, Liebich A, et al. Measurable residual disease monitoring by NGS before allogeneic hematopoietic cell transplantation in AML. Blood 2018;132:1703-1713.

Note: All recommendations are category 2A unless otherwise indicated.



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### RESPONSE CRITERIA DEFINITIONS FOR ACUTE MYELOID LEUKEMIA<sup>1</sup>

These response criteria were defined in the context of intensive chemotherapy regimens, and may not be predictive of outcomes for patients who receive other therapies.

- Morphologic leukemia-free state (MLFS)
- ▶ BM <5% blasts in an aspirate with spicules; at least 200 cells must be enumerated
- ▶ No blasts with Auer rods or persistence of extramedullary disease
- ▶ If there is a question of residual leukemia, a BM aspirate/biopsy should be repeated in one week.
- ▶ A BM biopsy/aspirate should be performed.
- Complete response (CR)
- ▶ Morphologic CR transfusion independence
- **→** ANC ≥1 x 10<sup>9</sup>/L (blasts <5%)
  - ♦ Platelets ≥100 x 10<sup>9</sup>/L (blasts <5%)
- ► CR without MRD (CR<sub>MRD.</sub>)
  - ♦ If studied pretreatment, CR with negativity for a genetic marker by reverse transcriptase PCR (RT-PCR) or CR with negativity by MFC<sup>2</sup>
  - ♦ Sensitivity varies by marker and method used: analyses should be done in experienced laboratories.
  - ♦ Molecular CR molecular studies negative
- ► CR with partial hematologic recovery (CRh), defined as <5% blasts in the BM, no evidence of disease (NED), and partial recovery of peripheral blood counts (platelets >50 × 10<sup>9</sup>/L and ANC ≥0.5 × 10<sup>9</sup>/L)<sup>3</sup>
- ► CR with incomplete hematologic recovery (CRi) All CR criteria and transfusion independence but with persistence of neutropenia (<1 x 10<sup>9</sup>/L) or thrombocytopenia (<100 x 10<sup>9</sup>/L).
- ▶ Responses less than CR may still be meaningful depending on the therapy.
- Partial remission (PR)<sup>4</sup>
- ▶ Decrease of at least 50% in the percentage of blasts to 5% to 25% in the BM aspirate and the normalization of blood counts, as noted above.
- Relapse following CR is defined as reappearance of leukemic blasts in the peripheral blood or the finding of more than 5% blasts in the BM, not attributable to another cause (eg, BM regeneration after consolidation therapy) or extramedullary relapse.
- Lack of response to induction Inability to attain CR or CRi following exposure to at least 2 courses of intensive induction therapy.

Note: All recommendations are category 2A unless otherwise indicated.

<sup>1</sup> Dohner H, Wei AH, Appelbaum FR, et al. Diagnosis and management of AML in adults: 2022 recommendations from an international expert panel on behalf of the ELN. Blood 2022;140:1345-1377.

<sup>&</sup>lt;sup>2</sup> This is clinically relevant in APL and Ph+ leukemia, and inability to achieve a significant reduction (eg >3 log) in molecular evidence of t(8;21) or inv(16) has a very high predictive value of relapse. Molecular remission for APL should be performed after consolidation, not after induction as in non-APL AML. *NPM1* is a target that can be included in the molecular response assessment. Ivey A, Hills RK, Simpson MA, et al. Assessment of minimal residual disease in standard-risk AML. N Engl J Med 2016;374:422-433.

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<sup>&</sup>lt;sup>4</sup> Partial remissions are useful in assessing potential activity of new investigational agents, usually in phase I trials.



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#### THERAPY FOR RELAPSED/REFRACTORY DISEASE<sup>a</sup>

#### Clinical triala

## **Targeted therapy:**

- Therapy for AML with FLT3-ITD mutation
- ► Gilteritinib<sup>1</sup> (category 1)
- ► HMAs (azacitidine or decitabine) + sorafenib<sup>2,3</sup>
- → Quizartinib<sup>4</sup> (category 2B)
- Therapy for AML with FLT3-TKD mutation
- → Gilteritinib<sup>1</sup> (category 1)
- Therapy for AML with IDH2 mutation
- ▶ Enasidenib<sup>5</sup>
- Therapy for AML with IDH1 mutation
- → Ivosidenib<sup>6</sup>
- **→** Olutasidenib<sup>7</sup>
- Therapy for CD33-positive AML
- ▶ Gemtuzumab ozogamicin<sup>8</sup>

Aggressive therapy for appropriate patients<sup>b,c</sup>:

- Cladribine + cytarabine + G-CSF<sup>d</sup> ± mitoxantrone or idarubicin<sup>9,10,11</sup>
- Cytarabine ± (idarubicin or daunorubicin or mitoxantrone)<sup>12</sup>
- Fludarabine + cytarabine + G-CSFd ± idarubicin<sup>13,14</sup>
- Etoposide + cytarabine ± mitoxantrone<sup>15</sup>
- Clofarabine ± cytarabine ± idarubicin<sup>16,17</sup>

## Less aggressive therapy:

- HMAs (azacitidine or decitabine)
- LDAC (category 2B)
- (HMA or LDAC)<sup>18,19</sup> + venetoclax<sup>e</sup>

References on AML-J 2 of 2

Note: All recommendations are category 2A unless otherwise indicated.

<sup>&</sup>lt;sup>a</sup> There are promising ongoing clinical trials investigating targeted therapies based on molecular mutations for relapsed/refractory disease. Molecular profiling should be considered if not done at diagnosis, or repeated to determine clonal evolution. <u>See Discussion</u>.

b Appropriate patients include those eligible for aggressive therapy and with relatively short first remission. For patients with long first remission, reinduction therapy may be appropriate.

<sup>&</sup>lt;sup>C</sup> Reinduction therapy may be appropriate in certain circumstances, such as in patients with long first remission (there are no data regarding re-induction with dual-drug liposomal encapsulation of cytarabine and daunorubicin). This strategy primarily applies to cytotoxic chemotherapy and excludes the re-use of targeted agents due to the potential development of resistance. Targeted therapies may be retried if agents were not administered continuously and not stopped due to development of clinical resistance. If a second CR is achieved, then consolidation with allogeneic HCT should be considered.

d An FDA-approved biosimilar is an appropriate substitute for filgrastim.

e Principles of Venetoclax Use With HMA in AML Patients with AML (AML-K).



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Note: All recommendations are category 2A unless otherwise indicated.



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### PRINCIPLES OF VENETOCLAX USE WITH HMA OR LDAC (1 OF 2)

#### General

- Highly consider consultation with high-volume tertiary care/academic medical center.
- The maximum number of cycles for these regimens is unknown, and treatment may continue as long as tolerated and effective. As data become available, additional insight and guidance about the recommended length of treatment will be provided.
- Patients with disease in remission will frequently require breaks between treatment on the order of 7–14 days to allow for hematological recovery.
- Where there are delays in count recovery, reduction in duration of venetoclax and/or reduction in dose or duration of HMA or LDAC should be considered.
- Refer to prescribing information and consult with a pharmacist for potential drug interactions (eg, CYP3A4 inhibitors).
- Strong CYP3A4 inhibitors (especially posaconazole) require significant dose reductions during initiation and ramp-up phase followed by a reduced daily dose.
- > The use of strong or moderate CYP3A4 inducers (eg, carbamazepine, phenytoin, rifampin) should be avoided.
- The addition of a third agent is not recommended to the combinations described in this section outside the context of a clinical trial.

## Therapy for Patients with Newly Diagnosed Disease 1

- Prior to Therapy
- To decrease the risk of severe tumor lysis syndrome (TLS), aim to achieve WBC count of <25 x 10<sup>9</sup>/L with hydroxyurea/leukapheresis if necessary.
- Initiate both therapies of the combination concomitantly.
- ▶ If azole antifungal prophylaxis or other CYP enzyme-interacting medications are concurrently indicated, reduce venetoclax dose accordingly. a
- First Cycle Considerations
- **→** TLS monitoring:
  - ♦ Inpatient treatment is strongly recommended during first cycle of treatment, especially through dose escalation. b
  - ♦ Intrapatient dose escalation for venetoclax with HMA is 100 mg, 200 mg, and 400 mg daily on days 1–3; intrapatient dose escalation for venetoclax with LDAC target dose is 100 mg, 200 mg, 400 mg, and 600 mg daily on days 1–4. Concomitant interacting medications may require changes to these dosages.<sup>a</sup>
  - ♦ Recommend treatment with allopurinol or other uric acid lowering agent until no further risk of TLS.
  - ♦ For patients with proliferative disease, monitor blood chemistries every 6–8 hours after initiation; if within normal limits, recheck once daily and continue monitoring until no further risk of TLS.
  - ♦ Aggressively monitor and manage electrolyte imbalances.
- ▶ Continue treatment regardless of cytopenias; transfuse as needed and no growth factors until treatment cycle is complete.
- ▶ BM biopsy for response assessment on days 21–28<sup>C</sup>
  - ♦ If no morphologic remission (persistent BM blasts above 5%) but evidence of efficacy exists, proceed with a second cycle without interruption with the goal of achieving morphologic remission, and repeat BM biopsy on days 21–28 of this cycle.
- ▶ If blasts <5%, hold both therapies and consider the following measures:
  - **♦ Administer growth factor support if indicated.**
  - ♦ Monitor blood counts for up to a 14-day period.
    - If counts have recovered to a clinically significant threshold, resume the next cycle.
    - If counts have not recovered to a clinically significant threshold, consider repeating the BM exam. If morphologic remission is ongoing, can continue
      to hold therapy for count recovery or start the second cycle with adjustment in the dose or schedule of the HMA/LDAC and/or venetoclax.

Footnotes and References on AML-K 2 of 2

Note: All recommendations are category 2A unless otherwise indicated.

Clinical Trials: NCCN believes that the best management of any patient with cancer is in a clinical trial. Participation in clinical trials is especially encouraged.

**Continued** 

AML-K 1 OF 2



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### PRINCIPLES OF VENETOCLAX USE WITH HMA OR LDAC (2 OF 2)

## Therapy for Patients with Newly Diagnosed Disease (Continued)<sup>1</sup>

- Cycle 2 and beyond
- ▶ If NED after cycle 1, consider repeat BM biopsy at 3- to 6-month intervals, assuming no unexpected changes in blood counts occur.
- If remission after cycle 1, continue sequential cycles with up to 14-day interruptions between cycles for count recovery and/or growth factor support.
- ▶ If persistent disease after cycle 1, repeat BM biopsy following cycle 2 (or subsequent cycles until NED or remission) to again assess for cellularity and disease response, and to determine timing of subsequent cycle.
- If count recovery worsens over time, rule out relapsed disease with repeat BM biopsy. If a morphologic remission is ongoing with worsening blood counts, consider decreasing the dose/schedule of venetoclax and/or HMA/LDAC.
- ▶ Repeat BM biopsy when concerned about relapse.
- If no morphologic remission after cycle 2 or 3, the likelihood of response is decreased and patients could consider enrollment in a clinical trial if available. In the absence of available clinical trials, if the patient's disease has had any response with manageable toxicity, continue therapy as tolerated.

## Therapy for Patients with Relapsed/Refractory Disease

- Recommend antifungal prophylaxis if indicated.<sup>2</sup>
- Consider the same TLS and intrapatient dose escalation measures as described under "First Cycle Considerations."
- Consider the same recommendations for early BM biopsy and cytopenia mitigation plan proposed under "First Cycle Considerations."

- <sup>a</sup> See venetoclax prescribing information: <a href="https://www.accessdata.fda.gov/drugsatfda\_docs/label/2022/208573s027lbl.pdf">https://www.accessdata.fda.gov/drugsatfda\_docs/label/2022/208573s027lbl.pdf</a>
- <sup>b</sup> Patients may need hospitalization beyond first cycle, based on medical circumstances. Treatment in outpatient setting may be considered per institutional practice or treatment preference.
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Note: All recommendations are category 2A unless otherwise indicated.



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INTRODUCTION

Decisions about diagnosis and management for BPDCN should involve multidisciplinary consultation at a high-volume center with use of appropriate interventions. Consider referral to an academic institution.

Note: All recommendations are category 2A unless otherwise indicated.

Clinical Trials: NCCN believes that the best management of any patient with cancer is in a clinical trial. Participation in clinical trials is especially encouraged.

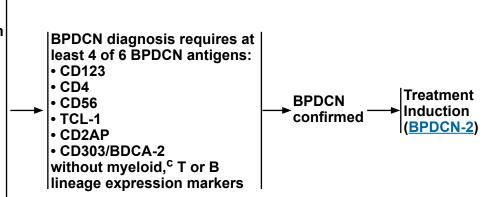


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## **EVALUATION/WORKUP FOR BPDCN**<sup>a,1,2</sup>

- H&P
- CBC, platelets, differential, CMP
- Analysis of skin lesions (collaboration with dermatology is recommended),<sup>3,b</sup> peripheral blasts, BM aspirate/biopsy, and lymph node biopsy including:
- ▶ Dendritic cell morphology assessment
- ▶ IHC
- **▶** Flow cytometry
- ▶ Cytogenetic analysis (karyotype and/or FISH)
- ▶ Molecular analysis (most common aberrations include: TET2, ASXL1, ZRSR2, SRSF2, TP53, NRAS, IDH2, and ETV6)<sup>4,5</sup>
- FDG-PET/CT scan of other sites, if clinical suspicion for extramedullary disease and/or lymphadenopathy
- All patients require a diagnostic LP at the time of initial diagnosis, at disease relapse, or any other time when there is a clinical suspicion for CNS involvement. Consider following with IT chemotherapy prophylaxis (BPDCN-B).

#### DIAGNOSIS4



<sup>c</sup> Myeloid markers include myeloperoxidase (MPO), lysozyme, CD14, CD34, CD116, and CD163.

References on BPDCN-4

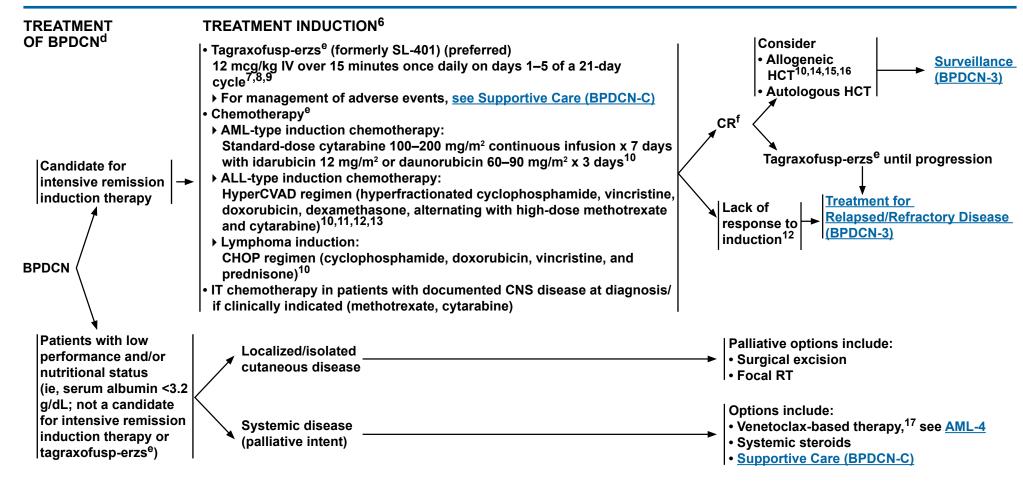
Note: All recommendations are category 2A unless otherwise indicated.

<sup>&</sup>lt;sup>a</sup> Principles of BPDCN (BPDCN-A).

<sup>&</sup>lt;sup>b</sup> Close collaboration with dermatology is recommended. For guidance on classification and measurement of skin lesions, see page MFSS-3 in the <u>NCCN Guidelines for Primary Cutaneous Lymphomas</u>.



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Note: All recommendations are category 2A unless otherwise indicated.

d Principles of Supportive Care for BPDCN (BPDCN-C).

e-Consider CNS prophylaxis for patients with overt systemic disease.

LCR in BPDCN has the same hematologic criteria as AML (AML-I), but it is also important to document resolution of any extramedullary sites including CNS and skin lesions. If the skin still shows microscopic disease, consider continuing additional cycles (at least 4) of therapy before managing as relapsed/refractory disease. For appropriate studies to assess CR, see Pemmaraju N, et al. N Engl J Med 2019;380:1628-1637.

References on BPDCN-4

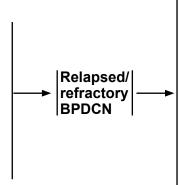


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#### SURVEILLANCE

#### TREATMENT FOR RELAPSED/REFRACTORY DISEASE

- CBC, platelets every 1–3 mo for 2 y, then every 3–6 mo up to 5 y
- BM aspirate and biopsy only if peripheral smear is abnormal or cytopenias develop
- Repeat FDG-PET/CT scan for patients with prior evidence of extramedullary disease
- Consider re-biopsy for any suspicious skin or extramedullary lesions



- Evaluate CNS for disease/prophylaxis<sup>18</sup>
- Consider
- ▶ Clinical trial (preferred)
- ► Tagraxofusp-erzs<sup>e,8,9</sup> (preferred, if not already used)
  For management of adverse events, see <u>Supportive Care (BPDCN-C)</u>
- ▶ Chemotherapy (if not already used), see Treatment Induction (BPDCN-2)
- ▶ Local RT to isolated lesions/areas
- > Systemic steroids
- ▶ Venetoclax-based therapy, 17,19,20 see AML-4
- Donor search should be initiated at first relapse in appropriate patients concomitant with institution of other therapy if no sibling donor has been identified

e Consider CNS prophylaxis for patients with overt systemic disease.

References on BPDCN-4

Note: All recommendations are category 2A unless otherwise indicated.



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Note: All recommendations are category 2A unless otherwise indicated.



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#### PRINCIPLES OF BPDCN

### **General Principles:**

- BPDCN is a disorder of immature dendritic cells that regulate effector T-cell function.
- It constitutes only 0.44% of hematologic malignancies and <1% of acute leukemia presentations.<sup>1</sup>
- It occurs in all races and geographic areas.
- It is more common in adults (median age, 65-67 years) with an approximate male-to-female ratio of 3:1.
- It most commonly presents as asymptomatic skin lesions, a,2 cytopenias, circulating peripheral blasts (leukemic phase), lymphadenopathy, and CNS manifestations.
- Prognosis for BPDCN is poor and the median OS is approximately 8–12 months when patients are treated with chemotherapy.<sup>3,4</sup>
- Studies suggest that being in first remission during receipt of allogeneic HCT significantly enhances the median OS.<sup>4-6</sup> Reduced-intensity conditioning may be considered in patients whose disease achieves CR but cannot tolerate myeloablative HCT.<sup>7</sup>
- For patients who are fit, current treatment options for BPDCN include tagraxofusp-erzs and chemotherapy, whereas those with low albumin and/or comorbidities should receive localized therapy or supportive care as shown in the algorithm (BPDCN-2).
- ▶ Hypoalbuminemia and capillary leak syndrome are known, potentially serious adverse events associated with tagraxofusp-erzs treatment,<sup>8</sup> and must be monitored closely during therapy (<u>Principles of Supportive Care for BPDCN [BPDCN-C]</u>).

Note: All recommendations are category 2A unless otherwise indicated.

<sup>&</sup>lt;sup>1</sup> Bueno C, Almeida J, Lucio P, et al. Incidence and characteristics of CD4(+)/HLA DRhi dendritic cell malignancies. Haematologica 2004;89:58-69.

<sup>&</sup>lt;sup>2</sup> Pemmaraju N, Lane AA, Sweet KL, et al. Tagraxofusp in blastic plasmacytoid dendritic-cell neoplasm. N Engl J Med 2019;380:1628-1637.

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<sup>&</sup>lt;sup>6</sup> Roos-Weil D, Dietrich S, Boumendil A, et al. Stem cell transplantation can provide durable disease control in blastic plasmacytoid dendritic cell neoplasm: a retrospective study from the European Group for Blood and Marrow Transplantation. Blood 2013;121:440-446.

<sup>&</sup>lt;sup>7</sup> Pagano L, Valentini CG, Grammatico S, Pulsoni A. Blastic plasmacytoid dendritic cell neoplasm: diagnostic criteria and therapeutical approaches. Br J Haematol 2016:174:188-202.

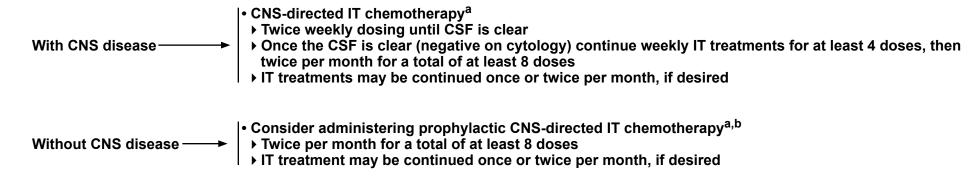
<sup>&</sup>lt;sup>8</sup> Frankel AE, Woo JH, Ahn C, et al. Activity of SL-401, a targeted therapy directed to interleukin-3 receptor, in blastic plasmacytoid dendritic cell neoplasm patients. Blood 2014;124:385-392.

<sup>&</sup>lt;sup>a</sup> Close collaboration with dermatology is recommended. For guidance on classification and measurement of skin lesions, see page MFSS-3 in the <u>NCCN Guidelines for Primary Cutaneous</u> <u>Lymphomas</u>.



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#### **EVALUATION AND TREATMENT OF CNS DISEASE**



Note: All recommendations are category 2A unless otherwise indicated.

<sup>&</sup>lt;sup>a</sup> Chemotherapy regimens may follow institutional standards, but would preferably be aggressive including alternating cytarabine with methotrexate, or triple IT agents . (ie, cytarabine, methotrexate, steroid).

b Consider IT chemotherapy prophylaxis even in the absence of known CNS disease, given the high percentage (30%) of primary CNS involvement at relapse. Sullivan JM, Rizzieri DA. Hematology Am Soc Hematol Educ Program 2016;2016:16-23. Pemmaraju N, Kantarjian H, Sweet K, et al. Blood 2023;141:567-578.



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#### PRINCIPLES OF SUPPORTIVE CARE FOR BPDCN

### Administration/Management of Toxicities Associated with Tagraxofusp-erzs<sup>a</sup>

- Patients must have a baseline serum albumin of 3.2 g/dL or higher to be able to start tagraxofusp-erzs.
- ▶ Replace serum albumin if <3.5 g/dL or if there is a reduction of ≥0.5 from baseline.
- Capillary leak syndrome (life-threatening/fatal) can occur in patients receiving this drug.
- The first cycle of this drug should be administered in the inpatient setting. Closely monitor toxicity during and after drug administration. It is recommended that patients remain in the hospital for at least 24 hours after completion of the first cycle.
- ▶ Premedicate with an H1-histamine antagonist, acetaminophen, corticosteroid, and H2-histamine antagonist prior to each infusion.
- ▶ Administer tagraxofusp-erzs at 12 mcg/kg IV over 15 minutes once daily on days 1–5 of a 21-day cycle. Alternately, 5 doses can be administered over a 10-day period, if needed for dose delays.
- Prior to each dose of drug: Check vital signs, albumin, transaminases, and creatinine.
- Collaboration with a dermatologist for supportive care is essential.

## **Hold Tagraxofusp-erzs Dosing for the Following Reasons:**

- Serum albumin <3.5 g/dL or a reduction from baseline of ≥0.5
- Body weight ≥1.5 kg over prior day
- Edema, fluid overload, and/or hypotension
- Alanine aminotransferase (ALT)/aspartate aminotransferase (AST) increase >5 times the upper limit of normal
- Serum creatinine >1.8 or CrCl ≤60 mL/min
- Systolic blood pressure (SBP) ≥160 or ≤80 mmHg
- Heart rate (HR) ≥130 bpm or ≤40 bpm
- Temperature ≥38°C
- Mild to severe hypersensitivity reaction

<sup>a</sup> For full details on administration and toxicity management, see: <a href="https://www.accessdata.fda.gov/drugsatfda\_docs/label/2023/761116s009lbl.pdf">https://www.accessdata.fda.gov/drugsatfda\_docs/label/2023/761116s009lbl.pdf</a>.

Note: All recommendations are category 2A unless otherwise indicated.



# Comprehensive Cancer Acute Myeloid Leukemia (Age ≥18 years)

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#### **ABBREVIATIONS**

aGVHD	acute graft-versus-host disease	CSF	cerebrospinal fluid	LP	lumbar puncture
ALAL	acute leukemia of ambiguous	DIC	disseminated intravascular	MDS	myelodysplastic syndrome
	lineage		coagulation	MFC	multicolor flow cytometry
ALT	alanine aminotransferase	ECG	electrocardiogram	MLFS	morphologic leukemia-free state
AML	acute myeloid leukemia	ECOG	Eastern Cooperative Oncology	MPAL	mixed phenotype acute leukemia
ANC	absolute neutrophil count		Group	MPO	myeloperoxidase
APL	acute promyelocytic leukemia	EF	ejection fraction	MRC	myelodysplasia-related changes
AST	aspartate aminotransferase	ESA	erythropoiesis-stimulation agent	MRD	measurable (minimal) residual
ATRA	all-trans retinoic acide	FDG	fluorodeoxyglucose		disease
BM	bone marrow	FISH	fluorescence in situ hybridization	MUGA	multigated acquisition
<b>BPDCN</b>	blastic plasmacytoid dendritic cell	FNA	fine-needle aspiration	NED	no evidence of disease
	neoplasm	G6PD	Glucose-6-phosphate	NGS	next-generation sequencing
BUN	blood urea nitrogen	0.005	dehydrogenase	NOS	not otherwise specified
bZIP	basic leucine zipper	G-CSF	granulocyte colony-stimulating factor	os	overall survival
CBC	complete blood count	GI	gastrointestinal	PCR	polymerase chain reaction
CBF	core binding factor	GM-CSF	granulocyte-macrophage colony-	PR	partial remission
CHIP	clonal hematopoiesis of		stimulating factor	PT	prothrombin time
01111	indeterminate potential	HCT	hematopoietic cell transplantation	PTD	partial tandem duplication
CMML	chronic myelomonocytic leukemia	HiDAC	high-dose cytarabine	PTT	partial thromboplastin time
CMP	comprehensive metabolic panel	HLA	human leukocyte antigen	RBC	red blood cell
CMV	Cytomegalovirus	HMA	hypomethylating agent	RQ-PCR	real-time quantitative PCR
CNS	central nervous system	H&P	history and physical	RT-PCR	real-time PCR
CNV	copy number variant	HR	heart rate	SBP	systolic blood pressure
CR	complete response	IHC	immunohistochemistry	sc	subcutaneously
CrCl	creatinine clearance	IT	intrathecal	sos	sinusoidal obstruction syndrome
CRh	complete response with partial hematologic recovery	ITD	internal tandem duplication	TKD	tyrosine kinase domain
CRi	complete response with	LDAC	Low-dose cytarabine	TLS	tumor lysis syndrome
J. (1	incomplete hematologic recovery	LDH	lactate dehydrogenase	TPO	thrombopoietin
CRMRD-	CR without MRD	LFT	liver function tests	WBC	white blood cell



# Comprehensive Cancer Network® NCCN Guidelines Version 3.2024 Calcer Acute Myeloid Leukemia (Age ≥18 years)

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NCCN Categories of Evidence and Consensus		
Category 1	Based upon high-level evidence, there is uniform NCCN consensus that the intervention is appropriate.	
Category 2A	Based upon lower-level evidence, there is uniform NCCN consensus that the intervention is appropriate.	
Category 2B	Based upon lower-level evidence, there is NCCN consensus that the intervention is appropriate.	
Category 3	Based upon any level of evidence, there is major NCCN disagreement that the intervention is appropriate.	

All recommendations are category 2A unless otherwise indicated.

NCCN Categories of Preference			
Preferred intervention	Interventions that are based on superior efficacy, safety, and evidence; and, when appropriate, affordability.		
Other recommended intervention	Other interventions that may be somewhat less efficacious, more toxic, or based on less mature data; or significantly less affordable for similar outcomes.		
Useful in certain circumstances	Other interventions that may be used for selected patient populations (defined with recommendation).		

All recommendations are considered appropriate.



## **Discussion**

This discussion corresponds to the NCCN Guidelines for Acute Myeloid Leukemia. Last updated May 17, 2024.

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### Overview

Acute myeloid leukemia (AML) is a heterogeneous hematologic malignancy characterized by the clonal expansion of myeloid blasts in the peripheral blood, bone marrow, and/or other tissues. It is the most common form of acute leukemia among adults and accounts for the largest number of annual deaths from leukemias in the United States.¹ An estimated 20,800 people will be diagnosed with AML in 2024, and 11,220 patients will die of the disease.¹ According to the SEER Cancer Statistics Review, the median age at diagnosis is 68 years, with approximately 60% of patients diagnosed at ≥65 years of age and approximately a third diagnosed at ≥75 years of age).² Other registries report the median age of diagnosis at 71 years.³ Thus, as the population ages, the incidence of AML, along with myelodysplastic syndromes (MDS), seems to be rising.

Environmental factors that have long been established to increase the risks of MDS and AML include prolonged exposure to petrochemicals; solvents such as benzene; pesticides; and ionizing radiation.<sup>4</sup>

Therapy-related MDS/AML (secondary MDS/AML) is a well-recognized consequence of cancer treatment in a proportion of patients receiving cytotoxic therapy for solid tumors or hematologic malignancies. Reports suggest that therapy-related MDS/AML may account for 5% to 20% of patients with MDS/AML.<sup>5-7</sup> The rate of therapy-related MDS/AML is higher among patients with certain primary tumors, including breast cancer, gynecologic cancers, and lymphomas (both non-Hodgkin lymphoma and Hodgkin lymphoma), largely owing to the more leukemogenic cytotoxic agents that are commonly used in the treatment of these tumors.<sup>7-10</sup> Two well-documented categories of cytotoxic agents associated with the development of therapy-related MDS/AML are alkylating agents and topoisomerase inhibitors.<sup>5,8,9</sup> Treatment with antimetabolites, such as the

purine analog fludarabine, has also been associated with therapy-related MDS/AML in patients with lymphoproliferative disorders, particularly when administered in combination with alkylating agents. 11,12 Radiation therapy (RT), especially in the context of myeloablative therapy (eg, total body irradiation, radioimmunotherapy) given before autologous hematopoietic cell transplantation (HCT) may also increase the risk for therapy-related MDS/AML. 13,14 The disease course of therapy-related MDS/AML is generally progressive and may be more resistant to conventional cytotoxic therapies than *de novo* cases of MDS/AML.<sup>9</sup> Importantly, clinical outcomes in patients with therapy-related AML have been shown to be significantly inferior (both in terms of relapse-free survival [RFS] and overall survival [OS]) compared with patients with de novo cases, 8,15 except those with the therapy-related acute promyelocytic leukemia (APL) subtype<sup>7,16</sup> or the favorable-risk core binding factor (CBF) translocations. The proportion of patients with unfavorable cytogenetics tends to be higher in the population with therapy-related AML. Even among the subgroup with favorable karyotypes, those with therapy-related AML tend to do less well.

The Panel for the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines®) for Acute Myeloid Leukemia convenes annually to update recommendations for the diagnosis and treatment of AML in adults. These recommendations are based on a review of recently published clinical trials that have led to significant improvements in treatment or have yielded new information regarding biologic factors that may have prognostic importance.

## **Guidelines Update Methodology**

The complete details of the Development and Update of the NCCN Guidelines are available at www.NCCN.org.



#### Literature Search Criteria

Prior to the update of the NCCN Guidelines® for AML, an electronic search of the PubMed database was performed to obtain key literature in AML published since the previous Guidelines update, using the following search terms: acute myeloid leukemia or acute promyelocytic leukemia or blastic plasmacytoid dendritic cell neoplasm. The PubMed database was chosen as it remains the most widely used resource for medical literature and indexes peer-reviewed biomedical literature. Pasults were confined to the following article types: Clinical Trial, Phase III; Clinical Trial, Phase IV; Guideline; Practice Guideline; Meta-Analysis; Randomized Controlled Trial; Systematic Reviews; and Validation Studies.

The data from key PubMed articles as well as articles from additional sources deemed as relevant to these Guidelines and discussed by the panel during the Guidelines update have been included in this version of the Discussion section. Recommendations for which high-level evidence is lacking are based on the panel's review of lower-level evidence and expert opinion.

## Sensitive/Inclusive Language Usage

NCCN Guidelines strive to use language that advances the goals of equity, inclusion, and representation. NCCN Guidelines endeavor to use language that is person-first; not stigmatizing; anti-racist, anti-classist, anti-misogynist, anti-ageist, anti-ableist, and anti-weight-biased; and inclusive of individuals of all sexual orientations and gender identities. NCCN Guidelines incorporate non-gendered language, instead focusing on organ-specific recommendations. This language is both more accurate and more inclusive and can help fully address the needs of individuals of all sexual orientations and gender identities. NCCN Guidelines will

continue to use the terms men, women, female, and male when citing statistics, recommendations, or data from organizations or sources that do not use inclusive terms. Most studies do not report how sex and gender data are collected and use these terms interchangeably or inconsistently. If sources do not differentiate gender from sex assigned at birth or organs present, the information is presumed to predominantly represent cisgender individuals. NCCN encourages researchers to collect more specific data in future studies and organizations to use more inclusive and accurate language in their future analyses.

#### **Initial Evaluation**

The initial evaluation of AML has two objectives. The first is to characterize the disease process based on factors such as prior toxic exposure, antecedent myelodysplasia, and karyotypic and molecular abnormalities, which may provide prognostic information that can impact responsiveness to chemotherapy and risk of relapse. The second objective focuses on patient-specific factors, including assessment of comorbid conditions, which may affect an individual's ability to tolerate chemotherapy. Both disease-specific and individual patient factors are taken into consideration when deciding on a treatment strategy.

## Workup

The evaluation and initial workup for suspected AML consists of a comprehensive medical history and physical examination. Laboratory evaluations include a comprehensive metabolic panel and a complete blood count (CBC), including platelets and a differential of white blood cells (WBCs). Serum uric acid and lactate dehydrogenase (LDH) have prognostic relevance and should be evaluated. 19,20 Vitamin B12 and folic acid should also be assessed.



Bone marrow (BM) core biopsy and aspirate analyses (including immunophenotyping by immunohistochemistry [IHC] stains with flow cytometry) and cytogenetic analyses (karyotype with fluorescence in situ hybridization [FISH]) are necessary for risk stratification and to potentially guide therapy of AML.

Several gene mutations are associated with specific prognoses in a subset of patients (category 2A) and may guide treatment decisions (category 2B) (see *Risk Stratification by Biological Disease Factors*). Presently, c-*KIT*, *FLT3*-internal tandem duplication (ITD), *FLT3*-tyrosine kinase domain (TKD), *NPM1*, in-frame bZIP mutation in *CEBPA*, *IDH1/IDH2*, *RUNX1*, *ASXL1*, *TP53*, *BCR::ABL*, and *PML::RAR* alpha are included in this group. Other genetic lesions may have therapeutic significance. The field of genomics in myeloid malignancies and related implications in AML are evolving rapidly. All patients should be tested for mutations, and multiplex gene panels and targeted next-generation sequencing (NGS) analysis are recommended for the ongoing management of AML in various phases of treatment.<sup>21-23</sup> Additional molecular and genetic testing for heritable hematologic malignancy predisposition is recommended in a subset of patients, particularly in patients <50 years of age. See MDS-D and MDS-E from the NCCN Guidelines for Myelodysplastic Syndromes.

To appropriately stratify therapy options, test results of molecular and cytogenetic analyses of immediately actionable genes or chromosomal abnormalities should be expedited. For patients with hyperleukocytosis uncontrolled with hydroxyurea or leukapheresis, one dose of cytarabine may be considered prior to receiving diagnostic results. A retrospective study of 3 clinical trials compared the use of cytoreduction with hydroxyurea or cytarabine versus no cytoreduction.<sup>24</sup> There was no significant difference in OS between the two groups, with 30- and 60-day

mortality rates of 2% and 7% versus 2% (P = .978) and 6% (P = .652), suggesting that urgent cytoreduction with hydroxyurea or cytarabine while awaiting complete diagnostic information is a safe approach that may provide a bridge to clinical trial enrollment. For patients who prefer not to receive blood transfusions as part of therapy, see *Supportive Care for Patients with AML Who Prefer Not to Receive Blood Transfusions* for general considerations, although the committee believes that in many cases, good outcomes from this strategy are rare. If blastic plasmacytoid dendritic cell neoplasm (BPDCN) is suspected, see *Management of BPDCN* for work up, diagnosis, and treatment recommendations.

Studies have reported on the prognostic impact of a number of molecular abnormalities in patients with AML (see *Risk Stratification by Biological Disease Factors*). Adequate marrow should be available at the time of diagnosis or relapse for molecular studies as per the institutional practice. Local pathologists should be consulted to discuss ways to optimize sample collection and preservation. If molecular testing is not available at the patient's treatment center, evaluation at an outside reference laboratory or transfer to another institution is recommended prior to performing the BM evaluation. Circulating leukemic blasts from peripheral blood may alternatively be used to detect molecular abnormalities.

Extramedullary presentation, including central nervous system (CNS) disease, is uncommon in patients with AML. However, if extramedullary disease is suspected, an FDG-PET/CT should be considered. Patients with significant CNS signs or symptoms at presentation should be evaluated using appropriate imaging techniques, such as radiography, CT, or MRI for the detection of intracranial bleeding, leptomeningeal disease, or mass lesions in either the brain or spinal cord. If CNS hemorrhage is suspected, a CT of brain without contrast is recommended. If leukemic



meningitis is suspected, a brain MRI with and without contrast is recommended. However, if symptoms persist, and bleeding and mass/lesions are excluded, the patient should have a lumbar puncture (LP) for diagnostic purposes once coagulopathy has been corrected, adequate platelet support is available, and the circulating disease has been cleared through the initiation of systemic therapy. One dose of intrathecal (IT) chemotherapy (methotrexate or cytarabine) can be considered at the time of diagnostic LP. Routine screening LPs are not warranted at the time of diagnosis in patients with AML. However, for patients at high risk for CNS disease, such as those with monocytic differentiation or high WBC count (>40 x 109/L)25 at presentation, a diagnostic LP should be considered as part of the documentation of remission status. Screening LPs should be considered at first remission before first consolidation in patients with monocytic differentiation, mixed phenotype acute leukemia (MPAL), WBC count >40 x 10<sup>9</sup>/L at diagnosis, high-risk APL, FLT3 mutations, or extramedullary disease, particularly in patients not receiving doses of cytarabine ≥2 g/m<sup>2</sup> (ie, patients who are not fit for intensive induction therapy). For patients who present with solitary extramedullary disease (currently referred to as myeloid sarcoma, and historically as granulocytic sarcoma, or chloroma) without overt marrow disease, the initial treatment should still be based on systemic induction chemotherapy. RT or surgical resection may be incorporated with systemic chemotherapy in emergent situations; however, these modalities, if needed at all, should be optimally deferred until after count recovery to avoid excess toxicity.

Coagulopathy is common at presentation in many leukemias; it is therefore standard clinical practice to screen for coagulopathy by evaluating prothrombin time (PT), partial thromboplastin time (PTT), and fibrinogen activity as part of the initial evaluation and before performing any invasive procedure. The need for a cardiac evaluation (eg, echocardiogram or multigated acquisition [MUGA] scan) should be determined based on individual risk factors. Patients with a history or symptoms of cardiac disease, prior exposure to cardiotoxic drugs or thoracic RT, or those of an older age, should have an echocardiogram. In patients who are younger and are otherwise asymptomatic with no history of cardiac disease, an echocardiogram can be considered. In cases of patients who are acutely ill, treatment should not be delayed for an echocardiogram. A small study of 76 patients with cancer who were screened for cardiac disease identified only 4 patients with cardiac abnormalities. Of these 4 patients, the presence of cardiac disease did not change the course of treatment.<sup>26</sup>

Human leukocyte antigen (HLA) typing should be performed in all patients with newly diagnosed AML for whom allogeneic HCT would be considered. HLA typing of family members is recommended for patients up to age 80 years or per institutional practice, who do not have AML with favorable-risk cytogenetics, and tissue typing should be broadened to include alternative donor searches. In patients with non-favorable risk AML, a donor search should begin while the patient is undergoing induction chemotherapy rather than waiting for remission to be achieved. Early referral to a transplant center for patients with non-favorable risk AML is recommended.

Early integration of palliative care should also be considered. See NCCN Guidelines for Palliative Care. A randomized trial of 160 patients with AML assessed patient-reported outcomes in those receiving integrated palliative and oncology care.<sup>27</sup> Compared to patients assigned to usual care, patients assigned to integrated palliative and oncology care reported better quality of life (P = .048), less depression (P = .04), less anxiety (P = .048).



.04), and less post-traumatic stress disorder (PTSD) symptoms (P = .002) during intensive chemotherapy and for up to 24 weeks.

#### **Diagnosis**

Originally, the classification system for AML was defined by the French American British (FAB) system, which relied on cytochemical stains and morphology to separate AML from acute lymphoblastic leukemia (ALL) and to categorize the disease based on degree of myeloid and monocytic differentiation. In 1999, WHO developed a newer classification system, which incorporates information from cytogenetics and evidence of myelodysplasia, to refine prognostic subgroups that may define treatment strategies.<sup>28</sup> During this transition from the FAB system to the WHO classification, the percent blasts threshold for defining high-grade MDS and AML was lowered. The FAB classification had set the threshold between high-grade MDS and AML at 30% blasts, whereas the WHO classification lowered the threshold for diagnosing AML to ≥20% blasts. This change was based on the finding that the biologic behavior (and survival outcomes) of the FAB MDS subgroup of "refractory anemia with excess blasts in transformation (RAEB-T)," defined as patients with 20% to 30% blasts, was similar compared with that of patients with >30% blasts. In an appropriate clinical setting, the WHO classification system further allowed AML to be diagnosed in patients with abnormal hematopoiesis and characteristic clonal structural cytogenetic abnormalities with t(15;17), t(8;21), and inv(16) or t(16;16) regardless of the percentage of marrow blasts.

In 2003, the International Working Group for Diagnosis, Standardization of Response Criteria accepted the cytochemical and immunophenotypic WHO criteria as the standard for diagnosing AML, including the reporting of myelodysplasia according to morphology.<sup>29</sup> However, no evidence

shows that myelodysplasia represents an independent risk factor, because it is frequently linked to poor-risk cytogenetics.

In 2008, WHO revised the diagnostic and response criteria for AML to include additional recurrent genetic abnormalities created by reciprocal translocations/inversions, and a new provisional category for some of the molecular markers that have been found to have a prognostic impact.<sup>30</sup> Additionally, the category of AML with recurrent genetic abnormalities was expanded to include the following: t(9;11)(p22;q23), t(6;9)(p23;q34) (provisional entity), inv(3)(q21 q26.2) or inv(3;3)(q21;q26.2) (provisional entity), and t(1;22)(p13;q13) (provisional entity), in addition to the previously recognized t(8;21)(q22;q22); inv(16)(p13;1q22) or t(16;16)(p13.1;q22); and t(15;17)(q22;q12) [APL subtype]. Other provisional entities included AML with molecular abnormalities such as mutated nucleophosmin (*NPM1*) or CCAAT/enhancer-binding protein alpha (*CEBPA*) genes (further information on these genetic lesions is provided later).<sup>30</sup>

In 2016, WHO expanded the recurrent genetic abnormalities to include two provisional categories, AML with *BCR::ABL1* rearrangement and AML with *RUNX1* mutation.<sup>31</sup> AML with *BCR::ABL1* rearrangement is a rare *de novo* AML that may benefit from therapies that entail tyrosine kinase inhibitors. AML with *RUNX1* mutation is associated with a poorer prognosis.

In 2022, WHO eliminated blast cutoffs for most types of AML with defining genetical alterations (excluding AML with *BCR::ABL1* and AML with *CEBPA* mutation), though the 20% blast cutoff to differentiate MDS from AML was retained.<sup>32</sup> AML with defining genetic abnormalities (eg, AML with *NPM1* mutation, AML with *RUNX1::RUNX1T1* fusion) was also



separated from AML defined by differentiation (eg, AML with maturation, AML with minimal differentiation), eliminating the term AML, not otherwise specified (NOS).<sup>32</sup> A new section on AML with other defined genetic alterations was also added, with incorporation of subtypes of AML with rare genetic fusions.<sup>32</sup> In addition, the term AML with myelodysplasia-related changes (AML-MRC) was replaced with the term AML, myelodysplasia-related (AML-MR). Updates were made to the defining cytogenetic criteria for this type of AML and a mutation-based definition was introduced based on the following 8 genes: *SRSF2*, *SF3B1*, *U2AF1*, *ZRSR2*, *ASXL1*, *EZH2*, *BCOR*, and *STAG2*.<sup>32</sup>

The accurate classification of AML requires multidisciplinary diagnostic studies including morphology, immunophenotyping (IHC and flow cytometry), and molecular genetics analysis. The latter should include the analysis of structural variations by cytogenetics, FISH, or whole-genome sequencing and advanced molecular analysis techniques, as needed, to specify both translocations and gene mutations. The NCCN AML Panel suggests that complementary diagnostic techniques can be used at the discretion of the pathology department of the individual institution. Some cases may still show evidence of both myeloid and lymphoid antigen expression on the leukemic cells and are defined as acute leukemias of ambiguous lineage (ALAL) and MPAL, which were grouped into a single category with the WHO 2022 update to reflect their overlapping immunophenotypic and clinical characteristics.<sup>32</sup> With the WHO 2022 update, ALAL/MPAL were separated into those with defining genetic abnormalities and those defined based on immunophenotyping only. Lineage assignment criteria were refined to highlight principles of intensity and pattern. In addition, MPAL with ZNF384 rearrangement and ALAL with BCL11B rearrangement were added as subtypes of ALAL with defining

genetic alterations.<sup>32</sup> Due to the rarity of ALAL/MPAL, consultation with an experienced hematopathologist should be sought.

Currently, there are discrepancies between two recognized classification systems for AML.<sup>32,33</sup> The NCCN guidelines do not advocate for one over another. Providers should exercise their best clinical judgment related to these discrepancies, and the NCCN Panel recommends classification systems be written to allow for maximal clinical trial participation.

Aberrant expression of differentiation antigens present at diagnosis may allow tracking of residual blasts through flow cytometry in follow-up samples that may appear normal according to conventional morphology. The use of immunophenotyping and molecular markers to monitor MRD in adult AML has not yet been widely incorporated into postremission monitoring strategies, except in some patient subgroups with APL, CBF-AML, and *NPM1*-positive AML. However, ongoing research is moving MRD monitoring to the forefront for all patients with AML (see *Role of MRD Monitoring*).

#### **Risk Stratification by Biological Disease Factors**

Although cytogenetic and molecular information are often unknown when treatment is initiated in patients with de novo AML, karyotypes and molecular markers represent the most important prognostic factors for predicting remission rates, relapse risks, and OS outcomes. The NCCN AML Panel has adopted the European LeukemiaNet (ELN) recommendations for risk stratification,<sup>34</sup> which were updated in 2022 (See *Risk Stratification by Biological Disease Factors for Patients with Non-APL AML Treated with Intensive Induction Chemotherapy* in the algorithm). The risk categories adopted by these guidelines are mainly based on results observed in patients treated with intensive induction chemotherapy.



#### Cytogenetics

In an analysis of data from pediatric and adult patients with AML (n = 1612) enrolled in the United Kingdom Medical Research Council (UK MRC) AML 10 trial, the 5-year survival rates for those with AML with favorable, intermediate, and unfavorable risk cytogenetics were 65%, 41%, and 14%, respectively.<sup>35</sup> In a review of data from adult patients treated in a phase III Southwest Oncology Group (SWOG)/Eastern Cooperative Oncology Group (ECOG) intergroup study (n = 609), the 5-year survival rates for those with AML with favorable, intermediate, and adverse risk cytogenetics were 55%, 38%, and 11%, respectively.<sup>36</sup> Similarly, in a retrospective review of adult patients with AML treated on Cancer and Leukemia Group B (CALGB) protocols (n = 1213), the 5-year survival rates for patients with AML with favorable-, intermediate-, and poor-risk cytogenetics were 55%, 24%, and 5%, respectively.<sup>37</sup> The AML 11 trial had similar results with 5-year survival rates for those with AML with favorable-, intermediate-, and poor-risk cytogenetics of 34%, 13%, and 2%, respectively.<sup>38</sup> This last study included a population of patients ≥55 years of age, which is believed to attribute to the overall lower percent survival in all groups.

The importance of obtaining adequate samples of marrow or peripheral blood at diagnosis for full karyotyping and FISH cytogenetic analysis for the most common abnormalities cannot be overemphasized. Although FISH studies for common cytogenetic abnormalities may allow for rapid screening to identify either favorable-, intermediate-, or poor/adverse-risk groups, additional tests are needed to provide a full picture of the genetic factors that contribute to risk (see *Molecular Markers*).

The presence of autosomal chromosome monosomies in AML has emerged as an important prognostic factor associated with extremely poor

prognosis.<sup>39-41</sup> Data from three large studies have identified monosomal karyotypes (defined as ≥2 autosomal monosomies, or a single monosomy with an additional structural abnormality) as a subset of unfavorable cytogenetic prognosticators. Although complex karyotype (≥3 clonal cytogenetic abnormalities) and either monosomy 5 or monosomy 7 are categorized as high-risk/poor/adverse cytogenetics, the presence of a monosomal karyotype was found to confer further negative prognostic influence within the high-risk group. This high-risk subgroup was first identified in a joint study conducted by the Dutch-Belgian-Swiss cooperative groups (HOVON/SAKK), which evaluated the correlation between cytogenetics and OS outcomes in patients ≥60 years of age with AML (n = 1975). The 4-year OS rate in patients with AML with monosomal karyotype was 4% compared with 26% in those with AML with complex karyotype (but without monosomal karyotype).<sup>39</sup>

These findings were confirmed in subsequent analyses from other large cooperative group studies. In an analysis of data from patients treated on SWOG protocols (n = 1344; age 16–88 years), 13% of patients were found to have monosomal karyotype; nearly all of these cases (98%) occurred within the unfavorable cytogenetics category.<sup>40</sup> The incidence of monosomal karyotype increased with age, from 4% in patients ≥30 years of age to 20% in patients >60 years of age. Among the unfavorable cytogenetics cohort, the 4-year OS rate in the setting of monosomal karyotype was 3% compared with 13% in the subgroup without monosomal karyotype. In patients with AML with monosomy 7, monosomal karyotype did not appear to influence outcomes (4-year OS, 0%–3%); the 4-year OS rates for patients with AML with inv(3)/t(3;3) and t(6;9) and those with AML without monosomal karyotype were 0% and 9%, respectively.<sup>40</sup> In a retrospective study that evaluated the prognostic impact of monosomal karyotype in patients >60 years of age (n = 186)



with unfavorable cytogenetics treated in a GOELAMS trial, the 2-year OS rate was significantly decreased among patients with AML with monosomal karyotype compared with patients with AML without this abnormality (7% vs. 22%; P < .0001). Similar outcomes were observed within the subgroup of patients with AML with complex karyotype.<sup>41</sup>

These studies show that monosomal karyotype, independent of other adverse cytogenetic factors, confers very poor prognosis. In the NCCN Guidelines, the presence of monosomal karyotype is included in the poor/adverse-risk category of AML based on cytogenetics (see *Risk Stratification by Biological Disease Factors for Patients with Non-APL AML Treated with Intensive Induction Chemotherapy* in the algorithm).

#### Molecular Markers

The intermediate-risk cytogenetic category is the most heterogeneous group in AML, because it encompasses both normal karyotype AML (NK-AML) without gross structural abnormalities and those with structural changes that are considered neither adverse risk nor favorable. Based on retrospective analyses of data from large cooperative group studies, 40% to 50% of patients with de novo AML have normal karyotype, which is associated with intermediate risk as measured in terms of survival outcomes.<sup>35,37</sup> However, even in patients with NK-AML, clinical outcome is heterogeneous.

Identification of mutations that carry prognostic and therapeutic impact is rendering molecular profiling for all AML cases a standard part of the diagnostic workup. In addition to basic cytogenetic analysis, new molecular markers can help refine prognostics groups, particularly in the setting of a normal karyotype. These markers include *NPM1*, *FLT3*, *CEBPA*, *IDH1/2*, DNA (cytosine-5)-methyltransferase 3A (*DNMT3A*), and

*KIT*, *TP53*, *RUNX1*, and *ASXL1* gene mutations.<sup>42-54</sup> Tests for these molecular markers are now available in commercial reference laboratories and in referral centers. Therefore, it is important for physicians to confer with the local pathologist on how to optimize sample collection from the time of diagnosis for subsequent molecular diagnostic tests. Testing for additional mutations may also be recommended.

#### NPM1 Mutations

The *NPM1* gene encodes a shuttle protein within the nucleolus of cells. Mutations in this gene occur in 28% to 35% of AML cases. <sup>52,55,56</sup> The *NPM1* mutation has been shown to be associated with NK-AML with a reported frequency of 48% to 53%. <sup>44,50,57</sup> Isolated *NPM1* mutation, which localizes to the cytoplasm, confers a higher complete response (CR) rate and improved event-free survival (EFS) and OS compared with patients who have NK-AML with wild-type *NPM1*, resulting in outcomes similar to patients with CBF AML. <sup>44,45,50,52,53</sup> However, a meta-analysis revealed that when adverse-risk cytogenetics are present, *NPM1* mutation is associated with poor outcome. <sup>58</sup>

#### FLT3 Mutations

The *FLT3* gene encodes a receptor tyrosine kinase involved in hematopoiesis. Two major classes of activating *FLT3* mutations have been identified in AML, which include the ITD and TKD point mutations.<sup>59-64</sup> *FLT3*-ITD mutations occur in approximately 30% of cases and are more common than *FLT3*-TKD mutations, which occur in approximately 10% of cases.<sup>42,46,57,63-67</sup>

Numerous studies have shown the negative prognostic influence of *FLT3*-ITD in patients with AML, resulting in shorter remission durations (eg, decreased disease-free survival [DFS] in patients who achieve a CR)



and poorer survival outcomes compared with patients who have wild-type *FLT3* AML.<sup>42,46,60,61,63,65,66,68</sup> Among patients with *FLT3*-ITD and NK-AML, median OS from the time of diagnosis ranged from 6 to 12 months.<sup>42,46,63,66</sup>

Interestingly, a study in patients with NK-AML showed that prognosis was worse among patients with AML with FLT3-ITD without wild-type FLT3, compared with those with FLT3-ITD with wild-type FLT3 in the second allele. The median OS among patients with FLT3-ITD in the absence of a wild-type FLT3 was only 7 months compared with 46 months among patients with wild-type FLT3 with or without FLT3-ITD.63 The FLT3-TKD mutations predominantly occur independently of FLT3-ITD, and most frequently involve mutations in the D835 residue of a TKD. Although the presence of FLT3-TKD mutations has been shown to be associated with shorter remission durations (eg, decreased DFS) and decreased OS outcomes in some studies, 46,60,64,67 other studies have reported no impact of FLT3-TKD on prognosis<sup>57,68,69</sup> or even a favorable outcome on OS with FLT3-TKD mutations. 70 In the latter study from the UK MRC, the 5-year OS rates among patients with and without FLT3-TKD mutations were 53% versus 37%, respectively. Patients with a higher level of FLT3-TKD mutations (>25%) had a significantly higher 5-year OS rate compared with those with lower levels of mutations, which showed an OS rate similar to that of patients without FLT3-TKD mutations (71% vs. 37%; adjusted P = .004).70

The discrepant findings from these studies may be a result of important differences such as patient baseline characteristics, presence of concurrent genetic lesions (eg, *NPM1*, *CEBPA* mutations), or inclusion of the APL subtypes. Studies have shown that *FLT3*-TKD mutations can occur in a subgroup of patients with the prognostically favorable *NPM1* or *CEBPA* mutations.<sup>57,69</sup> Moreover, *FLT3*-TKD mutations as the sole genetic

aberration or occurring concurrently with t(15;17)/PML::RARA(underlying lesion in the APL subtype) or with FLT3-ITD (FLT3 double mutation) have been associated with poorer outcomes.<sup>57,69</sup>

#### **CEBPA Mutations**

Another mutation associated with prognosis is the *CEBPA* gene, a transcription factor that plays a key role in the differentiation of granulocytes. Mutations in *CEBPA* have been reported in 7% to 11% of cases of AML (or 13%–15% of NK-AML cases) and have been associated with a favorable outcome (similar to outcomes in the setting of CBF translocations) with regard to increased remission duration and OS outcome compared with wild-type *CEBPA*. A7,56,57,71-73 One caveat identified was that the OS benefit with *CEBPA* was observed in the setting of double mutations (biallelic) of *CEBPA* but not in the setting of a single mutation of the gene. The 8-year OS rates reported in this study for patients with double-mutant-positive, single-mutation, and wild-type *CEBPA* genes were 54%, 31%, and 34%, respectively. The revised 2016 WHO classification of AML redefined mutated *CEBPA* to indicate that biallelic mutations (and not single *CEBPA* mutations) are associated with improved prognosis. The stransfer is the control of the case of the control of the case of the

More recent studies have investigated the prognostic significance of *CEBPA* mutations in the basic leucine zipper (bZIP) region, irrespective of biallelic status.  $^{74-76}$  In a report from the Children's Oncology Group (COG), *CEBPA* mutations in 2958 children and young adults with newly diagnosed AML were evaluated, including a cohort with a single *CEBPA*-bZIP mutation and a cohort harboring a second *CEBPA* mutation (*CEBPA*-double-mutated [*CEBPA*-dm]).  $^{74}$  EFS was identical between the two *CEBPA* cohorts (64%) and OS was similar, at 81% for the *CEBPA*-dm cohort and 89% for *CEBPA*-bZIP cohort (P = .259). Outcomes were worse in the *CEBPA*-wild-type cohort, with EFS of 46% and OS of 61% (both P < .259).



.001). This study highlighted favorable outcomes in the setting of *CEBPA*-bZIP domain mutations, irrespective of monoallelic or biallelic status.

A retrospective analysis of 240 adult patients with AML with *CEBPA* mutations revealed improved EFS in the setting of *CEBPA*-dm and *CEBPA*-bZIP mutations compared to CEBPA mutations affecting the N-terminal transactivation domains (*CEBPA*<sup>smTAD</sup>), at 20.7, 17.1, and 5.7 months, respectively.<sup>75</sup> Similarly, OS was significantly improved in the setting of *CEBPA*-dm and *CEBPA*-bZIP mutations compared to *CEBPA*<sup>smTAD</sup> mutations, at 103, 63, and 13 months, respectively.

An additional retrospective analysis evaluated prognosis in 1028 patients with AML with CEBPA mutations. 76 The presence of CEBPA-bZIP mutations was associated with higher CR rates compared to AML without CEBPA-bZIP mutations (90.2% for all age groups, 92.7% for patients <70 years of age; P < .001). AML with CEBPA-bZIP mutation was also associated with longer OS than AML without CEBPA-bZIP mutation (not reached vs. 945 days for all age groups; P < .001 and not reached vs. 1296 days for patients <70 years of age and in the setting of intermediate-risk karyotype; P < .001). Similarly, AML with CEBPA-bZIP mutation was associated with longer median time to relapse than AML without CEBPA-bZIP mutation (not reached vs. 612 days for all age groups; P < .001 and not reached vs. 671 days for patients <70 years of age and in the setting of intermediate-risk karyotype; P < .001). The favorable prognostic significance of CEBPA-bZIP mutations was also observed in the setting of single-mutated CEBPA-sm (OS for all patients, P = .008; OS for patients < 70 years of age and in the setting of intermediate-risk karyotype, P = .008; cumulative incidence of relapse for all patients, P = .063; cumulative incidence of relapse for patients  $\leq 70$ 

years of age and in the setting of intermediate-risk karyotype, P = .026). Multivariate analysis revealed that in patients  $\leq$ 70 years of age, the presence of a *CEBPA*-bZIP mutation was found to be the strongest predictor of improved OS (HR, 0.3287; 95% CI, 0.1852–0.5834; P < .001)

#### IDH1/2 Mutations

Mutations in IDH1 have been reported in 6% to 9% of AML cases, with a higher frequency among patients with NK-AML (8%–16%). 56,77-82 IDH1 mutations were found to occur concurrently with NK-AML and NPM1 mutations. 77-80,82 Additionally, these mutations have been associated with wild-type CEBPA and the absence of FLT3 abnormalities. 80 Findings from published reports on the prognostic effects of *IDH1* mutations have been inconsistent. Although some studies showed no prognostic effect of *IDH1* mutations on OS when considering all IDH mutations (IDH1 and IDH2 combined) or in the overall patient population, 77-80 *IDH1* mutations correlated with significantly worse outcomes in the subgroup of patients with NK-AML with favorable- or intermediate-risk disease. 77,80,82 In the subgroup of patients <60 years of age with favorable-risk AML (NPM1 mutation without FLT3-ITD), IDH1 mutations were associated with a significantly decreased 5-year DFS rate (42% vs. 59%; P = .046) and a trend for decreased OS rate (50% vs. 63%) compared with wild-type IDH.80 In another study, IDH mutations (IDH1 and IDH2 combined) were associated with significantly inferior 5-year RFS rates (37% vs. 67%; P = .02) and OS rates (41% vs. 65%; P = .03) in the subgroup of patients with favorable-risk AML (NK-AML with NPM1 mutation without FLT3-ITD).82 This prognostic significance was observed when IDH1 and IDH2 mutations were separately analyzed, although patient numbers were small for each subgroup and statistical significance was reached only for the RFS analysis.82 IDH1 mutations were also associated with worse EFS and OS outcomes among the subgroup of patients with intermediate-risk



NK-AML (wild-type *NPM1* without *FLT3*-ITD).<sup>77</sup> Mutations in *IDH2* have been reported in 8% to 12% of AML cases,<sup>56,77,78,82,83</sup> with a higher frequency of 19% among those with NK-AML.<sup>80</sup> The presence of *IDH2* mutations was mutually exclusive with *IDH1* mutation in nearly all cases.<sup>77,78,80</sup> Mutations have been identified in R172 and R140 of the *IDH2* gene, with the R140 mutation occurring more frequently.<sup>80,82,83</sup> Interestingly, the *IDH2*-R172 mutation seemed to be mutually exclusive with *NPM1* mutations and *FLT3*-ITD.<sup>80,82,83</sup>

Reports on the prognostic effect of IDH2 mutations have also been inconsistent. Some studies have reported the lack of prognostic value of *IDH*2 mutations, <sup>77,78,82</sup> whereas others have reported favorable outcomes with IDH2 mutations. 56,83 In one study, an association was found between IDH2 mutations and poorer prognosis in the subgroup of patients with NK-AML and otherwise favorable risk (NPM1 mutation without FLT3-ITD).82 However, in another study, the IDH2 mutation (restricted to IDH2-R140) was associated with improved survival among the overall study population, and among the subgroup of patients with favorable risk (intermediate-risk AML with NPM1 mutation without FLT3-ITD).<sup>56</sup> In this latter subgroup, the presence of IDH1 or IDH2 mutations was associated with a significantly increased 3-year OS rate compared with NPM1 mutation without FLT3-ITD and without IDH1 or IDH2 mutations (89% vs. 31%; P < .0001). These results seem to suggest that in patients with NK-AML without FLT3-ITD, NPM1 mutations confer a survival benefit only in the presence of concurrent *IDH* mutations.<sup>56</sup> The conflicting findings from the above studies require further investigation.

#### **DNMT3A Mutations**

The *DNMT3A* mutations have been reported in 18% to 22% of AML cases, <sup>56,84,85</sup> with a frequency of 29% to 34% in those with NK-AML. <sup>86-88</sup>

R882 is the most commonly mutated residue. This mutation has also been observed in conjunction with NPM1 mutations and FLT3 mutations.85,87,88 Data concerning the prognostic significance of *DNMT3A* mutations have thus far been conflicting. Some studies in the overall AML population and in patients with intermediate risk disease reported no significant effect of DNMT3A mutations on survival outcomes, 56,87 whereas other studies have shown a negative prognostic effect in the overall population or specific subgroups.84-86,88 Studies have shown significantly decreased OS outcomes among patients with *DNMT3A* mutated AML compared with patients with DNMT3A wild-type AML (median OS, 12-21 vs. 40-41 months). 84,85 Significantly decreased OS with *DNMT3A* mutations has also been reported in the subgroup of patients with NK-AML who have wild-type NPM1 with or without FLT3-ITD, or NPM1 mutation in the presence of FLT3-ITD, but not in the favorable subgroup with NPM1 mutation without FLT3-ITD.85 A study reported that in patients <60 years of age with NK-AML, the presence of DNMT3A mutations was associated with significantly decreased OS compared with the wild-type gene (5-year OS rate, 23% vs. 45%; P = .02). 88 Another study also showed that in patients <60 years of age with NK-AML, a DNMT3A mutation was associated with significantly decreased DFS (3-year rate, 20% vs. 49%; P = .007) and a trend toward decreased OS.<sup>86</sup> In this latter study, non-R882 DNMT3A mutations were significantly associated with poorer outcomes in patients <60 years of age but not R882 mutations; in contrast, DNMT3A-R882 mutations (but not non-R882 mutations) in patients ≥60 years of age were associated with significantly decreased DFS (3-year rate, 3% vs. 21%; P = .006) and OS (3-year rate, 4% vs. 24%; P = .01). 86 The authors concluded that the prognostic relevance of *DNMT3A* mutations may depend on age and mutation type. Currently, the interactions of IDH1 or IDH2 and DNMT3 mutations with other molecular changes require further investigation to determine the prognostic value in



patients with NK-AML. Although commercial testing is available for *FLT3* and *CEBPA*, most of the other genetic mutations are not available for testing outside of the research setting. Other candidate genes that are associated with an adverse impact on outcome are *TET2* and *RUNX1*.89,90

#### KIT Mutations

KIT mutations have been reported in approximately 20% of patients with CBF-AML. 49,91 Studies have shown that KIT mutations are associated with decreased remission duration (eg, EFS and RFS) and decreased OS in patients with AML with t(8;21).<sup>43,49,51,91</sup> However, the association of KIT mutations on CBF-AML with inv(16) is less clear than the data for t(8;21), with several studies showing no association. 43,91,92 In an analysis from the German-Austrian AML Study Group, the frequency and prognostic impact of secondary genetic lesions were evaluated in patients with CBF-AML who were treated in prospective trials (n = 176). 93 Secondary chromosomal abnormalities were found in 39% of cases, with the most common abnormalities being trisomy 22 (18%), trisomy 8 (16%), and 7q deletion (5%). Secondary genetic lesions were found in 84% of cases, including mutations in RAS (53%; NRAS in 45%; KRAS in 13%), KIT (37%), and FLT3 (17%; FLT3-TKD in 14%; FLT3-ITD in 5%; both mutations present in 2%). In addition, 25% of cases had more than one of these mutations. Mutations in KIT and RAS were less likely to occur concurrently, whereas mutations in KIT and FLT3 occurred concurrently in 6% of cases.93 Of these secondary genetic lesions, KIT mutation and trisomy 22 were significant independent factors predictive of RFS in multivariable analysis; FLT3 mutations, trisomy 22, and trisomy 8 were significant independent predictors for OS.93 These studies demonstrate the importance of secondary genetic mutations in the prognostic classification of patients with otherwise favorable-risk CBF-AML (see Risk

Stratification by Biological Disease Factors For Patients with Non-APL AML Treated with Intensive Induction Chemotherapy in the algorithm).

#### KMT2A Rearrangements

The mixed lineage leukemia gene (*MLL*; also called *HRX*, *ALL-1*, or currently *KMT2A*), located on chromosome 11q23, was initially recognized as a recurrent locus of chromosomal translocation in AML and ALL.  $^{94,95}$  In one series of 1897 AML cases, the incidence of 11q23/KMT2A rearrangements was 2.8%, and they were significantly higher in therapy-related AML than in *de novo* AML (9.4% vs. 2.6%; P < .0001).  $^{96}$  The frequency of *KMT2A* rearrangements was also significantly higher in patients <60 years of age (5.3% vs. 0.8%; P < .0001).  $^{96}$  Depending on the fusion partner, the 11q23/KMT2A rearrangement is associated with intermediate to poor prognosis.  $^{97-99}$  NK-AML can be characterized by partial tandem duplication in the *KMT2A* gene (*KMT2A*-PTD),  $^{100-102}$  and *KMT2A*-PTD is associated with reduced OS.  $^{56}$ 

#### **RUNX1 Mutations**

The runt-related transcription factor 1 (RUNX1) gene, encoding a myeloid transcription factor, is mutated in approximately 10% of  $de\ novo$  AML cases and is associated with adverse prognoses.  $^{23,103,104}$  In a study of adult patients with newly diagnosed AML (n = 2439), RUNX1 mutations were associated with age  $\geq 60$  years, male gender, more immature morphology, and secondary AML evolving from MDS.  $^{104}$  RUNX1 mutations frequently co-occurred with epigenetic modifiers ASXL1, IDH2, KMT2A, and EZH2.  $^{104}$  In a study examining the impact of multiple RUNX1 mutations and loss of wild-type RUNX1 in AML, both loss of wild-type RUNX1 (OS, 5 months) and having  $\geq 1$  RUNX1 mutation (14 months) had an adverse impact on prognosis compared to 1 RUNX1 mutation (22 months; P < .002 and .048, respectively).  $^{105}$ 



#### **ASXL Mutations**

The additional sex combs-like 1 (ASXL1) gene, located on chromosome band 20g11, encodes a protein in the enhancer of trithorax and polycomb (ETP) genes family, which have functions in transcription. 106,107 ASXL1 mutations have been reported in approximately 5% to 36% of de novo AML cases, 105,108-111 and are associated with poor outcomes. 56,107,110 In an analysis of peripheral blood samples from adult patients with AML (n = 423), ASXL1 mutated AML was observed to be more common in patients ≥60 years of age compared to patients <60 years of age (16.2% vs. 3.2%, respectively; P < .001). In patients  $\geq 60$ years of age, ASXL1 mutations were significantly associated with wild-type NPM1, FLT3-ITD mutations, mutated CEBPA, and lower survival. 107 A large series analyzing younger adult patients with AML (range, 18-61 years) also observed that ASXL1 mutations were associated with age >61 years (P = .0001) and decreased EFS and OS.<sup>112</sup> In this study, ASXL1 mutations were also significantly associated with RUNX1 (P = .0001). In another study analyzing biological and prognostic subgroups based on mutations in ASXL1, RUNX1, DNMT3A, NPM1, FLT3, and TP53 in patients with AML-MRC (n = 125), ASXL1 (n = 26; 21%) and TP53 (n = 28; 22%) were independently associated with shorter OS (HR, 2.53; 95% CI, 1.40–4.6; P = .002). 113

#### **TP53 Mutations**

*TP53* mutations have been reported in approximately 12%– to 13% of AML cases, and are associated with adverse risk and poor outcomes. <sup>21,114,115</sup> *TP53* mutations are also most common in AML with complex karyotype. <sup>114</sup> However, in therapy-related AML, *TP53* mutations are more frequently associated with monosomal karyotype, and with abnormalities in chromosomes 5 and 7. <sup>114</sup> In therapy-related AML, the frequency of *TP53* mutations is approximately 23%. <sup>23</sup> In a large analysis

of different hematologic malignancies including 858 AML cases, TP53 mutations or deletions were observed in 7% and 1%, respectively, of the AML cases, and both TP53 mutations and deletions were observed in 5% of the cases. TP53 mutations were significantly more frequently seen in patients  $\geq$ 60 years of age when compared to patients <60 years of age (9% vs. 2%; P<.001). Interestingly, compared to TP53 deletions, TP53 mutations negatively impacted survival in AML (36 months vs. 9 months, respectively; P<.001), suggesting the importance of evaluating both TP53 mutation and deletion status.

#### Classification and Prognostic Relevance of Gene Mutations

The NCCN AML Panel adopted the 2022 ELN recommendations for risk stratification. Therefore, both NCCN and the ELN classify patients with NK-AML, CBF-AML, mutated *NPM1* without *FLT3*-ITD, or bZIP in-frame mutated *CEBPA* as having favorable risk disease (see *Risk Stratification by Biological Disease Factors For Patients with Non-APL AML Treated with Intensive Induction Chemotherapy* in the algorithm). In the updated 2022 ELN guidelines, *FLT3*-ITD allelic ratio is no longer taken into consideration, thus AML with *FLT3*-ITD and no adverse-risk genetic lesions is categorized as intermediate-risk, regardless of *NPM1* mutation status. The reasoning behind this change was multifactorial, in part due to standardization issues with the *FLT3*-ITD allelic ratio assay, the impact of midostaurin-based therapy in AML with *FLT3*-ITD without *NPM1* mutation, and the increasing role of MRD in AML management.

The 2022 ELN guidelines also categorize AML-MR gene mutations (pathologic variants in at ≥1 of the following genes: *ASXL1, BCOR, EZH2, RUNX1, SF3B1, SRSF2, STAG2, U2AF1,* and/or *ZRSR2*) as adverse risk.<sup>34</sup>



AML with mutated *NPM1* and adverse-risk cytogenetics has also been categorized as adverse-risk, based on a pooled analysis of 2426 patients that revealed poorer outcomes in those with *NPM1* mutated, *FLT3*-ITD negative (or low allelic ratio) AML with concurrent karyotype abnormalities.  $^{34.58}$  For instance, adverse-risk chromosomal abnormalities were associated with lower complete remission rates (87.7% for normal karyotype, 86.0% for aberrant intermediate karyotype, and 66.3% for adverse karyotype; P < .001), worsened 5-year OS (52.4% vs. 44.8% vs. 19.5%, respectively; P < .001), inferior EFS (40.6% vs. 36.0% vs. 18.1%, respectively; P < .001), in addition to higher 5-year relapse rates (43.6% vs. 44.2% vs. 51.9%, respectively; P = .0012).

As seen from the earlier discussions, patients with NK-AML may present with multiple molecular abnormalities. NPM1 mutations can occur concurrently with FLT3-ITD, and patients who have both genetic lesions have an outcome more similar to those with isolated FLT3-ITD mutations. 44,50 Thus, NPM1 mutation confers favorable prognosis only in the absence of *FLT3*-ITD.<sup>57</sup> Similarly, the benefit in OS outcomes seen with CEBPA mutations seems to be lost in the presence of concurrent FLT3-ITD.<sup>72</sup> As previously mentioned, studies suggest that FLT3-TKD in the presence of *FLT3*-ITD is associated with poorer prognosis. In contrast, FLT3-TKD may be associated with an additional favorable prognosis in the presence of NPM1 or CEBPA mutations. 69 A systematic review and meta-analysis in patients <60 years of age with NK-AML further established the prognostic role of these markers.<sup>54</sup> OS and RFS predicted unfavorable prognosis for FLT3-ITD (hazard ratio [HR], 1.86 and 1.75, respectively) and favorable prognosis for NPM1 (HR, 0.56 and 0.37, respectively) and CEBPA (HR, 0.56 and 0.42, respectively).

The clinical significance of *FLT3* mutations in patients with APL remains controversial. *FLT3*-ITD is associated with a higher incidence of several hematologic features associated with APL (eg, higher WBC count, decreased fibrogen levels, higher Sanz risk score). 117,118 However, there remains a paucity of data to support a correlation of *FLT3*-ITD on OS and rate of relapse. 117,119,120 Although mutation status alone may not reflect patient outcome, there was a trend for decreased OS and EFS with a higher *FLT3*-ITD mutational load suggesting that further studies are necessary to elucidate the clinical significance of this mutation. 120 Conversely, *FLT3*-TKD has not been associated with the hematologic features of APL and studies do not show a correlation of *FLT3*-TKD on outcome. 117,118,120-122

The molecular markers discussed provide prognostic information that aid risk stratification of patients with AML and may influence subsequent treatment decisions. Research into basic leukemia biology using banked samples from clinical trials may provide keys to altered cellular pathways, which may lead to new treatment options. Risk stratification incorporating molecular data along with cytogenetics is summarized in the guidelines (see *Risk Stratification by Biological Disease Factors for Patients with Non-APL AML Treated with Intensive Induction Chemotherapy* in the algorithm). The NCCN AML Panel recognizes that molecular genetics is a rapidly evolving field in AML; therefore, risk stratification should be modified based on continuous evaluation of evolving research data. Again, it is important for physicians to confer with the local pathologist on how to optimize sample collection from the time of diagnosis for future molecular diagnostics in patients who have NK-AML or in other situations where molecular analysis may refine the prognostic category.



#### **Familial Genetic Alterations in AML**

Relative to sporadic cases of AML and MDS, the prevalence of known familial acute leukemia and MDS syndromes is felt to be rare, but with increasing recognition of germline mutations associated with predisposition to developing AML/MDS, identifying these syndromes is important for optimal care of patients and their relatives. 123-126 The NCCN Panel recommends additional molecular and genetic testing for heritable hematologic malignancy predisposition in a subset of patients, particularly in patients <50 years of age. A heritable hematologic malignancy predisposition syndrome may account for cytopenias with or without MDS in some patients, whether presenting to pediatric or adult care centers (eg, GATA2 deficiency syndrome, Shwachman-Diamond syndrome, telomere biology disorders). Functional laboratory studies and constitutional (germline) genetic testing using large NGS panels to include genes listed on MDS-E in the NCCN Guidelines for Myelodysplastic Syndromes, whole exome or whole genome sequencing complemented with in silico copy number variant (CNV) calling, and/or laboratory analysis for CNVs, such as microarray testing, is recommended for certain patients. See Genetic Familial High-Risk Assessment: Heritable Hematologic Malignancy Predisposition Syndromes (MDS-D) and Gene Mutations Associated with Heritable Hematologic Malignancy Predisposition Syndromes (MDS-E) in the NCCN Guidelines for Myelodysplastic Syndromes.

#### **Principles of Acute Myeloid Leukemia Treatment**

Treatment of acute leukemia has been divided into induction chemotherapy and postremission (eg, consolidation) therapy. Although obtaining a remission is the first step in controlling the disease, it is also important for patients to emerge from the induction phase in a condition to tolerate subsequent, more intensive treatments during consolidation to

achieve durable disease control. In some cases, patients who either received postremission therapy or those who did not may experience relapse, usually within 6 to 9 months. Postremission therapy is recommended for patients who are fit for intensive therapy. However, there are trials that by design do not include postremission treatment for patients and the results have been promising; these trials are generally in patients who are older with AML. The induction strategy is influenced by individual patient characteristics such as fitness, presence of comorbid conditions affecting performance status, and preexisting myelodysplasia. This is particularly true of patients who are older with AML. Patients whose performance status would make them poor candidates for the standard antineoplastic regimens may still be able to participate in clinical trials or low-intensity therapy plus oral agents designed to target this underserved patient population. Supportive care may also be an appropriate choice. In patients fit for intensive induction therapy, strategies for consolidation are based on the potential risk of relapse, with patients with higher-risk disease receiving more aggressive therapy. Cytogenetic and molecular abnormalities are the most significant prognostic indicators; however, failure to achieve remission after 1 cycle of induction therapy or high tumor burden, defined as a WBC count ≥40 x 10<sup>9</sup>/L,<sup>25</sup> are included as poor-risk factors for long-term remission. Therefore, response is assessed based on bone marrow morphology and cytogenetic and molecular responses taken at several points during the course of treatment (see Response Criteria Definitions for Acute Myeloid Leukemia and Monitoring During Therapy in the algorithm for definitions of CR and partial remission [PR] and disease relapse). The use of flow cytometry and/or molecular methods to assess MRD is emerging as a novel determinant to assess the depth of therapeutic response at the time of morphologic remission in patients with AML (see Role of MRD Monitoring).



Finally, all patients require attentive supportive care related to the underlying leukemia (ie, tumor lysis syndrome) and the adverse effects of chemotherapy (see *Principles of Supportive Care* in the algorithm).

#### Management of Acute Promyelocytic Leukemia

APL is a particularly aggressive subtype of AML, comprising approximately 10% of AML cases. APL has a distinct morphology and clinical presentation that may be associated with a high early death rate due to potentially fatal coagulopathy. 127-129 In an analysis of data (from 1992–2007) from the National Cancer Institute SEER registry, the age-adjusted annual incidence rate of APL was 0.23 per 100,000 persons. 130 The median age of APL diagnosis was 44 years, which is younger than that of patients with AML (median age, 67 years). 130,131 APL is cytogenetically distinguished by the t(15;17) chromosomal translocation. The translocation of the *PML* gene on chromosome 15 to the *RARA* gene on chromosome 17 [ie, t(15;17)(q24.1;q21.1)] produces a PML::RARA fusion gene that can be quantitatively monitored using polymerase chain reaction (PCR) to document disease burden and to ultimately confirm molecular remission. As further emphasis of the cytogenetic attribute of APL, the 2016 WHO classification of myeloid neoplasms and acute leukemia changed the definition of APL from the cytogenetic criteria of t(15;17) to the molecular definition of "APL with PML::RARA" to be inclusive of complex or cryptic rearrangements that lead to a functional transcription factor.31

APL may be *de novo* or therapy-related. Some of the following attributes of therapy-related APL (t-APL) were highlighted in a systematic review: 1) the average age of diagnosis is 47 years with a higher incidence in females; 2) the risk significantly declines 2 years after completion of treatment for the primary antecedent disease; 3) breast cancer,

hematologic malignancy, multiple sclerosis, and genitourinary malignancy are the most common antecedent diseases; 4) topoisomerase II inhibitors and RT have the highest risk associated with developing t-APL; 5) the clinicopathology of t-APL is not different from de novo APL; 6) the single mutation t(15;17) is most common; and 7) the remission rate of t-APL is 80%, which is comparable to de novo APL. Therefore, t-APL and de novo APL are treated similarly.

The incorporation of all-trans retinoic acid (ATRA) and the use of risk stratification (based on WBC counts) in the management of APL has largely improved outcomes for patients with this subtype. The unique ability of ATRA to produce differentiation in APL blasts can reverse the coagulopathy, which is the major cause of death during induction. To minimize early induction mortality due to coagulopathy, patients with a presumptive diagnosis of APL based on morphology, immunophenotype, and/or coagulopathy with a positive disseminated intravascular coagulation screen should promptly start ATRA. It is not necessary to wait for molecular testing or bone marrow with cytogenetics to confirm the diagnosis. The initial clinical diagnosis of APL may be confirmed by FISH or PCR ideally in the peripheral blood and if not confirmed, ATRA may be discontinued and standard AML therapy initiated.

Studies have demonstrated the necessity of early recognition and prompt initiation of ATRA based on a presumed diagnosis of APL to reduce the rate of early mortality. This is evidenced by early death rates below 10% reported for patients enrolled in clinical trials  $^{133-137}$  compared to the general population where early mortality rates are still in excess of 15%.  $^{130,138-140}$  Data from the SEER registry measured 2-year survival and 30-day mortality from 1977 to 2007 and found a 61% improvement in 3-year survival per decade (P = .001) but a consistent rate of 30-day mortality



averaging 20%.<sup>138</sup> Education of heath care providers to identify the first suspicion of APL may extend the improved outcomes seen in clinical trials to the general population if treatment is not delayed.

For patients with APL being treated at a community center, collaboration with a center with expertise has been shown to reduce induction mortality. <sup>141</sup> In this prospective trial, 7 physicians with an expertise in APL at 6 academic lead centers created a simplified APL treatment algorithm. When patients with suspected APL presented to community centers, the APL experts provided community center physicians with a plan for an initial work up and therapy and were available for 24/7 support in the setting of complications or need for treatment modification. A total of 202 patients (median age, 53 years; range, 18–91 years) were enrolled in the study, 62 at academic lead centers and 140 at community centers. Induction survival and 1-year OS were the same between patients treated at academic lead center or community centers, at 97% and 94.5%, respectively.

There is a high frequency of *FLT3* mutations in APL. In a systematic review including 11 studies, *FLT3*-ITD frequency in APL occurred in about 12% to 38% of cases and *FLT3*-TKD occurred in 2% to 20% of cases. <sup>142</sup> Data are inconsistent about whether *FLT3*-ITD in APL results in a negative prognosis. Several studies support this association and further correlate *FLT3*-ITD with higher WBC counts, lower platelet counts, and the expression of the bcr3 PML::RARA fusion transcript. <sup>142-146</sup> However, data from other studies have not shown a correlation. <sup>65,147</sup> It has been proposed that the discrepancy between studies may be at least partially resolved by incorporation of a *FLT3*-ITD/wild-type ratio to measure the effect on prognosis. <sup>120,148</sup> Data showed that a ratio of greater than 0.66 resulted in a shorter 5-year RFS. <sup>148</sup> Similarly, shorter EFS and OS were observed in

patients with a  $\geq$ 0.5 ratio compared to patients with <0.5 (EFS, P = .029; OS, P = .084). $^{120}$  In a retrospective study evaluating survival outcomes in cases of *de novo* APL with *FLT3*-ITD mutation, the presence of *FLT3*-ITD mutation did not significantly impact OS (86% vs. 70%; P = .32) or EFS (86% vs. 70%; P = .33). $^{146}$  While data may correlate with prognosis, there currently remains no change in treatment course depending on expression of *FLT3*-ITD.

#### **Induction Therapy for Patients with APL**

The evolution of treatment strategies for APL, built on clinical observation and well-constructed clinical trials, represents one of the most rewarding sagas of modern hematology. An early study by a group in Shanghai reported a CR rate of 85% in response to single-agent ATRA. 149 The first North American Intergroup study confirmed a 70% CR rate with single-agent ATRA, which was equivalent to rates obtained with conventional doses of cytarabine and daunorubicin. 150,151 Induction regimens with ATRA combined with anthracyclines (with or without cytarabine) are associated with CR rates exceeding 90%, as demonstrated in several large cooperative group trials. 152-155 Using ATRA-based induction regimens followed by consolidation with regimens containing either ATRA with anthracyclines, or cytarabine with anthracyclines, more than 80% of patients with APL can be cured of their disease. 152,154-156 ATRA with arsenic trioxide (ATO) has resulted in improved outcomes for patients with APL. 157 Risk stratification is a major consideration in the treatment of APL (see APL: Classification and *Treatment Recommendation* in the algorithm). 155 Although clinical trials may group patients into those with low-, intermediate-, or high-risk disease, the NCCN Panel categorizes patients with APL as having low-risk disease (WBC count ≤10 x 109/L) or high-risk disease (WBC count >10 x 10<sup>9</sup>/L). Patients with low-risk disease are typically treated with less



intensive consolidation regimens compared with regimens used for high-risk disease.

The French APL 93 trial compared sequential therapy of ATRA followed by chemotherapy (cytarabine and daunorubicin) with concurrent ATRA plus chemotherapy. CR rates were 92% in both arms, but the relapse rate at 2 years was 6% in the combined ATRA plus chemotherapy group versus 16% for the sequential group. 134,158 Induction regimens were pared down to ATRA and idarubicin (the AIDA schedule) in both the Italian GIMEMA 93 trial and the Spanish PETHEMA LPA 94 trial, which produced CR rates of 89% to 95%, raising the question of whether there was a need for cytarabine in APL induction. 133,137 In these trials, 51% to 61% of evaluable patients achieved PCR-negative status for *PML::RARA* following induction therapy; 93% to 98% were PCR-negative after consolidation. The estimated 2-year EFS rate was 79% in both trials. 133,137 In the PETHEMA trial, the 2-year OS rate was 82%. 137

Following observational data that correlated elevated WBC counts and high-risk disease (based on both the higher number of deaths during induction and the increased rates of relapse), in the PETHEMA LPA 94 trials, Sanz et al<sup>159,160</sup> devised a risk stratification study based solely on WBC and platelet counts at presentation. In this study, the induction regimen remained the same (AIDA), but ATRA was added to consolidation cycles 1 to 3 for all but patients with low-risk disease (ie, WBC ≤10 x 10<sup>9</sup>/L and platelets >40 x 10<sup>9</sup>/L). The CR rate in this trial was 90%, with inability to achieve CR in the remaining 10% mostly attributed to hemorrhage, infection, or differentiation syndrome. Factors predictive of death during induction were a WBC count >10 x 10<sup>9</sup>/L, age >60 years, creatinine ≥1.4, and male sex.<sup>159,160</sup> In 2006, Ades et al<sup>161</sup> reported the outcome of the French APL 2000 trial (n = 340) in which patients <60 years of age with

WBC counts <10 x 10<sup>9</sup>/L were randomized to receive ATRA (45 mg/m<sup>2</sup>) and daunorubicin (60 mg/m²/day for 3 days) as induction therapy with or without cytarabine (200 mg/m²/day for 7 days). Those randomized to cytarabine for induction also received cytarabine during consolidation. 161 Patients with WBC counts >10 x 10<sup>9</sup>/L or age >60 years received cytarabine. While the CR rates were similar between the randomized groups (99% with cytarabine and 94% without cytarabine), those receiving cytarabine had a lower 2-year cumulative incidence of relapse (5% with cytarabine and 16% without cytarabine) that translated into an improved EFS rate (93% with cytarabine and 77% with no cytarabine) at 2 years. The 2-year OS rate was 98% with cytarabine and 90% without cytarabine. Among patients with a WBC count >10 x 10<sup>9</sup>/L, the CR rate was 97%; the 2-year EFS rate was 89% for those <60 years of age and 79% for those >60 years of age. 161 A report of a joint analysis of the outcomes in the PETHEMA 99 and the French APL 2000 trials in patients <65 years of age showed that in patients with a WBC count <10 x 10<sup>9</sup>/L, CR rates were similar, but the relapse rates at 3 years were lower in the PETHEMA trial, which used AIDA and no cytarabine during induction (with ATRA during consolidation), than in the APL 2000 cytarabine-containing regimen (4% vs. 14%; P = .03). 153 However, for patients with a WBC count >10 x 109/L, the cytarabine-containing protocol resulted in higher CR (95% vs. 84%; P = .018) and 3-year OS rates (91.5% vs. 81%; P = .026). 153 The second North American Intergroup trial also used ATRA (45 mg/m<sup>2</sup>), daunorubicin (50 mg/m<sup>2</sup>/day for 4 days), and cytarabine (200 mg/m<sup>2</sup>/day for 7 days) with a similar initial CR rate of 90%. 154 Consolidation in this trial differed in that 2 cycles of ATO were given following induction and prior to the final 2 cycles of anthracycline.

ATO has been found to be a potent promoter of apoptosis in APL cells. 162,163 In 2004, Shen et al 164 first published outcomes using



single-agent ATRA, single-agent ATO, or the combination of both drugs. 164 While CR rates exceeded 90% in all three treatment arms, the decline in quantity of PML::RARA fusion transcripts (as measured by quantitative PCR) was significantly higher with the combination. Time to hematologic response was more rapid and RFS (after a median follow-up of 18 months) was improved with the combination regimen compared with the monotherapy regimens. 164 Subsequently, Estey et al 165 used a similar combination of ATRA and ATO to treat patients with low-risk APL. 165 Patients with high-risk disease in the same study were treated with ATRA and ATO combined with gemtuzumab ozogamicin (GO; 9 mg/m<sup>2</sup> on day 1 of induction therapy). In a report from this study (n = 82), the CR rate in all patients was 92% (95% for low-risk and 81% for high-risk disease) and the estimated 3-year OS rate was 85%. 166 The authors suggested that ATRA combined with ATO, with or without GO, may be an alternative to conventional chemotherapy in patients with untreated APL. A subsequent study examined the long-term outcomes of patients with newly diagnosed APL treated with ATRA and ATO with or without GO [9 mg/m<sup>2</sup> on day 1 of induction therapy for high-risk APL patients] (n = 187; median age, 50 years; range, 18-84 years). 167 The complete remission rate was 96% for patients with both low- and high-risk APL. With a median follow-up of 47.6 months (range, 2.7–159.7 months), the 5-year EFS, DFS, and OS rates for patients with low-risk disease were 87%, 99%, and 89%, respectively, and for the patients with high-risk disease were 81%, 89%, and 86%, respectively. 167 These data suggested that ATRA and ATO combined with GO is feasible and elicits durable responses. In another study by Estey et al, 168 patients with APL were treated with ATRA and GO (9 mg/m<sup>2</sup> on day 1 or 5 of induction therapy). Patients with WBC counts of >30 x 10<sup>9</sup>/L also received idarubicin (12 mg/m $^2$ /day on days 1–3). In this study (n = 19), the CR rate in all patients who received ATRA plus GO and idarubicin was 84%, and 88% in patients who received ATRA plus GO.<sup>168</sup> However,

clinicians should be aware of possible adverse events associated with GO including sinusoidal obstruction syndrome (SOS) similar to which is described in the transplant setting. 169,170

A phase II study (APML4) from Australia/New Zealand evaluated an induction regimen with ATO added to a backbone of AIDA in patients with previously untreated APL (n = 124; median age, 44 years). <sup>171</sup> Patients received 1 cycle of induction therapy with ATRA (45 mg/m² days 1–36 in divided doses), age-adjusted idarubicin (6–12 mg/m<sup>2</sup> days 2, 4, 6, and 8), and ATO (0.15 mg/kg days 9-36 as a 2-hour IV infusion). All patients received prednisone (1 mg/kg/day for at least 10 days) regardless of initial WBC count as prophylaxis for differentiation syndrome. 171 The most common grade 3 or 4 non-hematologic adverse events during induction included infections (76%; including febrile neutropenia), hepatic toxicity (44%), gastrointestinal toxicity (28%), metabolic abnormalities (16%), and prolonged QTc interval (14%); grade 3 or 4 differentiation syndrome occurred in 14% of patients. Patients with a CR to induction received consolidation with 2 cycles of ATRA and ATO. Maintenance therapy was administered for 2 years and consisted of eight 3-month cycles of treatment with ATRA, oral methotrexate, and 6-mercaptopurine.<sup>171</sup> Grade 3 or 4 adverse events occurred primarily during induction (as above); the most common grade 3 or 4 events during consolidation (cycle 1) included infections (19%) and hepatic toxicity (12%), and no deaths occurred during consolidation cycles. The hematologic CR rate after induction was 95%; early death (during induction) occurred in 3% of patients. The 2-year DFS and failure-free survival rates were 97.5% and 88%, respectively. The 2-year OS rate was 93%. 171 This trial enrolled 24 patients that were defined as having high risk disease on the Sanz criteria. OS was not affected by the Sanz risk group ( $P_{\text{[trend]}} = .17$ ), although a correlation was made with the failure-free survival rate ( $P_{\text{Itrend}} = .03$ ). This association may



be attributed to the method of analysis that included patients who withdrew from the study due to declining treatment or excessive toxicity, as well as patients who had relapse, death, or who were unable to achieve a molecular CR.

In a phase III randomized trial of the Italian-German Cooperative Group, induction with ATRA combined with ATO was compared with the AIDA regimen in patients with newly diagnosed, low-, or intermediate-risk APL (n = 162; APL0406 study). 157 Patients in Arm A received ATRA (45 mg/m<sup>2</sup>) plus ATO (0.15 mg/kg) daily until CR, then ATO 5 days per week for 4 weeks every 8 weeks for a total of 4 courses, and ATRA daily for 2 weeks every 4 weeks for a total of 7 courses. Patients in Arm B received standard AIDA induction followed by consolidation with 3 cycles of anthracycline-based consolidation combined with ATRA and then maintenance comprising low-dose chemotherapy and ATRA. 156 In addition, all patients received prednisone (0.5 mg/kg/day from day 1 until the end of induction) as prophylaxis for differentiation syndrome. The primary endpoint of this study was the 2-year EFS rate. Among patients with evaluable data (n = 156), CR rates were not different between Arm A and Arm B (100% vs. 95%). After a median follow-up period of 34.4 months, the 2-year EFS rate was significantly higher in Arm A compared with Arm B (97% vs. 86%; P < .001 for non-inferiority; P = .02 for superiority). The 2-year OS probability was also significantly higher in Arm A compared with Arm B (99% vs. 91%; P = .02). Four patients in Arm B died during induction therapy (2 deaths were caused by differentiation syndrome). One patient in Arm A and 3 patients in Arm B died during consolidation. Grade 3 or 4 neutropenia and thrombocytopenia lasting >15 days were significantly more frequent in Arm B compared with Arm A throughout induction and consolidation cycles. Grade 3 or 4 hepatic toxicities also occurred more frequently in Arm A compared with Arm B

(63% vs. 6%; P < .001). Health-related quality-of-life outcomes were not significantly different between treatment groups except for fatigue severity. There was improvement in fatigue following induction in the ATRA plus ATO group (P = .022), though the benefit was negligible by third consolidation (P = .660). This randomized study showed noninferiority of an ATRA plus ATO regimen compared with AIDA, which may allow for elimination of chemotherapy agents in the initial treatment of patients with non–high-risk APL.

Data from the randomized phase III AML17 trial compared ATRA plus ATO to AIDA in a cohort of 235 patients. ATRA was given to both groups in daily divided oral doses (45 mg/m<sup>2</sup>) until remission or until day 60, after which patients were treated 2 weeks on then 2 weeks off. <sup>173</sup> The AIDA group received 4 cycles of consolidation consisting of 12 mg/m<sup>2</sup> IV idarubicin on days 2, 4, 6, and 8 in the first course; 5 mg/m<sup>2</sup> IV idarubicin on days 1 through 4 in course 2; 10 mg/m<sup>2</sup> mitoxantrone on days 1 through 4 in course 3; and 12 mg/m<sup>2</sup> idarubicin on day 1 of the final course.<sup>173</sup> The ATRA plus ATO treatment entailed 0.3 mg/kg IV ATO on days 1 through 5 in the first week and 0.25 mg/kg twice weekly in weeks 2 through 8 in course 1 and then twice weekly in weeks 2 through 4 during courses 2 through 5. Patients with high-risk disease could receive an initial dose of GO (6 mg/m<sup>2</sup> IV). Comparison between the ATRA plus ATO group and the AIDA group showed a higher 4-year EFS (91% vs. 70%; P = .002) and lower 4-year cumulative incidence of morphologic relapse (1% vs. 18%; P = .0007) for ATRA plus ATO compared to AIDA, though no statistically significant difference in 4-year survival was seen (93% vs. 89%; P = .25). Quality of life was equivalent in the treatment groups for both patients with high- and low-risk disease as measured by the primary outcome of global functioning (effect size, 2.17; 95% CI, -2.79 to 7.12; P = .39). 173 However, the data from the trial measured more supportive



care treatments and higher liver toxicity with AIDA. Treatment schedule differed from previous trials by moving to a higher dose of ATO given at a lower frequency of twice weekly. Though data are limited to this single trial, the NCCN AML Panel recognizes that this alternative dosing schedule may be more manageable for patients who have difficulty getting to the clinic.

All five induction regimens discussed above offer excellent outcomes. These regimens are ATRA plus ATO (0.15 mg/kg; with the addition of idarubicin for patients with high-risk disease only); ATRA plus daunorubicin (50 mg/m² daily for 4 days) plus cytarabine; ATRA plus daunorubicin (60 mg/m² daily for 3 days) plus cytarabine; AIDA; or ATRA plus ATO (0.3 mg/kg). Choice of regimen will be influenced by risk group, fitness, and cardiovascular risks.

#### NCCN Recommendations for Induction Therapy for Patients with APL

The NCCN AML Panel recommends that patients with APL be treated according to one of the regimens established from the clinical trials; importantly, one should use a regimen consistently through all components of the protocol and not mix induction regimens from one trial with consolidation regimens from another trial. With the advances in treatment regimens, the panel emphasizes the importance of receiving treatment from an established treatment center for the monitoring and treatment of adverse events, regardless of risk stratification. However, as previously noted, for patients with APL being treated at a community center, collaboration with a center with expertise has been shown to reduce induction mortality. The recommendations within the guidelines are broken down by: 1) risk classification using WBC count (cutoff of 10 x 10 °/L) at diagnosis; and 2) whether patients with high-risk disease have cardiac issues. It is important for the management of APL that regimens

containing ATRA and ATO be administered unless there is a contraindication based on extenuating patient circumstances.

For patients with low-risk disease (WBC counts  $\leq 10 \times 10^9$ /L), for initial induction the panel recommends ATRA plus ATO (0.15 mg/kg)<sup>157</sup> (category 1, preferred regimen); and ATRA plus ATO (0.3 mg/kg)<sup>173</sup> (category 1, preferred regimen). If ATO is contraindicated or not available, the panel recommends AIDA<sup>155</sup> (category 1); ATRA plus a single dose of GO (9 mg/m² on day 5)<sup>168</sup>; or enrollment in a clinical trial.

For patients with high-risk disease (WBC counts >10 x 10<sup>9</sup>/L), the NCCN AML Panel historically recommended a regimen that included cytarabine along with ATRA plus daunorubicin (PETHEMA LPA 99 trial) over AIDA (APL 2000 trial) because of higher CR and 3-year OS rates. 153,155 To improve patient outcome, the PETHEMA LPA 99 trial and the GIMEMA AIDA-0493 study were modified to incorporate the combination of ATRA with cytarabine either during induction (LPA 2005)<sup>155</sup> or during consolidation (AIDA-2000). 156 The improved outcomes in both of these studies suggest a supra-additive effect with ATRA plus cytarabine, independent of the anthracycline. The APML4 trial has shown the benefit of induction that includes ATRA and ATO. Unlike the other regimens, the APML4 trial does not use cytarabine during induction. In light of these studies, the panel recommends initial induction with these preferred regimens: ATRA and ATO, 171 or ATRA and ATO with a single dose of GO (9<sup>167</sup> mg/m<sup>2</sup> or 6<sup>173</sup> mg/m<sup>2</sup> that may be given on day 1, day 2, day 3, or day 4). Other recommended regimens include ATRA plus daunorubicin and cytarabine<sup>151,153,154</sup>; AIDA alone<sup>155</sup>; or enrollment in a clinical trial. In patients with high-risk disease with cardiac issues that include low ejection fraction, the panel recommends initial induction with ATRA and ATO with a single dose of GO (9 mg/m<sup>2</sup> on day 1<sup>167</sup> or 6 mg/m<sup>2</sup> on day 1<sup>173</sup>). If the



patient with high-risk disease develops a prolonged QTc, the panel recommends initial induction with ATRA and a single dose of GO (9 mg/m<sup>2</sup> on day 1)<sup>168</sup>; ATRA plus daunorubicin and cytarabine<sup>151,153</sup>; or AIDA alone.<sup>155</sup> For cytarabine containing regimens, dose adjustments of cytarabine may be needed for patients >60 years of age or those with renal dysfunction.

The sudden onset of differentiation syndrome and the severity of the complications have resulted in the frequent use of preemptive dexamethasone, because there are no markers to predict its development. The panel recommends the prophylactic administration of corticosteroids in patients with a WBC count >10 x 10<sup>9</sup>/L (or in patients receiving induction with both ATRA and ATO, regardless of WBC count) to prevent differentiation syndrome. The ATRA plus ATO regimens defined by Lo-Coco et al<sup>157</sup> or lland et al<sup>171,174</sup> use prednisone 0.5 mg/kg as prophylaxis for differentiation syndrome but with differing durations and tapering schedules. For patients who develop differentiation syndrome on these regimens despite prednisone prophylaxis, prednisone should be stopped and replaced with dexamethasone 10 mg twice daily (see Supportive Care for APL in the algorithm). If using non-ATO regimens, either steroid regimen is acceptable although there may be a slight preference for dexamethasone for high-risk disease. While the panel recommends the use of prophylactic corticosteroids, it is acknowledged that corticosteroids may not be necessary in all patients and that the optimal duration of steroid prophylaxis is unknown. Some institutions may advocate a low threshold for initiating corticosteroids instead of defaulting to prophylaxis. Until more studies are done to address this issue, consistency to the selected protocol should be sought.

#### **Consolidation Therapy for Patients with APL**

Because the differentiating action of ATRA occurs over a longer time period than the cytoreduction of conventional chemotherapy, early marrow evaluations for hematologic response at days 7 to 14 post induction are misleading and may lead to overtreatment. Marrow evaluation is not recommended until recovery of blood counts, usually 4 to 6 weeks after induction. Cytogenetic analysis is usually normal by this point, but molecular remission often requires at least 2 cycles of consolidation. Thus, the first assessment of molecular remission should not be performed prior to count recovery. At count recovery following induction therapy, patients should proceed with consolidation. For patients with low-risk disease, if a patient is cytopenic on days 28 to 35, bone marrow biopsy and aspirate is recommended to document <5% blasts and no abnormal promyelocytes and to assess whether the marrow is suppressed and to determine whether ATRA and ATO should be held to allow count recovery. If, however, blood counts have recovered by this time point, a bone marrow biopsy may be considered to document <5% blasts and no abnormal promyelocytes but is optional. For patients with high-risk disease, LP should be considered at count recovery following induction therapy, before proceeding with consolidation. 175 Many consolidation regimens involve high cumulative doses of cardiotoxic agents. It is therefore important to assess the cardiac function of patients prior to initiating each anthracycline- or mitoxantrone-containing consolidation cycle. Consolidation regimens using ATO will require monitoring of the QTc interval and optimizing electrolytes (see Supportive Care for APL in the algorithm and Supportive Care for Patients with APL in the discussion).

According to the package insert, for QTc >450 msec for males and 460 msec for females, corrective measures should be initiated and



reassessment with serial electrocardiograms (ECGs) should be performed prior to ATO treatment.<sup>176</sup>

The goal of consolidation therapy for APL is a durable molecular remission. Data from the two sequential PETHEMA trials, 137,159,160 which produced the current risk model, were used to construct subsequent trials that intensify therapy for the high-risk groups. In the second PETHEMA trial (LPA 99), 15 days of ATRA (45 mg/m<sup>2</sup>) were added to each of 3 cycles of anthracycline-based consolidation therapy. Overall, relapse rates were reduced from 20% to 9% with the incorporation of ATRA in the consolidation phase. 159 For the low-risk group, there was no difference in relapse rate (3%-6%) or in 3-year DFS rate (93%-97%) between the ATRA group compared with a similar consolidation without ATRA in the LPA 94 trial. 159 Among patients with intermediate-risk disease, the relapse rate was reduced from 14% to 2.5% with the incorporation of ATRA; the 3-year DFS rate was 97% with ATRA consolidation versus 82% in historical controls. 159 Although the addition of ATRA to the high-risk group improved relapse and DFS rates, there were significant rates of relapse (26%) and 3-year DFS (77%). In the PETHEMA LPA 2005 study, both ATRA and cytarabine were included in the anthracycline-containing consolidation regimen for the patients with high-risk disease. 155 In this high-risk group, the 3-year relapse rate was reduced to 11% (compared with 26% from the LPA 99 study), and the 3-year DFS and OS rates were 82% and 79%, respectively. The LPA 2005 trial also began to approach the question of how to reduce toxicity during consolidation therapy in patients with low- and intermediate-risk disease by dose reduction of mitoxantrone (from 10 mg/m²/day for 5 days to 10 mg/m²/day for 3 days in cycle 2) and a small reduction of idarubicin dose for low- and intermediate-risk groups (from 7 mg/m²/day for 4 days to 5 mg/m²/day for 4 days in cycle 1 and from 2 doses of 12 mg/m²/day to 1 dose of 12

mg/m²/day in cycle 3). Based on results in the low- and intermediate-risk groups, lowering the dose of mitoxantrone resulted in reduction of toxicity and hospital stay while maintaining the anti-leukemic activity (compared with results in low- and intermediate-risk groups from the LPA 99 study). With the consolidation regimens evaluated in the LPA 2005 study, outcomes were similar between low-risk and intermediate-risk groups with regard to the 3-year cumulative incidence of relapse (6% vs. 6%), the 3-year DFS (93% vs. 94%), and the 3-year OS rate (96% vs. 93%). 155

The AIDA-2000 trial of the Italian GIMEMA group has confirmed that inclusion of ATRA in consolidation significantly improved outcome, most notably for patients with high-risk disease; the high-risk group received a consolidation regimen containing ATRA and cytarabine along with anthracyclines. <sup>156</sup> In this study, the 6-year cumulative incidence of relapse was 9% for patients in the high-risk group; the 6-year DFS and OS rates in this group were 84.5% and 83%, respectively. In the AIDA-2000 study, the low- and intermediate-risk groups were collapsed into a single category, and received the same consolidation regimen with ATRA, mitoxantrone, and idarubicin (ATRA 45 mg/m² for 15 days + idarubicin 5 mg/m² for 4 days in cycle 1; ATRA for 15 days and mitoxantrone 10 mg/m²/day for 5 days in cycle 2; and ATRA for 15 days and idarubicin 12 mg/m² for 1 dose in cycle 3). For patients in the low- and intermediate-risk group, the 6-year cumulative incidence of relapse was 11%; the 6-year DFS and OS rates in this group were 86% and 89%, respectively. <sup>156</sup>

In the European APL 2000 trial, which randomized daunorubicin with or without cytarabine for the consolidation phase (no ATRA during consolidation) for the low- and intermediate-risk (ie, "standard risk") groups, the 2-year EFS rate was higher with the addition of cytarabine. 

Long-term follow-up from this study showed that in patients with standard



risk disease, the addition of cytarabine substantially reduced cumulative incidence of relapse (7-year relapse rate, 13% vs. 29%; P = .0065) and increased 7-year EFS rates (83% vs. 65%; P = .0029) compared with the regimen without cytarabine. The poorer response was seen in patients who did not receive cytarabine despite maintenance treatment of continuous 6-mercaptopurine plus methotrexate and intermittent ATRA. Furthermore, all patients with high-risk disease received cytarabine during induction and consolidation resulting in a 7-year relapse rate, EFS rate, and OS rate of 7.1%, 82.2%, and 87.6%, respectively, an outcome that was slightly improved over patients with standard-risk disease treated without cytarabine. Although the results of the European APL 2000 trial are limited by the use of a single anthracycline in all study arms, the data support the use of cytarabine in standard-risk APL with the anthracycline daunorubicin.

The North American Intergroup trial also focused on decreasing toxicity during consolidation by incorporating ATO into the consolidation schema directly after achieving remission.  $^{154}$  In this trial, patients who were randomized to receive 2 courses of 25 days of ATO (5 days a week for 5 weeks) immediately after entering CR followed by the standard post-remission regimen with 2 more courses of ATRA plus daunorubicin, had a significantly higher 3-year EFS rate (80% vs. 63%; P < .0001) and improved OS outcomes (3-year OS rate, 86% vs. 81%; P = .06) compared with those who received only the 2 courses of ATRA plus chemotherapy. The 3-year DFS rate was also significantly improved with the addition of ATO (90% vs. 70%; P < .0001). The favorable outcomes with the incorporation of ATO were observed in patients with low-/intermediate-risk and high-risk disease.  $^{154}$  Notably, in the high-risk group, DFS outcomes with the addition of ATO were similar to the DFS rate observed for the low-/intermediate-risk group, suggesting that ATO may help to overcome

the negative prognostic influence of high-risk disease. The overall outcomes do not appear to be superior to the less complex consolidation schedules used in either of the two most recent European trials for patients in the low- and intermediate-risk groups, but did appear to offer improved survival for patients with high-risk disease. However, the consolidation phase in the North American Intergroup protocol is longer and may be difficult for some patients to complete.

The French APL 2006 randomized trial evaluated the role of ATO in consolidation therapy for previously untreated APL, both for patients with standard-risk disease (WBC count <10 x 10<sup>9</sup>/L; ATO vs. cytarabine vs. ATRA, all in combination with idarubicin during consolidation) and patients with high-risk disease (WBC >  $10 \times 10^9$ /L; cytarabine vs. ATO + cytarabine, both in combination with idarubicin during consolidation). 178,179 Based on results from the interim analysis (median follow-up, 22-24 months), all regimens resulted in CR rates exceeding 95% with low rates of relapse. However, the use of ATO in the consolidation phase was associated with longer durations of myelosuppression, which necessitated a protocol amendment to further reduce the chemotherapy dose in patients receiving ATO. 178 In the second interim analysis, the only change was a decrease of idarubicin during second consolidation. Data from this analysis show a 99.4% CR across all groups encompassing a total of 347 patients. 179 While the 2-year EFS and OS rates were above 95% for all three groups, there was a reduction of myelosuppression in the group treated with AIDA compared to idarubicin plus cytarabine and idarubicin plus ATO, which had similar durations. 179 The potential benefits of the use of ATO or ATRA in consolidation may rest in a lower risk for long-term cardiovascular complications and a lower risk for secondary myelodysplasia.



In the phase II APML4 study from Australia/New Zealand, 2 cycles of ATO and ATRA were used as consolidation in patients who achieved a CR after a 3-drug induction with ATRA, idarubicin, and ATO.<sup>171</sup> Among the patients who proceeded to consolidation (n = 112), all achieved molecular remission, and the 2-year DFS rate was 97.5%. The 2-year OS rate in all patients with evaluable data in this study (n = 124) was 93%.<sup>171</sup> As discussed earlier, in the phase III randomized trial of ATRA combined with ATO versus the AIDA regimen (APL0406 study) in patients with newly diagnosed, low-, or intermediate-risk APL (n = 162), patients in the ATRA plus ATO arm received consolidation with ATO 5 days per week for 4 weeks every 8 weeks for a total of 4 courses, and ATRA daily for 2 weeks every 4 weeks for a total of 7 courses (Arm A). 157 Patients in the AIDA arm (Arm B) received 3 cycles of anthracycline-based consolidation combined with ATRA and then maintenance with low-dose chemotherapy and ATRA. 156 After a median follow-up period of 31 months, the 2-year EFS rate was significantly longer in Arm A compared with Arm B (97% vs. 86%; P < .001 for noninferiority; P = .02 for superiority of ATRA-ATO). In addition, the 2-year OS was also longer in Arm A (99% vs. 91%; P = .02), with no differences in 2-year DFS (97% vs. 90%; P = .11) or cumulative incidence of relapse (1% vs. 6%; P = .24) between treatment arms. <sup>157</sup>

In the French APL 93 trial, a 4% incidence of CNS relapse was reported in patients with WBC counts >10 x 10<sup>9</sup>/L. In the APL 2000 trial, that high-risk population received five doses of IT chemotherapy using a combination of methotrexate, cytarabine, and steroids, upon count recovery following induction therapy. These patients also received a higher dose of cytarabine (2 g/m²) during consolidation (in cycle 2) as compared with 1 g/m² in the APL 93 trial. There were no cases of CNS relapse in the APL 2000 trial, compared with 5 cases in the APL 93 trial. While the original treatment protocol on APL 2000 used HiDAC in the second cycle of

consolidation, some investigators suggest the use of HiDAC earlier, particularly in those patients who are not receiving IT therapy for CNS prophylaxis.

NCCN Recommendations for Consolidation Therapy for Patients with APL For patients with low-risk disease, the NCCN AML Panel has positioned the ATRA plus ATO regimen first, based on results from the APL0406 phase III randomized trial in comparison with the AIDA regimen. 157 An additional ATRA plus ATO regimen based on the AML 17 trial 173 is also a preferred option. The GIMEMA AIDA-2000 regimen 156 is an additional option. However, all three of these regimens will yield excellent results. It is important to note that clinicians should use a regimen consistently through all components of the treatment protocol and not mix induction regimens from one trial with consolidation regimens from another trial. It is also important for the management of APL that regimens containing ATRA and ATO be administered unless there is a contraindication based on extenuating patient circumstances.

For patients with high-risk disease, preferred consolidation therapies include ATRA plus ATO as used in the APML4 trial, <sup>171</sup> or ATRA and ATO (plus a single dose of GO every 4–5 weeks until molecular CR if ATRA/ATO are discontinued due to toxicity, provided absolute neutrophil count (ANC) and platelets have recovered to >1.0 x 10<sup>9</sup>/L and 100 x 10<sup>9</sup>/L, respectively). <sup>167,173</sup> Other recommended consolidation approaches include cytarabine with daunorubicin as used in the French APL 2000 trial <sup>161</sup>; cytarabine with AIDA as used in the PETHEMA LPA 2005 <sup>155</sup>; and 2 cycles of ATO followed by 2 additional cycles of standard chemotherapy as used in the North American Intergroup trial. <sup>154</sup> When using a cytarabine-containing regimen, dose adjustments of cytarabine may be needed for patients >60 years of age or for patients with renal



dysfunction. <sup>153,154</sup> In patients who could not tolerate anthracyclines and who received ATRA and ATO for induction therapy, the reported trials continued with repeated cycles of these two agents following induction without anthracycline. <sup>165,166</sup>

For patients with high-risk disease and cardiac issues (eg, low ejection fraction and prolonged QTc), the NCCN AML Panel recommends ATO (0.15 mg/kg or 0.3 mg/kg) with ATRA for consolidation. <sup>167,173</sup> If ATRA or ATO are discontinued due to toxicity, a single dose of GO (9 mg/m²) may be considered once every 4 to 5 weeks, provided ANC and platelets have recovered to >1.0 x 10<sup>9</sup>/L and 100 x 10<sup>9</sup>/L, respectively, until molecular CR is achieved. If the patient received ATRA and GO as induction therapy, consolidation with ATRA and GO should follow. <sup>168</sup> As mentioned previously, the panel suggests that a regimen should be used consistently through all components and physicians should not mix induction therapy from one trial with consolidation therapy from another.

For patients with high-risk APL, IT chemotherapy (eg, 2 doses for each consolidation cycle) can be considered for CNS prophylaxis. IT chemotherapy may include agents such as methotrexate alternating with cytarabine either alone or combined with corticosteroids; the choice of single drug versus combinations may vary based on clinical situation and institutional practice. Usually the IT chemotherapy is started at the completion of induction and then given at the start and at count recovery on subsequent consolidations. IT chemotherapy can be omitted during cycles of higher dose cytarabine.

#### Post-Consolidation or Maintenance for Patients with APL

Following consolidation therapy, patients are assessed for molecular remission using RT-PCR techniques on bone marrow samples. For

patients who achieve PCR negativity, a 1- to 2-year course of ATRA maintenance therapy, which may be combined with 6-mercaptopurine and methotrexate, may be a reasonable approach. The recommendations for maintenance ATRA arose from several early trials that showed superior RFS for patients receiving ATRA alone or in combination as maintenance therapy. The French APL 93 trial randomized eligible patients (n = 289) to four different maintenance regimens: no maintenance, continuous chemotherapy with 6-mercaptopurine and methotrexate, intermittent ATRA, and the combination of ATRA with 6-mercaptopurine and methotrexate. 134 Results showed decreased 2-year relapse rates with continuous chemotherapy (11.5% vs. 27% with no chemotherapy) and with ATRA (13.5% vs. 25% with no ATRA). The estimated 2-year relapse rate for patients who received maintenance with ATRA in combination with chemotherapy was 7.4%, suggesting an additive benefit with the combination. The 2-year EFS rate was also improved with continuous chemotherapy (92% vs. 77% without chemotherapy) and with ATRA (87% vs. 82% without ATRA); the 2-year EFS rate among patients who received ATRA in combination with chemotherapy was 93%. 134 Results from the long-term follow-up of the APL 93 study showed a beneficial effect of maintenance treatment with intermittent ATRA and continuous chemotherapy, with an additive effect of the 2 modalities. The 10-year cumulative relapse rates with no maintenance, ATRA alone, continuous chemotherapy, and ATRA combined with chemotherapy were 43%, 33%, 23%, and 13%, respectively (P < .001). <sup>152</sup> Patients considered to have high risk disease (WBC count >5 x  $10^9$ /L) appeared to derive the most benefit from maintenance therapy. The 10-year cumulative relapse rate among patients with high-risk disease with no maintenance, ATRA alone, continuous chemotherapy, and ATRA combined with chemotherapy was 68%, 53%, 33%, and 21%, respectively (*P* < .001). No statistically significant difference in the 10-year relapse rates was observed among



patients with lower-risk disease, although the relapse rate dropped from 29% without maintenance to 11.5% with ATRA combined with chemotherapy. Overall, the 10-year OS rates with no maintenance, ATRA alone, continuous chemotherapy, and ATRA combined with chemotherapy were 74%, 88%, 93%, and 94%, respectively (P < .001). 152

The first North American Intergroup trial showed superior DFS outcomes for patients receiving maintenance ATRA compared with no maintenance. 151 In this trial, patients were randomized to induction therapy with daunorubicin plus cytarabine or with ATRA alone, and subsequently underwent a second randomization to maintenance therapy with ATRA or no maintenance (observation only). Consolidation therapy comprised the initial induction therapy regimen for course 1, and then daunorubicin and HiDAC for course 2. The 5-year DFS rates for the four randomization groups, chemotherapy induction plus observation, chemotherapy induction plus ATRA maintenance, ATRA induction plus observation, and ATRA induction plus ATRA maintenance, were 16%, 47%, 55%, and 74%, respectively. 151 Thus, the incorporation of ATRA during induction and maintenance appeared to improve long-term remission durations. It should be noted that in the above North American Intergroup trial, molecular remission status was not assessed prior to randomization to maintenance treatment.

The Japanese APL 97 randomized study evaluated the role of maintenance with intensified chemotherapy compared with observation in patients with APL who were in molecular remission following consolidation (n = 175). The estimated 6-year DFS was not significantly different between the chemotherapy maintenance and observation arms (63% vs. 80%). In fact, the estimated 6-year OS was significantly lower with maintenance (86% vs. 99%; P = .014), which the investigators attributed

to possible effects of chemotherapy maintenance on the development of secondary malignancies and responses to subsequent (second-line) therapies.<sup>180</sup>

Data from the AIDA 0493 trial suggested that there was no long-term benefit to maintenance therapy (ie, combination chemotherapy with 6-mercaptopurine and methotrexate, ATRA alone, or ATRA in combination with chemotherapy) in patients who had achieved molecular remission (PCR negativity) at the end of consolidation therapy. 181 In this trial, ATRA was not given during consolidation. The above studies have not demonstrated long-term benefit with the use of maintenance therapy in patients who achieve molecular remission following consolidation therapy. Further data from randomized trials are needed to address the question of maintenance. A phase III cooperative group trial (SWOG 0521) is designed to examine the need for maintenance therapy (using the combination of ATRA, 6-mercaptopurine, and methotrexate) in patients with low-risk APL. In this trial, patients receive induction therapy with ATRA, daunorubicin, and cytarabine, followed by consolidation therapy with ATO, ATRA, and daunorubicin. Patients are then randomized to receive maintenance therapy or no further treatment (observation only). No benefit for maintenance was observed. 182 The benefit of maintenance therapy likely depends on the regimens used during induction and consolidation therapies. Therefore, it is important to use maintenance therapy in conjunction with the treatment protocols in which they have been shown to confer benefit.

## NCCN Recommendations for Post-Consolidation or Maintenance for Patients with APL

RT-PCR should be performed on a blood sample at completion of consolidation to document molecular remission. It is at the discretion of the



treating physician to determine the appropriate frequency of monitoring for individual patients. In patients receiving the ATRA/arsenic regimen, earlier sampling at 3 to 4 months during consolidation may be considered.

While long-term monitoring has been standard, with newer, more effective regimens, the value is less certain. Periodic monitoring is recommended for up to 2 years during maintenance therapy to detect molecular relapse in patients with high-risk disease, patients >60 years or who had long interruptions during consolidation, or patients on regimens that use maintenance and are not able to tolerate maintenance. Clinical experience indicates that the risk of relapse in patients with low-risk disease who are in molecular remission at completion of consolidation is low, and monitoring may not be necessary outside the setting of a clinical trial. At the current level of test sensitivity/specificity, a change from PCR negative to positive status should be confirmed in a blood sample by a reliable laboratory within 2 to 4 weeks. If molecular relapse is confirmed by a second positive test, the patient should be treated for relapsed disease (see APL: Therapy for Relapse in the algorithm). A prospective study that analyzed 6727 serial RT-PCR assays from patients with newly diagnosed APL receiving ATRA and anthracycline-based induction therapy found that sequential RT-PCR monitoring was the strongest predictor of clinical relapse (P < .0001) and RFS (P < .0001). 183 If the second test was negative, maintenance therapy and frequent monitoring (eg, every 2-3 months) for up to an additional 2 years is strongly recommended to ensure continued PCR negativity. Testing should be done in the same laboratory to maintain a consistent level of sensitivity. Most clinical labs have a sensitivity level of 10<sup>-4</sup>. If results are equivocal, consultation with a physician experienced in molecular diagnostics should be considered. For patients who develop cytopenias and who have a negative RT-PCR, a bone marrow aspirate is recommended to assess for new cytogenetic

abnormalities, as secondary MDS and AML can occur following APL therapy.

#### Management of Relapsed APL

ATO is recommended for patients who do not achieve molecular remission. at completion of consolidation or who subsequently demonstrate molecular or morphologic relapse. As a single agent, ATO produced CR rates of 80% to 90% in patients with hematologic relapse and achieved molecular remissions in 70% to 80% of those patients. 163,184-186 In a retrospective analysis of patients with APL who experienced relapse after first-line therapy with ATRA combined with chemotherapy (n = 23), reinduction therapy with ATO-containing regimens (ATO monotherapy, n = 20; ATO combined with ATRA and anthracycline, n = 2; ATO combined with mitoxantrone, n = 1) resulted in hematologic CR in 95% and molecular remission in 83% of patients. 187 ATRA and ATO appear to be synergistic and one could consider using the combination in patients who have not received ATRA during consolidation. 162-164 However, in a small randomized study of patients with relapsed APL (n = 20), all patients previously treated with ATRA-containing chemotherapy showed no improvement in response by adding ATRA to ATO compared with ATO alone. 188 The role of retreatment with ATO for patients who experience relapse following therapy with ATO-containing regimens during initial induction and/or consolidation therapy remains unknown. A retrospective analysis in a small number of patients reported a second CR rate of 93% (both for hematologic CR and molecular remission) among patients who were retreated with ATO combined with ATRA (with or without anthracyclines) after a relapse following first-line therapy with single-agent ATO (n = 14).<sup>187</sup> A small multicenter study evaluated 22 patients with APL treated with prolonged ATRA-ATO at the time of relapse and reported molecular CR in 90% of cases after 2 cycles. 189 At a median follow up of



58 months, 4-year OS probability was 0.85 (95% CI, 0.61–0.94), DFS was 0.74 (95% CI, 0.49–0.88), and EFS was 0.68 (95% CI, 0.45–0.83).

For patients with APL who experience relapse early (<6 months) after an initial CR to first-line therapy with ATRA and ATO with no prior exposure to anthracyclines, anthracycline-based regimens (ATRA plus daunorubicin and cytarabine<sup>151,153,154</sup>; and AIDA alone<sup>155</sup>) are recommended. Single agent GO is another option. In a study of 16 patients with relapsed APL, GO at a dose of 6 mg/m<sup>2</sup> was administered for 2 doses, followed by a 3<sup>rd</sup> dose for patients achieving a new molecular remission. 190 Molecular remission was achieved in 6 of 7 patients tested after 1 dose, in 9 of 11 patients tested after 2 doses, and in 13 of 13 patients tested after 3 doses. Among the remaining 3 patients, 1 achieved molecular remission after dose 1 and received no additional doses due to hepatic toxicity and 2 experienced molecular relapse while receiving GO. Among patients who experienced response, molecular responses were sustained for a median of 15 months in 7 of 14 (50%) patients, while the remaining 50% experienced relapse from a range of 3 to 15 months. Among patients who experienced relapse, 2 were retreated with GO and obtained new molecular remissions. All patients experienced myelosuppression. The voluntary withdrawal of the drug in 2010 was based on interim data from a randomized trial in adult patients (aged 18-60 years) with AML comparing induction regimens of cytarabine and daunorubicin with or without GO in which there was no improvement in outcomes and a small but significant increase in early mortality in the GO arm. 191 Subsequent results of this trial eventually showed no difference in overall mortality between the two arms. 192 Since its withdrawal from the market, studies have demonstrated a significant benefit for GO in specific patient populations. Therefore, GO has been re-approved for AML. One complication to evaluating the benefit of GO is that APL occurs in a small population of patients, and therefore

studies do not have the numbers to enroll for a suitable trial. The benefit of GO must be weighed against the possibility for adverse events. Clinicians should be advised of the possible complication of SOS when administering GO.

For patients who experience an early relapse (<6 months) after an initial CR to ATRA and anthracycline-containing first-line regimens or with no prior exposure to ATO, it is recommended that the patient receive ATO with or without ATRA, and with or without a single dose of GO until count recovery with marrow confirms remission.

For patients who experience a late relapse (≥6 months) to ATO-containing regimens, ATO with or without ATRA, and with or without an anthracycline or a single dose of GO, is recommended as first-line therapy after relapse. Following completion of the first cycle of consolidation, if the patient does not enter molecular remission, a matched sibling or alternative donor (haploidentical, unrelated donor, or cord blood) HCT or clinical trial is recommended. Testing is recommended at least 2 to 3 weeks after the completion of ATO to avoid false positives.

A small phase II trial in patients with relapsed APL evaluated ATO during induction and consolidation followed by a peripheral blood hematopoietic cell harvest after HiDAC chemotherapy and autologous HCT.<sup>193</sup> The study enrolled 35 patients (26 with hematologic relapse and 9 with molecular relapse) between the ages of 18 and 65 years. The EFS after 1 year was 77% (90% CI, 63%–86%). At a median follow-up of 4.9 years (range, 0.3–6.3 years), the 5-year EFS was 65% and the 5-year OS was 77% with an estimated 59% probability of failure-free survival.<sup>193</sup> The data suggest that this sequential treatment regimen may provide improved outcomes with greater duration.



A retrospective analysis conducted by the European APL Group showed that in patients who received HCT following a second hematologic remission (primarily with ATRA-containing regimens), outcomes were more favorable with autologous HCT (n = 50) compared with allogeneic HCT (n = 23). The 7-year RFS (79% vs. 92%) and EFS (61% vs. 52%) rates did not reach statistical significance between patients who received autologous versus allogeneic HCT; however, 7-year OS rates were significantly improved with autologous compared with allogeneic HCT (60% vs. 52%; P = .04). <sup>194</sup> Among patients who received a PCR-negative autograft, the 7-year RFS and OS rates were 87% and 75%, respectively. Although the relapse rates were low with allogeneic HCT, the reduced OS with this procedure was accounted for by the higher treatment-related mortality observed in the allogeneic HCT group compared with the autologous HCT group (39% vs. 6%). <sup>194</sup>

A second study also suggested that autologous HCT could have a survival advantage over allogeneic HCT in this population. Chakrabarty et al looked at 294 patients who received either allogeneic (n = 232) or autologous HCT (n = 62) between 1995 and 2006. The 5-year DFS in the autologous HCT recipients was 63% (range, 49%–75%) versus 50% (range, 44%–57%) in patients receiving allogeneic HCT. Although the DFS was not statistically significant (P = .1), the difference in OS did reach statistical significance (P = .002). In the patients receiving autologous HCT, OS was 75% (range, 63%–85%) versus 50% (range, 48%–61%). The authors attribute this benefit to the increased treatment-related mortality seen with patients receiving allogeneic (30%) compared to autologous HCT (2%).

It should be noted that only limited evidence from retrospective studies exist regarding the role of autologous and allogeneic HCT following

relapse of APL in the era of ATO therapy. The optimal consolidation strategy following therapy with ATO-containing regimens in patients with relapsed disease remains to be defined. 196 In a small retrospective study of patients with relapsed APL treated with ATO-containing induction and consolidation therapy, outcome of further consolidation with autologous HCT was compared with maintenance (without autologous HCT) consisting of ATO with or without ATRA. 187 In this analysis, all patients had achieved second molecular remission following induction and consolidation therapy with the ATO-containing regimens; subsequently, 14 patients underwent autologous HCT and 19 patients opted for an ATO-containing maintenance regimen. Consolidation with autologous HCT was associated with a significantly higher 5-year EFS rate (83% vs. 34.5%; P = .001) and OS rate (100% vs. 38.5%; P = .001) compared with ATO-containing maintenance therapy. 187 The authors concluded that consolidation with autologous HCT was superior to ATO-containing maintenance alone in patients who achieved molecular remission after relapse. Outcome data from the ELN registry reported a 3-year OS after transplant in second CR of 80% compared with 59% in patients without transplant (P = .03). 197

A small percentage of relapsed APL has a CNS component. 198,199
Therefore, for patients who are in second morphologic remission, the use of IT chemotherapy for CNS prophylaxis should be considered. Patients who achieve a molecular remission after second-line therapy should be considered for autologous HCT if they do not have contraindications to high-dose therapy. Allogeneic HCT should be reserved for patients who have persistent disease despite therapy for relapsed disease. For patients in second CR who have contraindications to HCT, continued therapy with ATO for 6 cycles is recommended in the absence of a suitable clinical trial.



#### **Supportive Care for Patients with APL**

Specific supportive care issues should be considered when treating patients with APL. Therapy for APL is often associated with a constellation of symptoms and physiologic abnormalities, including fluid retention, dyspnea, episodic hypotension, pulmonary infiltrates, and pulmonary or pericardial effusions now referred to as "differentiation syndrome." Approximately 15% to 25% of patients who have not been previously treated receiving ATRA-containing therapy develop this syndrome.<sup>200,201</sup> Patients may begin to develop evidence of differentiation syndrome early in the treatment with either ATRA or ATO as single agents or in combination. These patients develop fever, often accompanied by rapidly rising WBC counts (>10 x 10<sup>9</sup>/L). Patients should be closely monitored for hypoxia and the development of pulmonary infiltrates or pleural effusion. Differentiation syndrome along with hemorrhage are the leading causes of death during induction therapy. Early recognition and prompt initiation of corticosteroids are key components in the management of this complication. In some studies, low mortality and morbidity rates were reported when corticosteroids were administered prophylactically in patients presenting with high WBC counts. 159,202 Kelaidi et al<sup>203</sup> assessed the outcomes of patients with high WBC (>10 x 109/L) enrolled in the APL 93 and APL 2000 trials. 203 A fundamental difference between these two trials was the use of dexamethasone (10 mg every 12 hours beginning on day 1) for patients on APL 2000. The early death rate from differentiation syndrome dropped from 8 in 139 patients (6%) in the APL 93 trial to 2 in 133 patients (1.5%) in the APL 2000 trial.

There should be a high index of suspicion for differentiation syndrome in patients with APL who may be triggered by symptoms including fever, an increasing WBC count >10 x  $10^9$ /L, shortness of breath, hypoxemia, and pleural or pericardial effusion. Close monitoring of volume overload and

pulmonary status is warranted in these patients and initiation of dexamethasone should occur at the first signs or symptoms of respiratory compromise (ie, hypoxia, pulmonary infiltrates, pericardial or pleural effusions). The NCCN AML Panel recommends treating with dexamethasone 10 mg twice daily for 3 to 5 days, then tapering the dose over 2 weeks (see *Principles of Supportive Care for APL* in the algorithm). ATRA may need to be withheld during the initial acute symptomatic period but may be resumed when symptoms resolve. Other factors that have been reported to increase the risk of differentiation syndrome include a high body mass index and age >40 years. For patients at high risk (WBC count >10 x 10<sup>9</sup>/L) of developing differentiation syndrome, initiate prophylaxis with corticosteroids, either prednisone (0.5 mg/kg) from day 1 or dexamethasone 10 mg every 12 hours (see Principles of Supportive Care for APL in the algorithm). The steroid dose should be tapered over a period of several days. It is recommended that the prophylaxis regimen follow the specific treatment protocol used. In the Australia/New Zealand study that evaluated induction with ATO added to a backbone of AIDA (phase II APML4 trial), all patients received prednisone (1 mg/kg/day for at least 10 days) as prophylaxis for differentiation syndrome regardless of initial WBC count [see APL Treatment Induction (High Risk) in the algorithm]. 171 In the Italian-German Cooperative Group study that evaluated ATRA combined with ATO versus the AIDA regimen (phase III APL0406 trial), patients received prophylaxis with prednisone (0.5 mg/kg/day) from day 1 until the end of induction [see APL Treatment Induction (Low Risk) in the algorithm]. 157 The optimal duration of steroid prophylax is unknown. If a patient develops differentiation syndrome, it is recommended that treatment be changed from prednisone to dexamethasone 10 mg every 12 hours until count recovery or risk of differentiation has abated. 155,157 Hydroxyurea can be used to treat



leukocytosis associated with differentiation syndrome. In difficult to treat cases, an anthracycline or GO can be used.

Leukapheresis is not routinely recommended in the management of patients with high WBC counts in APL because of the difference in leukemia biology. A retrospective study analyzed 242 patients with APL, 12% of whom had a WBC >50 x  $10^9$ /L at presentation.<sup>204</sup> Of the 29 patients presenting with hyperleukocytosis, 11 (38%) underwent leukapheresis. There was no significant difference in CR rate (82% vs. 78%; P = .79) or 3-year OS (73% vs. 67%; P = .64) in patients who underwent leukapheresis compared to patients who did not undergo leukapheresis. However, in cases of potentially life-threatening leukostasis not responsive to other modalities, leukapheresis can be considered with caution. Hydroxyurea can be used to treat leukocytosis in individuals with low-risk disease who experience a rise in WBC count after treatment with an ATRA/ATO based regimen.

Because coagulopathy is common in patients with APL, it is important to screen for this problem with evaluation of prothrombin time, partial thromboplastin time, and fibrinogen concentration during the initial workup and before any invasive procedure. Clinical coagulopathy is managed by aggressive transfusion support to maintain platelet counts of ≥50 x 10<sup>9</sup>/L, by fibrinogen replacement with cryoprecipitate and fresh frozen plasma to maintain a level >150 mg/dL, and by maintenance of prothrombin time and partial thromboplastin time close to normal values. Patients with clinical coagulopathy need to be monitored daily until resolution. Given the risks of coagulopathy in APL at diagnosis, invasive procedures including leukapheresis and/or central line placement should be avoided. If possible, the diagnosis of APL may be made using peripheral blood samples, which

may minimize risk bleeding complications until coagulopathy can be adequately controlled.

ATO therapy may prolong the QT interval, making patients susceptible to ventricular arrhythmias. Therefore, prior to initiation of therapy, an ECG is recommended to assess the QT interval. Routine monitoring (eg, weekly) during therapy is suggested for patients who are older. Serum electrolytes (calcium, potassium, magnesium, and phosphorous) should also be monitored prior to and during therapy to maintain electrolytes within the middle or upper normal range. Other drugs that prolong the QT interval should be avoided during ATO therapy to minimize the risk of cardiac arrhythmias. For patients with an absolute QTc interval >500 milliseconds, the use of a QTcF (corrected QT interval by Fredericia) correction formula is recommend and ECGs should be reassessed on a weekly basis during induction therapy, and prior to each course of post-remission therapy. A cardiology consult may be appropriate for patients with prolonged QTc and when QTcF corrections are unavailable.<sup>205</sup>

Growth factors are not recommended during induction for patients with APL as they can complicate assessment of response and increase the risk of differentiation syndrome. There is no evidence for whether growth factors have a positive or negative impact on long-term outcome if used during consolidation. However, growth factors may be considered during consolidation in selected cases, including in the event of life-threatening infections, or when signs/symptoms of sepsis are present, in an attempt to shorten the duration of neutropenia.

Antiviral prophylaxis for herpes zoster (HZ) for the duration of treatment may be appropriate, given the association between ATO exposure and  $\rm HZ.^{206}$ 



#### **Management of Acute Myeloid Leukemia**

The intent of traditional induction chemotherapy is to produce a major reduction in the leukemic burden and to restore normal hematopoiesis. Initial treatment decisions for AML are based on a variety of factors, including functional/performance status and comorbid medical conditions (factors that influence one's ability to tolerate standard induction therapy), a history of antecedent hematological conditions, exposure to prior chemotherapy or radiation therapy, and specific disease biology. Although these biological factors, typically reflected by cytogenetic and molecular markers, are powerful predictors of outcomes, initial therapeutic decisions must sometimes be made before this information is fully available. While AML can present as a medical emergency that requires rapid initiation of therapy, it is becoming increasingly recognized in the field that it may be possible to delay treatment to wait for this biological information; optimizing treatment options based on this information may be ideal.<sup>207</sup> Early in the process of developing a treatment plan, it is reasonable to consider referral to palliative care for consultation.<sup>27</sup>

With respect to induction chemotherapy for patients with newly diagnosed AML, NCCN now recommends consideration for intensive induction therapy to be a function of overall fitness rather than age. Previously, age >60 years was considered the therapeutic divergence point to not pursue intensive induction based on: a higher prevalence of unfavorable genetics and antecedent myelodysplasia, a higher incidence of multidrug resistance, and an increased frequency of comorbid medical conditions that resulted in higher treatment-related mortality. Now, adults who are older with intact functional status (ie, ECOG score 0–2), minimal comorbidities, and *de novo* AML without unfavorable cytogenetics or molecular markers, and especially those with favorable features, may

benefit from intensive cytarabine-based therapy regardless of chronologic age. Similarly, younger patients with the presence of high-risk factors may be considered for non-conventional induction approaches. Overall, because complete remission (CR) rates rarely exceed 70% in younger patients and 50% in patients who are older, substantial opportunity exists for innovative clinical trials involving both patient populations.

A treatment decision-making algorithm for previously untreated, medically fit patients ≥60 years of age with AML was developed by the German AML cooperative group. Based on data from a large study (n = 1406), patient and disease factors significantly associated with response and/or early death were identified and risk scores were developed based on multivariate regression analysis. <sup>210</sup> The predictive model was subsequently validated in an independent cohort of patients ≥60 years of age (n = 801) treated with 2 courses of induction therapy with cytarabine and daunorubicin. The algorithm, with or without knowledge of cytogenetic or molecular risk factors, predicts the probability of achieving a CR and the risk for an early death for patients who are older with untreated AML and considered eligible for standard intensive treatments. <sup>210</sup> In addition, comprehensive geriatric assessments can be complementary to the assessment of comorbid conditions and are emerging as better predictive tools of functional status. <sup>211-215</sup>

A comprehensive predictive model for early death following induction in patients with newly diagnosed AML suggests that age may reflect other covariates, and the evaluation of these factors may provide a more accurate predictive model.<sup>209</sup> The model includes performance score, age, platelet count, serum albumin, presence or absence of secondary AML, WBC count, peripheral blood blast percentage, and serum creatinine. These factors, when taken together, result in a predictive accuracy based



on the area under the curve (AUC) of 0.82 (a perfect correlation is an AUC of 1.0).<sup>209</sup> This model is complex, and currently there is not a tool available to implement this model. A shortened form of the model was based on covariates that include age, performance status, and platelet count. The simplified model provides an AUC of 0.71, which is less accurate than the complex model but may be more accurate than decision-making strategies based solely on age.<sup>209</sup>

Another retrospective study used the fitness criteria originally proposed by Ferrera et al in  $2013^{216}$  that included age >75 years, medical comorbidities, active resistant infection, and performance status  $\geq 3$  not related to leukemia, to categorize patients into 3 categories: 1) fit for intensive chemotherapy; 2) unfit for intensive chemotherapy; and 3) unfit for even non-intensive therapy. $^{217}$  These categories of fitness were found to be independent predictors of survival, with median survival of 10.9 months for the fit for intensive chemotherapy group, 4.2 months for the unfit for intensive chemotherapy group, and 1.8 months in the unfit for even non-intensive therapy group (P = .000). Additionally, in the unfit for even non-intensive therapy group, survival with any form of treatment was not better than with best supportive care. For the unfit for intensive chemotherapy group, non-intensive therapy was found to be as effective as intensive therapy was more effective than non-intensive therapy.

In a retrospective cohort study of adult patients with AML (n = 1100; range, 20–89 years), a composite predictive model examined the impact of comorbidities on 1-year mortality following induction treatment. This analysis incorporated patient-specific (ie, age, comorbidities) and AML-specific (ie, cytogenetic and molecular risks) features, and resulted in a predictive estimate of 0.76 based on AUC.  $^{218}$ 

# AML Induction Therapy for Patients Eligible for Intensive Induction Therapy

#### Induction Therapy

Standard induction regimens used for patients eligible for intensive induction therapy are based on a backbone of cytarabine plus an anthracycline, and CR rates for patients who are ≤50 years of age have consistently been in the range of 60% to 70% in most large cooperative group trials using this therapy. Historically, in most large cooperative group trials, daunorubicin has been the most commonly used anthracycline at doses of 60 to 90 mg/m² daily for 3 days. Idarubicin, which has a longer intracellular retention time, used at doses of 12 mg/m² daily for 3 days, has had comparable remission rates with fewer patients requiring additional therapy at day 15 to achieve remission.

The randomized Acute Leukemia French Association (ALFA)-9801 study (n = 468) showed that idarubicin induction (using the standard 12 mg/m² daily for 3 days or intensified with 12 mg/m² daily for 4 days) compared with higher-dose daunorubicin (up to 80 mg/m²) yielded a significantly higher CR rate in patients aged 50 to 70 years (80% vs. 70%, respectively; P = .03). The median OS for all patients was 17 months. The estimated 2-year EFS and OS rates were 23.5% and 38%, respectively, and the estimated 4-year EFS and OS rates were 18% and 26.5%, respectively; however, no significant differences were observed between treatment arms with regard to EFS, OS, and cumulative relapse rates.  $^{219}$ 

The ALFA-9803 study (n = 416) evaluated induction with idarubicin (9 mg/m² daily for 4 days) compared with daunorubicin (45 mg/m² daily for 4 days) in patients ≥65 years of age.²²²0 In this trial, the CR rate after induction was 57% and induction death occurred in 10% of patients. The median OS for all patients was 12 months; the estimated 2-year OS rate



was 27%. No significant differences in these outcomes were seen between anthracycline treatment arms. Long-term outcomes based on a combined analysis of data from the two ALFA trials above (9801 and 9803 studies; n = 727) showed superior results with standard idarubicin induction (36 mg/m² total dose) compared with daunorubicin induction (240 mg/m² total dose for patients <65 years of age; 180 mg/m² total dose for patients ≥50 years of age with AML. Land AML. At a median actuarial follow-up of 7.5 years, the median OS for all patients included in the analysis was 14.2 months. The estimated 5-year OS rate was 15.3%, and the overall cure rate was 13.3%. Induction with standard idarubicin was associated with a significantly higher cure rate compared with daunorubicin (16.6% vs. 9.8%; P = .018). In the group of patients <65 years of age, standard idarubicin was still associated with a significantly higher cure rate than daunorubicin despite the high dose (240 mg/m² total dose) of daunorubicin (27.4% vs. 15.9%; P = .049). Land Land Advisor and Land Advisor and

In a systematic review and meta-analysis of 29 randomized controlled trials (RCTs) comparing idarubicin to daunorubicin,  $^{222}$  idarubicin had a lower remission failure rate compared to daunorubicin (RR, 0.81; 95% CI, 0.66–0.99; P = .04), but no difference was observed in early death or overall mortality. Furthermore, this benefit was only seen when the dose ratio between daunorubicin and idarubicin was less than 5. Both high-dose daunorubicin and idarubicin resulted in 5-year survival rates between 40% and 50%. $^{222}$ 

In a HOVON trial, which randomized patients  $\geq$ 60 years of age to induction therapy with standard-dose cytarabine combined with either standard-dose daunorubicin (45 mg/m² daily for 3 days; n = 411) or dose-escalated daunorubicin (90 mg/m² daily for 3 days; n = 402), the CR rate was 54% and 64%, respectively (P = .002). No significant

differences were observed in EFS, DFS, or OS outcomes between treatment arms. Among the subgroup of patients aged 60 to 65 years (n = 299), an advantage with dose-escalated compared with standard-dose daunorubicin was observed with regard to rates of CR (73% vs. 51%), 2-year EFS (29% vs. 14%), and 2-year OS (38% vs. 23%). These outcomes with dose-escalated daunorubicin seemed similar to those with idarubicin (12 mg/m<sup>2</sup> daily for 3 days) from the ALFA-9801 study, in which the 4-year EFS and OS rates were 21% and 32%, respectively.<sup>219</sup> In the HOVON trial, the benefit in OS outcomes for the dose-escalated daunorubicin group was observed only in patients ≤65 years of age or in those with CBF translocations.<sup>223</sup> It has been suggested that a dose of 60 mg/m<sup>2</sup> of daunorubicin may be equally as effective as 90 mg/m<sup>2</sup> and have a lower toxicity. A study from Burnett et al<sup>224</sup> compared these two doses in 1206 patients who were predominately <60 years of age. There was no difference in CR (73% vs. 75%; OR, 1.07; 95% CI, 0.83-1.39; P = .60). The 60-day mortality was higher in the patients receiving 90 mg/m<sup>2</sup> (10% vs. 5%; HR, 1.98; 95% CI, 1.30–3.02; P = .001), though the 2-year OS was similar (59% vs. 60%; HR, 1.16; 95% CI, 0.95-1.43; P = .15).<sup>222</sup> It is worth noting that all patients received a second course of chemotherapy that included additional daunorubicin (50 mg/m<sup>2</sup>) on days 1, 3, and 5, which may potentially have mitigated the effects of a 90 mg/m<sup>2</sup> daunorubicin dose.

Although patients >75 years of age with significant comorbidities generally do not benefit from conventional chemotherapy treatment, the rare patient with favorable-risk AML and no significant comorbidities might be an exception.

For patients who exceed anthracycline dose or have cardiac issues but are still able to receive intensive therapy, alternative non–anthracycline-



containing regimens (eg, FLAG, clofarabine-based regimens), may be considered.<sup>225-230</sup>

Recent studies have incorporated tailored strategies according to cytogenetics and molecular abnormalities, and the current NCCN Guidelines for AML outline treatment strategies according to specific risk groups.

Risk-Stratified Treatment Strategies

#### Favorable-Risk Genetics

Cytarabine and anthracycline dose during induction: A large randomized phase III study (E1900) from the ECOG reported a significant increase in CR rate (71% vs. 57%; P < .001) and median OS (24 vs. 16 months; P = .003) using daunorubicin 90 mg/m² daily for 3 days (n = 327) versus 45 mg/m² daily for 3 days (n = 330) in patients with previously untreated AML <60 years of age.<sup>231</sup> Based on subgroup analyses, however, the survival benefit with high-dose daunorubicin was shown to be restricted to patients with favorable- and intermediate-risk cytogenetic profiles (median OS, 34 vs. 21 months; P = .004) and those <50 years (median OS, 34 vs. 19 months; P = .004). The survival outcome for patients with unfavorable cytogenetics was poor, with a median OS of only 10 months in both treatment arms.<sup>231</sup>

**CD33-Positive AML:** GO is a humanized anti-CD33 monoclonal antibody conjugated with the cytotoxic agent calicheamicin,<sup>232</sup> that was initially approved in the year 2000 as a monotherapy for AML based on data from single-arm phase II trials for adult patients who are older (median age, 61 years) in first relapse.<sup>233</sup> The withdrawal of the drug in 2010 was based on interim data from a randomized trial in adult patients (aged 18–60 years)

with AML comparing induction regimens of cytarabine and daunorubicin with or without GO in which there was no improvement in outcomes and a small but significant increase in early mortality in the GO arm. 191 Subsequent results of this trial eventually showed no difference in overall mortality between the two arms. 192 Since its withdrawal from the market, studies have demonstrated a significant benefit for GO in specific patient populations. In the MRC AML 15 trial, the efficacy and safety of adding GO (3 mg/m<sup>2</sup> on day 1 of induction) to three induction regimens, including daunorubicin (50 mg/m<sup>2</sup> on days 1, 3, and 5) and cytarabine (100 mg/m<sup>2</sup> on days 1–10 every 12 hours), was evaluated in patients ≤60 years of age with previously untreated AML (n = 1113).<sup>234</sup> The addition of GO was well tolerated and there were no differences in RFS or OS rates between arms that received or did not receive GO. The patients predicted to derive significant benefit with the GO addition to chemotherapy included those with favorable-risk cytogenetics, with a trend towards benefit for those with intermediate-risk cytogenetics. Patients with adverse risk cytogenetics were unlikely to derive benefit.<sup>234</sup> A meta-analysis of five randomized trials (including adult patients ≥60 years of age) showed that adding GO (including alternative dosing schedules) to conventional induction therapy also provides survival benefit.235

In the AMLSG 09-09 trial, 588 patients with newly diagnosed *NPM1*-mutated AML were randomized to intensive chemotherapy plus ATRA, with and without  $GO.^{236}$  While the study did not reach its primary end point of significant improvement in EFS (P = .10), the addition of GO was associated with a significant reduction in CIR in patients achieving CR or complete response with incomplete blood count recovery (CRi) (P = .005). $^{236}$  In a follow up landmark analysis, the addition of GO was associated with significantly lower *NPM1*-mutation transcript levels by real-time quantitative PCR (RQ-PCR) in both bone marrow and peripheral



blood after the first cycle of induction, and this effect was sustained throughout all subsequent cycles.<sup>237</sup> Four-year CIR rates were also significantly lower in the GO arm (31.6% vs. 43.9%; *P* = .015) and 4-year RFS rates were superior (60.5% vs. 48.9%; *P* = .028).<sup>237</sup> In the MRC AML 15 trial, younger patients with untreated AML (median age, 49 years), were randomized to two induction courses of: 1) daunorubicin and cytarabine (DA) with or without etoposide (ADE; n = 1983); or 2) ADE versus fludarabine, cytarabine, granulocyte colony-stimulating factor (G-CSF), and idarubicin (FLAG-Ida; n = 1268).<sup>238</sup> Patients in the DA and FLAG-Ida arms were randomly assigned to a single dose of GO (3 mg/m²) during the first induction course.<sup>238</sup> Patients with favorable- and intermediate-risk disease who received two induction courses of FLAG-Ida with GO in course 1, followed by 2 courses of HiDAC had an 8-year survival rate from remission of 72% (favorable risk, 95%; intermediate risk, 63%).<sup>238</sup>

There are conflicting data about the use of GO for patients who are older with AML. Three phase III randomized trials evaluated the efficacy and safety of adding the anti-CD33 antibody-drug conjugate GO to induction therapy with daunorubicin and cytarabine in patients who are older with previously untreated AML.<sup>239-241</sup> In the phase III ALFA-0701 trial, patients aged 50 to 70 years with *de novo* AML (n = 280) were randomized to receive induction with daunorubicin (60 mg/m² daily for 3 days) and cytarabine (200 mg/m² continuous infusion for 7 days), with or without (control arm) fractionated GO 3 mg/m² given on days 1, 4, and 7.<sup>241</sup> Patients with persistent marrow blasts at day 15 received additional daunorubicin and cytarabine. Patients who achieved a CR/CRi after induction received two consolidation courses with daunorubicin and cytarabine, with or without GO (3 mg/m² on day 1). The CR/CRi after induction was similar between the GO and control arms (81% vs. 75%).

The GO arm was associated with significantly higher estimated 2-year EFS (41% vs. 17%; P = .0003), RFS (50% vs. 23%; P = .0003), and OS (53% vs. 42%; P = .0368) rates compared with the control.<sup>241</sup> The GO arm was associated with a higher incidence of hematologic toxicity (16% vs. 3%; P < .0001); this was not associated with an increase in the risk of death from toxicity.<sup>241</sup>

In another multicenter, phase III, randomized trial from the UK and Denmark (AML-16 trial), patients >50 years of age with previously untreated AML or high-risk MDS (n = 1115) were randomized to receive daunorubicin-based induction (daunorubicin combined with cytarabine or clofarabine) with or without (control) GO (3 mg/m<sup>2</sup> on day 1 of course 1 of induction).<sup>240</sup> The median age was 67 years (range, 51-84 years) and 98% of patients were ≥60 years of age; 31% were ≥70 years of age. The CR/CRi rate after induction was similar between the GO and control arms (70% vs. 68%). The GO arm was associated with significantly lower 3-year cumulative incidence of relapse (68% vs. 76%; P = .007) and higher 3-year RFS (21% vs. 16%; P = .04) and OS (25% vs. 20%; P = .05) rates compared with the control arm. The early mortality rates were not different between treatment arms (30-day mortality rate, 9% vs. 8%); in addition, no major increase in adverse events was observed with GO.<sup>240</sup> These two trials suggest that the addition of GO to standard induction regimens reduced the risk of relapse and improved OS outcomes in patients who are older with previously untreated AML characterized by favorable or intermediate-risk cytogenetics, not adverse risk. A review of these studies led to the approval of GO in September 2017 for the treatment of adults with newly diagnosed CD33-positive AML.

The third phase III trial combining GO with chemotherapy showed a different result than the other two. In this study, patients between the ages



of 61 and 75 years were given chemotherapy consisting of mitoxantrone, cytarabine, and etoposide (n = 472).<sup>239</sup> Half of the patients were given 6 mg/m² GO prior to chemotherapy on days 1 and 15. In remission, treatment included two courses of consolidation with or without 3 mg/m² GO on day 0. The OS between the two groups was similar (GO, 45% vs. no GO, 49%), but the induction and 60-day mortality rates were higher in the patients given GO (17% vs. 12% and 22% vs. 18%, respectively). Only a small subgroup of patients <70 years of age with secondary AML showed any benefit to treatment. Combined with the increased toxicity, the results of this study suggest that GO may not provide an advantage over standard chemotherapy for some patients who are older with AML.<sup>239</sup>

Conflicting studies have led to the publication of several systematic reviews and meta-analyses. A larger systematic review, inclusive of any RCTs that investigated the benefit of anti-CD33 antibody therapy, regardless of whether treatment was in de novo or secondary disease, concluded that the data from 11 trials showed increased induction deaths (P = .02) and reduced residual disease (P = .0009).<sup>242</sup> Despite improved RFS (HR, 0.90; 95% CI, 0.84–0.98; P = .01), no OS benefit was measured (HR, 0.96; 95% CI, 0.90–1.02; P = .2). Two other meta-analyses showed improved RFS, though induction death was elevated. 243,244 Conversely, a fourth meta-analysis evaluating 5 trials with 3325 patients ≥15 years of age showed a reduced risk of relapse (P = .0001) and improved 5-year OS (OR, 0.90; 95% CI, 0.82–0.98; P = .01) with the addition of GO to conventional induction therapy.<sup>235</sup> It was noted that the greatest survival benefit was seen in patients with favorable cytogenetics. Some benefit was seen in patients with intermediate cytogenetics, but no benefit was reported with the addition of GO in patients with adverse cytogenetics. These studies underscore the need for further investigation that elucidates the benefits of GO for the treatment of AML.

#### Intermediate-Risk Genetics

**FLT3-Positive AML:** The majority of FLT3-mutated AML cases occur in patients with intermediate-risk cytogenetics. Data have demonstrated improved survival for patients with newly diagnosed FLT3-mutation positive AML when midostaurin is added to standard chemotherapy as part of frontline treatment.<sup>245-247</sup> This led to its breakthrough designation and approval by the U.S. Food and Drug Administration (FDA) in 2017. In the CALGB 10603/RATIFY Alliance trial, patients aged 18 to 59 years. with newly diagnosed FLT3-mutation-positive AML (ITD or TKD) were randomized (n = 717) to receive standard cytarabine therapy (200 mg/m $^2$ daily for 7 days via continuous infusion) and daunorubicin (60 mg/m<sup>2</sup> on days 1-3) with placebo or midostaurin (50 mg, twice daily on days 8-21).<sup>247</sup> If residual disease in the bone marrow was observed on day 21, patients were treated with a second blinded course. Patients who achieved CR received four 28-day cycles of HiDAC (3 g/m<sup>2</sup> every 12 hours on days 1, 3, and 5) with placebo or midostaurin (50 mg, twice a day on days 8-21) followed by a year of maintenance therapy with placebo or midostaurin (50 mg twice a day).<sup>247</sup> The median OS was 74.7 months (95% CI, 31.5-not reached [NR]) in the midostaurin group compared to 25.6 months (95% CI, 18.6–42.9) in the placebo group (P = .009). <sup>247</sup> Patients who received midostaurin with standard induction and consolidation therapy experienced significant improvement in OS (HR for death, 0.78; P = .009) and EFS (HR for event or death, 0.78; P = .002) compared with those on the placebo arm.<sup>247</sup> These data may be extrapolated to suggest benefit in fit adults who are older.

A retrospective exploratory study found a consistent benefit from the addition of midostaurin to standard chemotherapy in patients treated on the RATIFY trial across different *NPM1/FLT3*-ITD genotypes categorized according to the 2017 ELN risk groups (favorable, intermediate, and



adverse).<sup>248</sup> Five-year OS rates for patients treated in the midostaurin arm compared to the placebo arm were 0.73 (95% CI, 0.60–0.89) versus 0.53 (95% CI, 0.40–0.72) in the favorable-risk groups, 0.52 (95% CI, 0.40–0.67) versus 0.34 (95% CI, 0.23–0.49) in the intermediate-risk groups, and 0.43 (95% CI, 0.32–0.56) versus 0.20 (95% CI, 0.12–0.35) in the adverse-risk groups.

In the phase II AMLSG 16-10 trial in adult patients with previously untreated AML (n = 440; range, 18–70 years; 128 patients included between the ages of 61–70 years), the efficacy and safety of midostaurin added to intensive chemotherapy, followed by allogeneic HCT and single-agent midostaurin maintenance therapy for a year was evaluated. All patients were confirmed to have FLT3-ITD-positive disease. The CR/CRi rate after induction therapy was 74.9% (age  $\leq$ 60 years, 759%; age >60 years, 72.4%). Forty-five percent of patients proceeded to transplant in CR/CRi, and a subset initiated maintenance therapy (n = 163; 128 after allogeneic HCT and 35 after HiDAC consolidation. The 2-year EFS and OS rates were 59% and 59% in patients <60 years of age, and 41% and 47% in patients >60 years of age. Multivariate analysis showed a significant OS benefit for patients treated on AMLSG 16-10 compared to patients treated on the CALGB 10603/RATIFY Alliance trial (HR, 0.71; P < .001).

The randomized phase 3 QuANTUM-First trial compared chemotherapy in combination with the *FLT3* inhibitor quizartinib versus placebo in patients (n = 539; age range, 20–75 years; median age, 56 years) with newly diagnosed *FLT3*-ITD mutated AML.<sup>250</sup> For induction, quizartinib 40 mg daily versus placebo was administered on days 8 to 21 along with standard 7&3 (cytarabine 100–200 mg/m² for 7 days via continuous infusion and either daunorubicin 60 mg/m² or idarubicin 12 mg/m² on days

1–3). In the setting of persistent leukemia on bone marrow biopsy at count recovery, reinduction with 7&3 or 5&2 plus quizartinib or placebo were treatment options. For those achieving CR or CRi, consolidation therapy consisted of cytarabine 1.5 to 3 mg/m² combined with quizartinib versus placebo, allogeneic HCT, or both. Following consolidation, maintenance therapy consisted of single agent quizartinib versus placebo for up to 3 years. With a median follow up of 39.2 months, OS was 31.9 months in the quizartinib compared to 15.1 months in the placebo group (HR, 0.78; P = .032). There were similar amounts of adverse events between the two arms, though neutropenia was more common in the quizartinib group.<sup>250</sup>

Some studies suggest that a higher dose of daunorubicin (90 mg/m²), compared to lower doses of either 45 or 60 mg/m², is significantly associated with increased CR and survival rates in patients with intermediate-risk cytogenetics and those who have *FLT3*-ITD mutation–positive AML.<sup>251,252</sup> A phase III study compared idarubicin (12 mg/m² for 3 days) and high-dose daunorubicin (90 mg/m² for 3 days) with standard cytarabine therapy during induction in young adults with newly diagnosed AML (age range, 15–65 years). It was determined that high-dose daunorubicin was associated with higher OS and EFS rates in patients with *FLT3*-ITD mutation–positive AML.<sup>253</sup> However, these studies did not include midostaurin or quizartinib.

# Therapy-Related AML or Antecedent MDS/CMML or AML-MRC

Although most cases of AML are *de novo*, secondary AML and therapy-related AML account for approximately 25% of all AML cases and are associated with poor outcomes.<sup>254,255</sup> Data have demonstrated improved survival in patients with secondary AML who are older when a dual-drug liposomal formulation of cytarabine and daunorubicin in a 5:1 molar ratio



(CPX-351) is used as frontline therapy.  $^{256-258}$  In a phase II trial, patients ≥60 years of age with newly diagnosed disease AML (n = 126), were randomized 2:1 to first-line CPX-351 or the conventional administration of cytarabine and daunorubicin (7+3 regimen).  $^{257}$  Compared to the standard 7+3 regimen, CPX-351 produced higher response rates (CPX-351, 66.7% vs. 7+3, 51.2%; P = .07), however differences in EFS and OS were not statistically significant.  $^{257}$  A planned analysis of the secondary AML subgroup demonstrated that CPX-351 was associated with a higher CR rate (57.6% vs. 31.6%; P = .06).  $^{257}$ 

These results led to the development of a randomized phase III study comparing the efficacy and safety of CPX-351 to the conventional administration of cytarabine and daunorubicin (control arm) in patients 60–75 years of age with newly diagnosed secondary AML (n = 309). With a median follow-up of 20.7 months, CPX-351 significantly improved OS compared to the control arm (median, 9.56 vs. 5.95 months; HR, 0.69; 95% CI, 0.52–0.90; P = .003). CPX-351 was also associated with significantly higher overall remission (47.7% vs. 33.3%; P = .016) and CR (37.3% vs. 25.6%; P = .04) rates. However, for patients with AML-MRC and previous HMA exposure, the benefit from standard induction did not differ from the benefit with CPX-351. The most frequently reported grade 3–5 adverse events in the CPX-351 and control groups were febrile neutropenia (68.0% vs. 70.9%), pneumonia (19.6% vs. 14.6%), and hypoxia (13.1% vs. 15.2%). Secondary AML (19.6% vs. 14.6%) are converted to the conventional administration of the convention of the conventio

# Other Regimens for Intermediate- or Poor-risk Cytogenetics

**HiDAC-Containing Regimens:** HiDAC as induction therapy is seldom used. The most recent study from the EORTC-GIMEMA AML-12 trial suggests that HiDAC (3 g/m<sup>2</sup> every 12 hours on days 1, 2, 5, and 7)

improves outcome in patients who are <46 years of age.<sup>259</sup> This study randomized 1900 patients between the ages of 15 and 60 years into two treatment groups, HiDAC and standard-dose cytarabine (SDAC; 100 mg/m<sup>2</sup>/d by continuous infusion for 10 days). Both groups were also given daunorubicin (50 mg/m²/d on days 1, 3, and 5) and etoposide (50 mg/m²/d on days 1-5). Data from a median 6-year follow-up indicate an OS near statistical significance (HiDAC, 42.5% vs. SDAC, 38.7%; P = .06), and when separated by age with a cutoff of 46 years, the benefit was relegated to the <46 years of age patient cohort (HiDAC, 51.9% vs. SDAC, 43.3%; P = .009) compared to patients  $\geq 46$  years of age (HiDAC, 32.9% vs. SDAC, 33.9%; P = .91). Other populations that benefited from HiDAC were patients with high-risk disease, including patients with very poor-risk cytogenetic abnormalities and/or FLT3-ITD mutation or with secondary AML. There was no significant increase in grade 3 or 4 toxicities except for an increase in conjunctivitis (grade 2-3) with HiDAC (12.4%) versus SDAC (0.5%). The incidence of adverse events was equivalent (SDAC. 67.6% vs. HiDAC, 66.2%). Patients in CR received a single consolidation cycle of daunorubicin and cytarabine (500 mg/m<sup>2</sup> every 12 hours for 6 days) and subsequent HCT.<sup>259</sup>

HiDAC therapy during induction was initially explored in the 1990s in 2 large cooperative group trials. In an Australian Leukemia Study Group trial,  $^{260,261}$  patients <60 years of age were randomized (n = 301) to receive either HiDAC (3 g/m² every 12 hours on days 1, 3, 5, and 7 for a total of 24 g/m²) or standard cytarabine therapy (100 mg/m² daily for 7 days via continuous infusion); patients in both arms received daunorubicin (50 mg/m² on days 1–3) and etoposide (75 mg/m² daily for 7 days). The CR rates were equivalent in both arms (71% and 74%, respectively), and a significantly higher 5-year RFS rate was observed in the HiDAC arm (48% vs. 25%; P = .007).  $^{261}$  Patients in both treatment arms received only 2



cycles of standard-dose cytarabine, daunorubicin, and etoposide for consolidation therapy. Median remission duration was 45 months for the high-dose arm, compared with 12 months for the standard treatment arm. <sup>260</sup> However, treatment-related morbidity and mortality were higher in the HiDAC arm; the 5-year OS rates were 33% in the high-dose arm compared with 25% in the standard-dose arm. <sup>261</sup>

In a large SWOG study,  $^{262}$  patients <65 years of age (n = 665) with de novo or secondary AML were randomized to receive HiDAC (2 g/m<sup>2</sup> every 12 hours for 6 days for a total of 24 g/m<sup>2</sup>; patients <50 years of age were initially randomized to receive 3 g/m<sup>2</sup> at the above schedule before the high-dose arm was redefined to 2 g/m<sup>2</sup> because of toxicity concerns) or standard-dose cytarabine (200 mg/m<sup>2</sup> daily for 7 days); patients in both treatment arms also received daunorubicin (45 mg/m<sup>2</sup> daily for 3 days). Patients treated in the HiDAC arm received a second high-dose cycle for consolidation, whereas patients in the standard-dose arm were randomized to receive consolidation therapy with either 2 cycles of standard-dose cytarabine or 1 cycle of HiDAC plus daunorubicin. The CR rates were similar, with 55% for the high-dose arm compared with 58% for the standard-dose arm for patients <50 years of age, and 45% for HiDAC versus 53% for standard-dose therapy for patients 50 to 65 years of age. DFS rate (for patients with a CR) and OS rate (for all patients) at 4 years were not significantly different among treatment arms. Induction therapy with HiDAC was associated with significantly higher rates of treatment-related mortality (14% vs. 5% for patients <50 years of age; 20% vs. 12% for patients aged 50–64 years; P = .003) and grade 3 or higher neurologic toxicity (8% vs. 2% for patients <50 years of age; 5% vs. 0.5% for patients aged 50–64 years; P < .0001). For patients <50 years of age, consolidation with HiDAC was associated with similar rates of treatment-related mortality (2% vs. 0%) and grade 3 or higher neurologic

toxicity (2% vs. 0%) compared with the standard dose. For the original cohort of patients <50 years of age who received 3 g/m² HiDAC for induction, the rates of treatment-related deaths (10% vs. 5%) and grade 3 or greater neurologic toxicity (16% vs. 2%) were higher than for those who received the standard dose. Similarly, for patients <50 years of age who received 3 g/m² HiDAC for consolidation, the rates of treatment-related deaths (4% vs. 0%) and grade 3 or greater neurologic toxicity (16% vs. 0%) were higher than for those who received the standard dose. <sup>262</sup>

Patients <50 years of age who received HiDAC induction and consolidation in the SWOG trial had the highest OS and DFS rates at 4 years (52% and 34%, respectively) compared with those who received standard-dose induction and consolidation (34% and 24%, respectively) or standard induction with high-dose consolidation (23% and 14%, respectively).<sup>262</sup> However, the percentage of patients achieving a CR who did not proceed to consolidation was twice as high in the HiDAC induction arm.<sup>262</sup> The risks for neurotoxicity and renal insufficiency are increased with HiDAC; therefore, both renal and neurologic function should be closely monitored in patients receiving this treatment. In a CALGB trial, <sup>263</sup> the subgroup of patients <60 years of age (n = 156) who received standard-dose cytarabine-daunorubicin induction therapy and 4 courses of HiDAC consolidation (3 g/m<sup>2</sup> every 12 hours on days 1, 3, and 5, per course) experienced a 4-year DFS rate of 44%. Among all patients who received consolidation with HiDAC, the rates of treatment-related deaths and serious neurotoxicity were 5% and 12%, respectively.<sup>263</sup>

Because the OS outcomes for the high-dose arm in the SWOG trial consisting of HiDAC induction and 2 cycles of HiDAC consolidation (4-year OS rate of 52% for patients <50 years of age) were comparable to those of the CALGB trial with standard-dose infusional cytarabine induction and



4 cycles of HiDAC consolidation (4-year OS rate of 52% for patients aged ≤60 years), the use of HiDAC in the induction phase outside of a clinical trial remains controversial. A meta-analysis including 22 trials and 5945 patients with de novo AML <60 years of age demonstrated improved RFS and reduced risk of relapse, particularly in the favorable-risk cytogenetics group, for patients receiving HiDAC versus standard chemotherapy.<sup>264</sup> However, toxicity was a limiting factor and emphasis was placed on the importance of future studies to define the populations that would most benefit from HiDAC and to optimize dosing recommendations. The decision to use high- versus standard-dose cytarabine for induction might be influenced by consolidation strategies; fewer high-dose consolidation cycles may be needed for patients induced with HiDAC or for those who will undergo early autologous HCT. Although the remission rates are similar for high- and standard-dose cytarabine, 2 studies have shown more rapid marrow blast clearance after 1 cycle of high-dose therapy and a DFS advantage for patients <50 years of age who received the high-dose therapy.<sup>265</sup> No data are available using more than 60 mg/m<sup>2</sup> of daunorubicin or 12 mg/m<sup>2</sup> of idarubicin with HiDAC. With either high- or standard-dose cytarabine-based induction for younger patients, between 20% and 45% of these patients will not enter remission. In a report of 122 patients treated with HiDAC and daunorubicin, the remission rates were strongly influenced by cytogenetics, with CR rates of 87%, 79%, and 62% for favorable-, intermediate-, and poor-risk groups, respectively. 266

As previously mentioned, in the MRC AML 15 trial, younger patients with untreated AML (median age, 49 years), were randomized to two induction courses of: 1) daunorubicin and cytarabine with or without etoposide (ADE; n = 1983); or 2) ADE versus fludarabine, cytarabine, G-CSF, and idarubicin (FLAG-Ida; n = 1268).<sup>238</sup> In consolidation, patients were randomized to amsacrine, cytarabine, etoposide, and then

mitoxantrone/cytarabine, or HiDAC (3 g/m<sup>2</sup>; n = 1445).<sup>238</sup> Patients in the HiDAC arm received 1.5 g/m<sup>2</sup> in consolidation, and were treated with or without a fifth course of cytarabine (n = 227). There were no significant differences in the rate of CR between ADE and FLAG-Ida (81% vs. 84%, respectively), but FLAG-Ida significantly decreased relapse rates (FLAG-Ida, 38% vs. ADE, 55%; P < .001). <sup>238</sup> A randomized phase III study from the HOVON/SAKK groups compared standard cytarabine/idarubicin induction with or without clofarabine (10 mg/m<sup>2</sup> on days 1–5) for patients with AML between the ages of 18 to 65 years.<sup>267</sup> While there was no difference in the OS and EFS in the group as a whole, there was a decrease in relapse rate counter balanced by an increased rate of death in remission for the clofarabine arm. In a subset analysis, there was a significant improvement in OS and EFS for the ELN intermediate I group, primarily in patients in the *NPM1* wild-type/*FLT3*-ITD-negative subgroup with a 4-year EFS of 40% for the clofarabine arm versus 18% for the control arm.267

#### CPX-351

In a post hoc analysis of a randomized phase III study assessing the efficacy and safety of CPX-351 versus 7+3 in patients 60 to 75 years of age with newly diagnosed secondary AML, 258 patients were reclassified into risk groups according to the ELN 2017<sup>22</sup> classification system. Among patients with adverse-risk AML, remission rates with CPX-351 were greater than with 7+3 (41% vs. 26%). Patients with TP53 mutated disease had similar remission rates with CPX-351 vs. 7+3 (33% vs. 35%), though those without TP53 mutated disease had improved remission rates with CPX-351 (44% vs. 22%). Median OS and post-transplant survival was also longer for patients with adverse-risk disease treated with CPX-351



compared to 7+3 (7.59 vs. 5.52 months and 43.14 vs. 7.08 months, respectively).

#### Lower Intensity Therapy

For certain patients with poor-risk or secondary AML that are eligible for intensive induction, low intensity therapy options, such as HMAs or venetoclax combination regimens, can still be considered. For more information on these options, see *AML Induction Therapy for Patients Ineligible for Intensive Induction Therapy*.

There is also emerging data with intensive chemotherapy agents in combination with venetoclax.<sup>269</sup>

#### **NCCN Recommendations**

The NCCN AML Panel strongly encourages enrollment in a clinical trial for treatment induction for patients with AML. Patients with AML with *TP53* mutation or deletion 17p are groups with especially poor prognosis and should be considered for enrollment in clinical trials. For patients not enrolled in a clinical trial, cytogenetics, overall functional status, and the risk status of the disease guide treatment strategies.

For patients with favorable-risk AML by cytogenetics (CBF-AML), infusional standard 7+3 (cytarabine 100–200 mg/m² continuous infusion for 7 days combined with either idarubicin [12 mg/m² for 3 days] or daunorubicin [60–90 mg/m² for 3 days]) combined with gemtuzumab ozogamicin²34,241 is a preferred recommendation. Other recommended regimens include standard 7+3 without gemtuzumab ozogamicin²24,231 or standard 7+3 with mitoxantrone (12 mg/m² for 3 days).²70 FLAG-IDA combined with gemtuzumab ozogamicin²38 is another recommended regimen, though should be used with caution in patients >60 years of age.

For patients with favorable-risk AML by molecular mutation profile (*NPM1*-mutated/*FLT3* wild-type AML or in-frame bZIP mutation in *CEBPA*) or intermediate risk AML, preferred regimens include standard 7+3 with either daunorubicin or idarubicin (category 1 recommendation), or for patients ≥60 years of age, mitoxantrone can be considered. Other recommended regimens include FLAG-Ida (category 2B),<sup>238</sup> or for CD33 positive disease, standard 7+3 with gemtuzumab ozogamicin or FLAG-IDA with gemtuzumab ozogamicin (category 2B). FLAG containing regimens should be used with caution in patients >60 years of age.

For patients with *FLT3*-mutated AML, midostaurin<sup>247,271</sup> or quizartinib<sup>250</sup> are added to standard-dose cytarabine (200 mg/m<sup>2</sup> continuous infusion) for 7 days combined with daunorubicin (60 mg/m<sup>2</sup> for 3 days) or idarubicin (12 mg/m<sup>2</sup> for 3 days)(both category 1 recommendations).

For patients with therapy-related AML other than CBF/APL, defined as the presence of antecedent MDS/chronic myelomonocytic leukemia (CMML), and/or cytogenetic changes consistent with MDS (AML-MRC), CPX-351 [cytarabine (100 mg/m²) and daunorubicin (44 mg/m²)] as an intravenous infusion over 90 minutes on days 1, 3, and 5 of 1 cycle is a category 1, preferred recommendation for patients ≥60 years of age. However, for patients <60 years of age CPX-351 is an other recommended, category 2A recommendation, because the trial did not include this patient population. For patients <60 years of age, standard 7+ 3 (daunorubicin or idarubicin) is preferred, while for patients ≥60 years of age, standard 7+ 3 (daunorubicin or idarubicin or idarubicin) is an other recommended regimen. Additional other recommended options include venetoclax combined with decitabine (days 1–5), azacitidine, or low-dose cytarabine (category 2B recommendation for low-dose cytarabine). Low intensity therapy with



single agent azacitidine or decitabine is a category 2B, useful in certain circumstances recommendation.

Patients with unfavorable karyotypes, such as 11q23 abnormalities, monosomy -5 or -7, monosomal karyotype, or complex cytogenetic abnormalities and mutations including RUNX1, ASXL1, BCOR, EZH2, SF3B1, SRSF2, STAG2, U2AF1, ZRSR2, and/or TP53, are considered to have poor risk disease. Although all patients with AML are best managed within the context of an appropriate clinical trial, it is particularly important that this group of patients with poor-risk disease, particularly patients with TP53 mutation or del17p, should be entered into a clinical trial (incorporating either chemotherapy or novel agents), if available, given that only 40% to 50% of these patients experience a CR (approximately 25% in patients who are older with disease with poor-risk cytogenetics) with standard induction therapy. In addition, HLA testing should be performed promptly in those who may be candidates for either fully ablative or reduced-intensity conditioning (RIC) allogeneic HCT from a matched sibling or an alternative donor, which constitutes the best option for long-term disease control.<sup>272</sup>

For patients with poor-risk AML not participating in clinical trials, other recommended regimens include standard 7+ 3 (daunorubicin or idarubicin, CPX-351<sup>268</sup> (category 2B recommendation), FLAG-IDA (category 2B recommendation), and venetoclax combined with decitabine (days 1–5), azacitidine, or low-dose cytarabine (category 2B recommendation for low-dose cytarabine). Regimens that may be useful in certain circumstances include 7+ 3 with mitoxantrone (for patients ≥60 years of age; category 2B recommendation), cytarabine with either daunorubicin or idarubicin and etoposide (category 2B recommendation for patients >45 years of age; to be used with caution in patients >60 years of age), and low intensity

therapy with single agent azacitidine or decitabine (category 2B recommendation).

#### Postinduction Therapy After Cytarabine-Based Induction

To judge the efficacy of the induction therapy, a bone marrow aspirate and biopsy should be performed 14 to 21 days after start of therapy. In patients who have received cytarabine-based induction and have residual disease without hypoplasia (hypoplasia is defined as cellularity less than 20% of which the residual blasts are less than 5% [ie, blast percentage of residual cellularity]), additional therapy with cytarabine 100 to 200 mg/m² and anthracycline or mitoxantrone (for age ≥60 years), or escalation to higher doses of cytarabine 1 to 3 g/m<sup>2</sup> may be considered for re-induction; no data are available to determine superiority of cytarabine 100 to 200 mg/m<sup>2</sup> versus 1 to 3 g/m<sup>2</sup>. After a bone marrow biopsy on day 21, cytarabine 100 to 200 mg/m<sup>2</sup> with anthracycline and midostaurin<sup>247</sup> or quizartinib<sup>250</sup> should be considered for patients with FLT3-mutated AML (quizartinib only for FLT3-ITD AML). If dual-drug liposomal encapsulation of cytarabine and daunorubicin was given during induction, after a bone marrow biopsy 14-21 days after induction, re-induction with CPX-351 [cytarabine (100 mg/m<sup>2</sup>) and daunorubicin (44 mg/m<sup>2</sup>)] as an intravenous infusion over 90 minutes on days 1 and 3 is recommended for patients with therapy-related AML other than CBF/AML, antecedent MDS/CMML, or AML-MRC.<sup>258</sup> Regimens for relapsed/refractory disease may also be considered.

If the marrow is hypoplastic, additional treatment selection is deferred until the blood counts recover and remission status can be assessed. If there is no evidence of hematologic recovery, all patients should have a repeat BM aspirate and biopsy by day 42-post treatment, regardless of the degree of hematologic recovery.



If hypoplasia status is unclear, a repeat bone marrow biopsy should be performed within 7 days before proceeding with post induction therapy. For patients who achieve CR with the additional post induction therapy, consolidation therapy can be initiated upon count recovery. Screening LP should be considered at first remission before first consolidation for patients with disease with monocytic differentiation, MPAL, WBC count >40 x 10<sup>9</sup>/L at diagnosis, extramedullary disease, or *FLT3* mutations.

Patients who have persistent disease following two courses of therapy (including a reinduction attempt based on mid-cycle marrow) are considered to have had a lack of response to primary induction. Treatment options include clinical trial or use of chemotherapy regimens used for relapsed/refractory (R/R) disease (see *Management of Relapsed/Refractory AML*). However, the likelihood of achieving a CR with a third chemotherapy regimen is low, at approximately 20%. If the patient did not receive cytarabine-based therapy for persistent disease at day 15, cytarabine 2 to 3 g/m² with or without anthracycline may be used if a clinical trial is not available and a donor is not yet identified. If regimens used will result in high cumulative doses of cardiotoxic agents, consider reassessing the patient's cardiac function before each anthracycline/mitoxantrone-containing course.<sup>273</sup>

If the patient has an identified sibling or alternative donor available, a transplant option should be explored, although the panel encourages using alternative therapies to achieve remission prior to the transplant. For patients whose clinical condition has deteriorated such that active treatment is not an option, best supportive care should be continued.

# Post-Remission or Consolidation Therapy in Patients Eligible for Intensive Induction Therapy

Although successful induction therapy clears the visible signs of leukemia in the marrow and restores normal hematopoiesis in patients with *de novo* AML, additional post-remission therapy (ie, consolidation) may be needed to reduce the residual abnormal cells to a level that can be contained by immune surveillance. For patients eligible for intensive induction therapy, post-remission therapy is also based on risk status defined by cytogenetics and molecular abnormalities (see *Evaluation for AML* in the algorithm and *Initial Evaluation* in the Discussion).

*High-Dose Cytarabine*: Since 1994, multiple (3–4) cycles of HiDAC therapy have been the standard consolidation regimen for patients <60 years of age with disease with either favorable- or intermediate-risk cytogenetics. This consolidation therapy is based on a CALGB trial comparing 100 mg/m², 400 mg/m², and 3 g/m² doses of cytarabine. $^{263}$  The 4-year DFS rate for patients receiving consolidation with 3 g/m² of HiDAC was 44%, with a 5% treatment-related mortality rate and a 12% incidence of severe neurologic toxicity. Although the initial report did not break down remission duration by cytogenetic groups, subsequent analysis showed a 5-year RFS (continuous CR measured from time of randomization) rate of 50% for CBF AML, 32% for patients with NK-AML, and 15% for patients in other cytogenetic categories (overall P < .001). Among the patients who received HiDAC consolidation, the 5-year RFS rate was 78% for CBF AML, 40% for NK-AML, and 21% for other cytogenetic categories. $^{266}$ 

In some studies, in patients with CBF-AML who received postremission therapy with HiDAC, the presence of KIT mutations resulted in poorer outcomes, particularly in t(8;21).<sup>43,49</sup> In a multicenter study, patients with CBF AML (n = 67) were enrolled in intensive chemotherapy protocols that



involved HiDAC postremission therapy. 43 At 24 months, a KIT mutation in the TKD at codon 816 (TKD816) in patients with t(8;21) was associated with a significantly higher incidence of relapse (90% vs. 35.3%; P = .002) and lower OS (25% vs. 76.5%; P = .006) compared to wild-type KIT.<sup>43</sup> In CBF-AML with inv(16), TKD<sup>816</sup> did not result in a significant difference in relapse incidence and OS.43 The prognostic influence of TKD816 and other mutations in exon 17 (mut KIT17) versus other recurrent KIT mutations in CBF AML, such as exon 8 (mut KIT8), have been investigated. 49,92 In an analysis of adult patients <60 years of age with CBF-AML treated on CALGB trials (n = 110), KIT mutations (mutKIT17 and mutKIT8) among patients with disease with inv(16) were associated with a higher cumulative incidence of relapse at 5 years (56% vs. 29%; P = .05) and a decreased 5-year OS rate (48% vs. 68%) compared with wild-type KIT; in multivariate analysis, the presence of KIT mutations remained a significant predictor of decreased OS in the subgroup with inv(16). In patients with t(8:21), KIT mutations were associated with a higher incidence of relapse at 5 years (70% vs. 36%; P = .017), but no difference was observed in 5-year OS (42% vs. 48%). 49 The CALGB trial also included 4 courses of monthly maintenance chemotherapy with daunorubicin and subcutaneous cytarabine after the consolidation phase; however, only 55% of patients in CR received maintenance chemotherapy following HiDAC consolidation.<sup>263</sup> Subsequent clinical trials have eliminated this form of maintenance therapy after post-remission therapy. However, the impact of KIT mutations in CBF-AML is unclear. A meta-analysis of 11 studies examining the effect of KIT mutations on CR, OS, and relapse rates of CBF-AML determined that KIT mutations did not affect CR rates.<sup>274</sup> In patients with t(8:21) AML, KIT mutations were associated with an increased risk of relapse and shorter OS rates compared to inv(16) AML.274

Some studies suggest that after induction, relative to KIT mutations, MRD may be a more relevant prognostic factor for CBF-AML risk stratification. 22,275-277 In a prospective study, adult patients with CBF AML (aged 18–60 years; n = 198) were randomized to receive a reinforced induction course (treatment arm A) or standard induction course (treatment arm B), followed by 3 HiDAC consolidation courses.<sup>276</sup> Treatment arm A consisted of a first sequence with daunorubicin (60 mg/m<sup>2</sup>/day by a 30 minute IV infusion) on days 1 and 3 and cytarabine (500 mg/m<sup>2</sup> continuous infusion) from days 1 to 3, followed by a second sequence at day 8 with daunorubicin (35 mg/m²/day by a 30 minute IV infusion) on days 8 and 9, and cytarabine (1000 mg/m<sup>2</sup> every 12 hours by a 2-hour infusion) on days 8 and 10.276 Treatment arm B consisted of cytarabine (200 mg/m<sup>2</sup> continuous infusion) for 7 days combined with daunorubicin (60 mg/m<sup>2</sup> for 3 days. In treatment arm B, at day 15 a peripheral blood and BM evaluation was performed followed by a second sequence of chemotherapy in patients who reached CR.<sup>276</sup> In addition, MRD levels were serially monitored for RUNX1-RUNX1T1 and CBFB-MYH11 by real-time quantitative polymerase chain reaction in BM samples before the first, second, and third consolidation courses. In this study, both treatment arms demonstrated similar efficacy. After first consolidation, higher WBC, KIT gene mutations and/or FLT3 gene mutations, and a less than 3-log MRD reduction were associated with a higher specific hazard of relapse, but MRD was the only prognostic factor in multivariate analysis.<sup>276</sup> At 36 months, the cumulative incidence of relapse and RFS were 22% versus 54% (P < .001) and 73% versus 44% (P < .001) in patients who achieved 3-log MRD reduction versus other patients.<sup>276</sup> A prospective study analyzed the effect of a condensed HiDAC consolidation therapy schedule given on days 1, 2, and 3 versus the commonly used schedule of days 1, 3, and 5 in adult patients (aged 18-60 years) with AML (n = 176),



and found that there was no cumulative hematologic toxicity and no change in survival.<sup>278</sup>

Intermittent shortages of several chemotherapy agents have raised the question of how best to use cytarabine. The HOVON/SAKK study compared a double-induction concept using intermediate-dose cytarabine or HiDAC as part of an induction/consolidation regimen in a phase III randomized study in patients (age 18-60 years) with newly diagnosed AML (n = 860).<sup>279</sup> Patients were randomized to treatment with an "intermediate-dose" cytarabine regimen (12 g/m² cytarabine; cycle 1: cytarabine, 200 mg/m<sup>2</sup> daily for 7 days + idarubicin, 12 mg/m<sup>2</sup> daily for 3 days; cycle 2: cytarabine, 1 g/m<sup>2</sup> every 12 hours for 6 days + amsacrine, 120 mg/m<sup>2</sup> daily for 3 days) or a "high-dose" cytarabine regimen (26 g/m<sup>2</sup> cytarabine; cycle 1: cytarabine, 1 g/m<sup>2</sup> every 12 hours for 5 days + idarubicin, 12 mg/m<sup>2</sup> daily for 3 days; cycle 2: cytarabine, 2 g/m<sup>2</sup> every 12 hours for 4 days + amsacrine, 120 mg/m<sup>2</sup> daily for 3 days). Patients who experienced a CR after both treatment cycles were eligible to receive consolidation with a third cycle of chemotherapy or autologous or allogeneic HCT.<sup>279</sup> A similar proportion of patients in each treatment arm received consolidation, specifically 26% to 27% of third chemotherapy cycle patients, 10% to 11% of autologous HCT patients, and 27% to 29% of allogeneic HCT patients. No significant differences were observed between the intermediate- and high-dose arms in rates of CR (80% vs. 82%), 5-year EFS (34% vs. 35%), or 5-year OS (40% vs. 42%).<sup>279</sup> These results are comparable to those from the CALGB study with HiDAC.<sup>263</sup> More than 50% of patients in each arm had already experienced a CR when they received cycle 2. The 5-year cumulative rate of relapse risk was also similar between treatment arms (39% vs. 27%, respectively).<sup>279</sup> Outcomes were poor for patients with disease with monosomal karyotype at baseline (n = 83), although the high-dose regimen was associated with

significantly improved rates of 5-year EFS (13% vs. 0%; P = .02) and OS (16% vs. 0%; P = .02) compared with patients in this subgroup receiving the intermediate-dose. The incidence of grade 3 or 4 toxicities after cycle 1 was higher in the high-dose arm than in the intermediate-dose arm (61% vs. 51%; P = .005), but the incidence of 30-day mortality was the same in both arms (10%).<sup>279</sup> This study suggests that 2 cycles of intermediate-dose cytarabine (1 g/m² every 12 hours for 6 days; total dose 12 g/m² per cycle) for each consolidation cycle may be a feasible alternative to 3 cycles of HiDAC (3 g/m² for 6 doses; total dose of 18 g/m² per cycle). This study as well as the MRC AML 15 study<sup>238</sup> suggest that doses of 3 g/m² of cytarabine are not clearly more effective than lower doses of 1.5–3 g/m²; in the MRC AML 15 trial, the cumulative incidence of relapse was statistically lower for higher dose cytarabine but this did not translate into better RFS.<sup>238</sup>

Intermediate-Dose Cytarabine: The prospective CALGB trial<sup>263</sup> established the efficacy of HiDAC consolidation in patients with AML ≤60 years of age.<sup>263</sup> In this study, a subgroup of patients with AML ≥60 years of age who received standard-dose cytarabine-daunorubicin induction therapy and more than one course of HiDAC consolidation (3 g/m² every 12 hours on days 1, 3, and 5, per course) experienced severe neurotoxicity and a 4-year DFS rate of less than 16%.<sup>263</sup> Although the CALGB trial did not show an overall benefit for higher doses of cytarabine consolidation in patients ≥60 years of age,<sup>263</sup> a subset of patients with a good performance status, normal renal function, and a normal or low-risk karyotype might be considered for a single cycle of cytarabine (1.0–1.5 g/m² daily for 4–6 doses) without an anthracycline. In a study by Sperr et al, the CALGB consolidation was modified and given as intermediate-dose cytarabine at 1 g/m² every 12 hours on days 1, 3, and 5, per course for 4 cycles in a group of AML patients >60 years of age.<sup>280</sup> In this study, the



treatment was well-tolerated without neurotoxicity and 25 of 47 patients received all 4 consolidation cycles. The median OS, DFS, and continuous CR were 10.6, 15.5, and 15.9 months, respectively. The probability of OS, DFS, and continuous CR at 5 years were 18%, 22%, and 30%, respectively. and 28%

Allogeneic Hematopoietic Transplantation: In the EORTC/GIMEMA trial, a 43% 4-year DFS rate was reported in the donor group of patients with disease with poor-risk cytogenetics (n = 64; 73% underwent HCT); this was significantly higher than the 4-year DFS rate (18%; P = .008) among the no-donor group (n = 94; 46% underwent HCT).<sup>281</sup> The 4-year DFS rate among patients with intermediate-risk AML was 45% for the donor group (n = 61; 75% underwent HCT) and 48.5% for the no-donor group (n = 104; 62.5% underwent HCT).<sup>281</sup> The incidence of relapse was 35% and 47%, respectively, and the incidence of death in CR was 20% and 5%, respectively. The 4-year OS rate among patients with intermediate-risk disease was 53% for the donor group and 54% for the no-donor group.<sup>281</sup>

The SWOG/ECOG trial reported a 5-year survival rate (from time of CR) of 44% with allogeneic HCT (n = 18; 61% underwent HCT) and 13% with autologous HCT (n = 20; 50% underwent HCT) among the subgroup of patients with unfavorable cytogenetics. Moreover, the 5-year survival rate was similar between those allocated to autologous HCT and those intended for chemotherapy consolidation alone (13% and 15%, respectively). The 5-year survival rates (from time of CR) for patients with disease with intermediate-risk cytogenetics were 52% for the allogeneic HCT group (n = 47; 66% underwent HCT) and 36% for the autologous HCT group (n = 37; 59% underwent HCT).

In the UK MRC AML 10 trial, significant benefit with allogeneic HCT was observed for the subgroup of patients with disease with intermediate-risk cytogenetics (but not for those with disease with favorable or high-risk cytogenetics). In this subgroup, the DFS (50% vs. 39%; P = .004) and OS rates (55% vs. 44%; P = .02) were significantly higher among the donor groups than the no-donor groups.<sup>282</sup>

The role of myeloablative allogeneic HCT is limited in patients who are older because of significant comorbidities; however, ongoing interest has been shown in RIC allogeneic HCT as consolidation therapy.<sup>283,284</sup> Case series and analysis of registry data have reported encouraging results, with 40% to 60% 2-year OS rates and 20% non-relapse mortality for patients who underwent transplant in remission.<sup>283,284</sup> In a retrospective analysis comparing outcomes with RIC allogeneic HCT and autologous HCT in patients ≥50 years of age based on large registry data, RIC allogeneic HCT was associated with lower risk for relapse and superior DFS and OS relative to autologous HCT.<sup>283</sup> The authors also noted that a survival benefit was not observed in the subgroup of patients undergoing RIC allogeneic HCT in first CR because of an increased incidence of non-relapse mortality.

Estey et al<sup>285</sup> prospectively evaluated a protocol in which patients ≥50 years of age with disease with unfavorable cytogenetics would be evaluated for a RIC allogeneic HCT.<sup>285</sup> Of the 259 initial patients, 99 experienced a CR and were therefore eligible for HCT evaluation. Of these patients, only 14 ultimately underwent transplantation because of illness, lack of donor, declining, or unspecified reasons. The authors compared the results of RIC allogeneic HCT with those from matched participants receiving conventional-dose chemotherapy. This analysis suggested that RIC allogeneic HCT was associated with improved RFS, and the authors



concluded that this approach remains of interest. <sup>285</sup> In an analysis of outcomes between two different strategies for matched-sibling allogeneic HCT, outcomes in patients  $\leq$ 50 years of age (n = 35) receiving conventional myeloablative allogeneic HCT were compared with those in patients >50 years of age (n = 39) receiving RIC allogeneic HCT. <sup>286</sup> This study showed similar rates of 4-year non-relapse mortality (19% and 20%, respectively), and no difference was seen in relapse and OS rates. <sup>286</sup>

A retrospective study based on data in patients 50–70 years of age with AML compared outcomes in patients who underwent allogeneic HCT (either myeloablative conditioning or RIC; n = 152) with those who did not receive HCT in first CR (chemotherapy only; n = 884).<sup>287</sup> Allogeneic HCT in first CR was associated with a significantly lower 3-year cumulative relapse rate (22% vs. 62%; P < .001) and a higher 3-year RFS rate (56% vs. 29%; P < .001) compared with the non-HCT group. Although HCT was associated with a significantly higher rate of non-relapse mortality (21% vs. 3%; P < .001), the 3-year OS rate showed a survival benefit with HCT (62% vs. 51%; P = .012).<sup>287</sup> Among the patients who underwent allogeneic HCT, myeloablative conditioning was used in 37% of patients, whereas RIC was used in 61%. Survival outcomes between these groups were similar, with 3-year OS rates of 63% and 61%, respectively.<sup>287</sup>

Another study evaluating treatment in patients 60–70 years of age compared outcomes between RIC allogeneic HCT reported to the Center for International Blood and Marrow Transplant Research (n = 94) and standard chemotherapy induction and postremission therapy from the CALGB studies (n = 96).<sup>288</sup> Allogeneic HCT in first CR was associated with significantly lower 3-year relapse (32% vs. 81%; P < .001) and higher 3-year leukemia-free survival rates (32% vs. 15%; P < .001) compared with the chemotherapy-only group. As would be expected, allogeneic HCT was

associated with a significantly higher rate of non-relapse mortality (36% vs. 4%; P < .001) at 3 years; the 3-year OS rate was not significantly different between the groups (37% vs. 25%; P = .08), although there was a trend favoring allogeneic HCT.<sup>288</sup> A prospective multicenter phase II study examined the efficacy of RIC allogeneic HCT in patients 60 to 74 years of age with AML in first CR (n = 114).<sup>289</sup> After allogeneic HCT, DFS and OS at 2 years were 42% (95% CI, 33%–52%) and 48% (95% CI, 39%–58%), respectively, for the entire group.<sup>289</sup> A time-dependent analysis of four successive prospective HOVON-SAKK AML trials examined data from patients  $\ge$ 60 years of age who obtained a first CR after induction chemotherapy (n = 640).<sup>290</sup> For patients who received allogeneic HCT as post-remission therapy (n = 97), a 5-year OS rate was 35% (95% CI, 25%–44%).<sup>290</sup>

Collectively, these studies suggest that RIC allogeneic HCT is a feasible treatment option for patients ≥60 years of age, particularly those in first CR with minimal comorbidities and who have an available donor. For this strategy to be better used, potential transplant options should be considered during induction therapy, and alternative donor options/searches should be explored earlier in the disease management.

#### **NCCN Recommendations**

Consolidation therapy options for patients with favorable-risk AML (CBF-AML, NPM1-mutated/FLT3 wild-type AML, in-frame bZIP mutation in CEBPA) include cytarabine; cytarabine (5 or 7 days) combined with idarubicin or daunorubicin, or mitoxantrone for those ≥60 years of age; and cytarabine with gemtuzumab ozogamicin or cytarabine with daunorubicin and gemtuzumab for those with CD33 positive disease. Gemtuzumab ozogamicin regimens should only be given during consolidation if also utilized during induction. Consolidation should be



followed by maintenance therapy for those eligible or by consideration of allogeneic HCT for patients who are unable to complete consolidation or who have high-risk disease features such as MRD positivity or KIT mutation. Of note, patients who receive transplant shortly following gemtuzumab ozogamicin administration may be at risk for developing SOS.<sup>291</sup> If transplant is planned, it should be noted that prior studies have used a 60- to 90-day interval between the last administration of gemtuzumab ozogamicin and HCT.

Options for consolidation therapy for patients with *FLT3*-mutated disease include cytarabine combined with midostaurin (*FLT3*-ITD or TKD) or quizartinib (*FLT3*-ITD only).

For those with intermediate-risk AML, consolidation options include cytarabine or cytarabine with daunorubicin and gemtuzumab ozogamicin for those with CD33 positive disease. Allogeneic HCT is also an option for those who have already achieved remission and have a donor available.

For those with poor risk AML with and without *TP53* mutation or *del17p* abnormality, therapy-related AML (other than CBF-AML), antecedent MDS/CMML, and AML-MRC, consolidative allogeneic HCT is preferred for those in remission with an available donor. Other consolidation options include CPX-351/dual-drug liposomal encapsulation of cytarabine and daunorubicin or FLAG-IDA/Ida (preferred for those that received those agents during induction therapy). For patients that received lower intensity regimens for induction, such as HMAs with venetoclax, these regimens can be continued as consolidation therapy.

For patients with *FLT3*-mutated disease, intermediate-risk, poor-risk, or secondary AML, maintenance therapy for those who are eligible or

allogeneic HCT (if not previously performed) are options following consolidation therapy.

# **AML Induction Therapy for Patients Ineligible for Intensive Induction**

In patients who cannot tolerate intensive treatment strategies, low-intensity approaches have been investigated, including use of HMAs alone or combined with venetoclax.

Hypomethylating Agents (HMAs): An international, randomized, phase III study by Fenaux et al<sup>292</sup> compared the HMA 5-azacitidine with conventional care (best supportive care, low-dose cytarabine, or intensive chemotherapy) in patients with MDS (n = 358). Although this study was designed for evaluation of treatment in patients with high-risk MDS (based on FAB criteria), 113 study patients (32%) fulfilled criteria for AML using the 2008 WHO classification, with marrow-blast percentages between 20% and 30%. <sup>292,293</sup> In the subgroup of these patients with AML, a significant survival benefit was found with 5-azacitidine compared with conventional care regimens, with a median OS of 24.5 months versus 16 months (HR, 0.47; 95% CI, 0.28–0.79; P = .005).<sup>293</sup> The 2-year OS rates were 50% and 16%, respectively (P = .001). In a phase III study focused on adult patients ≥65 years of age, the efficacy and safety of azacitidine versus conventional care regimens (standard induction chemotherapy, low-dose cytarabine, or supportive care) was evaluated in patients with newly diagnosed AML with >30% blasts.<sup>294</sup> Compared to conventional care regimens, azacitidine was associated with an increase in median OS (6.5 vs.10.4 months; HR, 0.85; 95% CI, 0.69–1.03; stratified log-rank P = .1009). <sup>294</sup> The 1-year survival rates with azacitidine and conventional care regimens were 46.5% and 34.2%, respectively.



Another HMA, decitabine, has also been evaluated as remission induction therapy for patients who are older with AML.<sup>295</sup> In a phase II study in previously untreated patients ≥60 years of age (n = 55; median age, 74 years), the overall CR rate with this agent (20 mg/m<sup>2</sup> for 5 days every 28 days) was 24% (including 6 out of 25 patients [24%] with poor-risk cytogenetics), and the median EFS and OS were 6 months and 8 months. respectively.<sup>295</sup> An earlier phase I study evaluated different dose schedules of decitabine in patients with R/R leukemias (n = 50; AML diagnosis, n = 37).<sup>296</sup> In this study decitabine was given at 5, 10, 15, or 20 mg/m<sup>2</sup> for 5 days per week for 2 to 4 consecutive weeks (ie, 10, 15, or 20 days). The decitabine dose of 15 mg/m $^2$  for 10 days (n = 17) was associated with the highest response rates, with an overall response rate (ORR) of 65% and CR rate of 35%. Among the patients with R/R AML (n = 37), the ORR was 22% with a CR in 14% across all dose levels.<sup>296</sup> A phase II study targeting patients ≥60 years of age with AML who were not candidates for or declined intensive therapy, administered a decitabine dose of 20 mg/m<sup>2</sup> for 10 days and demonstrated a CR rate of 47% (n = 25) after a median of three cycles of therapy.<sup>297</sup> In a study aimed at identifying the relationship between molecular markers and clinical responses to decitabine, adult patients with AML and MDS (n = 116; median age, 74 years; range, 29-88 years) were treated with decitabine (20 mg/m<sup>2</sup> for 10 days every 28 days).<sup>298</sup> Response rates were higher among patients with disease with unfavorable-risk cytogenetics compared to patients with disease with favorable- or intermediate-risk cytogenetics (67% vs. 34%, respectively; P < .001), and in the setting of TP53mutations compared to wild-type TP53 (100% vs. 41%; P < .001). <sup>298</sup> A phase II study comparing a 5-day versus 10-day treatment schedule for decitabine in patients ≥60 years of age (n = 71) with newly diagnosed AML determined that the efficacy and safety of both schedules were not significantly different.<sup>299</sup>

In an open-label, randomized, phase III study, decitabine (20 mg/m<sup>2</sup> for 5 days every 28 days) was compared with physician's choice (either low-dose cytarabine [20 mg/m²/day SC for 10 consecutive days every 28 days] or supportive care) in patients ≥65 years of age with newly diagnosed AML.300 Based on the protocol-specified final analysis of the primary endpoint (OS), decitabine was associated with a statistically nonsignificant trend for increased median OS compared with physician's choice (7.7 vs. 5 months; HR, 0.85; 95% CI, 0.69–1.04; P = .108). A subsequent post hoc analysis of OS with additional follow-up time showed the same median OS with a statistically significant advantage associated with decitabine (HR, 0.82; 95% CI, 0.68–0.99; P = .037). The CR (including CRi) rate was significantly higher with decitabine (18% vs. 8%; P = .001). The most common treatment-related adverse events with decitabine versus cytarabine included thrombocytopenia (27% vs. 26%), neutropenia (24% vs. 15%), febrile neutropenia (21% vs. 15%), and anemia (21% vs. 20%). The 30-day mortality rates were similar between the decitabine and cytarabine groups (9% vs. 8%).300 Both azacitidine and decitabine are approved by the FDA for the treatment of patients with MDS.

**Venetoclax-Containing Regimens:** Studies have evaluated the combination of HMAs with venetoclax, an oral B-cell lymphoma 2 (*BCL2*) inhibitor, as an induction therapy strategy for patients who are older with AML. $^{301-304}$  In a phase lb study, patients ≥65 years of age with previously untreated AML (n = 57) were enrolled into 3 groups: group A (n = 23) received venetoclax and decitabine (20 mg/m² daily for 5 days of each 28-day cycle); group B (n = 22) received venetoclax and azacitidine (75 mg/m² daily for 7 days of each 28-day cycle); and group C, a substudy of venetoclax and decitabine (n = 12), received an oral CYP3A inhibitor, posaconazole, to determine its effect on the pharmacokinetics of



venetoclax.<sup>301</sup> Daily target doses for venetoclax in different cohorts within groups A and B were 400 mg, 800 mg, and 1200 mg. The most common treatment-related adverse event in groups A and B was febrile neutropenia (30% and 32%, respectively), with an overall CR/CRi rate of 61% (95% CI, 47.6–74.0). In groups A and B, the CR/CRi rate was 60% (95% CI, 44.3–74.3).<sup>301</sup>

In a follow-up to this study, the efficacy of either 400 mg or 800 mg of venetoclax combined with either decitabine or azacitidine was evaluated in patients ≥65 years of age with previously untreated AML and who were ineligible for intensive chemotherapy (n = 145; median age, 74 years). 302The venetoclax dose of 400 mg was found to be the recommended phase II dose. With a median time on study of 8.9 months (range, 0.2–31.7) months) and median duration of follow-up of 15.1 months (range, 9.8-31.7 months), 67% of patients achieved CR/CRi. 302 The median duration of CR/CRi and median OS was 11.3 months and 17.5 months, respectively.<sup>302</sup> In a subgroup analysis, the CR/CRi rates of patients with disease with intermediate- and poor-risk cytogenetics were 74% and 60%, with a median duration of 12.9 months (95% CI, 11.0 months-NR) versus 6.7 months (95% CI, 4.1–9.4 months), respectively. 302 The CR/CRi rates in with the setting of TP53, IDH1/2, and FLT3 mutations were 47%, 71%, and 72%, respectively. In addition, patients with de novo AML and secondary AML, respectively, had the same CR/CRi rate of 67%, with a median duration of CR/CRi of 9.4 months (95% CI, 7.2-11.7 months) versus not reached (NR) (95% CI, 12.5 months-NR).302 In a phase 3 follow-up to this study, at a median follow-up of 20.5 months, the median OS was 14.7 months in the group treated with azacitidine and venetoclax and 9.6 months in the group treated with azacitidine only (control) (HR, 0.66; 95% CI, 0.52–0.85; P = .001). 303 The CR/CRi rate was also higher in

the azacitidine and venetoclax group versus the control group (66.4% vs. 28.3%, respectively; P = .001).<sup>303</sup>

Another phase Ib/II study evaluated the efficacy of venetoclax combined with low-dose cytarabine (20 mg/m² daily for 10 days) in patients ≥60 years of age with previously untreated AML ineligible for intensive chemotherapy (n = 82; median age, 74 years).³04 All patients received at least one dose of venetoclax at 600 mg. The CR/CRi rate was 54% (95% CI, 42%–65%) with a median duration of remission of 8.1 months (95% CI, 5.3–14.9 months), and the median OS for all patients was 10.1 months (95% CI, 5.7–14.2 months).³04 Patients with *de novo* AML, intermediaterisk cytogenetic features, and no prior HMA exposure demonstrated CR/CRi rates of 71%, 63%, and 62%, respectively.³04 The average CR/CRi rates in the setting of *NPM1* or *IDH1/2* mutations were higher than in the setting of *TP53* or *FLT3* mutations (89% and 72% vs. 30% and 44%, respectively).³04

A randomized placebo-controlled phase III study also evaluated the efficacy of venetoclax combined with low-dose cytarabine at a dose of 20 mg/m² SC daily for 10 days in adults  $\geq$ 18 years of age (median age, 76 years) deemed ineligible for intensive chemotherapy. Venetoclax dosing was ramped up over a 4-day period to a target dose of 600 mg daily. At preplanned primary analysis (median follow up, 12 months), no significant difference in median OS was noted between the venetoclax/ low-dose cytarabine and placebo/ low-dose cytarabine arms (7.2 months vs. 4.1 months, respectively, HR, 0.75; 95% CI, 0.52–1.07; P = .11) However, at updated analysis, with an additional 6 months of follow-up, median OS was 8.4 months for the venetoclax/low-dose cytarabine arm vs 4.1 months for the placebo/ low-dose cytarabine arm (HR, 0.70; 95% CI, 0.50-0.99; P = .04). CR/Cri rates were 48% for the venetoclax/ low-dose cytarabine arm



versus 13% in the placebo/low-dose cytarabine arm (P < .001), and benefit was seen across all patient subgroups (including AML with baseline intermediate or poor cytogenetic risk, and AML with TP53-, IDH/1/2-, FLT3-, or NPM1-mutations. EFS was also improved in the venetoclax/ low-dose cytarabine arm compared to the placebo/LDAC arm, at 4.7 months and 2 months, respectively (HR, 0.58; 95% CI, 0.42–0.82; P = .002).

Based on these studies, venetoclax in combination with HMAs, decitabine or azacitidine, or low-dose cytarabine are approved by the FDA for the treatment of newly diagnosed AML in adults at least 75 years or older, or in patients who have comorbidities that preclude use of intensive induction chemotherapy.

Low-Dose Cytarabine-Containing Regimens: Other approaches have evaluated low-dose cytarabine. The UK NCRI AML 14 trial randomized 217 patients who were older (primarily aged >60 years; de novo AML, n = 129; secondary AML, n = 58; high-risk MDS, n = 30) unfit for intensive induction chemotherapy to receive either low-dose cytarabine subcutaneously (20 mg twice daily for 10 consecutive days, every 4-6 weeks) or hydroxyurea (given to maintain target WBC counts <10 x 10<sup>9</sup>/L).<sup>306</sup> Patients were also randomized to receive ATRA or no ATRA. Low-dose cytarabine resulted in a CR rate of 18% (vs. 1% with hydroxyurea) and a survival benefit compared with hydroxyurea in patients with favorable or NK-AML. No advantage was observed with the addition of ATRA. The median DFS in patients who achieved a CR with low-dose cytarabine was 8 months.<sup>306</sup> Even with this "low-intensity" treatment approach, induction death occurred in 26% of patients, and overall prognosis remained poor for patients who were older who could not tolerate intensive chemotherapy regimens. A phase II study evaluated a

regimen with low-dose cytarabine (20 mg twice daily for 10 days) combined with clofarabine (20 mg/m² daily for 5 days) in patients ≥60 years of age with previously untreated AML (n = 60; median age, 70 years; range, 60–81 years).<sup>307</sup> Patients who achieved a response received consolidation (up to 17 courses) with clofarabine plus low-dose cytarabine alternated with decitabine. Among patients with evaluable data (n = 59), the CR rate was 58% and median RFS was 14 months. The median OS for all patients was 12.7 months. The induction mortality rate was 7% at 8 weeks.<sup>307</sup> Although this regimen appeared to be active in patients who are older with AML, the authors noted that the benefits of prolonged consolidation remain unknown.

In a phase II trial, low-dose cytarabine was combined with glasdegib, a selective inhibitor of the Smoothened protein in the Hedgehog signaling pathway, and evaluated in patients ≥55 years of age with previously untreated AML or high-risk MDS ineligible for intensive chemotherapy (n = 132). 308 Criteria for unsuitability for intensive chemotherapy included being at least 75 years of age, having serum creatinine >1.3 mg/dL, and having severe cardiac disease or ECOG score = 2. Patients were randomized 2:1 to receive low-dose cytarabine alone (20 mg twice daily for 10 days every 28 days) or combined with oral glasdegib (100 mg daily). The addition of glasdegib to low-dose cytarabine also improved OS compared to low-dose cytarabine alone (8.8 months vs. 4.9 months, respectively), and the CR rates were higher in the low-dose cytarabine and glasdegib arm (17%, n = 15/88) compared to low-dose cytarabine alone (2.3%; n = 1/44). <sup>308</sup> In the glasdegib plus low-dose cytarabine arm, the benefit in CR was primarily seen in patients with disease with favorable-/intermediate-risk cytogenetics (n = 10/52) when compared to patients with disease with poor risk cytogenetics (n = 5/36). Glasdegib in combination with lowdose cytarabine is currently approved by the FDA for the treatment of



newly diagnosed AML in patients ≥75 years of age, or in patients who have comorbidities that preclude use of intensive induction chemotherapy.

#### **CD33-Positive AML**

Single-agent GO has also been evaluated as an option for induction therapy for those not eligible for intensive induction. A randomized phase III study evaluated the efficacy of single-agent GO (6 mg/m² on day 1 and 3 mg/m² on day 8) versus best supportive care as first-line therapy in patients  $\geq$ 61 years of age with AML who were not eligible for intensive chemotherapy (n = 237).<sup>309</sup> Compared to best supportive care, GO alone improved the 1-year OS rate (9.7% vs. 24.3%, respectively). In the GO group, the median OS was 4.9 months (95% CI, 4.2–6.8 months) and 3.6 months (95% CI, 2.6–4.2 months) in the best supportive care group.<sup>309</sup>

#### **IDH Mutation-Positive AML**

Initially approved by the FDA for use in the R/R AML setting, *IDH*-targeted inhibitors, enasidenib and ivosidenib, have demonstrated utility in the frontline setting. <sup>310-312</sup> In a phase I/II study, the clinical activity and safety of enasidenib, an *IDH2* mutant inhibitor, was evaluated in adult patients with *IDH2*-mutated advanced AML including R/R disease. <sup>313</sup> Approximately 19% of patients (n = 34 of 176) with R/R AML achieved complete remission, with an OS of 19.7 months with a median OS of 9.3 months. <sup>313</sup> In patients ≥60 years with newly diagnosed AML, the efficacy of enasidenib was evaluated in a phase Ib/II sub-study within the Beat AML trial. <sup>311</sup> Patients were treated with enasidenib (100 mg/day) in continuous 28-day cycles. Azacitidine (75 mg/m² days 1–7) was added to enasidenib for some patients who did not achieve CR/CRi by cycle 5. Of 23 patients with evaluable data receiving enasidenib monotherapy, CR/CRi was achieved in 43% of patients (7 CR/2 CRi). <sup>311</sup>

In an ongoing phase I/II study, the safety and efficacy of enasidenib plus azacitidine was compared to azacitidine alone in 101 patients (median age, 75 years) with newly diagnosed, *IDH2*-mutated AML.<sup>314</sup> In the phase II portion of the study, overall response rate was improved with enasidenib plus azacitidine compared to azacitidine alone (74% [50/68] vs. 36% [12/33], respectively; P = .0003).

Ivosidenib, an *IDH1*-mutation inhibitor, demonstrated durable remissions in *IDH1* R/R AML, with 30.2% of patients (n = 54 of 179) with R/R AML achieving CR/CRh.<sup>315</sup> As an extension of this study, the safety and efficacy of ivosidenib in patients with untreated AML was evaluated (n = 34; median age, 76.5 years).<sup>310,316</sup> In phase I dose-escalation and expansion, patients received ivosidenib once daily or twice daily in 28-day cycles, and a dose of 500 mg per day was selected as the dose for expansion groups. The CR/CRh rate was 41.2% (95% CI, 24.6%–59.3%), and the ORR was 58.8% (20/34; 95% CI, 40.7%–75.4%).<sup>310,316</sup> Based on these data, ivosidenib was approved by the FDA in May 2019 as a first-line treatment option for AML with an *IDH1* mutation in patients who are at least 75 years old or who have comorbidities that preclude the use of intensive induction chemotherapy.

In a more recent phase III randomized study, the safety and efficacy of azacitidine combined with ivosidenib vs placebo for newly diagnosed *IDH1*-mutated AML in patients (n = 146) ineligible for intensive induction was assessed. With a median follow up of 12.4 months, EFS was significantly longer with azacitidine combined with ivosidenib compared to placebo (P = .002). Similarly, median OS was improved in the azacitidine/ivosidenib arm (24 vs. 7.9 months; P = .001). Rates of differentiation syndrome, grade  $\geq$ 3 neutropenia, and bleeding were higher



in the azacitidine/ivosidenib, while rates of grade ≥3 febrile neutropenia and infection were higher in the azacitidine/placebo arm.

Treatment with both enasidenib and ivosidenib may induce differentiation syndrome and hyperleukocytosis, which may be managed with corticosteroids and hydroxyurea.<sup>317-319</sup>

Alternatively, emerging data suggest that patients with *de novo* AML characterized by *IDH1/2*-mutant AML may benefit from venetoclax/HMA-based therapy with reported remission rates of greater than 70%, albeit in a relatively small number of patients.<sup>302,320</sup>

#### **FLT3-Positive AML**

The phase III randomized LACEWING trial compared the safety and efficacy of azacitidine plus gilteritinib, a FLT3 inhibitor that has demonstrated antileukemic activity in FLT3-positive R/R AML, $^{321,322}$  to azacitidine alone in patients (n = 123; median age 78 years) with newly diagnosed FLT3-mutated AML that were ineligible for intensive induction chemotherapy. $^{323}$  Though OS was similar with gilteritinib/azacitidine compared to azacitidine alone (9.82 vs. 8.87 months; P = .753), CRc rates were significantly higher with gilteritinib/azacitidine (58.1% vs. 26.5%; P < .001). Rates of adverse events were also similar between the two arms.

Another study evaluated the efficacy of azacitidine and sorafenib, a *FLT3* inhibitor, as a front-line strategy in adult patients with *FLT3*-ITD mutation-positive AML who cannot tolerate intensive induction (n = 27; median age, 74 years; range, 61–86 years).<sup>324</sup> The ORR was 78%, with CR, CRi/CR with incomplete platelet recovery (CRp), and PR rates of 26%, 44%, and 7%, respectively.<sup>324</sup> In addition, the median duration of CR/CRi/CRp was 14.5 months, with a median OS of 8.3 months for the whole group.<sup>324</sup>

#### NCCN Recommendations

Similar to recommendations for patients eligible for intensive induction therapy, the NCCN AML Panel encourages enrollment in a clinical trial for treatment induction of patients with AML who are ineligible for intensive induction therapy. For patients not enrolled in a clinical trial, treatment options include lower-intensity therapy based on the presence or absence of an *IDH1* mutation.

In the absence of an *IDH1* mutation, preferred regimens include venetoclax combined with HMAs (azacitidine [category 1] or decitabine). Other options which may be useful in certain circumstances include lowdose cytarabine combined with venetoclax or glasdegib. For patients with FLT3 mutations, gilteritinib alone or combined with azacitidine (FLT3-ITD or TKD; a category 2B recommendation), or sorafenib combined with azacitidine or decitabine (FLT3-ITD only) are recommended options. For patients with IDH2 mutations, enasidenib alone or in combination with azacitidine (category 2B for the combination) are treatment options. Patients not considered candidates for combination or targeted therapy may receive monotherapy with HMA (azacitidine or decitabine), GO alone (a category 2B recommendation), or low-dose cytarabine alone (a category 2B recommendation). Best supportive care with hydroxyurea and transfusion support should also be considered and have been used as the comparator arm in several clinical trials in patients who are older or unfit for intensive induction.

For patients with *IDH1*-mutant AML, preferred treatment options include azacitidine in combination with ivosidenib or venetoclax (both category 1 recommendations). Other recommended options include venetoclax combined with decitabine or ivosidenib alone. Other regimens that may be useful in certain circumstances include venetoclax combined with low-



dose cytarabine or low-intensity therapy with HMAs (azacitidine or decitabine).

Post-Remission or Consolidation Therapy in Patients Ineligible for Intensive Induction Therapy

#### NCCN Recommendations

Previous Lower-Intensity Therapy: For patients who previously received lower-intensity therapy, a marrow to document remission status upon hematologic recovery should be performed, with the timing dependent on the therapy used. If a response is observed, allogeneic HCT may be considered for select patients if a donor is available. Alternatively, low-dose therapies used in induction with demonstrated efficacy may be continued until progression (see AML Induction Therapy for Patients Ineligible for Intensive Induction; NCCN Recommendations) or a single dose of gemtuzumab ozogamicin for up to 8 continuation cycles can be considered for those with CD33 positive disease (a category 2B recommendation). Thereafter, maintenance therapy can be considered for those who are eligible.

If no response or progression is seen, a clinical trial, therapies for R/R AML (see *Management of Relapsed/Refractory AML*), or best supportive care are recommended options.

#### **Maintenance Therapy**

Hypomethylating Agents (HMAs): To improve treatment outcomes, some studies have evaluated the efficacy of maintenance therapy with HMAs after induction or allogeneic HCT. CC-486 is a novel oral formulation of azacitidine that allows prolonged exposure in patients with hematologic malignancies. 325,326 In a phase I/II trial evaluating the efficacy of oral azacitidine as maintenance therapy after allogeneic HCT in adult

patients (≥18 years) with AML or MDS, patients received 1 of 4 dosing schedules per 28-day cycle for up to 12 cycles.<sup>327</sup> Of 30 patients, 7 received oral azacitidine once daily for 7 days per cycle (n = 3 at 200 mg; n = 4 at 300 mg), and 23 received oral azacitidine for 14 days per cycle (n = 4 at 150 mg; n = 19 at 200 mg [expansion cohort]).<sup>327</sup> At 19 months of follow-up, median OS was not reached and estimated 1-year survival rates were 86% and 81% in the 7-day and 14-day dosing cohorts, respectively.<sup>327</sup>

In the international phase 3 trial, QUAZAR AML-001, investigators evaluated the efficacy of oral azacitidine as post-remission therapy in adult patients (≥55 years of age) who had newly diagnosed AML or secondary AML, and had experienced CR or CRi after induction with intensive therapies but were ineligible for allogeneic HCT (n = 472; median age, 68 years; range, 55–86 years). 328 Within 4 months of attaining CR or CRi, patients were randomized to receive placebo (n = 234) or 300 mg of oral azacitidine (n = 238) once daily on days 1 to 14 of repeated 28-day treatment cycles. A 21-day dosing schedule was allowed for patients who experienced AML relapse with 5% of 15% blasts in blood or bone marrow while enrolled in the study. This treatment schedule could continue indefinitely or until the presence of >15% blasts, unacceptable toxicity, or allogeneic HCT. At a median follow-up of 41.2 months, median OS was 24.7 months and 14.8 months in the oral azacitidine and placebo arms, respectively (HR, 0.69; 95% CI, 0.55–0.86; P = .0009). In addition, the median RFS was significantly prolonged in the oral azacitidine arm at 10.2 months compared to the placebo arm at 4.8 months (HR, 0.65; 95% CI, 0.52-0.81; P = .0001). Based on these data, in September 2020, the FDA approved oral azacitidine for continued treatment of patients with AML who achieved first CR or CRi following intensive induction chemotherapy and are not able to complete intensive postremission therapy.



In a phase 3 randomized trial, HOVON97, investigators evaluated the efficacy of maintenance therapy with azacitidine in patients with AML or MDS with refractory anemia with excess of blasts (n = 116; aged  $\geq$ 60 years) who were in CR or CRi after intensive chemotherapy. Patients were randomized to either observation (n = 60) or treated with azacitidine (n = 56) at 50 mg/m² subcutaneously on days 1 to 5 every 4 weeks until relapse for a maximum of 12 cycles. Phirty-five patients received at least 12 cycles of azacitidine and the estimated 12-month DFS for the azacitidine and observation groups were 64% and 42%, respectively (log rank, P = .04).

A randomized trial compared conventional care (low-dose cytarabine or intensive chemotherapy) to decitabine in patients (n = 50 [45 with evaluable data]; median age, 57 years; range, 24–79) with AML in first or subsequent CR. $^{330}$  With a median follow-up of 44.9 months, less patients experienced relapse in the decitabine arm, though not statistically significant (50% vs. 60%; P = .7) There was also no significant difference in OS (45% vs. 36%; P = .9) or EFS (35% vs. 32%; P = .9).

**FLT3 Inhibitors:** TKIs have been studied as maintenance therapy in patients with AML with *FLT3* mutations.

In a phase III study, patients (n = 202) with *FLT3*-ITD mutated AML who underwent allogeneic HCT with composite CR (CRc) before and after transplant were assigned to maintenance sorafenib or control upon hematologic count recovery between 30 to 60 days post-transplant. With a median follow-up of 21.3 months post-transplant, 1-year cumulative incidence of relapse was lower in the sorafenib group (7% vs. 24.5%; P = .001) Rates of adverse events were similar between the two arms, though there was a higher rate of hematological toxicity in the sorafenib arm (15%)

vs. 7%). In the phase II SORMAIN trial, patients (n = 83) in complete hematologic CR after allogeneic HCT were randomized to sorafenib or placebo for 24 months post-transplant.<sup>332</sup> With a median follow-up of 41.8 months, HR for relapse or death for the sorafenib arm compared to the placebo arm was 0.39; 95% CI, 0.18–0.85; log-rank P = .013) and the probability of RFS at 24 months was higher in the sorafenib arm (85% vs. 53.3%; P = .002).

In the previously discussed CALGB 10603/RATIFY Alliance trial (see Induction Therapy, Risk-Stratified Treatment Strategies, Intermediate-Risk Genetics) patients with newly diagnosed FLT3-mutation-positive AML (ITD or TKD) were randomized to receive chemotherapy in combination with the TKI midostaurin or placebo during induction and consolidation, followed by post-chemotherapy maintenance with midostaurin or placebo.<sup>247</sup> Fifty-seven percent of patients on trial underwent allogeneic HCT during their disease course. In a sensitivity analysis that censored data at the time of transplant, 4-year OS was higher in the midostaurin arm, though not statistically significant (63.7% vs. 55.7%; P = .08), although patients did not go on to receive post-transplant maintenance.<sup>247</sup> In a phase II trial in patients aged 18 to 70 years with FLT3-ITD mutated AML in CR1 following allogeneic HCT, patients were randomized to standard treatment (chosen by treating provider) with or without midostaurin.333 Among 30 patients who completed a full 12 cycles of therapy, both 18-month RFS (89% vs. 76%; P = .27) and estimated 24month OS (85% vs. 76%; P = .34) favored the midostaurin arm, though not significantly so.

In a four-part phase I study, the safety and efficacy of the TKI gilteritinib was assessed in patients (n = 80; median age, 59 years; range, 23–77 years) with newly diagnosed *FLT3* mutation positive AML.<sup>334</sup> Patients



received standard 7+3 (daunorubicin or idarubicin) induction and HiDAC consolidation, both combined with gilteritinib, followed by gilteritinib maintenance. CRc was 81.8% among patients in all dose groups (40–200 mg daily) and 81.6% among patients who received the recommended expansion dose (120 mg daily). Median OS was not reached at 35.8 months. Among patients with *FLT3*-ITD mutated disease who received a dose of ≥120 mg daily and achieved CRc, 70% achieved mutational clearance. Randomized trials are needed for further data.

The efficacy of the TKI quizartinib was investigated in a phase III trial, in which patients with newly diagnosed FLT3-ITD mutated AML (n = 539; median age, 56 years; range, 18–75 years) were randomized to quizartinib versus placebo combined with standard 7+3 (daunorubicin or idarubicin) induction chemotherapy. Those who achieved Cr/CRi moved on to consolidation with either HiDAC plus quizartinib or placebo, allogeneic HCT, or both. Consolidation was followed by maintenance quizartinib or placebo. Rates of CRc following 1 to 2 cycles of induction were higher in the quizartinib arm (72% vs. 65%). With a median follow-up of 39.2 months, there was a significant OS benefit for the quizartinib arm (31.9 vs. 15.1 months; P = .032). OS was also improved in the quizartinib arm in a prespecified sensitivity analysis that censored for patients that proceeded to allogeneic HCT at any point in time.

# Principles of Venetoclax Use with HMAs or Low-dose Cytarabine - Based Treatment

With growing use of venetoclax-based therapies (eg, venetoclax with HMAs or low-dose cytarabine), and the fact that these therapies may be given for an indefinite duration as long as patients respond or derive hematologic benefit from the therapies, the AML Panel reviewed the literature and emerging guidelines that can inform a consensus on ways

to optimize use of these therapies.<sup>335</sup> The AML Panel highly recommends consultation with a high-volume tertiary care/academic medical center for community centers utilizing venetoclax-based therapies.

For patients with newly diagnosed disease, the Panel notes that venetoclax with HMA or low-dose cytarabine should be given concomitantly. The addition of a third targeted agent to these combinations is not recommended outside the context of a clinical trial. Prior to administering therapy, it is important to achieve a WBC count of <25 x 10<sup>9</sup>/L with hydroxyurea or leukapheresis if needed.<sup>336</sup> It is worth noting that the data supporting a beneficial role for leukapheresis in this context is limited.<sup>337</sup> In addition, venetoclax is a substrate of CYP3A4, so dose adjustments of venetoclax are recommended when concurrently using venetoclax with strong CYP3A4 inhibitors, most commonly the azole class of antifungal agents.<sup>338,339</sup> When there are delays in count recovery, breaks between treatment cycles to allow recovery are essential, and reductions in duration of venetoclax and HMAs or low-dose cytarabine may be considered.

To minimize the development of tumor lysis syndrome—which is uncommon in this setting<sup>336</sup>—during the first cycle of treatment, inpatient treatment is strongly recommended, especially through dose-escalation. The intrapatient dose escalation for venetoclax with HMA is 100 mg, 200 mg, and 400 mg given daily on days 1 to 3; and the intrapatient dose escalation for venetoclax with low-dose cytarabine is 100 mg, 200 mg, 400 mg, and 600 mg given daily on days 1 to 4.<sup>336</sup> Concomitant interacting medications may require changes to these dosages.<sup>339</sup> To minimize and avert further risk of tumor lysis syndrome, the Panel recommends aggressive monitoring of blood chemistries; monitoring and



managing electrolyte imbalances; and treatment with allopurinol or other uric acid lowering agent.<sup>336</sup>

Venetoclax and HMAs have been shown to induce prolonged cytopenias even after achieving remission, and neutropenia is a dominant treatment-related toxicity associated with this combination of agents. <sup>335</sup> During the first cycle, the Panel recommends continuing treatment regardless of cytopenias until a response assessment is made, <sup>338</sup> with aggressive transfusion support and supportive care as needed. The Panel also recommends withholding growth factors until after the first cycle response assessment. <sup>336</sup> However, granulocyte colony-stimulating factors should be considered for neutropenic patients who are in morphologic remission but whose counts have not recovered at the end of a treatment cycle. A bone marrow biopsy is necessary for response assessment on days 21 to 28 of the first cycle, <sup>336</sup> perhaps on the earlier end of this range for patients who receive the combination of venetoclax and decitabine.

If blasts are ≥5% at first cycle response assessment but evidence of efficacy exists, a second cycle should proceed without interruption with the goal of achieving morphological remission. A repeat bone marrow biopsy should then be performed on days 21 to 28 of this cycle, or subsequent cycles, until morphological remission is achieved.

If blasts are <5% at first cycle response assessment, in the setting of cytopenias all treatment should be held and the following measures should be considered: growth factor support, if indicated; and a treatment-free interval for up to 14 days. When counts have recovered to a clinically significant threshold (ideally to CR or CRi), the next cycle of treatment can begin. 336 If counts have not recovered to a clinically

significant threshold, consider repeating the BM biopsy. If morphological remission is ongoing, therapy can continue to be held or a second cycle can proceed with adjustments to dose or schedule of venetoclax and HMA or low-dose cytarabine.<sup>336</sup>

During the second and subsequent cycles of treatment, if remission was observed after the first cycle, sequential cycles should continue with up to 14-day interruptions between cycles for count recover and/or growth factor support.336 If there is no evidence of disease after the first cycle and assuming no unexpected changes in blood counts occur, consideration can be made to repeat the BM biopsy at 3- to 6-month intervals, or as needed based on clinical suspicion for relapse, depending on the goals of the patient. If count recovery worsens over time, relapsed disease should be ruled out with a repeat BM biopsy. 336 If morphological remission is ongoing with worsening blood counts, consider decreasing the duration, and/or dose, of venetoclax and/or HMA or low-dose cytarabine. However, if there is no morphological remission after the second or third cycle, the likelihood of response is decreased, and consideration should be made for enrollment in a clinical trial if available. If no clinical trial is available, and there has been some disease response with manageable toxicity, therapy may be continued as long as it is tolerated.

If venetoclax and HMA or low-dose cytarabine are being given to patients with R/R AML, the panel recommends antifungal prophylaxis. 335 Other recommendations for TLS, intrapatient dose escalation, BM biopsies, and cytopenia mitigation plans are similar to considerations that have been described.



#### **Role of MRD Monitoring**

MRD in AML refers to the presence of leukemic cells below the threshold of detection by conventional morphologic methods. Patients who have achieved a CR by morphologic assessment alone can still harbor a large number of leukemic cells in the bone marrow. 340 Due to the rapidly evolving nature of this field and the undeniable need for monitoring, MRD is still under investigation, with NCCN recommendations as discussed below.

While morphologic assessment is the first step in a cure for AML, there remains a level of MRD that currently lacks any standardized method of monitoring. Two of the most commonly used techniques are RQ-PCR and flow cytometry. RQ-PCR amplifies leukemia-associated genetic abnormalities, while flow cytometric profiling detects leukemia-associated immunophenotypes (LAIPs).341-343 Both methods have a higher sensitivity than conventional morphology. RQ-PCR has a detection range of 1 in 1000 to 1 in 100,000, while flow cytometry has sensitivity between 10<sup>-4</sup> to 10<sup>-5</sup>. The challenge of incorporating these techniques into routine practice is a lack of standardization and established cutoff values, though ongoing research is focused on addressing these limitations. Most of what is known about MRD monitoring has been done in the APL population<sup>344,345</sup>; however, these techniques are now expanding to include other AML subtypes.346 Emerging technologies include digital PCR and NGS.340 NGSbased assays can be used to detect mutated genes through targeted sequencing gene panels, 347,348 though higher sensitivities are observed in PCR- and flow cytometry-based methods compared to conventional NGS.<sup>340</sup> The data from these methods have been correlated with AML treatment outcome and the preliminary results are promising. A systematic review and meta-analysis including 11,151 patients with AML reported significant differences in estimated 5-year RFS and OS among patients

who achieved negative MRD compared to patients with residual MRD (64% vs. 25% and 68% vs. 34%, respectively).<sup>349</sup> Refinement of these methods that take into account variables including the intrinsic nature of the transcript as well as factors of the patient population, including age, disease severity, and treatment, will make MRD monitoring in patients with AML a more reliable tool.

#### RQ-PCR

There are three classifications of RQ-PCR targets: leukemic fusion genes, mutations, and gene overexpression. The most investigated leukemic fusion genes are *RUNX1-RUNX1T1*, *CBFB-MYH11*, and *MLL* (*KMT2A*) fusion transcripts. Gene fusions are found in 20% and 35% of adult and childhood non-APL AML cases, respectively.<sup>255,350</sup> Mutations in AML include *NPM1*, *DNMT3A*, and *FLT3-ITD* mutations. *NPM1* mutations are seen in approximately one-third of adult AML cases, while less than 10% of childhood cases have this mutation.<sup>351,352</sup> Similarly, the *DMNT3A* mutation is found at a higher percentage in adult (15%–20%) compared to childhood (2%) AML.<sup>84,353,354</sup> The *FLT3-ITD* mutation is found in 25% of adult and 15% of childhood AML.<sup>61,355</sup> Two less well-studied mutations that may serve as MRD markers include *CEBPA* and *MLL*-partial tandem duplications.<sup>356</sup> Finally, the main target of gene overexpression in AML is the Wilms' tumor (*WT1*) gene. Taken together, these putative targets for MRD monitoring encompass the majority of AML cases.

A study of 29 patients with either *RUNX1-RUNX1T1* or *CBFB-MYH11* AML during postinduction and post-consolidation chemotherapy did not observe a correlation with survival.<sup>357</sup> However, the authors did correlate a ≥1 log rise in RQ-PCR transcript relative to the remission bone marrow sample as indicative of inferior leukemia-free survival and imminent morphologic relapse.<sup>357</sup> Another study evaluated bone marrow from 53



patients during consolidation therapy and was the first to establish clinically relevant MRD cut-off values for the CBFB-MYH11 transcript to stratify patients at increased risk of relapse.<sup>275</sup> PCR negativity in at least one bone marrow sample during consolidation therapy was predictive of a 2-year RFS of 79% as compared to the 54% seen in PCR-positive patients. Similarly, Yin et al<sup>277</sup> found that a less than 3-log reduction in RUNX1-RUNX1T1 transcript in bone marrow or a greater than 10 CBFB-MYH11 copy number in peripheral blood after 1 course of induction chemotherapy was highly predictive of relapse.<sup>277</sup> A study in 15 patients with childhood AML showed that increased RUNX1-RUNX1T1 transcript levels were predictive of relapse. 358 MLL fusion transcripts for MRD monitoring have also been analyzed in 19 patients with t(9;11)(q22;q23) AML. Eleven of these patients showed negative PCR for the *MLL* fusion transcripts, which were associated with a better outcome. While most studies have shown a correlation between transcript level and outcome, a study of childhood AML showed RQ-PCR of RUNX1-RUNX1T1 to be a poor marker for relapse and the method to be inferior to flow cytometry. 359 The different outcomes of the studies highlight the need for standardization of these methods. It also may be an indication of variability between adult and pediatric populations, a factor that must be considered when establishing methods and cutoffs.

The use of RQ-PCR in mutations is hampered by the inability to distinguish the number of cells containing transcripts, as each cell may have variable levels. Furthermore, these transcripts still may be detected in cells that have differentiated in response to treatment and are no longer clonogenic, thereby giving a false positive. Another caveat is the instability of mutations that may result in false negatives. This is particularly true for *FLT3*-ITD<sup>362-364</sup> and *NPM1* mutations. Despite these complications, several studies have correlated *NPM1* mutations and

outcome. 119,366,368-373 In a small study of 25 patients, the use of a higher sensitivity RQ-PCR was shown to circumvent transcript instability, ultimately showing that FLT3-ITD MRD monitoring was predictive of relapse.<sup>374</sup> In comparison to *FLT3*-ITD, data suggest that *NPM1* mutations may be more stable. 368 Schittger et al 372 developed and tested primers for 17 different mutations of *NPM1*.<sup>372</sup> Serial analyses of 252 *NPM1*-mutated AML samples at 4 time points showed a strong correlation between the level of NPM1<sup>mut</sup> and outcome. Kronke et al<sup>367</sup> further modified this method to show that NPM1<sup>mut</sup> levels after double induction and consolidation therapy reflected OS and cumulative incidence of relapse.<sup>367</sup> In 245 patients, PCR negativity had a 6.5% 4-year cumulative incidence of relapse versus 53% for patients with a positive PCR.<sup>367</sup> This correlation was also seen when taken after completion of therapy. In addition, an RQ-PCR analysis of 2596 samples from 346 patients with NPM1-mutated AML demonstrated that MRD was the only independent prognostic factor for mortality (HR, 4.84; 95% CI, 2.57–9.15; P < .001) and persisting NPM1mutated transcripts were associated with relapse.<sup>369</sup>

CEBPA and MLL-partial tandem duplications are additional targets for MRD monitoring by RQ-PCR. 356,375 While data suggest both transcripts may be suitable MRD markers, the small sample sizes limit current use of these markers until data can be extrapolated to a larger population. Mutations associated with clonal hematopoiesis of indeterminate potential (CHIP) and aging including DNMT3A, TET2, and potentially ASXL1, are not considered reliable MRD markers. 347,348,376

Gene overexpression studies have focused on WT1. Retrospective data show that a lower level of WT1 after induction therapy is associated with long-term remission.<sup>377</sup> A meta-analysis of 11 trials, encompassing 1297 patients, showed the poor prognostic significance of WT1 level.<sup>378</sup> WT1



was overexpressed in 86% of marrow and 91% of blood samples from 504 patients with AML when compared to 204 healthy donors.<sup>379</sup> However, when using the cutoff values of greater than 100-fold detection, only 46% of blood and 13% of marrow samples in the cohort were positive. 379 This reflects the outliers of the healthy population that have higher WT1 transcripts. Furthermore, only 19% of childhood AML samples met this criterion in a study.<sup>380</sup> While WT1 is a strong candidate for MRD monitoring, early studies show that there is variability in the detection of this transcript that must first be addressed. In a retrospective study of AML patients who underwent allogeneic HCT (n = 74), a multigene MRD RQ-PCR array predicted clinical relapses occurring in the first 100 days after allogeneic HCT compared with 57% sensitivity using WT1 RQ-PCR alone.<sup>381</sup> Notably, for patients in CR prior to allogeneic HCT, the presence of pre-transplantation MRD positivity in peripheral blood testing was associated with survival similar to patients with pathologist bone marrowbased diagnosis of active disease.381

#### Flow Cytometry

Flow cytometry for the monitoring of AML measures the presence of tumor-specific antigens and abnormalities not found on normal bone marrow cells. Several known markers identify abnormal cells or cell maturation, and when used as a panel these markers can define cell populations. Studies in both adult and childhood AML cases show a correlation between flow cytometry and relapse. Loken et al showed that 7 of 27 patients who had not achieved morphologic remission had negative MRD by flow cytometry. All 7 patients were long-term survivors when compared with the remaining 20 patients. Conversely, in a separate study of 188 patients in morphologic remission, less than 5% had high levels of MRD by flow cytometry. All 7 patients study of 1382 follow-up bone marrow samples from 202 children with AML demonstrated MRD to be a

predictor of relapse. In this study 28 of the 38 samples (74%) with greater than 15% myeloblasts had measurements of 0.1% or greater by flow cytometry. In patients with 5% to 15% myeloblasts, 43 of the 129 patients (33%) were detected by the same threshold and only 100 of the 1215 samples (8%) with less than 5% myeloblasts fell into this category. The ability of MRD monitoring to predict an unfavorable EFS was statistically significant (P < .0001).<sup>359</sup> In a study of adult patients with AML who underwent allogeneic HCT from peripheral blood or bone marrow donor (n = 359), pre-transplant staging with flow cytometry demonstrated similar outcomes in 3-year OS and PFS estimates between patients with MRD-positive morphologic remission and patients with active disease (26% vs. 23% and 12% vs. 13%, respectively) when compared to patients in MRD-negative remission (73% and 67%, respectively).<sup>384</sup>

The most difficult issue facing flow cytometry as an effective method for MRD monitoring is standardization and training. Flow cytometry relies heavily on the expertise of the technician who must take into account variability in instruments, fluorochromes, analysis software, and individual antigens. Variations in the treatment schedule, dosing, type of treatment, and time of draw are also potential variables. Despite the issues with flow cytometry, research is focused on improving the method by defining threshold cutoff values<sup>385-388</sup> as well as generating standards to equalize data among different instruments and software programs. A study by Feller et al<sup>389</sup> further defined LAIPs and evaluated whether data from an established MRD monitoring laboratory could be replicated in four centers with no significant prior experience. Increased success rates of defining LAIPs were seen in all four centers after extensive group discussion. The inexperienced laboratories had a success rate of 82% to 93% for defining at least one LAIP in a sample from 35 evaluable samples. The missed LAIPs would have resulted in 7% to 18% of the patients being unevaluable



by MRD in these centers. The number of samples incorrectly evaluated increases if they included samples in which at least two LAIPs were identified by the primary lab, but the other labs only detected one LAIP. This accounted for an additional 9% to 20% of cases that would have resulted in false negatives. LAIPs with high specificity and sensitivity (MRD levels of .01%) were very well-defined in the multicenter analysis. With regard to the missed LAIPs, the authors proposed the design of redundant panels to account for immunophenotypic shift. Inconsistencies in LAIPs with MRD of 0.1% or lower may be resolved with the use of a greater number of fluorochromes.<sup>390</sup> Another important conclusion from this publication was the ability of these methods to be applied to different instruments; both the Beckman Coulter and the Becton Dickinson instruments were tested and obtained similar results. MRD monitoring is a more feasible option if performed in core facilities until greater research is done on the method to eliminate variability. Enrollment in clinical trials that provide MRD monitoring is encouraged.

Because a high-quality sample is essential for reliable treatment evaluation, the NCCN AML Panel recommends that the optimal sample for MRD assessment is either peripheral blood for *NPM1* PCR-based techniques or the first pull/early pull of the bone marrow aspirate for other PCR-, flow cytometry- and NGS-based assays. The timing of MRD assessments will vary and depend on the regimen used,<sup>276,369</sup> but may occur after completion of initial induction<sup>347,348,376</sup> and before allogeneic transplantation.<sup>391</sup>

#### **Postremission Surveillance for AML**

Monitoring CBCs, including platelets, every 1 to 3 months for the first 2 years after patients have completed consolidation therapy, then every 3 to 6 months thereafter up to 5 years, is recommended. Bone marrow

evaluation should be performed only if the peripheral smear becomes abnormal or if cytopenias develop, rather than as routine surveillance at fixed intervals, unless the bone marrow evaluation is being performed as part of a clinical research protocol.

A donor search should be initiated at first relapse in appropriate patients concomitant with initiation of therapy. At each relapse or progression, the Panel suggests conducting comprehensive molecular profiling using appropriate material to determine the mutation status of actionable genes including *FLT3* (ITD and TKD), *IDH1*, and *IDH2* because it may guide selection of appropriate therapies (see *Management of Relapsed/Refractory AML*) and enrollment in appropriate clinical trials. Ongoing studies are evaluating the role of molecular monitoring in the surveillance for early relapse in patients with AML (see *Role of MRD Monitoring*).

#### Management of Relapsed/Refractory AML

Treatment of R/R AML is challenging and outcomes are poor.<sup>22,392</sup> Many studies have also demonstrated that lack of early blast clearance or lack of response to the first induction cycle are major predictors for poor outcomes.<sup>22,393,394</sup> Intensive regimens generally achieve high second CR rates but do not generate substantial CR duration.<sup>395</sup> Currently, allogeneic HCT at second CR is associated with relatively lower rates of relapse and represents the only potentially curative option.<sup>22,392,396</sup> Emerging data are demonstrating the utility of targeted therapies in R/R AML, as discussed below. At time of relapse or progression, molecular profiling should be considered if not done at diagnosis, or repeated to determine clonal evolution.



#### Targeted Therapy

*FLT3-Positive AML*: In a phase I/II study, the safety and tolerability of gilteritinib, a *FLT3* inhibitor, was assessed in adult patients with R/R AML (n = 252).<sup>397</sup> In this group, 58 patients had wild-type *FLT3* and 194 patients had *FLT3* mutations (*FLT3-*ITD, n = 162; *FLT3-*TKD/*FLT3* D385, n = 16), and received oral gilteritinib (20–450 mg) once daily in one of seven dose-escalation or dose-expansion cohorts.<sup>397</sup> Gilteritinib was well-tolerated in this patient subpopulation and the most common grade 3 or 4 adverse events were febrile neutropenia (39%), anemia (24%), thrombocytopenia (13%), sepsis (11%) and pneumonia (11%).<sup>397</sup> The ORR in all patients with R/R AML was 40%, which was improved to 52% in *FLT3*-mutation positive AML patients treated with gilteritinib doses ≥80 mg/day.<sup>397</sup>

In a phase 3 trial, the efficacy of gilteritinib was compared to conventional chemotherapy used to treat R/R AML (n = 371).<sup>321</sup> In this study, the four chemotherapy options included two high-intensity options (FLAG-Ida; and mitoxantrone plus etoposide and cytarabine [MEC]) and two low-intensity options (low-dose cytarabine and azacitidine). Of the 371 patients with eligible data, 247 were randomly assigned to the gilteritinib group (120 mg/day) or the chemotherapy group (n = 124). The percentage of patients who had CR with full or partial hematologic recovery was 34% and 15.3% in the gilteritinib and chemotherapy groups, respectively.321 The median OS was significantly longer in the gilteritinib group compared to the chemotherapy group (9.3 vs. 5.6 months; HR, 0.64; 95% CI, 0.49–0.83; P < .001). <sup>321</sup> In addition, the median EFS was longer in the gilteritinib group when compared to the chemotherapy group at 2.8 months versus 0.7 months, respectively (HR for treatment failure or death, 0.79; 95% CI, 0.58–1.09).<sup>321</sup> Based on these data, gilteritinib was approved by the FDA in November 2018 for

the treatment of adult patients who have R/R AML with a *FLT3* mutation. Longer term follow-up data revealed a 2-year cumulative incidence of relapse of 75.5% for the gilteritinib arm, though few relapses occurred after 18 months.<sup>322</sup> Twenty six of 247 patients in the gilteritinib arm remained alive for 2 years or more without relapse and 18 of these patients were able to proceed to allogeneic HCT.

Emerging evidence suggests that gilteritinib in combination with venetoclax may be beneficial for *FLT3*-mutated AML.<sup>398</sup>

In a phase II study, the efficacy of azacitidine and sorafenib, a FLT3 inhibitor, was evaluated in adult patients with R/R AML (n = 43; median age, 67 years; range, 24–87 months). The response rate was 46%, with CR, CR/CRi, and PR rates of 16%, 27%, and 3%, respectively. In addition, the degree of FLT3-ITD inhibition appeared to correlate with plasma sorafenib concentrations.

In a phase III study, patients aged 18 and older with relapsed or refractory FLT3-ITD mutated AML (n = 335) were randomized to receive the FLT3 inhibitor quizartinib vs chemotherapy (low-dose cytarabine, MEC, or FLAG-Ida). With a median follow-up of 23.5 months, OS was 6.2 months in the quizartinib arm compared to 4.7 months in the chemotherapy arm (P = .02). There were similar rates of sepsis and septic shock between the two arms. Grade 3 QT prolongation occurred in 4% of patients in the quizartinib arm by investigator report.

*IDH Mutation-Positive AML*: The studies evaluating the efficacy of ivosidenib<sup>315</sup> and enasidenib<sup>313</sup> in *IDH1*- and *IDH2*-mutation positive R/R AML, respectively, have been summarized in a previous section under *AML Induction Therapy for Patients Ineligible for Intensive Induction*, for



patients who are not candidates for or decline intensive remission induction therapy.

The *IDH1* inhibitor olutasidenib was investigated among patients with relapsed/refractory *IHD1* mutated AML (n = 147; median age, 71 years; age range, 32–87 years) in a phase II trial.<sup>401</sup> Thirty-five percent of patients achieved CR+CRh, in a median time of 1.9 months (range, 0.9–5.6 months).

**CD33-Positive AML**: In a study by Taksin et al, adult patients with AML in first relapse (n = 57) received fractionated doses of GO, given at a dose of 3 mg/m² on days 1, 4, and 7 for one course.  $^{402}$  Fifteen patients achieved CR (26%) and 4 achieved CRp (7%). The median RFS was similar for patients who achieved CR and CRp and was 11 months.  $^{402}$  In addition, no veno-occlusive disease (sinusoidal obstructive syndromes) occurred after GO treatment or after GO followed by HCT (n = 7), although the authors recommended a minimum delay of 90 days between GO treatment and HCT.  $^{402}$ 

#### Chemotherapy

The guidelines provide a list of several commonly used regimens for R/R disease that are grouped as either aggressive or less aggressive therapy (see *AML: Therapy for Relapsed/Refractory Disease* in the algorithm). The regimens grouped under aggressive therapy represent purine analog (eg, fludarabine, cladribine, clofarabine)—containing regimens, which have shown remission rates of approximately 30% to 45% in several clinical trials, and those that have been used as the comparator arms in U.S. cooperative group trials in the past decade.

A study by Robak et al evaluated the efficacy of cladribine, cytarabine, and G-CSF as re-induction therapy in patients with R/R AML (n=20).<sup>403</sup> Ten

patients (50%) achieved CR with a median duration of 22.5 weeks (range, 3.5–53 weeks). Two patients experienced PR (10%) and 8 patients did not respond to therapy. <sup>403</sup> In another study, the efficacy of cladribine, cytarabine, and idarubicin was analyzed in patients with R/R AML (n = 34). <sup>404</sup> After at least one cycle of treatment, 18 patients (52.9%) achieved CR and 16 (47.1) received subsequent allogeneic HCT. <sup>404</sup> In a phase II study, the combination of cladribine, cytarabine, G-CSF, and mitoxantrone was investigated in patients with refractory AML. <sup>405</sup> After 1 or 2 cycles of treatment, 49% (n = 21) of patients achieved CR. One-year OS among patients who achieved CR was 73%.

In a study of patients with resistant or relapsing AML (n = 38), patients were treated with fludarabine, cytarabine, and G-CSF, and overall 21 patients (55%) achieved CR. $^{406}$  In a study by Parker et al, patients with high-risk MDS/AML (n = 19; including R/R AML, n = 7), treated with fludarabine, cytarabine, G-CSF, and idarubicin responded to therapy, with 12 patients (63%) achieving CR. $^{407}$ 

In a phase I study, a regimen with clofarabine, cytarabine, and idarubicin was evaluated in a subgroup of adult patients with R/R AML (n = 21) and 10 patients (48%) achieved CR. $^{408}$  A regimen with clofarabine (40 mg/m²) combined with cytarabine (2 g/m²) was evaluated in a randomized, placebo-controlled, phase III trial (CLASSIC I trial) in R/R AML, resulting in an ORR of 47% (CR rate, 35%) and a median OS of 6.6 months. $^{409}$  A retrospective study compared clofarabine versus fludarabine in combination with HiDAC with or without G-CSF. $^{410}$  Patients treated with a clofarabine-based regimen (n = 50) compared to a fludarabine-based regimen (n = 101) had a higher CR rate (OR, 9.57; P < .0001) and a longer survival (mortality HR, 0.43; P = .0002). $^{410}$ 



The regimens for R/R AML grouped under less aggressive or less intensive therapy include HMAs (azacitidine or decitabine), low-dose cytarabine, and venetoclax-containing regimens. Emerging studies suggest that venetoclax in combination with HMAs or low-dose cytarabine has demonstrated antileukemic activity in R/R AML, MDS, and BPDCN. 411 A study suggests that azacitidine followed by donor lymphocyte infusions (DLIs) may be a treatment option for therapy in patients who have AML that relapses after allogeneic HCT.412 These data are based on a prospective phase II trial of 28 patients with AML. In this study, 22 patients received DLIs and an ORR of 30% was achieved. This included 7 CRs and 2 PRs. At publication, there were 5 patients still in CR with a median of 777 days (range, 461-888 days). Neutropenia and thrombocytopenia grade III/IV were the most common adverse events (65% and 63%, respectively). Acute and chronic graft-versus-host disease (GVHD) were seen in 37% and 17% of patients, respectively. Correlations suggest a better response in patients with myelodysplasia-related changes (P = .011) and lower blast count (P = .039) or patients with high-risk cytogenetics (P = .035). However, interpretation of results is limited by the small size of the study.412

#### NCCN Recommendations

The NCCN AML Panel recommends enrollment in a clinical trial for the management of R/R AML as a strongly preferred option. Other options include targeted therapy or chemotherapy followed by allogeneic HCT. For targeted therapies, the guidelines provide a list of options including gilteritinib for patients with *FLT3* mutations (a category 1 recommendation). Quizartinib (a category 2B recommendation) or sorafenib combined with an HMA (azacitidine or decitabine) are targeted therapy options for patients with *FLT3*-ITD mutations. Other targeted therapy options include GO for patients with CD33-positive AML,

ivosidenib or olutasidenib for patients with *IDH1* mutations, or enasidenib for patients with *IDH2* mutations.

The regimens for aggressive therapy include: 1) cladribine, cytarabine, and G-CSF, with or without mitoxantrone or idarubicin<sup>403,404</sup>; 2) cytarabine, if not previously received in treatment, with or without anthracycline<sup>273</sup>; 3) fludarabine, cytarabine, and G-CSF (FLAG regimen) with or without idarubicin<sup>406,407</sup>; 4) etoposide and cytarabine, with or without mitoxantrone<sup>413,414</sup>; 5) clofarabine and cytarabine with or without idarubicin<sup>408,409</sup>; or 6) clofarabine with or without idarubicin.<sup>415,416</sup> Less aggressive or less intensive treatment options may include: 1) HMAs alone (azacitidine or decitabine)<sup>293,300,417</sup>; 2) low-dose cytarabine<sup>306,418</sup> (a category 2B recommendation); or 3) venetoclax combined with HMAs or low-dose cytarabine.<sup>411,419</sup> Best supportive care is always an option for patients who cannot tolerate or do not wish to pursue further intensive treatment.

In some cases, if a patient has experienced a long first remission (≥12 months), repeating treatment with a successful induction regimen may be considered. This strategy primarily applies to cytotoxic chemotherapy regimens and excludes the use of dual-drug encapsulation of cytarabine and daunorubicin, and the re-use of targeted agents due to the potential development of resistance. Targeted therapies may be retried if they were not administered continuously and not stopped due to the development of clinical resistance. If a second CR is achieved, consolidation with allogeneic HCT should be considered.

#### **Supportive Care for Patients with AML**

Although variations exist between institutional standards and practices, several supportive care issues are important to consider in the



management of patients with AML. In general, supportive care measures may include the use of blood products for transfusion support and correction of coagulopathies, tumor lysis prophylaxis, anti-infective prophylaxis, and growth factor support. Monitoring for neurologic and cardiovascular toxicities may be required for particular therapeutic agents (cytarabine or ATO) or because of patient-specific comorbidities. These supportive care measures are tailored to address the specific needs and infection susceptibility of each individual patient.

When transfusion support is required, leukocyte-depleted blood products should be used for transfusion. All patients with AML are at risk for acute GVHD and management should be based on institutional practice or preference (see <a href="NCCN Guidelines for Hematopoietic Cell">NCCN Guidelines for Hematopoietic Cell</a>
<a href="Transplantation">Transplantation</a>). Cytomegalovirus (CMV) screening for potential HCT candidates is left to institutional policies regarding provision of CMV-negative blood products to patients who are CMV-negative at the time of diagnosis. HLA typing is routinely used in many institutions to select platelet donors for patients who exhibit alloimmunization to HLA-specific antigens.

Standard tumor lysis prophylaxis includes hydration with diuresis, and allopurinol administration or rasburicase treatment. Rasburicase is a genetically engineered recombinant form of urate oxidase enzyme. Rasburicase should be considered as initial treatment in patients with rapidly increasing blast counts, high uric acid, or evidence of impaired renal function. 420 When possible, patients should be evaluated for glucose-6-phosphate dehydrogenase (G6PD) deficiency, as rasburicase use in these patients is contraindicated and is associated with an increased risk of inducing hemolysis. 421,422 Urine alkalinization was previously recommended as a means to increase uric acid solubility and

reduce the potential for uric acid precipitation in the tubules. However, this method is not generally favored as there are no data to support this practice and similar effects could be seen with saline hydration alone. 423 Alkalinization can complicate care by increasing calcium phosphate deposits in vital organs (eg, kidney, heart) as a result of hyperphosphatemia. Furthermore, in contrast to allopurinol, rasburicase has the added benefit of rapid breakdown of serum uric acid, eliminating the need for urine alkalinization.

Patients who receive doses of cytarabine  $\geq 2~g/m^2$ , or patients >60~ years of age who receive doses of cytarabine 1 to 1.5 g/m², should be closely monitored for changes in renal function, because renal dysfunction is highly correlated with increased risk of cerebellar toxicity. Patients receiving these doses of cytarabine should be monitored and assessed for nystagmus, dysmetria, slurred speech, and ataxia before each dose; patients exhibiting any neurologic signs should discontinue cytarabine, and all subsequent doses of cytarabine must be restricted to 100 to 200 mg/m². Patients who develop cerebellar toxicity should not be rechallenged with doses of cytarabine  $\geq 2~$  g/m² in future treatment cycles.  $^{424}$  Doses of cytarabine  $\geq 2~$  g/m² should also be discontinued in patients with rapidly rising creatinine caused by tumor lysis. Steroid eye drops should be administered to both eyes 4 times daily for all patients undergoing cytarabine therapy at this dose until 24 hours post completion of cytarabine as prophylaxis for keratoconjuctivitis  $^{425}$ 

Decisions regarding the use and choice of antibiotics to prevent and treat infections should be made by the individual institutions based on the prevailing organisms and their drug resistance patterns. <sup>426</sup> Greater detail regarding the prevention and treatment of cancer-related infections can be found in the NCCN Guidelines for Prevention and Treatment of



<u>Cancer-Related Infections</u>) and commensurate with the institutional practice for antibiotic stewardship.

Growth factors (G-CSF or granulocyte macrophage colony-stimulating factor [GM-CSF]) are not recommended during induction for patients with APL as they can complicate assessment of response and increase the risk of differentiation syndrome. However, in patients with AML (non-APL), growth factors may be considered during induction for patients who are septic and who have a life-threatening infection in an attempt to shorten the duration of neutropenia. Some regimens such as FLAG incorporate G-CSF into the regimen. However, the use of growth factors may complicate the interpretation of marrow results. There is a recommendation to discontinue colony-stimulating factors at least a week before a planned marrow sample to assess remission status.

There is no evidence for whether growth factors have a positive or negative impact on long-term outcome if used during consolidation. Growth factors may be considered as part of supportive care for postremission therapy. Growth factors are not routinely recommended in postremission therapy, except in life-threatening infections or when signs and symptoms of sepsis are present and the leukemia is believed to be in remission.

# **Supportive Care for Patients with AML Who Prefer Not to Receive Blood Transfusions**

There is no established treatment of AML that does not require use of blood and blood products for supportive care, and with limited data, providing guidelines or recommendations for AML management in this context is challenging. However, the AML panel recognizes that this is a significant issue faced in a narrow spectrum of clinical settings. In this

context, the panel reviewed the existing literature and collective experience with this issue and summarized some considerations to guide treatment and supportive care. However, it is important to note that the panel believes that in many cases, good outcomes from these strategies are rare.

At the outset, it is important to discuss the goals of care with the patient and establish an understanding of the complications that can arise without transfusions. In addition, it will be helpful to ascertain if the patient will accept certain blood products (eg, cryoprecipitate) and stem cells (either autologous or from another donor source). To mobilize peripheral blood stem cells and/or bring up hemoglobin levels prior to peripheral blood stem cell transplantation, some treatment centers have used erythropoietin stimulating agents (ESAs), G-CSF, and thrombopoietin (TPO) mimetics. 427-429 However, before using this strategy, the potential risks, benefits and uncertainties of using these agents in this context should be thoroughly discussed. Consider referring the patient to centers with expertise in bloodless autologous transplant. 428,429 In addition, for patients who are Jehovah's Witnesses and for this reason refuse blood transfusions, the U.S. branch of the Christian Congregation of Jehovah's Witness has Hospital Liaison Committees that may provide helpful information about bloodless medicine.430

Regarding treatment options, the panel recommends considering less myelosuppressive induction including dose reduction of anthracyclines and use of nonintensive chemotherapy. 431-435 Some of these options may include targeted agents guided by testing for actionable mutations instead of intensive chemotherapy, especially in a noncurative setting. However, the panel notes that dose reductions in chemotherapy without transfusion



support in patients with AML is associated with a lower rate of remission, high mortality by severe anemia, and unlikely to result in durable remissions. 434 During treatment, measures should be taken to minimize blood loss and decreased the risk of bleeding including: the use of pediatric collection tubes; avoiding concomitant medications or procedures that increase the risk of bleeding or myelosuppression; use of oral contraceptive pills or medroxyprogesterone acetate in menstruating individuals; or proton pump inhibitors, as indicated. 428,436 Vitamin K may be considered as an adjuvant to improve coagulopathy. 428,436 In patients at risk of bleeding (eg, when platelet counts drop below 30 x10/9L), aminocaproic acid or tranexamic acid may be considered to manage bleeding. 428,436 In patients with elemental or vitamin deficiencies, consider iron, folate, and vitamin B12 supplementation if deficient. 428,436 In patients with severe anemia, consider bed rest and supplemental oxygenation. 428,436

For other general and supportive care considerations, see *General Considerations and Supportive Care for Patients with AML Who Prefer Not to Receive Blood Transfusions* in the algorithm.

#### **Evaluation and Treatment of CNS Leukemia**

Leptomeningeal involvement is much less frequent (<3%) in patients with AML than in those with ALL; therefore, the panel does not recommend LP as part of the routine diagnostic workup. However, if neurologic symptoms (eg, headache, confusion, altered sensory input) are present at diagnosis, an initial CT/MRI should be performed to rule out the possibility of meningeal disease, chloromas or other mass lesions, or CNS bleeding. If no mass effect is seen, cerebrospinal fluid cytology should be sampled by LP. If the LP is negative for leukemic cells, the patient can be followed with a repeat LP if symptoms persist. If the LP is positive by morphology or

immunotype by flow cytometry, IT chemotherapy is recommended, given concurrently with systemic induction therapy. If LP result is equivocal, consider repeating LP with morphology or immunotype by flow cytometry to delineate involvement. IT therapy may include agents such as IT methotrexate or IT cytarabine either alone or combined. The selection of agents and dose schedules for IT therapy largely depend on the specific clinical situation (eg, extent of CNS leukemia, symptoms, systemic therapies given concurrently) and institutional practices. Initially, IT therapy is generally given twice weekly until the cytology shows no blasts, and then weekly for 4 to 6 weeks. Importantly, IT therapy should only be administered by clinicians with experience and expertise in the delivery of IT agents. Doses of cytarabine ≥2 g/m² have significant penetration across the blood-brain barrier and may represent an alternative to repeated IT injections during induction therapy. The cerebrospinal fluid must then be reassessed after completion of induction therapy, and further IT therapy should be given as appropriate.

If the initial CT/MRI identifies a mass effect or increased intracranial pressure due to a parenchymal lesion in the brain, a fine needle aspiration (FNA) or biopsy may be considered. If the results are positive, then RT is recommended, followed by IT therapy, as described earlier. IT therapy or doses of cytarabine  $\geq 2$  g/m² should not be administered concurrently with cranial RT because of the increased risks of neurotoxicity. Another option for these patients includes therapy containing doses of cytarabine  $\geq 2$  g/m² with dexamethasone to help reduce intracranial pressure.

The panel does not recommend routine screening for occult CNS disease in most patients with AML in remission. The exceptions are patients with extramedullary disease, monocytic differentiation, biphenotypic leukemia, WBC count >40 x10/9L at diagnosis, high-risk APL, or *FLT3* mutations. For



patients with positive cerebrospinal fluid by morphology or immunotype by flow cytometry, the panel recommends either IT chemotherapy, as outlined earlier, or documenting clearance of CNS disease after the first cycle of chemotherapy containing doses of cytarabine ≥2 g/m². In addition to the recommended evaluation and treatment of CNS leukemia, further CNS surveillance should be followed based on institutional practice.

# Management of Blastic Plasmacytoid Dendritic Cell Neoplasm

BPDCN is a rare myeloid malignancy, representing only 0.44% of hematologic malignancies, with an incidence of 0.04 cases per 100,000 people in the United States. 437-439 BPDCN, which was formerly known as blastic natural killer cell lymphoma or granular CD4+/CD56+ hematodermic neoplasm, was renamed in the 2008 WHO classification with the evolving knowledge of its plasmacytoid dendritic cell (PDC) origin. 440,441 In 2016, it was recognized as a unique myeloid malignancy. 31 Pathologically, it is characterized by aggressive proliferation of precursors of PDCs. 442,443 The etiology of BPDCN is unknown, but its association with MDS or CMML in some cases may suggest a related pathogenesis. 442,444 BPDCN is associated with a poor prognosis, with median OS of approximately 8 to 12 months when patients are treated with chemotherapy. 443,445 Median age of presentation is in the 6<sup>th</sup> decade of life, with an approximate male-to-female ratio of 3:1 up to 5:1.439,443 The most frequent clinical presentation of typical BPDCN cases is asymptomatic solitary or multiple skin lesions that can disseminate rapidly without therapy. 442,443 Peripheral blood and bone marrow involvement may be minimal at presentation, but tend to develop as the disease progresses. Additional sites of involvement can include lymph nodes, spleen, and other extramedullary organs. 441,442,446 Less commonly, patients may present with features of an acute leukemia without skin manifestations.443 CNS involvement is not

infrequent; approximately 10% of patients who present with neurological symptoms at diagnosis have confirmed CNS involvement<sup>447</sup> and rates of CNS involvement, both at diagnosis and at relapse, have been found to be in the range of 9% to 26% in several additional studies.<sup>443,448,449</sup>

#### Workup

The evaluation and initial workup for suspected BPDCN consists of a comprehensive medical history and physical examination. Laboratory evaluations include a comprehensive metabolic panel and a CBC including platelets and a differential of WBCs. Analyses of peripheral blasts, bone marrow biopsy and aspirate, biopsy of skin lesions and, if suspected to be involved, lymph nodes and other tissues are recommended. These analyses should include dendritic cell morphology assessment, immunohistochemistry, flow cytometry, cytogenetic analysis (including karyotyping and/or FISH), and molecular analyses. Close collaboration with dermatology is recommended. It is essential to differentiate the skin lesions of BPDCN from other neoplastic and non-neoplastic skin lesions and rashes, including leukemia cutis associated with AML, and analysis by experienced hematopathologists is often required.441 For guidance on classification and measurement of skin lesions, see the NCCN Guidelines for Primary Cutaneous Lymphomas. If extramedullary disease and/or lymphadenopathy is suspected, an FDG-PET/CT scan is recommended. All patients require a diagnostic LP at the time of initial diagnosis, at disease relapse, or any other time when there is a clinical suspicion for CNS involvement. Subsequent IT chemotherapy prophylaxis should be considered, even in the absence of known CNS disease given the high percentage (30%) of primary CNS involvement at relapse. 439,441



The diagnosis of BPDCN can be difficult due to overlapping morphological, immunophenotypic, and clinical features of other hematologic malignancies, such as AML.441 This is particularly true when BPDCN presents as isolated cutaneous lesions, as biopsy specimens from cutaneous lesions may not yield sufficient cells for appropriate flow cytometric analysis. 441 A diagnosis of BPDCN requires expression of at least 4 of these 6 antigens on malignant cells: CD123 (also referred to as interleukin-3 receptor-alpha [IL3Ra]), CD4, CD56, TCL-1, CD2AP, and CD303/BDCA-2, in the absence of lineage-specific markers. 441,442 TCF4/CD123 coexpression has also been found to be a sensitive and specific diagnostic marker for BPDCN. 450,451 CD303 is emerging as another marker useful in the diagnosis of BPDCN and may serve as a potential marker for further directed therapy. 452 BPDCN must be distinguished from mature plasmacytoid dendritic cell proliferation (MPDCP) in which PDCs are morphologically mature and CD56-negative. 442 In addition, recurrent mutations in the following genes have been described: ASXL1, ETV6, IDH1, IDH2, IKZF1, IKZF2, IKZF3, NPM1, NRAS, TET1, TET2, SRSF2, TP53, U2AF1, ZEB2, and ZRSR2.441,442,453-455

#### **Induction Therapy for Patients with BPDCN**

Given the rarity of BPDCN, no standardized chemotherapy approach has been established. Historically, therapeutic approaches have varied widely and have included irradiation for localized skin lesions, lymphoma- or leukemia-type chemotherapy regimens, and HCT. Despite good initial responses to chemotherapy, with response rates of 40% to 90%, Harly relapse rates are high, even among those who achieve CR. Harly relapse rates are high, even among those who achieve CR. CD123-targeted therapy with tagraxofusp-ersz has more recently emerged as the preferred treatment option in appropriate candidates.

Recently, a collaborative initiative, the North American BPDCN Consortium (NABC), made up of a group of experts from multiple areas of expertise, has been formed to define the current standard of care for management of BPDCN and to identify future areas of research.<sup>439</sup>

#### CD123-Targeted Therapy

CD123, or IL3Rα, overexpression is present in virtually all cases of BPDCN.<sup>446</sup> Tagraxofusp (formerly SL-401) is a recombinant fusion protein made up of the catalytic and translocation domains of diphtheria toxin fused to IL3 that has shown activity against BPDCN.

The first prospective study of treatment of patients with BPDCN included 11 patients with recurrent or refractory BPDCN or who were not candidates for chemotherapy were treated with SL-401.457 Each cycle of SL-401 treatment was comprised of a 12.5 µg/kg dose administered over a 15-minute infusion every day for up to 5 doses. Of 9 evaluable patients who received treatment, 5 had a CR and 2 had a PR after 1 cycle of SL-401 treatment (78% ORR). The median duration of response was 5 months (range, 1to 20+ months), with responses occurring in all sites of disease, including skin, bone marrow, and lymph nodes. Acute infusion-related adverse events such as fever, chills, and nausea were mild to moderate in severity and were most commonly seen within the first several hours after SL-401 infusion; however, these symptoms were occasionally noted up to 4 to 8 hours following infusion. Premedications including acetaminophen, diphenhydramine, methylprednisolone, and famotidine were given, likely mitigating these events. Resulting symptoms following infusion responded to additional dosing of acetaminophen, meperidine, antiemetics, and/or H1- and H2-histamine antagonists. These acute infusion-related events may be related to cytokine release from necrotic cells and damaged BPDCN blasts. Most patients experienced one



or more symptoms suggestive of vascular or capillary leak syndrome, such as hypoalbuminemia, edema, hypotension, and hyponatremia. Hypoalbuminemia was the most consistent and early manifestation of capillary leak syndrome (grade 1 in 4 patients, grade 2 in 6 patients). Symptoms of capillary leak syndrome were managed by the administration of parenteral albumin and diuretics. Though several patients experienced grade 3 thrombocytopenia and neutropenia, myelosuppression was generally modest and reversible, potentially reflecting the minimal expression of IL3R on normal myeloid progenitors. Many patients experienced transaminitis without hyperbilirubinemia, with onset typically 5 to 10 days post-infusion and with full resolution typically 15 to 21 days following infusion.

In a multicohort study by Pemmaraju and colleagues, 84 patients with untreated or relapsed BPDCN were treated with an IV infusion of tagraxofusp at a dose of 12 µg/kg on days 1 to 5 of each 21-day cycle. 458 Treatment was given until disease progression or unacceptable adverse effects. Of the 84 patients, 65 received first-line treatment and 19 had received prior treatment. Among evaluable patients who received first-line treatment of tagraxofusp, the primary outcome (CR and clinical CR) was observed in 57% of patients, ORR was 75%, and median OS was 15.8 months. Of the patients who achieved CR or clinical CR following first-line treatment of tagraxofusp, 51% were successfully bridged to HCT (allogeneic HCT, n = 13; autologous HCT, n = 6) while in remission and median OS in this subgroup was 38.4 months. Of the 18 patients who achieved CR or clinical CR following first-line treatment who did not proceed to HCT, 4 had duration of responses >6 months. Among the 19 patients who had received prior therapy, ORR was 58% with a median OS of 8.2 months. Among this subgroup, 1 patient was successfully bridged to HCT. Based on earlier data from this trial, 446 the FDA approved

tagraxofusp-erzs for the treatment of BPDCN in adults and pediatric patients ≥2 years of age in 2018.

The most common adverse events noted in the Pemmaraju study were increased levels of alanine aminotransferase (ALT) and aspartate aminotransferase (AST), hypoalbuminemia, fatigue, fever, thrombocytopenia, nausea, and peripheral edema.<sup>458</sup> In addition, capillary leak syndrome was observed in 21% of patients (8 of which were grade ≥3 and 3 of which were grade 5 resulting in death), primarily in the first cycle of treatment. Median time to onset of capillary leak syndrome was 6 days (range, 3–51 days), with a median duration of 6 days (range, 3–69 days). Capillary leak syndrome was managed by withholding further doses of tagraxofusp, administering IV albumin or glucocorticoids, and careful management of volume status.

#### Chemotherapy

In a retrospective multicenter study, 41 patients with BPDCN received induction treatment with AML-type regimens (n = 26) and ALL-type/lymphoma-type regimens (n = 15). 443 The AML-type treatment protocols included MEC (mitoxantrone, cytarabine, etoposide), ICE (idarubicin, cytarabine, etoposide), standard-dose cytarabine and anthracycline (7+3), FLAG, and FLAG-Ida. The ALL/lymphoma-type regimens included hyper-CVAD (alternative cycles of hyperfractionated cyclophosphamide, vincristine, doxorubicin, dexamethasone, methotrexate, and cytarabine), GIMEMA ALL trial therapy (association of doxorubicin, vincristine, prednisone, and asparaginase), CHOP (cyclophosphamide, doxorubicin, vincristine, and prednisone), and CHOEP (CHOP plus etoposide). There were patients who required additional therapy based on extramedullary disease (4 patients received IT chemotherapy for CNS involvement and 2 patients received radiation



therapy for skin lesions). 14% of patients underwent allogeneic HCT at some point in their course of therapy. After induction, the overall CR rate was 41%, with 7 patients achieving CR after AML-type induction, and 10 patients achieving CR after ALL-type induction. The median OS was 8.7 months (range, 0.2–32.9), and patients who received ALL-type chemotherapy appeared to have longer OS compared to patients treated with AML-type chemotherapy (12.3 vs. 7.1 months, respectively; P = .02). In addition, the median OS of patients who received transplant was significantly higher than non-transplanted patients (22.7 vs. 7.1 months, respectively; P = .03). Age was also noted to be a significant prognostic factor, with a median OS of 12.6 months in patients <65 years compared to 7.1 months for those >65 years (P = .04). Relapses occurred in 35% of patients at a median of 9.1 months.

An additional retrospective study analyzed the impact of 4 different chemotherapeutic approaches: 1) local therapy or systemic regimens less aggressive than CHOP, 2) CHOP and CHOP-like regimens, 3) acute leukemia regimens, and 4) allogeneic or autologous HCT. 456 Therapies less intensive than CHOP were a heterogenous group, including local radiation, systemic steroids, and supportive care, but were mostly cyclophosphamide-based chemotherapy regimens. Though this group had a high ORR of 80% (68% CR), only 7% of patients had a sustained CR and the median OS for evaluable patients was 9 months. Patients in the CHOP and CHOP-like regimens arm had similar results despite therapy being more aggressive, with an ORR of 70% (55% CR) and only 1 case of sustained CR. Intensive acute leukemia regimens resulted in a CR rate of 94%, with approximately 1/3 of patients experiencing a sustained CR. There were 10 evaluable patients in the HCT arm (6 allogeneic, 4 autologous). Median OS was 38.5 months in the allogeneic arm compared to 16.5 months in the autologous arm. At the time of publication, all but

one patient who had undergone allogeneic HCT in first remission remained disease-free.

Another retrospective study evaluated the diagnostic flow cytometry pattern and outcome of nine patients with BPDCN after front-line treatment with hyper-CVAD.<sup>459</sup> In this group, seven patients received induction treatment with hyper-CVAD and had a CR of 67% and ORR of 86%. Five of the six patients who responded to therapy received planned allogeneic HCT. With a median follow-up of 13.3 months, the 1-year DFS and OS rates for all patients were 56% and 67%, respectively. The 1-year DFS for those who received allogeneic HCT was 80%. The 1-year OS for patients who received allogeneic HCT was 80%, compared to 50% in those who received chemotherapy alone. The median OS was 7.9 months for those who received chemotherapy alone.

A more recent retrospective study compared outcomes of 100 patients with BPDCN treated with frontline hyper-CVAD-based therapy (n= 35), tagraxofusp (n = 37), or other therapies (n = 28). $^{460}$  The highest CR rates were seen with hyper-CVAD based therapy (80%), followed by tagraxofusp (59%), and finally other regimens (43%) (P = .01), though there was no significant difference in OS (28.3 vs. 13.7 vs. 22.8 months; P = .41) or remission duration probability (38.6 vs. not reached vs. 10.2 months; P = .24) noted between the 3 arms. 51% of patients in the hyper-CVAD based group were bridged to HCT, compared to 49% of patients in the tagraxofusp group and 38% in the other regimens group, respectively (P = .455). This study suggests a continued role for hyper-CVAD based regimens in the targeted-therapy era.



#### Venetoclax-Based Regimens

The antiapoptotic protein B-cell leukemia/lymphoma-2 (BCL2) is overexpressed in a majority of patients with BPDCN.<sup>411</sup> Venetoclax is an oral selective BCL2 inhibitor approved in combination with azacitidine, decitabine, or low dose cytarabine (LDAC) for the treatment of newly-diagnosed AML in patients ≥75 years or for those who are otherwise not candidates for intensive remission induction therapy.<sup>339</sup> In vitro, BPDCN cells were found to be uniformly sensitive to venetoclax in a study that measured direct cytotoxicity, apoptosis assays, and dynamic BH3 profiling.<sup>461</sup>

A retrospective study assessed the efficacy of venetoclax combinations in a total of 43 patients with R/R myeloid malignancies, including 2 patients with BPDCN.411 The most common treatment regimens included venetoclax with decitabine (53%), azacitidine (19%), and LDAC (19%). Patients had been previously treated with a median of 3 prior lines of therapy, including allogeneic HCT in 12% of patients. While ORR was seen in 21% of patients, neither of the 2 patients with BPDCN that were evaluated achieved a response by formal criteria, though 1 patient had a major response by PET/CT, bone marrow blast reduction of >50%, and improvement in cutaneous lesions. The other patient with BPDCN also had a significant improvement in cutaneous lesions. All patients who received venetoclax combination therapy experienced grade 3 or higher neutropenia and 72% developed a grade 3 or higher infection, most commonly pneumonia, bacteremia, cellulitis, invasive fungal infections, and urinary tract infections. All patients were given allopurinol for tumor lysis syndrome prophylaxis, and none developed hyperuricemia that required rasburicase.411 Venetoclax in combination with hypomethylating agents appears to have efficacy in BPDCN, but larger and more formalized studies are necessary to confirm these observations.

#### Hematopoietic Stem Cell Transplantation

Due to the rarity of BPDCN, there have been limited established standardized therapeutic approaches. HCT seems to generate durable remissions, especially if given in first CR, as indicated by the studies discussed in the chemotherapy section, as well as others. 440,443,456,459,462,463 However, it is worth noting that data are limited to small case series and retrospective registry studies, and larger prospective studies are needed to elucidate the role of HCT in BPDCN. 463

A retrospective analysis from the Japan Society for Hematopoietic Cell Transplantation aimed to clarify the role of allogeneic HCT or autologous HCT in treating BPDCN.  $^{440}$  In this analysis, 25 patients were identified, with 14 patients having undergone allogeneic HCT and 11 patients having undergone autologous HCT. All patients who underwent autologous HCT were in first CR, while 12 of the 14 patients who underwent allogeneic HCT were in first CR (2 were not in remission). With a median follow-up of 53.5 months, the OS rates at 4 years for patients who underwent autologous HCT and allogeneic HCT were 82% and 53%, respectively (P = .11) and the PFS rates were 73% and 48%, respectively (P = .14). The data suggest that receiving autologous HCT in first CR may substantially enhance survival. OS outcomes in the allogeneic HCT subgroup did not differ significantly between myeloablative conditioning (MAC) and RIC regimens.

A North American multicenter retrospective study analyzed the outcomes of BPDCN patients treated with allogeneic HCT (n = 37) or autologous HCT (n = 8). $^{463}$  Allogeneic HCT recipients had a 1-year and 3-year OS of 68% (95% CI, 49%–81%) and 58% (95% CI, 38%–75%), respectively. Receiving allogeneic HCT in first CR yielded improved 3-year OS versus allogeneic HCT not in first CR [74% (95% CI, 48%–89%) vs. 0, P < .0001],



and outcomes were not impacted by conditioning type (MAC vs. RIC). The 1-year OS for autologous HCT recipients was 11% (95% CI, 8%–50%).

A more recent retrospective study evaluated 162 adults with BPDCN that underwent first HCT (allogeneic HCT, n = 146; autologous HCT, n = 16), 78% of whom were in first CR.<sup>464</sup> Among the allogeneic HCT group, 54% received MAC, 46% received RIC, and 59% received in-vivo T-cell depletion (TDC). Total body irradiation (TBI) was used in 61% of MAC transplants and 26% of RIC transplants. Comparable one-year OS and PFS rates were seen following allogeneic and autologous HCT (OS, 66 vs. 70%; PFS, 62% vs. 66%). TBI as the conditioning backbone in allogeneic HCT led to significant improvements in OS and PFS compared to all other conditioning regimens. Adjusted 2-year PFS for MAC with TBI was 95% compared to 82% for MAC without TBI, 41% for RIC with TBI, and 60% for RIC without TBI, respectively.

#### NCCN Recommendations

For patients who are candidates for intensive remission induction therapy, the panel recommends tagraxofusp-ersz as the preferred option, and other options include AML-type (standard-dose cytarabine plus anthracycline using 7+3), ALL-type (hyper-CVAD), and lymphoma-type (CHOP) regimens. If CNS disease is documented at diagnosis, IT chemotherapy should also be given. If CNS disease is not present at diagnosis, prophylactic IT chemotherapy is strongly encouraged.

Tagraxofusp-ersz should be administered as an IV infusion at 12  $\mu$ g/kg over 15 minutes once daily on days 1 to 5 of each 21-day cycle. Alternatively, 5 doses can be administered over a 10-day period, if needed for dose delays. It is important to note that patients must have a baseline serum albumin of 3.2 g/dL or higher to be able to start treatment with this

agent. The most serious side effect associated with tagraxofusp is capillary leak syndrome, which can occur during the first cycle of treatment and can be life-threatening. Adecrease in serum albumin during the first days of treatment seems to be the most consistent predictor of capillary leak syndrome. Management includes delaying or withholding additional tagraxofusp doses, administering IV albumin according to pre-specified measures, administering glucocorticoids, and close management of volume status. The panel recommends replacing serum albumin if <3.5 g/dL or if there is a reduction of ≥0.5 from baseline. The panel also recommends premedication with an H1-histamine antagonist, acetaminophen, corticosteroid, and H2-histamine antagonist prior to each infusion to help reduce the risk of hypersensitivity reaction.

With all treatment options, if CR is observed, allogeneic HCT or autologous HCT should be considered. If tagraxofusp-erzs was given as an initial treatment and HCT is not feasible, additional cycles of tagraxofusp-erzs should be continued until disease progression. If disease progresses or does not respond to induction therapy, patients should be considered for a clinical trial (preferred), or regimens used for R/R disease.

For patients with low performance and/or nutritional status (ie, serum albumin <3.2 g/dL) or for those who are not candidates for intensive remission induction therapy or tagraxofusp-ersz, treatment options are limited. If disease is localized or isolated to cutaneous involvement, palliative treatment options include surgical excision or focal radiation. If disease is systemic, palliative options include low-intensity therapy with venetoclax-based regimens, steroids, and supportive care.



#### Postremission Surveillance for BPDCN

Following completion of consolidation therapy, it is recommended to monitor a CBC, including platelets, every 1 to 3 months for the first 2 years, then every 3 to 6 months thereafter for up to 5 years. Bone marrow evaluation should be performed only if cytopenias develop or if peripheral smear is abnormal, rather than as routine surveillance at fixed intervals, unless the bone marrow evaluation is being performed as part of a clinical research protocol. For patients with prior evidence of extramedullary disease, a repeat FDG-PET/CT scan is recommended. In addition, routine thorough skin exams with a re-biopsy should occur for any suspicious skin or extramedullary lesions.

#### Management of Relapsed/Refractory BPDCN

Upon relapse, the NCCN AML Panel recommends evaluating for CNS disease and administering IT chemotherapy prophylaxis.<sup>447</sup> Management options for R/R BPDCN include clinical trial (preferred), tagraxofusp-ersz (preferred, if not already used),<sup>446,458</sup> chemotherapy (if not already given), local radiation to isolated lesions, systemic steroids, or venetoclax-based regimens.<sup>411,461</sup> During administration of any treatment option, a donor search should also be started at first relapse in appropriate patients if no sibling donor has been identified.



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